

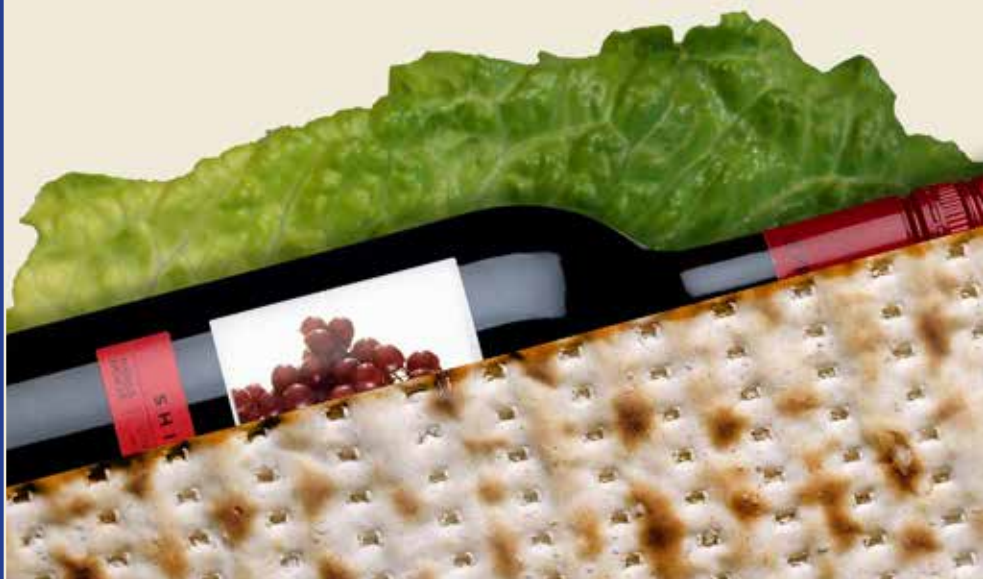


**Kosher  
Information  
Bureau**

# **KASHRUS CONSCIENCE**

A service of the Kosher Information Bureau  
by Rabbi E. Eidlitz

**PASSOVER - PESACH  
APRIL 2019 - NISAN 5779**



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### CHOMETZ ON PESACH

Chometz is any substance that contains leavening from one of five cereal grains (wheat, barley, oats, spelt, or rye) caused by its prolonged contact with water or other liquids. It is important to note that Chometz/Se'or does NOT translate into "yeast". It refers to leavening: namely self-rising from a sour-dough starter type of process. The prohibition of Chometz on Pesach includes "Chometz Gomur" (unadulterated Chometz) and "Ta'aruvus Chometz" (a mixture containing real Chometz).

There are three areas with which we must be concerned when evaluating Chometz. First, there is "Isur Hana'ah". This means that one may not derive any pleasure or benefit whatsoever from Chometz (e.g. feeding Chometz to one's pets, etc.). Secondly, a Jew may not own Chometz. This prohibition extends to possession of Chometz anywhere in the world (such as in a boat, office, mountain retreat, etc.). Thirdly, there is a prohibition against having Chometz in one's possession. One must be careful to remove all Chometz, not sold, from their premises. Chometz that was sold should, preferably, be stored in an inaccessible area. Jews may not leave unsold Chometz in their possession on Pesach, even if they do not intend to use it. One should be careful not to send a package which contains Chometz too close to Pesach, as it may arrive during Pesach. Due to the

severity of Chometz many have the custom to not sell their Chometz for Pesach, but prefer to dispose of it instead.

The following are actual Chometz: bread, cake, cereal made from wheat, oats or barley, cookies, farfel mix, some licorice, pasta, pretzels, rolled oats, wheat gluten, wheat protein. Some have the same custom concerning beer and whiskey.

### STANDARDS OF KASHRUS

With over 1,000 Kosher certifying agencies and individuals competing in the Kosher certifying business, it is expected that standards will vary. While most keep to a basic acceptable standard, some do not. We still see gelatin from non-Kosher animals being used, (often listed as "k-Gelatin"), corn syrup as an ingredient in Passover products (with a long reference attempting to legitimize it), carmine (from bugs) used as red coloring, as well as many other questionable ingredients. With the vast number of products being certified by reliable agencies

and individuals, it would seem to be much less tempting to allow for these lenient opinions to lessen our observance of Pesach. Additionally, some establishments only offer "Kosher style" products for Pesach, while the lenient word "style" is missed by many. Some food establishments offer a Passover taco bar, ham on Matzah special and Passover "challah", among other things. The only protection as far as the government is concerned is from Assembly Bill 295, section 1329.29, passed in March of 1993. It states: "No person shall do any of the following: Make any direct statement, either orally or in writing, display the words "Kosher", "Kosher style", "Kosher type", "Kosher for Passover", "Jewish", or "Hebrew" in any language or display any insignia, six pointed star, or other mark that might reasonably be calculated to deceive or lead a reasonable person to believe a product is "Kosher" or sanctioned by Orthodox Hebrew religious requirements, if it is not". Obviously one needs to be vigilant in carefully watching for proper certification.

### KITNIYOS

Due to the stringency of the prohibition of not eating Chometz on Pesach, Ashkenazic Jews, as well as many Sephardim, have developed a custom not to eat kitniyos (legumes) on Pesach other than for infants and under other special circumstances provided that the foods are prepared in separate

utensils. Kitniyos includes beans, soy, rice, peas, and corn among others: (see below).

Sephardim, whose minhag (custom) permits them to eat rice on Pesach, must be careful to determine that the rice is additive-free. Many Sephardim have the minhag to check the rice three times, as well as to check for other grains that may be mixed in. In any case, open bins in stores should not be used. This year, the Star-K Kashrus organization is certifying Carolina Mehadrin Rice for use for Sephardim on Pesach.

Ashkenazim refrain from eating peanuts as well. However, this restriction regarding peanuts may not include peanut oil (according to the opinion of Rav Moshe Feinstein ZT"l.) Legumes are permitted for some Sephardic Jews who, for various historical reasons, did not adopt this custom of refraining from kitniyos consumption on Pesach. A reliable source of acceptable products following this Sephardic custom is the Sephardi division of the J.S.O.R. at (732) 531-4872 or WWW.JSOR.ORG (be aware that a number of lists exist for Sephardim that are extremely misleading and erroneous).

For this reason the Kosher consumer is confronted every year around Pesach time with a confusing array of Kosher certifications found on candy, jam, mustard and other products containing legumes. In reality, these products are edible on Pesach by only certain groups of Jews. Many, but not all, will state "Leochlei Kitniyos - only for those who eat kitniyos". Some examples of this are sunflower seeds, canned vegetables, halva etc. Every Jew, however, is permitted to derive benefit from kitniyos (such as pet food, glue, baby formula etc.).

The following are considered kitniyos or treated as kitniyos according to many opinions:

Alfalfa Sprouts, Anise, Ascorbic Acid (May be Chometz), Aspartame (NutraSweet), Beans, Black Eyed Peas, Buckwheat, Calcium Ascorbate, Canola Oil, Caraway, Citric Acid (May be Chometz), Chickpeas, Confectioners' Sugar with corn starch, Coriander, Corn, Corn Syrup, Cumin, Dextrose, Fennel, Fenugreek, Flax Seeds, Hemp (unchecked), Hydrolyzed Vegetable Oil, Kasha, Kimmel, Lecithin, Lentils, Licorice, Lucerne, Lupine, Malto Dextrins (Chometz or kitniyos-derived), Millet, MSG, Mustard, Peanuts, Poly-sorbates (May be Chometz), Popcorn, Poppy Seeds, Pumpkin Seeds, Rice (Vitamins added may be Chometz), Sesame Seeds, Snow Peas, Sodium Citrate (May be Chometz), Sodium Erythorbate (May be Chometz), Sorbitol (Could be Chometz if outside the U.S.), Soy Oil, Corn Oil, Soy, String Beans, Sunflower Seeds, Tofu (from soy), Vitamin C (may be Chometz), Wild Rice, Xanthan gum (May be Chometz).

*Note:* Flax seed, chia and Hemp seed are not actually kitniyos and **can** be used after checking for other

grains.

## GOING AWAY FOR PESACH

One must sell his/her Chometz regardless of where they are for Pesach. This is the case even if one left home 30 days before Pesach and no one will be in the house during Pesach. It is necessary to inform the Rabbi selling your Chometz as to the location of the Chometz and to your location during Pesach so that he can know the proper time zones of selling and buying back the Chometz for you.

If a person leaves home before Pesach, within 30 days of Pesach, the night before his/her departure should do a regular Bedikas Chometz without a Bracha and recite "Kol Chamira" for the Chometz found in the house. *Note:* Kol Chamira should always be said in a language that one understands, as this is not a Tefilla, but a declaration. The alternative to an early Bedika is to appoint a Shaliach (messenger) to do a regular Bedikas Chometz with a Bracha on the proper night of Bedikas Chometz.

A guest in a hotel, who is in the hotel on the night of Bedikas Chometz should conduct themselves as they would at home, performing a full Bedika with a Bracha. It is the minhag to carefully put out pieces of Chometz before beginning the Bedika.

It is preferable to empty a stocked hotel fridge of beer, cookies etc. before Pesach begins. If this is not possible, minimally, the fridge should be taped or locked shut.

A guest for Pesach at a relative's house should hear the Bracha from the owner of the house and then make his/her own Bedika in their room.

## BITUL (ANNULMENT) OF CHOMETZ

During the year, any non-Kosher ingredients which are inadvertently mixed with Kosher ingredients may be Halachically (according to Jewish law) fit to eat. The reason for this leniency is that they are declared "Batel Beshishim" (annulled in sixty i.e. the Kosher food is at least sixty times greater than the non-Kosher, thus making the non-Kosher food annulled). This rule is true regarding Chometz on Pesach only if the mixture was made before Pesach. During Pesach, the laws of "bitul" are not applicable. In other words, during the week of Pesach, if even a tiny amount of Chometz falls into a large amount of "Kosher for Pesach" food, it renders the food, as well as the pot, unfit for use on Pesach. As in all such Halachic questions, a competent Rav should be consulted.

*Note:* Lactaid drops may contain Chometz. Therefore, they should be added to milk before Pesach to have the Chometz annulled in sixty times the amount of milk, applesauce etc.

## CONSUMPTION OF CHOMETZ

Since the prohibition of eating Chometz on Pesach applies not only to Chometz itself, but to any derivatives of Chometz or to any product that may contain Chometz, one should make certain that all food products that are bought for Pesach should have a certification by a reliable Kashrus organization or Orthodox Rabbi.

## HANA'AH (BENEFIT) FROM CHOMETZ

During Pesach, we may not derive any sort of benefit from Chometz. Therefore, Chometz may not be sold or used, even in business transactions or as pet food. Even some cosmetics must be Chometz-free. Generally, there is no problem with the following products if they are not organic in nature, and do not contain any grain by-products: Acne Aid, Mineral Oil, Baby Cream, Baby Oil, Eye Liner, Mascara, Rouge (Powder), Nail Polish, Talcum Powder, Stick Powder Deodorant, and Vaseline.

## MECHIRAS (SELLING OF) CHOMETZ

"Mechiras Chometz" is the sale of Jewish owned Chometz to a non-Jew before Pesach. One must sell Chometz which is in their regular home, vacation home, office etc. If one cannot sell their Chometz through their local Rabbi, numerous sites on-line will facilitate this transaction. This transfer of Chometz to a non-Jew is a legal and binding sale, complete with contract. This sale is transacted through a Rabbi, who acts as a legal agent to sell the Jew's Chometz to a non-Jew. The Rabbi enters into an agreement with the non-Jew for the sale of this Chometz. The Chometz that has been sold must be placed in an area which is completely sealed off, and must remain there throughout the holiday of Pesach. One must be careful to inform the Rabbi if they intend to be in a different time zone for Pesach. They do not want to have their Chometz bought back if it is still Pesach where they are (i.e. overseas, etc.) If one leaves home within 30 days of Pesach and will not return before Pesach, they should either check for Chometz the night before they leave or appoint someone to check for them on the regular night of B'dikah Chometz. If the checking is done before the bdikah night one does not say a Bracha. A person can sell all the Chometz in their home before leaving and check only one room for Chometz. Regardless, a person needs to say the Bittul (annulment) of Chometz at its regular time of Erev Pesach.

## CHOMETZ SHE'AVAR ALAV HAPESACH (BUYING CHOMETZ AFTER PESACH)

Due to the severity of the "Issur" (prohibition) of Chometz, Chazal reinforced the sale of Chometz with a fine. This fine was levied on any Jews who kept Chometz in their possession or ownership during Pesach. This is called "Chometz She'avar

Alav HaPesach." Jewish law requires that if a Jew owns Chometz on Pesach, no Jew is allowed to eat that food, even after Pesach. Therefore, we are also prohibited from buying in stores which are Jewish owned, if they have not sold their Chometz. It is important to note that although we may not buy Chometz from such Jewishly owned stores that did not sell their Chometz, we may purchase non-Chometz food products from these stores. Actual Chometz products that are prohibited in these stores would be pasta, cereal from grain, bread, beer, cookies/crackers, malt, maltose, pretzels, soy sauce, wheat germ, wheat protein, whiskey, dog/cat food containing grain etc.

Some common products that one may assume are Chometz, but are actually not, and therefore may be purchased in a store that did not sell their Chometz are the following... baker's yeast, cosmetics, dry cake mixes, kitniyos, glue containing Chometz, ketchup, mayonnaise, mustard, pickles, medicine containing Chometz, maltodextrin, maltose, malt flavoring, food coloring, flour, extracts, raw pearled barley, vanilla and vitamins/medicine containing Chometz.

Rav Moshe Feinstein ZT"L, in his sefer "Igros Moshe", states that if a Jew sold his Chometz for Pesach, and then kept his store open during Pesach and continued to sell items of Chometz, one is nevertheless allowed to buy from that store after Pesach.

## A JEW MAY BUY FROM THE FOLLOWING STORES IMMEDIATELY AFTER PESACH:

7-Eleven	Nuts & More
99 cent store	Petco
Albertsons	Petsmart
BevMo	Ralphs/Kroger
Big Lots	Rite Aid
Bristol Farms	Sadaf
Coffee Bean	Safeway
Costco	Sam's Club
CVS	Smart & Final
Dollar Tree	Smith's
Erewhon	Target (in California)
Food4Less	Trader Joe's,
Fresh & Easy	Vons / Pavilions
Gelson's	Walgreens
Jetro/Restaurant Depot	Walmart
Jon's	Wine & Liquor Depot
K-Mart	Whole Foods

and all reliably Kosher certified stores are fine to shop in for Chometz after Pesach. Reliably certified Kosher stores all sell their Chometz before Pesach.

*Note:* Rabbi Elmaliach, the Rabbi in charge of Kashrus at Ben Gurion airport, reports that the stores at area D7 in the airport are clear of Chometz

She'avar Olav Hapesach. There is a restaurant in the Ben Gurion airport called "Aroma Espresso Bar", under Chug Chosom Sofer Hashgacha and it is fine to eat there after Pesach. The other stores in other areas of the airport, had their Chometz sold but were open on Pesach and continued to sell Chometz during Pesach. Some poskim allow purchases from such establishments after Pesach, while some do not.

(See AKO whiskey alert in the "alerts" section)

## KASHERING

### (MAKING UTENSILS KOSHER)

Utensils that are used during the year for Chometz may not be used to prepare food for Pesach unless they are properly Kashered.

Cloth tablecloths (not plastic) and towels used year round should be washed thoroughly and may then be used for Pesach.

Surfaces upon which only cold Chometz has been placed during the year, such as refrigerators and pantry shelves, should be thoroughly washed and rinsed to prepare them for Pesach use. Surfaces which are used for hot Chometz during the year, in addition, whenever possible must be Kashered by pouring hot water on them. Surfaces that cannot be Kashered (such as formica and ceramic tiles etc.) should first be cleaned thoroughly and then covered with non absorbent material (i.e. contact paper, cardboard or multiple layers of aluminum foil).

### THE DIFFERENT LEVELS OF KASHERING:

**Libbun Gomur** - torching or making the metal glow.

**Libun Kal** - heating the metal until it can burn paper on the other side.

**Hagolo** - dipping in boiling water.

**Eruy Roschim** - pouring boiling water. (Note: steamers usually do not work)

The general rule is that we undo as we did. If something uses straight dry heat (i.e. bbq) we need to torch it or use self clean in an oven which is the same. Soup pots are used with liquid so they are kashered with liquid in boiling water etc.

### TO KASHER:

**Electric range**, first scour it thoroughly. Then, turn it on to the highest temperature setting for 15 minutes, or until it gets red hot.

**Enamel glazed stove tops** should be covered during Pesach.

**Gas grates** should be put in the oven for Kashering or torched.

**Glass-top stoves** can be Kashered in the area of the burners. They should be turned to high for 15 minutes. The areas in between cannot be Kashered. Some find it practical to change the entire glass top for Pesach.

A **non self-cleaning oven** should be cleaned with a special solution, such as "Easy Off" and not used for 24 hours. After this time, it should be turned on to the maximum setting for one hour. This will Kasher the oven, but not the broiler.

The **broiler pan** cannot be Kashered, therefore, it is usually not used for Pesach. If the broiler pan is replaced, the broiler can be Kashered in a similar fashion as the oven. If one desires to Kasher it, "Libbun" (glowing hot) is required (i.e. by using a torch).

A **self cleaning oven** needs only to go thru one self clean cycle. It can be on the shortest cycle of your self-cleaning oven.

Many **microwave ovens** (those whose walls do not exceed 120 degrees during cooking) without browning elements or convection can be Kashered by first cleaning them and not using them for 24 hours, and then putting a new glass tray, or cardboard on the bottom. Afterwards, a cup or bowl of water should be boiled inside.

A **barbecue** must be Kashered with "Libun Gamur" which includes torching any surface that food comes in contact with, in addition to cleaning and burning out the rest of the barbecue. In addition, the coals or lava rock should be replaced. Often, it is more practical to purchase a new one for Pesach.

A **stainless steel sink** is Kashered after it has first been cleaned, and then kept free from hot water usage for 24 hours. Then boiling water must be poured over its entire surface. Porcelain sinks, however, may not be Kashered. They should be fully lined with a tin insert, contact paper, aluminum foil, or a Pesach basin insert.

**Dishwashers** may be Kashered only if they have a stainless steel interior. All racks must be changed. After waiting 24 hours, run a complete cycle with soap. All rubber or plastic parts must be replaced as well.

**Metal utensils** that are used with liquid (soup pots, etc.) may be Kashered by first cleaning them, not using them for 24 hours, and finally, completely immersing them in a Kashered pot full of boiling water for 15 seconds, followed by rinsing them in cold water immediately upon removal. They should be Kashered one at a time. An alternate method, particularly useful for larger pots, is to set aside the pot for 24 hours, after which time it should be filled with water and then be brought to a boil. A glowing hot item, such as a rock, should then be placed

inside, allowing the hot water to spill over the sides.

**Braces, bite plates and retainers** should be brushed thoroughly before Pesach.

**Countertops that cannot be Kashered:** Formica, Silestone, Composite Stone and Corian counter tops may NOT be Kashered for Pesach, and therefore, should be covered.

Caesarstone countertops may NOT be Kashered for Pesach according to many opinions, as they are composed of only 93% stone.

**Countertops that may be Kashered:** Granite, Marble, metal, stone, or Stainless Steel counter tops may be Kashered by pouring boiling hot water (not steam) on them (Eirui). **wood can be kashered with sanding.**

The following materials are subject to differing opinions if they can be Kashered: China, Corelle, Corian, Cork, Corningware, Duralux, Earthenware, Enamel Coated Formica, Melmac, Nylon, Plastic, Porcelain, Pyrex, Synthetic Rubber, Teflon Coating. Some of the above are agreed upon that they cannot be kashered. Ask your local rabbi.

**NOTE: STEAM CLEANERS** often may not be used for Kashering purposes, as Kashering must be done with boiling water (212F) as steam is insufficient.

**Water filter** - change the filter.

## KITCHEN ITEMS THAT MAY NOT BE KASHERED:

Arcolac	Plastic
Bread Machines	Porcelain
China	Porcelain Enameled
Collanders (plastic)	Pots
Corelle	Pyrex
Corning Ware	Sandwich Maker
Crockpots	Silverstone
Graters (any)	Stoneware
Knives with Plastic Handles	Synthetic Rubber
Melmac	Teflon
Mixers	Toaster/Toaster Oven
Pasta Maker	Waffle Iron

These items should be washed thoroughly and be put away in a completely sealed off area until after Pesach.

## EREV PESACH

**Bedikas Chometz:** The search begins Thursday night, 4/18. Many have the Minhag to place ten pieces of bread or crackers in a bag out before the search is started.

**Fast of the First Born:** This year the fast falls on Friday, 4/19.

**Siyum:** Males who are first born and do not wish to fast on Friday should attend a Siyum in the morning and eat at the meal following it. This meal is called a Seudas Mitzvah. It is generally held right after Davening.

**Biur Chometz:** The burning of the Chometz left in one's possession, including the Chometz found the previous night, must be burned by the end of the fifth hour on Friday morning (4/19). Please see time chart for the exact latest time.

**Selling of the Chometz:** This must be done by Friday morning 4/19, no later than the time of Biur Chometz

## EATING ON EREV PESACH

Consumption of Chometz is prohibited on Erev Pesach, from a third of the day and after- this is usually counted four proportional hours from daybreak (see times to remember). It is also forbidden to eat Matzo or anything baked with Matzo on Erev Pesach. This prohibition includes egg Matzoh. This is in order to ensure that one will eat the Matzo at the Seder with a "hearty appetite". This prohibition includes cakes and cookies made from matzo meal. However, cooked Matzo products, such as knaidlach (Matzo balls) are permitted. Non-Gebrochts products are suitable for this time period. All foods should only be eaten in moderation from the ninth hour in the day and on in order to have an appetite for the Seder. Imitation Matzo made from Tapioca and Potato ingredients is fine for Erev Pesach.

## SELECTED LAWS & CUSTOMS

One should prepare everything (for the first Seder) on Erev Pesach in order that the Seder should begin immediately upon arriving from Shul. This includes setting the table, etc. It is a custom that pillows should be prepared for leaning on during the Seder. Women are not required to lean, however, male children are. It is also a custom among some that the head of the household wears a Kittel during the Seder. In most places, the custom is that only the head of the household has a Seder plate and the three Matzos. Some, however, have a Seder plate and Matzos for each man present at the Seder. When only the head of the household has a Seder plate, he must provide for everyone at the Seder from his plate. Since there is usually not a sufficient amount of Matzo, Marror and wine to ensure that everyone present (male and female alike) has the required amounts during the Seder, additional Matzo, Marror and wine should be placed on the table for supplementary use.

## THE SEDER PLATE

One may not use **MARROR** (to fulfill the Mitzvah of Marror) that was soaked for 24 hours or longer.

Soaking this long is called pickling and is Halachically considered cooking. One may only use uncooked vegetables for Marror. (Do not lean when eating Marror.)

**CHAROSES** can be made of ground apples, pears, pomegranates, dates, figs, walnuts, almonds, ginger and cinnamon, to which wine is added. Recipes may vary according to tradition.

**KARPAS** is any vegetable upon which a Brocho of "HaAdama" is made, that may be dipped in salt water or vinegar, and that may be used on Pesach. Parsley, celery, and potatoes are often used as Karpas.

**ZROA** is a piece of meat which is roasted over the fire. Most people use a chicken neck or wing for this purpose.

**BAITZA** is an ordinary hard boiled or roasted egg. If one forgot to roast the Zroa or Baitza on Erev Pesach, and had to do it at night, he must eat the egg before sunset of the next day.

### THE ARBA KOSOS (FOUR CUPS OF WINE)

It is preferable that the wine used at the Seder be red in color. For those who cannot drink wine, grape juice may be used (consult your Rabbi). If one must drink grape juice the 64 oz glass bottles that say on them Non-Mevushal are preferable. Nevertheless, one should make every effort to drink wine at the Seder. It is preferable to add at least some wine to the grape juice.

Each cup of wine should contain at least 3.3 fluid ounces. It is preferable to drink the entire cup, or at least half of it, for each of the four cups. Due to this one should not use a very large cup as this will necessitate drinking a large amount for each cup.

Men must consume all cups of wine while reclining on their left side. If one drank either of the first two cups without reclining, he must drink again without a Brocho.

*Note:* Many Kosher wines (and some brands of grape juice in the 64oz. bottles) are not cooked and state "Non-Mevushal." Therefore, care must be taken as to who handles them. (Most bottles that are cooked say "Mevushal" in English or Hebrew on the label).

*Note:* Many low-alcohol wines are now available. Some are pure wine while others are a mixture of wine and grape juice as indicated.

### MATZO

Only **Shmurah Matzo** (guarded Matzo), which is made of grain that has been guarded against fermentation from the time of harvest, should be used for the Mitzva of eating Matzo at the Seder. Both hand and machine Shmurah Matzo are

acceptable. Over the past many decades there have been many opinions given as to the merits of hand versus machine Matzoh. Most use either one with proper Hashgcho.

**Shmurah Matzo** has been watched in most cases from the time of cutting of the wheat to protect from unwanted moisture, which may make it rise.

**Eighteen minute Matzo** is run on machines that are cleaned every 18 minutes to prevent any possibility of the dough rising.

**Regular Pesach Matzo** has been baked on a machine in under 18 minutes, but the machine will run all day without cleaning in between runs.

**Matzo Ashira** is any Matzo that contains products other than flour and water, such as grape juice or apple juice. The consumption of Matzo Ashira is prohibited for most people throughout Pesach. Included in this category are: Matzo which was kneaded with fruit juice, egg matzo, tea matzo, honey and spice Matzo and some chocolate covered Matzo. However, this prohibition does not apply to infants or people who are ill. When in doubt, consult your Rabbi.

Even one who is allowed to eat Matzo Ashira, cannot fulfill their Mitzvah of Achilas Matzo (eating Matzo) with it.

**Gluten Free Shehakol Matzo:** Gefen and Yehuda Matzo company from Israel manufacture imitation Matzoh from Tapioca and Potato Starch. This is an excellent product to eat Erev Pesach and any other time one does not wish to consume actual grain-based Matzo (it is also a wonderful imitation Matzo that can be eaten out of a Sukkah since it is not real Matzo). Obviously, this product cannot be used as a substitute at any time for real Matzo.

For people **allergic to wheat**, Oat or Spelt Shmura Matzah may often be purchased at your local Kosher markets. Check with them for availability. You may also contact the Lakewood Matzoh Bakery at (732) 364-8757. For more information about Oat Matzos one may look on the website [www.Glutenfreeoatmatzos.com](http://www.Glutenfreeoatmatzos.com).

### MEDICINE

Most prescriptions can be filled with Kosher for Pesach medicine. For information on the Kosher status of your medicines, contact your local reliable Rabbi.

Rabbi Bess of Los Angeles has compiled the most detailed reliable list in the U.S. He can be reached at (323) 933- 7193. Rabbi Bess together with the Star-K publishes the Passover Directory with this information. Since some prescriptions, unfortunately, are not available with Kosher certification, we will mention some guidelines for



those who must take medicine on Pesach.

1. If one suffers from an illness through which one's life may become endangered, one may eat Chometz on Pesach and may use any medication needed to avoid a life-threatening situation. This Chometz should be owned by a non-Jew.

2. If someone is ill, but his life is not endangered, he may not eat Chometz on Pesach. However, he may take Chometz medicine under certain circumstances as long as he does not take it in the normal way (i.e. a pill without a cup of water). A Rabbi should be consulted if the need for such medication should occur.

3. Generally speaking, cough syrups and other liquid medicines may contain grain alcohol, and may not be used on Pesach. When one must take medicine during Pesach, his/her doctor should be asked to prescribe medicine without alcohol or capsules.

Many over the counter medicines require no special certification to be used on Pesach. Consult your Rabbi for specific questions. For a complete listing of this year's Kosher for Pesach vitamins (as well as year-round vitamins) go online to [www.koshervitamins.com](http://www.koshervitamins.com).

## TOILETRIES

Rabbi Bess lists the following ingredients as possible Kashrus issues connected to Pesach:

Amino Peptide Complex, Amp-Isostearoyl Hydrolized Wheat Protein, Avena Sativa Flour, Avena Sativa Kernel Protein, Barley Extract, Beta Glucan, Disodium Wheatgermido Peg-2 Sulfosuccinate, Hordeum Vulgare Extract, Hydrolyzed Wheat Gluten, Hydrolyzed Wheat Protein, Hydrolyzed Wheat Protein PgPropyl Silanetriol, Hydrolyzed Wheat Starch, Hydroxypropyltrimonium Hydrolized Wheat Protein, Oat Beta Glucan, Oat Extract, Oat Flour, Phytosphingosine Extract, Prolamine, Sodium Lauroyl Oat Amino Acids, Stearyldimoniumhydroxypropyl Hydrolyzed Wheat Protein, Triticum Vulgare, Triticum Vulgare Flour Lipids, Triticum Vulgare Germ Extract, Triticum Vulgare Germ Oil, Wheat Amino Acids, Wheat Bran Extract, Wheat Germ Extract, Wheat Germ Glycerides, Wheat Germanidopropylidimonium Hydroxypropyl Hydrolyzed Wheat Protein, Wheat Germ Oil, Wheat Protein, Wheat Sphingolipids.

## FROZEN VEGETABLES

There are many issues concerning the use of frozen vegetables for Pesach. Most large companies, such as S&W, Green Giant and Bird's Eye, purchase their vegetables from many different processors. Due to increased competition in this industry from Mexico and Guatemala, many packers are processing pasta and vegetables in the same blanching equipment when it is not being used for pure vegetables. This

is done at temperatures between 100 to 200 degrees, thus making the machinery Halachically unacceptable for Pesach use. However, some companies use steam blanchers, which are not usable for pasta. Bodek, Garden Pure, as well as others carry many frozen vegetables which are certified for Pesach.

## FRESH VEGETABLES

In general, fresh vegetables do not pose a special concern for Pesach. However, fruits and vegetables from Israel require that Terumos and Maasros be taken. Leafy vegetables require the same level of inspection for insects as during the rest of the year. This is a particular concern for many who use romaine lettuce for the Mitzvah of Marror. To avoid this problem, some choose to use romaine stalks only, which are easier to rinse and check for insects. There are romaine lettuce stalks and other produce certified for Pesach that are not checked for insects. One needs to make sure that the Hechscher covers both the Pesach and insect issues. This year additional care must be taken that no Shmitta issues exist.

## SODA

When determining whether a type of soda is Kosher for Pesach, there are three major ingredients with which we are concerned. They are: brominated vegetable oil, flavorings and sugar.

Corn syrup, which is made from Kitniyos, is a common sweetener in soda. The other ingredient, "flavoring," is also a source of concern, since there are thousands of flavors, many of which are not Kosher, and others that are derived from Chometz. Therefore, even Sephardim who normally consume Kitniyos on Pesach should seek only those products reliably certified to be Chometz-free.

Generally speaking, flavoring is the key to a product's success in the food market. Therefore, its formula is always a highly guarded secret of the company. Even a minuscule change in the formula of a product where flavoring is concerned can prove to be disastrous. Therefore, it is not surprising that these companies guard their flavorings very carefully making it necessary to have a Mashgiach (supervising Rabbi) go to the plant to personally check the flavorings being used. In regard to Pesach, it is also important to note that even within the same company (Coke, Pepsi, etc.) any individual bottling plant throughout the country may choose to use corn syrup as a sweetener. For this reason as well, it is essential that a reliable Mashgiach be on the premises during production. There are thousands of flavorings used by the food industry, not all of which are Kosher (let alone for Pesach). Some, such as ambergris (from whale intestines) and civit absolute (from cats) are, of course, never

# Kosher Information Bureau

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MEALS FOR TRAVELING:  
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Kosher on Wheels RCC / Kehilla  
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Cho-Sen Island (516) 374-1199

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The Jewish Diabetes Assn.  
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[www.koshermart.com](http://www.koshermart.com)

[www.ohnuts.com](http://www.ohnuts.com)

[www.koshervitamins.com](http://www.koshervitamins.com)

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## KOSHER NEWSLETTERS & KASHRUS INFORMATION HOTLINES

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Publications - Kashrus Conscience Magazine

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### Chicago Rabbinical Council cRc

2701 W. Howard St. Chicago Ill. 773 465-3900

### Vaad HaKashrus of Baltimore (Star-K)

Rabbi Moshe Heinemann, Rabbinic Advisor  
122 Slade Ave Suite 300, Baltimore, Maryland 21208  
(410) 484-4110 Publication - Kashrus Kurrents, Pesach Guide

### Kashrus Magazine: Rabbi Yosef Wikler, Rabbinic Administrator

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### The O/K Lab Rabbi Don Yoel Levy

391 Troy Avenue, Brooklyn, New York 11213

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### The Jewish Diabetes Association

New York Office: 959 East 26th St. Brooklyn, NY 11210

Tel: (718) 303-5955 Israel: 052-763-1500

Email: [Jewishdiabetes@aol.com](mailto:Jewishdiabetes@aol.com)

### London Beis Din Hotline: 020-8343-6255

[www.kosher.org.uk](http://www.kosher.org.uk) General Enquiries 020-8343-6255

### The Kosher Gram Vaad Harabonim of Greater Detroit & Merkaz

17071 West Ten Mile Road, Southfield, Michigan 48075

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### Orthodox Union - O/U Kosher Hotline & Passover Directory

333 7th Avenue, New York, New York 10001

(212) 613-8241 Rabbi Menachem Genack

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### Star-K product & medicine updates

[www.passoverkosher.com](http://www.passoverkosher.com)

Kosher. Even if an individual knows that a soda is reliably certified Kosher for Pesach in one particular city, this does not mean that the same brand of soda is Kosher elsewhere.

*Note:* Commonly, Coke and others will be reliably certified for Pesach. The bottle, however, may list "corn syrup/sugar" as an ingredient. As long as the product bears a reliable Pesach certification, the soda has been reformulated to meet all Pesach concerns.

*Note:* Coke is being produced for Pesach in California this year. Coke will be available in Boston, Baltimore-Washington, Miami and Atlanta as well. All the Passover Coke items will be marked with a distinctive yellow cap in addition to the O/UP symbol on the cap or shoulder of the bottle.

## EGGS

It is best to buy eggs that were laid before Pesach. This is due to the fact that chickens are usually given feed which is Chometz. Therefore, there is a minhag (custom) not to eat eggs which were laid on Pesach. *Note:* eggs do not require a Hechscher.

## MILK

Due to the modern pasteurizing processes used in the milk industry, many nutrients are inadvertently removed.

Governmental regulations dictate that Vitamin D, and in some cases, Vitamin A be added to milk before its sale. The amounts added are very minute. Inasmuch as Vitamins A and D are often derived from Chometz or kitniyos, and since mixtures of even small amounts of Chometz on Pesach are not "batel" (annulled), we must be cautious concerning milk which contains these additives.

Another matter of concern is the processing equipment. Milk companies often produce chocolate milk on the same equipment that they use for their plain "white" milk. The chocolate milk may contain malt, which is made from grain. In order to avoid these problems, two steps are necessary. First, it is necessary to make sure that the dairy company whose milk we purchase for Pesach processes only plain "white" milk and not chocolate milk. Secondly, the milk that we need for all of Pesach must be bought before Pesach. By doing so, the vitamins in the milk are deemed "batel" (annulled) from before Pesach (since Bitul works if the mixture occurs before Pesach), and therefore, may be used on Pesach. Whenever possible, certified Kosher for Passover milk is preferable.

## MILK SUBSTITUTES

Many people i.e. infants, elderly, those who are ill etc. often warrant consuming kitniyos but not Chometz. The following products (partial list) are

free of actual Chometz:

Infant Formula - Alsoy, CVS, EnfaCare, Enfamil, Enfapro, Giant, Heinz Nurture, Isomil, Mother's Choice, Nestle Good Start, Next Step, ProSobee, Rite Aid, Safeway Select, Similac, Target, Walgreens, Wegmens'.

Soy Milk - 365 Everyday Value (original, Light and Unsweetened), Fit & Active, Hy-Vee, Market Basket (unsweetened), Meijer, Nature's Place, Nature's Promise Organic, Shop Rite, Stop & Shop.

Almond Milk - 365 Everyday Value, Kroger, Market Basket, Meijer, Nature's Place, Ralphs, Shop Rite, Trader Joe's.

Rice Milk - Original Clearly Organic, Harris Teeter, Krasdale Organic, Meijer, Nature's Promise, Rice Dream (unsweetened only), Shop Rite.

*Note:* all of the above are best in liquid form and bought before Pesach.

## OIL

Oil from olives, palm, coconut and walnuts are acceptable for Pesach with a proper Kosher for Pesach Hashgacha. This is because the fruits they are extracted from is not kitniyos. Minchas Yitzchok (III:138:2) suggests that cottonseed oil is kitniyos, but in a subsequent teshuva (IV:113:3), he reconsiders this position. In the U.S., cottonseed oil is generally not considered to be kitniyos but in Eretz Yisroel there are those who refrain from using it.

Extra Virgin Olive Oil with reliable Hashgacha (year-round) is recommended for Pesach use, even without special Pesach certification.

## SUPERMARKETS

One of the major conveniences that is enjoyed in many parts of the United States, is being able to shop in our large National supermarket chains for Kosher items all year and in particular, for Pesach. Along with this convenience, however, comes a responsibility to check well for the Pesach certification on each item we buy. It is not uncommon for non-Pesach items to be found on the Pesach designated shelves.

## MARSHMALLOWS & GELATINS

Although many "Kosher for Passover" marshmallows are presumably made without Chometz ingredients, nevertheless, they may contain an ingredient which is highly controversial (for year round use), namely, gelatin. The main sources of gelatin are cattle and hogs. The process of making gelatin is as follows: the collagen in the bones and skins of the animals is converted by soaking 2" x 3" strips of hide in hydrochloric acid until it turns into ossein. This is then soaked in lime for about a month. It is

then washed in sulfuric acid to obtain the gelatin.

In 1912, Rav Chaim Ozer Grodzenski ZT"L sent a response to the Royal Gelatin Company concerning the methods of obtaining Kosher gelatin from non Kosher hides. Additionally, in 1950, Rav Lazer Silver vehemently opposed the hechsher on a well known gelatin product. In 1966, Rav Moshe Feinstein ZT"L, and Rav Aaron Kotler ZT"L both opposed all gelatins that were not obtained from a Kosher source. Kosher gelatin, from Kosher slaughtered animals, tends to be too expensive for large companies to produce. This is the reason that the O/U, O/K, Star-K and other reliable certifying agencies insist upon a gelatin substitute in products which would otherwise need gelatin. Marshmallows are a prime example of such a product. Some acceptable substitutes for gelatin are: Japanese gelatin, Japanese insinglass, agar agar, Chinese moss, Irish moss, carrageenan. Surprisingly, there is even one marshmallow product being sold which states "Kosher Beef Gelatin" which is produced from dried beef bones from India, which were not Kosher slaughtered. There is a new type of fish gel that is presently being used in pharmaceuticals and some food products certified Kosher. Fortunately, a truly reliable certified Kosher gelatin obtained from Glatt Kosher hides is being produced under the supervision of the O/U. This gelatin is used by Tzali's, Golden Fluff, Manischewitz and Granny's marshmallow brands. .

Today, 90% of gelatin produced in the U.S. is made from the skin or hides of pigs, since it is much cheaper than making gelatin from cow bones. Fish gelatin, therefore is the most commonly-used Kosher gelatin in modern times. The Gemorah Pesachim 76b says that it is dangerous to eat meat and fish together. Nevertheless, many Poskim allow fish marshmallows with meat since the amount of gelatin (fish based) is very little and considered to be "Batel". Therefore, it is common today to find Kosher Marshmallows with Kosher "fish" gelatin, under reliable Hashgachas.

## PET FOOD

One of the many challenges of Pesach is finding Halachically permissible pet food. There are two separate Kashrus issues about which one should be aware. One is related specifically to Pesach, and the other related to the rest of the year as well. The year round problem concerns the mixing of milk and meat. It says three times in the Torah "Lo Sevashel Gedee Bachalev Imo". Literally, this is a prohibition against cooking milk and meat together. However, from the fact that the Torah states this three times, and uses the term Gedee (kid), the Gemorah (Talmud) in Chulin (113A 115B) explains this to

mean that milk from any Kosher species and meat from any Kosher species (i.e. beef mixed with cow's milk or goat's milk etc.) are forbidden to: a) be cooked together, b) be eaten together, c) derive benefit or pleasure from them. These prohibitions (from the Torah) do not apply to poultry or venison. In order to avoid confusion, the Rabanan (Rabbis) extended the prohibition of eating milk and meat together to include poultry and venison. However, deriving benefit from poultry mixed with milk was not included in this decree. Therefore, chicken with whey, milk or cheese is permissible in pet food.

Commonly, dog and cat foods contain milk and meat mixtures, and therefore, are forbidden to Jewish pet owners all year round. There is an additional problem for a Jew who is a pet owner during Pesach. The basis for this problem is that Chometz carries with it three "Isurim" (prohibitions) a) Hanaah (benefit), b) Ownership, c) Baal Yimatze (it must be completely removed from a person's premises). A person who owns a pet is obligated to feed it in a timely manner, and due to the prohibition of deriving any pleasure or benefit from Chometz, we are not permitted to use or own pet food containing any type of Chometz on Pesach. Therefore, it is important to be aware of the prevalent use of the five grains: **wheat (germ, cracked, flour, gluten, ground, grouts, middlings, starch), rye, barley (cracked flour), oats (flour, grouts, hulled) & spelt** in dog and cat foods today. Other Chometz ingredients are **Brewer's Yeast, Gluten, Malt, Pasta, Starch and Xanthan Gum**. Almost all dry pet foods list wheat or oats as their first ingredient. This is true for fish food and bird foods as well.

*Note:* Only clay or wood-based Kitty Litter may be used on Pesach, as others may contain Chometz.

**Additional Animal-Related Concern:** Often the products that one may purchase at a local zoo to feed the animals contain Chometz and should not be purchased or fed to the animals on Pesach.

## CAT FOOD

**Blue Wilderness Grain Free** (dry): Adult (duck, indoor chicken, rabbit, red meat, salmon, trout, weight control), Kitten (chicken)

**Evanger's:** When bearing cRc Passover approval.

Friskies (canned): Pate chicken and tuna dinner, pate classic seafood entrée, pate country style dinner, pate mariners catch, pate salmon dinner

**Kirkland:** (Costco) (dry): Healthy weight Indoor adult, maintenance chicken & rice, Natures Domain salmon meal & sweet potato.

**Merrick Grain Free** limited ingredient diet (canned): Real chicken, real duck, real salmon, real turkey.



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**Merrick Purrfect Bistro Grain-Free**

(dry): Adult (healthy weight, real chicken),

Healthy senior

**Merrick Purrfect Bistro Grain-Free** (canned):

Chicken casserole, chicken divan, salmon pate, tuna pate.

**Wellness Core** Grain Free (dry): Adult, Indoor, kitten, original**Wellness Core** Grain-Free Classic Pate (canned):

Indoor, kitten, whitefish &amp; salmon &amp; herring.

**DOG FOOD****Alpo** Chop House (canned): Filet mignon and bacon flavors cooked in savory juices, prime rib flavor cooked in savory juices, roasted chicken and top sirloin flavors cooked in savory juices, T-Bone steak and ribeye flavors cooked in savory juices.**Blue Wilderness** Grain Free (dry): Adult chicken recipe, adult duck recipe, adult salmon recipe, puppy chicken recipe, senior chicken recipe, small breed adult chicken recipe.**Blue Wilderness** Grain Free (canned): Duck & chicken grill, salmon & chicken grill, turkey & chicken grill.**Evangers:** When bearing cRc Passover approval.**Mighty Dog:** canned - no gravy): Chicken egg & bacon country platter, chicken & smoked bacon combo, hearty beef dinner, with lamb and rice.**Wellness Core** Grain Free (dry): Ocean, original, reduced fat, small breed.**Wellness Core** Grain Free (canned): Beef & venison & lamb, puppy, turkey & chicken liver & turkey liver, whitefish & salmon & herring**Wellness Core** Grain Free Ninety five percent (canned): Beef with carrots, chicken with broccoli, turkey with spinach.**FISH FOOD**

Fish food and vacation blocks often contain chometz. The following are acceptable fish food for Pesach:

Zoo Med Laboratories Giant Plankton Banquet Block Feeder and Tetra Tropical Slow Release Gel Feeders (Tetra Weekend 5 days and Tetra Vacation 14 days). Goldfish and tropical fish can be fed the following (provided they do not contain fillers): Tubular worms, frozen brine shrimp and freeze dried worms.

**BIRDS***(Parrots, Parakeets, Cocktiels, Canaries and Macaws)*

Millet, canary grass seed and sorghum as main diet.

Peanuts, sunflower seeds and safflower seeds

Larger birds such as parrots can eat pure alfalfa

pellets (make sure it is pure alfalfa since it is common to add grains) or dry dog approved dog food. They also enjoy safflower seeds and sunflower seeds.

Smaller birds can also have pure alfalfa pellets, crush before feeding

One can supplement with cottage cheese, rice cakes (birds like these), small pieces of lean meat, matzah, berries, grapes, eggs, canned baby fruits. All large food should be shredded before feeding to birds. And these items should be given sparingly.

For minerals, can only have oyster shells (calcium) or mineral block, such as Kaytee Tropical Fruit Mineral Block Treat.

Canaries may be fed canary grass seed and rape seed.

**HAMSTERS, GUINEA PIGS, GERBILS & RABBITS**

It is best to feed pure alfalfa pellets to these animals. Make sure the pellets are pure alfalfa since it is common to add grains. Dried alfalfa may also be given.

One can also supplement with mixture of cut-up fruits and vegetables such as: carrots, broccoli, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds and cabbage. One can also give Matzah. If the animal is not used to eating any of these items, give sparingly.

Guinea pigs, rabbits &amp; chinchillas especially will benefit from greens, oranges, Timothy hay, grapes, apples and melons. Guinea pigs will particularly benefit from kale, parsley and oranges.

Hamsters especially will benefit from sunflower seeds, potatoes, small amounts of greens and vegetables. You can also supplement with grapes, apples, melon and oranges. Give sparingly, if animal is not accustomed to these foods.

Guinea pigs need vitamin C added to their diet.

Mice and rats will eat sunflower seeds, greens, vegetables and potatoes.

Gerbils enjoy eating millet, sunflower seeds and safflower seeds.

**MORE PET FOOD INFORMATION**

Mixes sold in stores often contain chometz. It is advisable for pet owners to slowly wean their pets off their regular chometz pet food diet. This is best accomplished by mixing regular and Pesach food between one and two weeks before Pesach before switching completely to Pesach food. The ratio of regular and Pesach food should be changed slowly to get the animal used to the new diet. Check with you vet before changing your pet's diet.

Also, pure Timothy Hay is NOT chometz.

*Note:* One may shop at Petco and Petsmart stores immediately after Pesach.

## ITEMS THAT MAY BE USED WITHOUT PESACH CERTIFICATION (FOR 5779-2019)

**Abdominal Discomfort** - Alka - Seltzer, Gelusil tablets, Metamucil (original texture regular flavor - powder only, not wafers or Fibar), Phillips Milk of Magnesia (unflavored), Di-Gel (Kitniyos), Pepcid, Pepto Bismol, Rolaid's (animal glycerin and Kitniyos), Bicarbonate of Soda, Zantac (not liquid), Imodium, Gas-X

**Agave** - Health Garden Organic Raw Agave Sweetener (O/K)

**Air Freshener** - All

**Alcohol** - All Isopropyl

**Alcoholic Beverages** - Vinprom-Troyan Brandy - apple, apricot, pear and plum (Star-K)

**Almond Milk Original** - (Kitniyos - To be used only for the infirm and children who need an alternative to standard milk on Pesach. Utensils used for this product should be washed separately) 365 Everyday Value (O/U), Almond Breeze Original & Unsweetened (O/U), Almondsense (O/U), Essential Everyday (O/U), Fred Meyer (O/U), Fresh & Easy (O/U), Friendly Farms (O/U), Full Circle (O/U), H-E-B (O/U), Hy-Vee (O/U), Laura Lynn (O/U), Market Basket (O/U), Meijer (O/U), Natural Direction (O/U), Nature's Place (O/U), Price Chopper (O/U), Roundy's (O/U), Shop Rite (O/U), Silk (O/U), So Delicious Unsweetened (O/U), Sunnyside Farms (O/U), Tree of Life (O/U), Winn-Dixie (O/U).

**Almond Flour:** Blue Diamond Growers Fine and X-Fine Blanched and Natural Almond Flour (O/K)

**Aluminum Foil and Pans** - All uncoated without release agent

**Ant & Roach Spray** - All

**Antacid** - Tums (Kitniyos), Zantac, Pepcid, Rolaid's (contains animal glycerin and Kitniyos)

**Ammonia** - All

**Aluminum Disposable Containers** - All uncoated without release agent

**Baby Formula** - (should be prepared in separate utensils, away from Pesach kitchen area, as they contain Kitniyos) 365 Everyday Value, Ameribella, American's Choice For Baby, Babies R Us, Baby Basics, Baby's Choice, Carnation Alsoy, CVS, Earth's

Best, EnfamCare, Enfamil, Gerber Good Start, Giant, Heinz Nurture, Isomil, Meijer, Mother's Choice, Next Step, Prosobee, Similac, Stop & Shop, Target, Walgreens, Wegmans

**Baby food** - Gerber (O/U): Carrots, Squash. For those permitted Kitniyos: Green Beans, Peas

**Baby Oil** - All pure

**Baby Ointment** - All (according to the O/U)

**Baby Medicine** - Pedialyte, Pedia-Sure, Tempura Drops & Tablets

**Baby Powder** - All pure Talcum Powders (such as Johnson's) - Any not listing oat flour as an ingredient.

**Baby Wipes** - All without alcohol (such as Johnson's Baby Washcloth)

**Baby Carrots** - see vegetables

**Bags** (paper and plastic) - All

**Baking Soda (NOT Baking Powder)** - All pure bicarbonate

**Baking Pans** (aluminum) - All uncoated without release agent

**Balloons** - Without any powder

**Band Aids** - All (including medicated)

**Bleach** - All

**Bird Food** - (see above "Pet Food" section)

**Blush (make up)** - All powdered

**Body Wash** - All

**Boric Acid** - All

**Bowl and Tub Cleaners** - All

**Breath Strips** - Require Kosher for Pesach certification - Kitniyos

**Buckwheat Airline Pillows** - Kitniyos, not Chometz

**Candles** - All pure unscented

**Cat Food** - see Pet Food article.

**Cardboard** - All

**Carpet Cleaners** - All

**Charcoal Briquettes** - (for a barbeque) - All (including flavored)

**Cheesecloths** - All

**Chia Seeds** - Any raw without additives (check seeds before Pesach for any other grain that may be mixed in). Navitas (Earth K) is one example

**Cleansers** - All (i.e. Ajax, Bab-O, Fantastic,)

**Cocoa Powder** - All pure unsweetened cocoa (domestically produced), **except for Hershey's**

## Special Dark Cocoa

**Coconut Aminos/Crystal** - Coconut Secret (Star-K)

**Coconut Chips/Flakes** - Aunt Patty's (Star-K), Cociozia (Star-K), Epicurex (Star-K), Trader Joes Flakes & Chips (unsweetened)

**Coconut Cream** - Trader Joes

**Coconut Crystals** - Coconut Secret (Star-K)

**Coconut Flour** - Coconut Secrets (Star-K), Cociozia (Star-K), Epicurex (Star-K), Trader Joes (unsweetened)

**Coconut Milk** - Requires Hashgacha for Pesach. But, for the infirm and children who need an alternative to regular milk on Pesach if Coconut Milk with Hashgacha is unavailable the following may be used: Coconut Dream Original Variety (O/U), Trader Joes (reduced fat and regular)

**Coconut Oil** (see "oils")

**Coconut Sugar/Nectar** - Coconut Secrets Crystals (Star-K) Health Garden (O/U), Navitas (Earth K), Sweet Tree (Earth K)

**Coconut Vinegar** - Coconut Secret (Star-K)

**Coffee (Caffeinated Ground, Beans & Instant)**

- All unflavored pure coffee, NOT decaffeinated unless otherwise indicated: Some examples are: Ambiance (O/U), Better Value, Brooklyn Roasting Co. (Peru, Rwanda, Guatemala, Brazil) (O/U), Chase & Sanborn, Chef's Quality (O/U), Chock Full O'Nuts, Coffee Direct (O/U), Compass Sumatran (O/U), Cosmopolitan, Dunkin' Donuts - Regular Ground (O/U), El Dorado, Ellis (O/U), Folgers Traditional Roast Instant 4 oz. (O/U), Folgers Freeze Dried Instant 3 oz. (O/U), Folgers Colombian Instant 4 Oz. & 8 oz. (O/U), Folgers Traditional Roast Instant 8 oz. (O/U), Folgers Instant Green Mountain (O/U), Folgers Instant Coffee Crystal Sticks Classic Roast 7 - 14 g. Packets (O/U), Guara Ground Coffee (O/U), Hena, Hill Bros., Kimbo, Lavazza (O/U), Luzianne (O/U), Mr. Coffee (O/U), Marques de Paiva (O/U), Meijer Colombian (O/U), Melitta (O/U), Nature's Promise (Star-K), Nescafe Taster's Choice Freeze Dried Instant (O/U), Parker House/Pinnacle (Star-K), Peet's, Premium (O/U), Price Chopper (Star-K), Princessa, RT (O/U), Shoprite (Star-K), Shurfine (Topco) (O/U), Sul De Minas (O/U), Supervalu (O/U), Trader Joe's (Star-K), Taster's Choice (O/U), Trader Joe's Organic Bolivian & Café Pajaro Coffee (O/U), Tully's Coffee Kenya (O/U), Via (O/U), W.B. Law & Son Guatemala Coffee (O/U), Wawa Kona Coffee (O/U), Weis (Star-K), Wegmans, White House/Pinnacle (Star-K), White Rose (O/U), Winn-Dixie Breakfast Blend (O/U)

**Coffee (Ground/Instant - Decaf Unflavored)** - Ellis (O/U), Folgers Plain and French Roast (O/U), Hena (O/U), Brooklyn Coffee House - Peruvian (O/U),

Folgers (O/U), Folgers Instant Coffee Crystal Sticks Classic Roast Decaf 6 - .42 oz Packets (O/U), Folgers Instant Decaf Coffee Crystal Sticks Classic Roast 6 - 12 g Packets (O/U), King David (KSA), National Brands (Star-K), White House/Pinnacle (O/U), Perugina Caffè, Peet's (KSA - French Roast, Holiday Blend, House Blend, Major Dickasons Blend, Mocca Jave, Sumatra), Superior, White House/Pinnacle (O/U)

**Coffee K-cups** - Follows general rules of all coffee. Some examples: Barista Prima Coffeehouse Colombia (O/U), Caribou Colombia, Mahogany, Obsidian & Sumatra K-Cup - unflavored, not decaf (O/U), Coffee People 100% Colombian, & Morning Blend - Unflavored and not decaf (O/U), Dunkin' Donuts (with O/U symbol only), Eight O'clock (with O/U symbol only), Green Mountain Vista 44N, Holiday Blend, Breakfast Blend, Dark Magic & Guatemalan Huehuetenango (O/U), Hanna K (with O/U symbol only), Newman's Own Organic (O/U), Peet's Big Bang, Holiday Blend, Nicaragua Adelante & Yosemite Organic - unflavored not decaf (O/U), Private Selection (with O/U only), Seattle's Best (with O/U symbol only), Seattle's Best Coffee Portside Blend & Post Alley (O/U), Starbucks regular (with O/U symbol only) i.e. Breakfast Blend, Timothy's World Coffee Salvador, Breakfast Blend, Morning Blend, Tully's Breakfast Blend, Colombia, Hawaiian Blend, Kona Blend & Italian Roast K-Cup - unflavored, not decaf (O/U) *Note: A dedicated-for-Pesach coffee brewing machine is necessary.*

**Coffee Nespresso Capsules** - This product is under Basel K kosher Commission (Rabbi Levinger) year-round and does NOT require a special certification for Pesach. This product-line includes Nespresso Classic (NC) Range, Nespresso Professional (NP) Range and Nespresso Vertuo

**Coffee (instant/freeze dried, regular unflavored, not Decaf or Chicory)** Folgers (O/U), Nescafe Tasters Choice, National Brands (Star-K), Starbucks Via (O/U)

**Coffee (Iced/Cold Brew)** - Dunkin' Donuts Dark Roast Iced Coffee (O/U)

**Coffee Filter** - All unflavored

**Cold Medication** - Children's Cold Tylenol, Excedrin Sinus, Vicks Nyquil & Dayquil Cold/Flu, Vicks 44 (including 44D, 44E, 44M), Chapstick Cold Sore Therapy, Triaminic - HCTZ, Blistex, Neosporin, Claritin, Afrin Nasal Spray

**Conditioners** - All

**Contact Lens Fluid** - All

**Cooking Spray** - Pompeian Avocado & Grape Seed Oil (Star-K)

**Copper Cleaner** - All (i.e. Hagerty (O/U) etc.)

**Cork** - All



Cosmetics (except possibly lipstick) - All (according to the O/U)

**Cough Medicine** - Corricidin, Scot-Tussin

**Cream of Tartar** - Gel Spice (O/U), Spiceco (O/U), Saratoga (O/U), Pacific Natural Spices (O/U)

**Crockpot Liner** - All

**Cups** - All paper, plastic or styrofoam

**Cupcake Holders (foil)** - All

**Cupcake Holders - Paper** - Paperchef (Star-K)

**Deli** - Empire, Solomon's Company Buffalo (O/U)

**Dental Floss** - All unflavored brands (waxed or unwaxed)

**Denture Cleansers** - Polident, Fixodent, Super Poli-Grip

**Deodorant** - All powder and solid stick powder may be used. i.e.: Arid Extra Dry, Secret, Sure, Jean Nate, Tom's, Right Guard Aerosol - (not sport original), Old Spice body spray

**Detergent (Clothes)** - All (i.e. Amway & Shaklee (Basic G Germicide, Basic H Concentrate Organic Cleaner, Get Clean Basic H2 Organic Super Cleaning Concentrate, Get Clean Basic H2 Organic Wipes, Get Clean Scour Off Heavy Duty Paste), Ajax, Tide, All, Fab, Windex etc.)

**Dish Detergent** - Ajax, Amway, Cascade, Dawn, Ivory, Joy, Palmolive

**Dishwasher Detergent** - All (with reliable Kashrus symbol)

**Diapers** - All

**Dog Food** - (See "Pet Food" article)

**Drain Openers** - All

**Dried Fruits** - Albertson's Raisins, Aunt Patty's (Star-K), Dole Raisins, Gocmez (Apricots & Figs - Star-K), Happy Apricots (Star-K), Kirici (Star-K), Kroger Raisins, Natural Food Source (Star-K), Nimeks (Star-K), Ralph's Raisins, Sereno (Star-K), Smart Harvest (Star-K), Sunny Fruit (Star-K), Sunsational Fruits (Star-K), Sunrose (Star-K), Trader Joe's (Raisins, Bing Cherries, Fancy Dried Nectarines, Fancy Dried Pears)

**Eggs** - All (including eggs with Omega 3, citric acid and egg salted egg yolks) - Although eggs have been exposed to Chometz chicken feed, the water/mineral cleaning solution removes the Chometz before Pesach. It is therefore, preferable to purchase already/cleaned eggs before Pesach.

**Egg Products** - All

**Eye Drops** - All

**Eye Shadow / Eye Liner** - All brands without grain

ingredients

**Fabric Protectors** - All

**Fabric Softener** - All

**Face powder** - All

**Fireplace Log** - All unscented brands

**Fish (Raw, Frozen)** - All raw fish (not coated or ground) are best purchased with a Kosher for Pesach Hechsher (due to possible glazing). However, in the absence of Certified for Pesach fish that is easily available, all fish, except for ground, are acceptable after washing before Pesach. Some examples are: Kirkland Signature Frozen Skinless Boneless Farmed Atlantic Salmon Portions (O/U), Kirkland Frozen Skinless Boneless Wild Sockeye Salmon Portions (O/U) *Note:* raw fish always requires good certification or at least to still have some scales attached to it.

**Flax Seed** - (Check seeds thoroughly before Pesach for any possible mixed-in grains).

**Fruit (Frozen)** - All without additives i.e. citric acid or ascorbic acid. This applies to fruits that do not have bug issues (such as strawberries etc.). Those may be used only when bearing approved Kosher supervision. No additional Pesach symbol is required.

**Fruit (Packaged - Dried)** - Aunt Patty's (Star-K), Calavo Pitted and Whole Dates, Gocmez Apricots (Star-K), Happy Apricots (Star-K), Kirici (Star-K), Natural Food Source (Star-K), Nimeks (Star-K), Safari Dried Fruit, Smart Harvest (Star-K), Sunny Fruit (Star-K), Sunsational Fruits (Star-K), Sunrose (Star-K), Sun World Pitted or Whole Dates, Sunglow Pitted or Whole Dates, American Eagle Apricots, Sun-Sational Snacks (apricots), Sunny Fruit (Star-K), Trader Joe's - raisins, bing cherries, fancy dried nectarines, fancy dried pears, Zoria Dried Apples & Mixed Fruit

**Furniture Polish** - All

**Garbage Bags** - All

**Gasoline** - All (even Ethanol with corn)

**Glass Cleaner** - All

**Glue** - Elmer's White glue (not paste), Krazy glue, Ross glue

**Goji** - Navitas Natural Goji Berries (with no additives - Earth K)

**Goldenberries** - Navitas Naturals Goldenberries (with no additives - Earth K)

**Grains** - Flax and hemp (whole grains only) may be used on Pesach. They should be purchased from manufacturers that do not process Chometz grains also. These grains should also be carefully checked before Pesach for any residue.

**Hair Gels, Mousse - All****Hair Removers/Treatments - All****Hairspray - All****Hand Sanitizers - Any** without alcohol may be used.

**Headache/fever** - Advil (not film coated), Bayer aspirin, Motrin Caplets or Tablets, Tylenol tablets or Caplets

**Hemp** - Check thoroughly for any possible mixed-in grains

**Household Cleanser - All** (i.e. Fantastic, Glass Plus, Lysol, Sunlight etc.)

**Hydrogen Peroxide - All****Ice - Unflavored - All**

**Infant formula O/U certified (contains Kitniyos not Chometz - O/U has Identified these brands as halachically acceptable for infants and those who are ill. These products must bear an O/U or O/Ud symbol)** 365 Everyday Value, Babies R Us, Baby Basics, Baby's Choice, Bear Essentials, Belecta (regular and premium), Berkeley & Jensen, Bright Beginnings, CVS, Cottontails, Daily Source, Discount Drug Mart, Earth's Best, Enfacare, Enfalac, Enfamil, Food Lion, Full Circle, Gerber Good Start, Giant, Hannaford, H-E-B, Heinz Nurture, Hy-Vee, Isomil, Kirkland Signature, Kuddles, Laura Lynn, Life Brand, Little Ones, Meijer Baby, Member's Mark, Mom To Mom, My Organic Baby, Nature's Place, Nestle Good Start, Next Step, Nutraenfant, O Organic Baby, Parent's Choice, President's Choice, Price Chopper, Publix, Rite Aid - Tugaboos, Shopko, Similac, Simply Right, Stop & Shop, Supervalu, Target, Top Care, Topco, Up and Up, Walgreens, Wegman's, Well Beginnings, Western Family

**Insect Sprays - All****Isopropyl Alcohol - All****Jewelry Polish - All**

**Juice (frozen)** - Any brand 100% pure white grapefruit (not pink) or orange frozen juices, without sweeteners, additives, preservatives or enrichments (i.e. calcium) added may be used. All other frozen juice products require reliable KFP certification. For Example: Cascadian Farm Organic Orange Juice Frozen Concentrate (with O/U symbol only), Kroger 100% Juice Orange Frozen Concentrated with Pulp (with O/U symbol only)

**Lactaid Capsules** - May contain Chometz and may not be used on Pesach.

**Lactaid Drops - (NOT Tablets)** If needed, it must be added to milk or other dairy products before Pesach.

**Lactaid Milk** - Lactaid Milk may be used on Pesach

if purchased BEFORE Pesach due to Bittul (may contain small amount of actual Chometz)

**Laundry Detergents - All****Lemon Juice** - Real-Lemon Juice (O/U)**Lip Balm/Conditioner - All****Lime Juice** - Real Lime (O/U)**Liquor/Liqueur** - Vinprom-Troyan (Star-K)**Lotion - All****Mascara** - All (without grain ingredients)

**Meat** - All raw meats (not coated or ground) are best purchased with a Kosher for Pesach Hechsher. However, in the absence of Certified for Pesach meat that is easily available, all meats, except for ground, are acceptable after washing before Pesach (NOT over a Kosher for Pesach sink). Alle/Meal Mart and Solomon's do not need washing, even without Pesach certification. Anash Raw Meat (O/U Glatt) when raw & in original manufacturer's packaging, Solomon's Glatt Kosher Beef and Lamb Meat Raw, **including** ground beef (1 lb. square blocks, 3 x 1 lbs square blocks and 5 lbs in clear vacuum bag (O/U Glatt) when raw in original manufacturer's packaging, Teva Meat (O/U Glatt) when raw & in original manufacturer's packaging

The following are brands of meat in Manufactured Packaging that are Kosher for Pesach without special Pesach Certification...

A.D. Rosenblatt Beef and Lamb - unprocessed, excluding ground meat (O/U), Aaron's Best (Raw, unprocessed, excluding ground meat) O/U, Alle/Meal Mart (O/U Glatt), American Kosher Raw Beef, Lamb & Veal (O/U Glatt), Anash Raw Meat (excluding ground meat) (O/U Glatt), Beth Yosef Raw Beef (O/U Glatt), Birdsboro Kosher Farms (O/U Glatt), Black Hill Farms (Star-K), Glatt Ranch - Mexico and Texas (Star K Glatt), Grow & Behold - **including ground meat, except for Beef Patties, which must say "Kosher for Passover" on the label** (Star K Glatt), D. Gruenspecht (O/U), H.G.I (O/U Glatt), Heartland Kosher (excluding ground) (O/U Glatt), International Glatt Beef, Lamb & Veal (O/U Glatt), Kol Foods (Star-K), Lamm's Raw Beef (excluding ground meat) (O/U Glatt), M&D Glatt (Star-K), Prime (Star-K), Regal Foods (Star-K), Romanian (beef and lamb - **including** ground) (O/U Glatt), Schreiber Raw Beef (O/U Glatt), Shor Habor (raw unprocessed excluding ground meat), Teva Meats (O/U Glatt - **including** ground), Yaakov's Premium Meats (O/U Glatt)

**Medical Supplements/Kitniyos** (O/U - Only For Those who are Halachically Permitted) Ensure Complete Nutrition Shake, Ensure Healthy Mom Shake, Ensure High Calcium Shake, Ensure High Protein Shake, Ensure HN, Ensure Homemade Shake, Ensure Plus, Ensure Plus HN, Ensure Plus

Next Generation, Ensure Shake, Ensure Twocal, Nutrisource Benefiber, Resource Milk Shake Mix

**Milk** - It is preferable to buy Kosher for Passover milk, otherwise any brand purchased BEFORE Pesach from a company that does not process chocolate milk on the same machinery may be used on Pesach as long as it doesn't contain monodiglycerides or dextrose. Those companies from which we can buy milk in the Los Angeles area before Pesach are: Alta Dena, Formost, Jerseymaid, Knudsen, Ralph's, Stater Brothers, Vons Pavilions. *Note:* Milk certified Kosher for all year is certified for Passover only when indicated.

**Milk Dry** - Nonfat without additives before Pesach

**Mineral Oil - All**

**Moisturizer - All**

**Mouthwash** - Scope, Listerine (plain, Zero, and Listermint), Tom's of Main, Amway (not the Amway Glister Anti Plaque Flouride), Colegate

**Nail Polish/Remover - All**

**Napkins - All**

**Nuts - All** raw, whole or chopped almonds, walnuts, pine nuts, without BHA, BHT or other additives, or preservatives are approved for Pesach use. However, if the label states that it is processed in a plant that processes Kitniyos or Chometz, then it requires a reliable Kosher For Pesach certification. Whole pecans and half pecans do NOT require Kosher for Pesach certification. However, pecan pieces and midget pecans must bear a Kosher for Pesach symbol due to processing. All dry roasted nuts and ground nuts require reliable KFP certification.

The following are some Star-K Nuts that may be used without special Pesach certification (only Star-K): Allmac Hazelnuts, Atlas Walnut, Cascade Hazelnuts, Nature's Original, Pacific Gold Nut Co., Poindexter Nut Walnuts

The following are some O/U Nuts that may be used for Pesach without special Pesach certification (only O/U required): Cal-Pure Almond Meal Blanched-Raw, Golden Orchards Almond Meal Blanched - Raw, Kirkland Signature Raw Walnuts, Paramount Farms Pistachios Diced Unsalted-Raw,

The following are some O/K Nuts that may be used for Pesach without special Pesach certification: Blue Diamond Growers blanched, diced, whole and broken Almonds

**Nut Flour/M meal** - Barneys Basics Almond Flour (O/U), Cal-Pure Almond Meal Blanched-Raw (O/U), Golden Orchard Almond Meal-Raw (O/U), Paramount Farms Almond Meal-Raw and Pistachio Meal Unsalted - Raw (O/U)

**Oil (Avocado)** - De La Rosa (Star-K), Pompeian (Star-K)

**Oil (Coconut)** - Agrilife Extra Virgin Coconut Oil (O/U), Bali'Sun Organic Virgin Coconut Oil (O/U), Harvest Bay Organic Virgin Coconut Oil (O/U), Harvest Farms Organic Virgin Coconut Oil (O/U), Lowes Foods Virgin Coconut oil (O/U), Nutiva Organic Virgin Coconut Oil (O/U), Richard's Signature Provisions Extra Virgin Coconut Oil (O/U), Rockwell's Organic Virgin Coconut Oil (O/U), Roland Virgin Liquid Coconut Oil (O/U), Simply Nature Organic Virgin Coconut Oil (O/U), Spectrum Organic Virgin Crude Coconut Oil (O/U), Thrive Market Organic Virgin Coconut Oil (O/U), Velma Virgin Coconut Oil (O/U), Vitl Choice Organic Virgin Coconut Oil (O/U), Viva Naturals Organic Virgin Coconut Oil (O/U)

**Oil (Grape Seed)** - De La Rosa (Star-K), Pompeian (Star-K)

**Oil (Olive- Extra Virgin Only)** - **The O/U policy is that all extra Virgin Olive Oils with an O/U do not require special Pesach certification. Star-K policy agrees only with certain brands, such as:** Ahold USA (Star-K), Apollo (O/U), Atlas (O/U), Aunt Patty's (Star-K), Baci de Oliva (Star-K), Bella Vina (Star-K), Bellissimo (Star-K), Bivona (Star-K), Botticelli (Star-K), Casale (Star-K), Clover Valley (O/U), Cora (Star-K), De Profundis (Star-K), Donio (Star-K), Egregio (Star-K), Essential Everyday (Star-K), Estepa Virgen (Star-K), Fragata (O/U), Giannoulis (Star-K), HEB (O/U), La Brea (O/U), Liohori (Star-K), Loreto (O/U), Maestro Oleario (Star-K), Mario (O/U), Meijer (O/U), Molivo (O/U), Natural Earth Products (Star-K), Oleo Jabalon (Star-K), Oleostepa (Star-K), Piggly Wiggly (O/U), Pirolio (Star-K), Pompeian (Star-K), Santa Stefano (Star-K), Spectrum Organics (Star-K), Star (O/U), Toscani (Star-K), Via Italia (O/U), Villa Blance (O/U), Virginia (Star-K), Weis (O/U), Winn Dixie (Star-K), Zoe (Star-K)

**Oil (Grape Seed)** - Pompeian (Star-K)

**Oil Spray** - Glucks Vegetable Oil Spray (O/U), Pompeian (Star-K)

**Onions frozen chopped** - Any pure or fresh chopped refrigerated Ready Pac Brand

**Oven Cleaner - All (i.e. Easy Off and Shaklee)**

**Oven Cooking Bag** - Best Choice Slow Cooker Liners (O/U), Everyday Chef Slow Cooker Liners (O/U), Reynolds microwave bags

**Pain Medication** - Ast Tabs, Bufferin, Excedrin (plain, migraine & sinus), Motrin, St. Joseph adult chewable, Tylenol & Tylenol plus.

**Paper Bakeware (i.e. cupcake holders etc.)** - Hanna K Signature (O/U), Lilac (O/U), Paperchef (Star-K), Reynolds (O/U)

**Paper Cups** - All styrofoam, plastic or cardboard.

Georgia Pacific (O/U), Publix 8 oz. Paper Hot Cups (O/U), Solo 8 oz. Hot Cups (O/U), Solo 9 oz. Cold Drink Cup (O/U), Solo 16 oz. DSP Paper Cups (O/U), Solo 16 oz. SSP Hot Cups (O/U),

**Paper Doilies** - Hanna K. Signature Elements (O/U - pareve),

**Paper (Plate/Bowls)** - All Coated

**Paper (Parchment)** - 365 Everyday Value (Star-K), Airbake (Sta- K), Artbake (Star-K), Bagcraft (Star-K), Big Y (O/U), Brown Paper Goods (Star-K), Carefree (Star-K), Carnation (Star-K), Castaway, Central Coated Products (Star-K), Chef Le Bon (Star-K), Chef's Pride (O/U), Companions (Star-K), Cysco, D&W Finepack (Star-K), Domestix (O/U), Essential Everyday (O/U), Everyday Chef (O/U), First Mark (Star-K), First Value (Star-K), Gefen (O/U), Geula (O/U), Great Value (O/U), HEB (O/U), Homelife (O/U), Home Sense (O/U), Hy-Vee (O/U), Kirkland, Master Baker (Star-K), Meijer (O/U), Member's Mark, Paper Chef (Star-K), Norpak (Star-K), Our Family (O/U), Paperchef (Star-K), Prime Source, Publix (O/U), Reynolds (O/U), Roundy's (O/U), Saga Baking Paper (Star-K), Signature Select (O/U), Simply Done (O/U), The Pampered Chef (Star-K), Union Paper Bak-O-Matic, Up & Up (O/U), Wegman's (O/U), Wilton (Star-K), *Note:* Containing Quilon requires Hechsher year-round. Silicon-based is Kosher during the year.

**Paper (Towel)** - All (first 3 sheets and the last sheet on the roll may contain kithiyos glue, and should not be used with hot foods. If using half sheets, this rule also applies to the first 4 and the last 2 sheets)

**Paper (Wax)** - American Choice, Best Choice (O/U), Big Y (O/U), Cut Rite (O/U), Domestix (O/U), Essential Everyday (O/U), Everyday Chef (O/U), Giant Eagle (O/U), Harris Teeter (O/U), HEB (O/U), Homelife (Star K), Iga, Laura Lynn (O/U), Life Brand (O/U), Marcal Kitchen Charm, Master Wrap (O/U), Meijer (O/U), Nature Value (Star K), Nice! (O/U), Our Family (O/U), Publix (O/U), Remarkable, Reynolds (O/U), Selection (O/U), Simply Done (O/U), Shoprite (O/U), Shurfine (O/U), Signature Select (O/U), Simply Done (O/U), Springfield (O/U), Stop & Shop (Star K), Tops (O/U), Waxflex (Star K), Waxtex (O/U), Wegman's (Star K), Weis (O/U), White Rose (O/U), Winco (O/U)

**Pediatric Supplements** - D-Vi-Sol, Enfamil 5% Glucose Water, Poly-Vi-Sol Drops, Tri-Vi-Sol Drops, Pedialyte (all flavors), Pediasure Peptide, Pediasure Shakes

**Pepper** - Durkee, It's Delish, Morton's Black Pepper, Spice Island

**Personal Care Product** - The following Shaklee products: Avocado Cream Moisturizer, Deodorant Cream, Skin

**Pet Food** - see above

**Plastic Containers** - All

**Plastic Plates** - All

**Prenatal Vitamins** - Maxi Health Small Prenatal Caps (only with Chameitz free sticker)

**Powder Blush** - All

**Plastic Bag & Wrap** - All

**Polish** - All

**Poultry** - All fresh or frozen poultry (direct from the processor, i.e. "Empire" etc.), are fine for Pesach, except for most ground poultry, which DOES require KFP certification (see below for exceptions).

Some Poultry brands that are Kosher for Pesach (without special Pesach certification) are:

Aaron's Best Raw Chicken & Turkey (excluding ground) (O/U), Alle (O/U), Birdsboro Poultry (O/U), David Elliot (O/U), Isaac's Pride (Star-K), Kedas (O/U - **including** ground), Kee-Tov Broilers (O/U), Kiryas Joel Raw Chickens & Turkey (O/U - **including** ground), Kol Foods (Star-K), Kosher's Best Raw Poultry (O/U - **including** ground), Marvid Poultry (excluding ground) (O/U), Pelleh (**including** ground) (O/U), Quality Kosher (Star-K), Rachel's Organic (Star-K), Romanian (**including** ground), Shor Habor (O/U), Wise Organic Pastures (Star-K)

**Powdered Milk** - Alba, Carnation, Dairyman

**Raisins** (check to make sure that "oil" doesn't appear in the ingredient panel) - American Raisin Packers, Berkley & Jensen (O/U), CVS (O/U), California Fruit (Star-K), California Raisins, Champions (O/U), Clover Valley (O/U), Del Monte, Deluxe Raisins, Dole Seedless (Star-K), Essential Everyday (Star-K), Goodfields (O/U), Great Value (Star-K), HEB (O/U), Hannaford (O/U), Harris Teeter (O/U), Krasdale (O/U), Kroger Raisins (O/U), Mariani (O/U), Market Basket (O/U), Market Pantry (Star-K), Newman's Own Organic (O/U), Price Chopper (O/U), Pride, Pride Thompson, Publix (O/U), Regent Raisins, Rite Aid Pantry (O/U), Safari, Shoprite (Star-K), Southern Grove (O/U), Sun Maid, Sun Valley (Star-K), Trader Joes (O/U), Wegmans (Star-K), Weis (O/U), Wild Harvest (O/U)

**Rice** - For those Sephardim who use rice on Pesach as well as those who are infirm or infants, it is acceptable only without additives (this includes vitamins) i.e. Aftab, Emperor, Mahatma, Kusha, Nasim, Pari, Riviana, Royal, Shahrzad, Success

**Rice Milk** - (some rice milk may contain an enzyme that is derived from barley, therefore only the following brands have been approved by the O/U as original rice milk, with no chameitz. THEY ARE **KITNIYOS**) Rice Dream Enriched (Unsweetened Original), Harris Teeter, RiceSense Enriched, Full Circle, Hy-Vee, Meijer, Nature's Place, Shop Rite,

Market Basket Enriched, Price Chopper Enriched, Wild Harvest Enriched

**Rubber Gloves** - Any uncoated (i.e. Playtex, Rubber Maid)

**Salt - (Coarse Kosher Salt)** - All

**Salt (Himalayan Pink Salt)** - Artisan Salt Co. (O/U), Badia (O/U), Kirkland Signature (O/U), Olde Thompson (O/U), Roland (O/U), SaltWorks (O/U), Wegmans (O/U)

**Salt (Peruvian Pink Salt)** - Artisan Salt Co. (O/U), SaltWorks (O/U)

**Salt, Table - (Processed or Sea)** Morton's plain, coarse, popcorn salt, special cooking salt, canning and pickling salt, extra fine flour salt, Red Cross, Sterling,

*Note:* Sea salt is not Mevushal and can be an issue on Shabbos.

*NOTE on Salt:* Always check to make sure that there is no dextrose, iodine or polysorbate listed in the ingredients.

**Sandwich Bag** - Any paper or plastic

**Sanitizer** - All

**Scouring Pad & Powders** - All

**Seltzer (Unflavored)** - All

**Shampoo** - All

**Shaving Cream & Gel** - All

**Shaving Lotion** - All

**Shelf Paper** - All uncoated

**Shoe Polish** - All

**Silver Polish** - All Kosher Brands

**Skin Care** - any without grain additives

**Soap (Hand)** - All

**Soy Milk - (Kitniyos)** - but not Chometz – for those for whom it is necessary to consume soy milk (Infants & Ill). These items should be purchased before Pesach, so that any traces of Chometz involving equipment would be batul and utensils used for these items should be washed in a separate area) 365 Everyday Value, Best Choice Clearly Organic, Fit & Active (regular and organic), Fresh & Easy Soysense, Giant, Green Way, Harris Teeter Naturals Organic, Harvest Farms, Hy-Vee, Market Basket Unsweetened, Meijer, Natural Directions Organic, Nature's Place, Nature's Promise Organic, O Organics, Shop Rite Organic, Shop Rite, Silk, Smart Menu Organic, Soy Dream, Stop & Shop, Western Family Aseptic, Winn-Dixie Organic.

**Spices** - Whole, not ground are fine for Pesach use. (i.e. cinnamon sticks, whole peppers etc.)

**Sponge** - All without soap

**Steel Wool** - any without soap

**Sterno** - All

**Straws** - All plastic

**Styrofoam Products** - All

**Sugar - (Brown)** Best Yet (O/U), Better Value (O/U), Bi-Lo (O/U), C & H Gold Brown (Star-K), C & H Dark Brown (Star-K), Colonial (O/U), Dixie Crystals (O/U), Food Club (O/U), Holly (O/U), Hy-Top (O/U), Imperial (O/U), Kroger (O/U), Parade (O/U), Savannah Gold (O/U), Shoprite (O/U), Shurfine (O/U), Southern Home (O/U), Symple (O/U), West Creek (O/U), Winn-Dixie (O/U).

**Sugar - (White)** any granulated pure cane or beet sugar without dextrose such as C & H, Vons/ Pavilions, Albertsons, Kroger (with O/U symbol only), Smart & Final, Spreckles, Sysco. It must be listed as pure cane or beet sugar on the label.

**Sugar - (Raw, Turbinado)** C&H Hawaiian raw cane sugar

**Palm Sugar** - Sweet Tree Coconut Palm sugar

**Suntan Lotion & Medication** - All

**Supplement** - Ensure Without Fiber (*Note:* it contains Kitniyos - check with your Rav when needed)

**Sweetener** - Syncal Saccharin

**Tablecloths (plastic/paper)** - All (non powder)

**Talcum Powder** - All (100% talc)

**Tea (Instant)** - Nestea Regular, Unflavored 100% Pure Tea

**Teabags (Regular-Unflavored)** - All (unflavored, not decaf) Some examples are: Albertson's, Ambiance (O/U), America's Choice (O/U), Bromley Estate, Chock Full O' Nuts, Family Dollar (O/U), Giant (O/U), Hy-Top (O/U), Hy Vee Black - 24,48 and 100 count (O/U), IGA (O/U), Key Foods (Star-K), Kroger, Law's (O/U), Lipton (O/U), Market Basket (O/U), Nestea, Neuman's Own Organics Green & Black Tea Bags (O/U), Newman's Own Family Size (O/U), Pascal (O/U), Pocahontas, Redco, Red & White (O/U), Restaurant's Pride Preferred (O/U), Rite Aid Black Tea Bags (O/U), Safeway (Star-K), Salada, Shurfine (Topco) Black, Green and Family Size (O/U), Signature Select (O/U), Stop & Shop (Star-K), Stater Bros Black & Green Tea Bags (O/U), Superior, Sweet-Touch-Nee (O/U), Tetley (Star-K), The Republic of Tea, Rite Aid

*NOTE on Teabags:* Regular tea bags that are unflavored and not decaffeinated and have no fillers such as chicory may be used for Pesach without special certification.

Some plain tea bags contain grape seed extract as listed in the ingredients and are not Kosher.

**Tea Bags (Decaf)** - Lipton Unflavored (O/U), Sweet-Touch-Nee 97% Decaf

**Tissue (Bathroom & Facial) - All**

**Toothbrush - All**

**Tooth Pain** - Anbesol, Orajel

**Toothpaste** - Aim, Arm & Hammer, Colgate, Close up, Mentadent, Orajel, Pepsodent, Ultrabrite

**Toothpicks - All** unflavored

**Vegetable (Fresh)** - alfalfa sprouts, artichoke, asparagus, avocado, beets, bell pepper, broccoli, cabbage (red or green), carrot, cauliflower, celeriac (celery root), celery, chicory, chives, collard, cucumber, dandelion greens, dill, eggplant, endive, escarole, garlic (there are varying customs regarding the use of garlic on Pesach), green onion, horseradish (raw), kohlrabi, leek, lettuce (all types), mint leaves, mushroom, okra, onion, potato, parsley, parsley root, pumpkin, radishes (all types), rhubarb, rutabaga, scallions, spinach, tomatillo, tomatoes, turnip, watercress, whole pepper, yams, and zucchini.

**Vegetables/Carrots Fresh, Peeled** - A&J Produce (O/U), Albertson's Baby Peeled Carrots (O/U), America's Gold (O/U), Bugs Bunny's Baby Carrots (O/U), Bunny Luv (O/U), Cal Organic Farms (O/U), Classic (O/U), Cross Valley Farms (O/U), Dewy Fresh (O/U), Full Circle (O/U), Green Wise Baby Cut Carrots (O/U), Grimmway Farms Crinkle Cut Carrots (O/U), HEB Organics (O/U), Lancaster Foods (Star-K), Marketside Organic (O/U), Nature's Finest (O/U), Open Acres (O/U), Porters Peeled Mini Carrots (O/U), Premier (O/U), President's Choice (O/U), Safeway (O/U), Salad Time (O/U), Schuks Peeled Carrots & Carrot Chips (O/U), Shaw's (O/U), ShopRite Baby Carrots (O/U), Shurfresh (O/U), Signature Farms Shredded Carrots (O/U), SnoBoy Peeled Carrots (O/U), Wegmans Baby Cut Carrots (O/U), Weis Baby Carrots (O/U)

**Vegetables/Other Fresh, Peeled** - Lancaster Foods - Acorn, Butternut & Yellow Squash, Eggplant, Potatoes, Yams, Zucchini - (Star-K), Nature's Promise (Organic Butternut & Squash Medley) (Star-K)

**Vegetable Salad Bags** - All fresh packaged salads certified by Star-K are Kosher for Passover only when bearing the Star-KP symbol.

**Vegetable Wash** - Sereli

**Vinegar** - Acetum Balsamic Vinegar (Star-K), De La Rosa (Star-K), Roland Balsamic Vinegar (Star-K)

**Water (Unflavored) - All** (fresh, bottled, spring or distilled)

**Water Filters - All**

## ITEMS THAT HAVE RELIABLE PESACH CERTIFICATION (FOR 5779 -2019)

**Agave Nectar Sweetener** - Associated Wholesale Grocers (AW) (O/KP), Food Emporium (O/KP), Roundy's Simply Roundy's Organic Agave Nectar (O/KP), Sophia Foods (O/KP), Western Family Foods (O/KP)

**Airline Meals** - Lou G. Siegel (O/UP - with Kosher for Passover seal only), Meal Mart (O/UP), Wilton (O/UP) [ALERT: Airlines often mistakenly serve meals on Pesach which are not Kosher for Pesach. Always be careful to check your meal.]

**Alcoholic Beverages** - Alfasi Mistico (O/KP), Courvoisier SAS Cognac (O/KP), De La Rosa Vineyards (Star-SP), Le Cognac de Napoleon (O/KP), Millesimato Kosher Val D'Oca (Star-SP), Notte Italiana (Star-SP), Royal Wine Corp (O/KP)

**Almond Milk** - Liebers (Star-KP)

**Allergy Medication** - Adwe (O/UP)

**Antacid** - Adwe Heartburn Relief (plain and with calcium) (KAJ), Adwe Ko-Lanta Antacid, Adwe Anti Gas

**Appetizers** - Tuv Taam (O/KP)

**Apple Butter** - Eden Organic (O/KP), Season (O/UP)

**Apple Juice/Cider** - Eden Organic (O/KP), Empire (O/KP), Haddar (KAJ), Kedem (O/KP), Manischewitz (O/UP), Season (O/KP), Streits (Kof-KP), Ungar's (Star-KP)

**Applesauce** - Eden Organic (O/KP), Festive (O/UP), Gefen (O/UP), Glick's (KAJ), Kedem (O/UP), Manischewitz (O/UP), Rokeach (O/UP), Rue Lafayette, Season (O/UP), Sneider's Happy Fruit (Star-KP), Sneider's Shlook Squeezable Fruit (Star-KP), Streits (Kof-KP), Unger's (Star-KP)

**Aspirin** - Adwe non - Aspirin pain relief (regular and extra strength) (O/U)

**Baby Food** - Festive (O/UP), First Choice (Star-KP - Apple Sauce, Carrots, Sweet Potatoes), Gefen (O/UP), Glick's (KAJ), Haddar (KAJ), Healthy Times (O/UP), President's Choice (Loblaws' Brand - O/UP only)

**Bagels (Plain & Onion Non-Gebrochts)** - Noam Gourmet (Star-KP)

**Bagels** - Bodek Garnet Herb Bags (O/UP)

**Bakery Goods/Bagels/Pizza** - 21st Century (Star-KP), Bobba's Taigelach (Star-KP), Chantilly's (O/KP), Goodman's (O/UP), Gruenebaum (KAJ), Hirsch Bros (O/KP), Horowitz-Margaretan (O/UP), Jennie's Macaroons (Kof-KP), Manischewitz (O/UP), Muffins

**N' More (O/KP), Oberlander (Rabbi Babad), Rebecca & Rose Gluten Free Donuts & Brownie Crunch (O/KP), Schick's (KAJ), Spilke's (Kof-KP)**

**Baking Powder** - Gefen (O/UP), Haddar (KAJ)

**Baking Soda** - Gefen (O/UP)

**Bamboo Shoots** - California Delight (Star-K)

**Bars** - Shefa Good II Go Bars

**Blintzes** - Bernies Foods (O/UP), Irene's (O/UP), Kineret (O/UP), Spring Valley (O/U P-D) Passover Pre-Fried Cheese Blintz Meal, Cholov Yisroel, non Gebrochts

**Borscht** - Gefen (O/UP), Gold's (O/UP), Manischewitz (O/UP), Mother's (O/UP) Rokeach (O/UP), Unger's (Star-KP)

**Brandy** - De La Rosa Vineyards (Star-KP)

**Bread Sticks** - LeTova (O/UP)

**Butter** - Breakstone's (O/UP)

**Cake** - Carousel Cheesecake, Gefen (O/UP), Goodman's (O/UP), Hagadda - Brownies, Chocolate Roll, Apricot Nut Roll, Jelly Roll, Marble, Nut, Seven Layer Cake, Cupcake (O/KP), Kineret (O/UP), Lily's Bakeshop (O/UP), Manischewitz (O/UP), Messing (Kof KP), Muffins N' More (O/KP), Oberlanders (Kof-KP), Osem (O/UP), Rokeach (O/UP), Schick's (O/UP), Shabtai Gourmet (O/KP), Smilowitz, G&I New York Style Cheesecake (O/UP - Cholov Yisroel)

**Cake Mix** - Gefen (O/UP), Goodman's (O/UP), Liebers (R' Weissmandl), Manischewitz (O/UP), Natural Earth (Star-KP) Savion (O/UP), Streit's (Kof KP)

**Candy** - 21st Century (Star-KP), Alprose Chocolates (O/UP), Barricini (O/UP), Bartons (O/UP), Bloomy's (O/UP), Blum's (O/UP), Dream Confections (Kof-KP), Elegante & Dodilly, Elite (only with O/UP or Badatz), Empress Chocolate (O/UP), G.M.V. Chocolates (O/UP), Gefen (O/UP), Golden Fluff (O/UP), Hadar (O/UP), Holiday (Kof-KP), Illinois Nut & Candy (cRc), It's Delish (O/KP), Klein's (O/KP), Koppers (O/KP), Krums (O/UP), Manhattan Chocolates (O/K, Rabbi Weissmandl), Manischewitz (O/UP), Oh! Nuts (O/KP), Oneg (KAJ), Openheimer Jerusalem Sweets (O/KP), Paskesz, Progress (O/UP), Pizzaz Fruit Slices (O/UP), Rokeach (O/UP), Savion (O/UP), Season (O/UP), Shufra (O/KP), Smunchies Cotton Candy (O/UP), Streits (Kof-K), The Candy Store (Star-KP), Tzali's (O/UP)

**Capers** - Blanchard & Blanchard (Star-KP), DFS Foods (Star-KP)

**Cereal** - Manischewitz (O/UP), Mothers (O/UP), Kedem (O/UP) Rokeach, (O/UP), T. Abrahams (O/UP), Kojel (O/UP), Streit's (Kof-K), Oberlander's (Kof-Kp), Savion (O/UP)

**Charoset** - Streit's (Kof K)

**Cheese (also see Cream Cheese)** - Ahava, Barkanit Goat & Sheep Cheese (O/UPd), Cabot (O/UPd), Entremont Ementale Spreadable Cheese (from France - Rabbi Alloum), Gideon, Golan (Star-KPd), HSDF (Star-KPd), Haolam (KAJP), HSDF (only with Star-KP), Harmony Specialty (Star Dp, non-Cholov Yisroel), J & J (KAJPd), KoSure (Star-KP), La Chevre (Cholov Yisroel - O/K for Passover), Les Petites Fermieres (Cholov Stam - O/KP), Lucerne Cottage Cheese & Sour Cream (Kof KPd), Mehadrin, (Volve Rav), Millers (O/UP), Migdal (KAJ p), Morning Select, Monsey Cheeses (O/KPd), Natural & Kosher (Cholov Yisroel O/Kd), Pastures of Eden Jerusalem Cheese (O/KPd- Chosom Sofer), Slim-U, Susan Gourmet (Star-KP), Taam Tov (O/UPd), Tuv Taam Hungarian cheese (O/KPd), Tuv Taam (O/KPd), Yotvata Mozzarella, provlone and pecorino (O/UP)

**Cheesecake** - Hagadda (O/KP)

**Cheese Omelet Meal** - Spring Valley (Cholov Yisroel, Non-Gebrochts) - (Symbol required. Kosher for Pesach only when bearing special certification for Pesach)

**Chia Seeds** - Goldbaum (O/UP), La Bonne (O/U)

**Chicken Coating** - Streits Bag N Bake (Kof-KP)

**Children's Chewable Fever & Pain Reliever** - Adwe (O/UP)

**Chocolate Chips** - Blooms, Lieber's (Weissmandel)

**Chocolate (Baking Bars)** - Haddar (KAJ), Manischewitz (O/UP), Paskesz (O/KP - Rabbi Westheim)

**Chocolate Syrup** - Fox U-Bet (O/UP), Manischewitz (O/UP), Unger's (Star-KP)

**Cigars** - Senor Solomon - (KSA)

**Cleansers** - America's Choice (O/UP), Brite Water (O/UP), Festive (O/UP), Gefen (O/UP), Haddar (KAJ), Procter & Gamble (O/UP) Rokeach (O/UP), Weiman Wax Away (O/UP)

**Cocoa** - Gefen (O/UP), Gevalia (O/KP), Haddar (KAJ), Lieber's (O/KP), Savion (O/UP), Sudan, Victor's (O/UP), V.I.P. (O/UP)

**Coconut Oil** - Arista (O/KP), Carrington Farms (Star-KP), Clearly Organic (Star-KP), Dr. Bronner's (O/KP), Natural Earth Products (Star-KP), Peter Paul Philippine Corp. (O/KP), Shoprite (Star-KP), Wegmans Organic (Star-KP)

**Coconut Chips** - Arya (Star-KP)

**Coconut Fat** - Axelum (O/KP), Cocogold (O/KP)

**Coconut Roll** - Hadley Date Gardens (O/KP)

**Coconut Water** - Vitacoco (Star-KP - lot #s7016SM6&7016SM1B)

**Coffee (Instant - Caffeinated)** – 24 Karat (O/KP), Canadian Eight O'Clock Instant

Coffee (O/KP), Corim (Star-KP), Cumberland Island Traditional Roast Ground (O/KP), Elite Platinum (O/UP), Festive, Gevalia (Star-KP and O/KP), Gefen (O/UP), Gillies (Star-KP), Haddar (KAJ P), Hag (O/KP), King David Coffee Roasters (KSAP), Kobricks (Star-KP), La Joloe Gourmet Liquid Coffee (Star-KP), Maxim (O/KP), Maxwell House (O/KP), Maxwell House (Canadian Instant Half Caff) (O/KP), Meijer (O/KP), Meridian (O/UP), Mondelez International European Coffeehouse Collection - Unflavored (O/KP), Paul Delima (O/KP), Savarin (O/UP), Seattle's Best (O/UP), Starbucks Coffee Regular & Brazil (O/UP), Starbucks Via Instant Medium Roast Coffee - Colombia (O/U), Starbucks Pike Place Roast Coffee (O/UP), Superior Coffee (regular and decaf unflavored – certified under cRc for Pesach), The Gourmet Bean (O/KP), Yuban (O/KP), Vascafe Espresso (Rabbi Frankel), White Hen (O/KP)

**Coffee (Instant - Decaf)** – 24 Karat (O/KP), Brooklyn Coffee House (O/UP), Coram (Star-KP), Elite (O/KP), Festive, Gefen (O/UP), Gevalia (O/KP), Gillies (Star-KP), Haddar, Hag (O/KP), Kobricks (Star-KP), Jacobs Decaf Green Coffee (O/KP), Kenco Decaf Green Coffee (O/KP), Kronung Green Coffee (O/KP), Mastro Decaf Green Coffee (O/KP), Maxwell House Blend & Filter Pack (O/KP only), Meijer (O/KP), Meisterrostung Green (O/KP), Mild'or (O/KP), Moccapress (O/UP), Mondelez International European Coffeehouse Collection and regular decaf - unflavored (O/KP), Nescafe Taster's Choice Decaf Instant (Chasam Sofer), Night & Day Green (O/K), Onko Green (O/KP), Peet's (KSAP), Parker House/Pinnacle (O/UP), Sanka (O/KP), The Gourmet Bean (O/KP), Yuban (O/KP), White Hen (O/KP)

**Coffee Beverages** – Chilla Frappe & Latte Mixes (5 flavors) (Chasam Sofer)

**Coffee (Liquid Concentrate)** – Maxwell House (O/KP)

**Coffee Creamer** – Gefen (O/UP), Hadar (O/UP), Kineret (O/UP), Mishpacha (O/UP), Unger's (Star-KP)

**Coffee Syrup** – Gefen (O/UP), Fox (O/UP), Hadar (O/UP)

**Cold Cuts** – Empire (O/UP), Meal Mart (O/UP)

**Cookies** – B.P. Gourmet (Kof-Kp), Bartenura (O/UP), Bloomy's (O/UP), Festive (O/UP), Frookies, Glick's Macaroons (O/UP), Goodmans (O/UP), Gruenbaum's (KAJ p), Hagadda - Assorted, Baby Fingers, Lace, Sandwich, Leaf, Rainbow, Sugar Free (O/KP), Jennie's Bakery Treats (Kof-KP), Kineret (O/UP), Krum's (O/UP), Lieber's Macaroons (O/UP), Manischewitz Macaroons (O/UP), Messing (Kof-KP), Mother's (O/UP), My Bubby's (Kof KP), Ness (O/UP), Oberlander's (Kof KP), Rokeach (O/UP), Savion

Lowfat Cookies (O/UP), Season (O/UP), Shabtai Gourmet (O/KP), Y&S Food (O/KP)

**Cooking Bags** – Cookit Cooking Bags (O/UP)

**Cooking Spray** – Arista Avocado and Grapeseed (Star-KP), DeLaRosa Avocado and Grapeseed (Star-KP), Manischewitz (O/UP), Mother's (O/UP), Season (O/UP)

**Cosmetics** – Adwe Cosmetics (O/UP), Shain Dee Cosmetics (Star-KP)

**Cough Syrup** – Adwe Tussin Cough Syrup (and DM) (O/U)

**Crackers** – Gefen Kartoffele Crackers (O/UP), Paskesz (Cracker Flats & Crispits)

**Cream** – Land-O-Lakes (O/UP), Sealtest (O/UP)

**Cream Cheese** – Breakstone (O/UP), Fleur De Lait, Friendship (O/UP), J&J (Arugas Habosem), Philadelphia Cream Cheese (with O/KP only), Ralph's (O/UP only), Vons (All with O/UP only)

**Crumbs** – Pereg (O/UP) Gourmet's Flavored Matzo Crumbs, Hagadda (O/Kp), Natural Earth (Star-KP)

**Cupcake Holders** – Paper - If You Care (Star-KP)

**Cups** – Dixie (O/UP), James River (O/UP)

**Deodorant** – Dr. Fischer Deodorant Spray & Gel (Rabbi Shlomo Korach)

**Dips/ Sauces** – Casablanca Foods (Kof-K), Kitni (O/UP), Sabra (O/KP), Unger's (Star-KP)

**Dish Detergents** – Adwe (KAJ), Festive, Gefen (O/UP), Haddar (KAJ), Rokeach (O/UP), Season (O/UP)

**Dishwasher Detergent** – Haddar (KAJ P), Rokeach (O/UP), Season (O/UP)

**Dressing (Salad)** – Blanchard & Blanchard (O/UP), Gourmet By Dina (Star-KP), Manischewitz (O/UP), Mother's (O/UP), Savion, Streits (Kof-KP), Unger's (Star-KP)

**Egg Substitute** – Healthy Morn (O/UP), Kineret (O/UP)

**Egg Whites** – Laura Lynn (O/UP), Papetti Food - (O/UP)

**Farfel** – Manischewits whole wheat Matzoh farfel (O/UP)

**Fish (Prepared/Canned/Jar and Raw)** – A&B Gefilte Fish (regular & sugar-free – O/UP), Banner (O/UP), Benz's (Star-KP), California Delight Sardines & Tuna (Star-KP), Dagim (O/UP), Elf Herring (O/UP), Empire (O/UP), Freshwater (raw un-coated fish only - no coated or fish blends), Gefen Tuna & Salmon (O/UP), Haddar Tuna (KAJ), Herring Brook (Star-KP), Kedem (O/UP), Kineret (O/UP), King of the Sea (cRc P), Kirkland Signature Frozen Atlantic & Wild Salmon:



following rinsing with water O/UP, Lasco (O/UP), Lieber's (Weissmandl), Manischewitz (O/UP), Meal Mart (O/UP), Mishpacha Canned Tuna (O/UP), Ocean Gourmet (O/UP), Rokeach (with O/UP), Season (O/UP), Mrs. Adler's (O/UP), Mother's (O/UP), Nathan's (O/UP), Philly Foods (Star-KP), Ralph's Markets (selected Ralph's markets carry fresh fish with RCC label/blue packaging in California), Royale (O/UP), Salmolux Gourmet (Kof KP), Season Salmon, Sardines & Tuna (O/UP), Shoprite Tuna in Water (O/UP), Tuna Delight (with Star-KP - certification must say "may be used for Passover"), Tuv Taam (O/UP), Ungar's (O/UP), Vita (O/UP), Ungar's Gefilte Fish (O/UP), Tuv Taam (O/UP)

**Fish (Frozen/Raw)** – Ben Z's (Star-KP), Noam Gourmet Frozen Gefilte Fish

*Note:* All frozen raw fish products should have reliable certification for Pesach use. If Pesach approved frozen fish is not available, or the frozen fish was already purchased without Pesach certification, then the fish should be washed (best before Pesach). This washing should not be done over a Kosher-for-Pesach sink as the fish may be coated with a Kitniyos glaze.

**Fish (Lox)** – Benz's Smoked Nova Vita (O/UP), Diamond (O/UP), Rite Foods (O/UP), Salmon Salami Pareve Cold Cuts (O/UP), Springfield (O/UP), Three Star (O/UP)

**Fish (Smoked)** – Acme (Kof-KP), American Smoked Fish (Kof-KP), Gefen Smoked Salmon (O/UP), Kirkland Smoked Salmon (O/UP), Salmolux – Chubs, Rainbow Trout, Salmon, Salmon Nova, White Fish (Kof-KP)

**Food Coloring** – Haddar (KAJ)

**French Fries** – Kineret (O/UP)

**Frozen Meals & Side Dishes** – Kineret Meals (Macaroni & Cheese) (O/U – Cholov Yisroel), Kineret Vegetable & Pizza Poppers (O/U, Chug Chasam Sofer), Kineret French Fries

**Fruits and Vegetables (Canned and Packaged)**

- California Delight (Star-K - must say Kosher for Passover - tropical fruit cocktail, mandarin oranges), Gefen (O/UP), Manischewitz (O/UP), Season (O/UP), Simcha Cranberry Sauce (CCRP), Ungar's Sour Pitted Cherries (O/UP)

**Fruit, Fresh Pre-Cut** – Del Monte (Star-KP), Foodhold (Star-KP), Garden Cut (Star-KP), Indianapolis Fruit Co. (Star-KP), Lancaster Foods (Star-KP), Lucinda's (Star-KP), Nature's Promise (Star-KP), Sheetz M.T. Go (Star-KP), The Farmer's Market (Star-KP), Wegmans (Star-KP)

**Fruits (Canned/Jarred)** – California Delight (Star-KP), Haddar (KAJ), Lieber's (Weissmandl p), Mishpacha (O/UP), Season, Unger's (Star-KP)

**Fruits (Dried)** – 21st Century (Star-K "P" required), Bonner Organic Raisins (O/UP), Calavo Pitted Dates, California Hi-Lites (O/UP), California Prune Co. (O/KP), California Prune Packing Co. (O/UP), Cinderella Raisins, Del Monte Slice, Dole Pitted Dates, Prunes and Natural Raisins, Fairway Dried Papaya (O/KP), Festive (O/UP), Fresh Direct (O/KP), Gefen Fruit Leather (O/UP), Glick's Raisins (KJP), Great Lakes Turkish Apricots and Figs (Star-KP), Hadley's Dates & Date Coconut Rolls (O/K), Homa (Star-KP), It's Delish (Heart K), Klein's (O/KP), Landau All Natural Apple Crisps Cinnamon (O/UP), Marriani (O/UP only), Nature's Original (Star-KP), Sunglow Pitted Dates, Sun World Pitted Dates (O/UP – whole only), Trader Joe's (Star-KP), Season with (O/UP), Setton International Foods (O/KP). *Note:* Dried Figs certified Triangle KP are acceptable.

**Fruits (Frozen)** – Bodek (O/UP), Fairmont Frozen (Star-KP), Granada's (O/UP), Rainbow Farms (O/KP)

**Gefilte Fish** – Benny's (O/KP), Glick's (KAJ), Haddar (KAJ), Manischewitz Premium Gold Fish Log & Sliced Frozen Gefilte Fish (O/UP), Raskin (O/KP), Seasons Sweet Gefilte Fish (O/KP)

**Gelatin** – Sweet City New York (Badatz Machazekai Hadaas)

**Grape Juice** – After The Fall (O/UP), Carmel Grape Juice (O/UP), De La Rosa (Star-KP), Gefen (O/UP), Heineke's Sparkling Grape Juice (O/UP), Kedem – Mevushal (O/UP), Kedem – non-Mevushal 1.5 Liter Glass bottle, labeled Non-Mevushal (O/UP), Kedem Fresh Pressed without sulfites (O/UP), Kedem Sangria & Sangria Sparkling (O/U), Kesser (O/KP), Land of Vines Organic Grape Juice (O/KP), R. W. Knudson (O/UP), Rokeach (O/UP), Savion (O/UP), Season Grape Juice (O/UP), Tampri Grape Juice (O/UP), Ti Rosh (O/UP), Welch's/Manischewitz Grape Juice (O/UP)

**Gravy** – King Star (O/UP & Chug Chasam Sofer)

**Gum** – Blooms (O/UP), Elite (O/UP), Must Sugar Free Gum (O/UP), Paskesz (O/UP)

**Health Food** – Bakers Choice Dutch Cocoa (Beis Din of New Square), Blanchard & Blanchard Premium Sundried Tomato Halves (Star-KP), Dr. Fischer Alma Lip Care (Badatz Jerusalem), Hanamal Kosher Fish Gelatin Powder (Rabbi Westheim), Health Garden Organic Sugar Mehadrin and Real Birch Xylitol (Rabbi Padwa), Kirkland Pure Clover Honey (80 oz.) (O/U) Liebers Natural Creamy Almond & Cashew Nut Butter (Rabbi Weissmandl), Liebers Organic Sugar (Rabbi Weissmandl), Liebers White Almond Flour (Rabbi Weissmandl), Matt's Munchies Premium Fruit Snack Mango (Heart K), Perez White Quinoa (O/UP), Shufra Premium Finest Cocoa (O/UP), Wellbee's Super Fine Almond Flour (O/U)

**Honey (All Honey requires special Pesach**

**certification)** – Ba-Tampte (O/UP),

Dutch Gold (O/UP), Ein Harod Meuchad Natural Honey (Chosom Sofer p), Festive (O/UP), Gefen (O/UP), Gold's (O/UP), Haddar (KAJ), Lieber's (Weissmandl), Mclure's (O/UP), Manischewitz (O/UP), Meal Mart (O/UP), Nature's Healthy Gourmet Avocado & Buckwheat Honey (O/KP), Rokeach (O/UP), Season (O/UP), Silver Spring (O/UP), The Fresh Market (O/UP), Unger's (Star-KP), Western Commerce (O/KP)

**Horseradish** - Ben-Z's (Star-KP), Golden Taste (O/KP), Lin's Farm Horseradish, Noam Gourmet (Star-KP), Poland Best (O/KP), Silver Spring (O/KP), Unger's (Star-KP)

**Hot Chocolate Mix** - Haddar (KAJ - Cholov Yisroel), Ko-Sure (Cholov Yisroel - Star-KP), Kojel (O/UP)

**Hot Sauce** - Blanchard (O/KP)

**Ice Cream** - Elegante & Dodilly, Gilda (Cholov Yisroel), Kineret (O/UP), Kleins (Deberitzen Rav), Manischewitz (O/UP), Passover Delight (O/UP), Pride of the Farm (Star-KP – Cholov Yisroel)

**Ices** - Bloom (under the supervision of Rav Landau), Brother's International Desserts (Kof-KP), Cyrk Gourmet (O/UP), Kineret (O/UP), Klein (Deberciner Rav), Pascals (KSAp), Pride of the Farm (Star-KP)

**Jams & Jellies Preserves** - 778 (O/UP), Atlas Preserves Co. (O/KP), Carmel (O/UP), Elyon (KCL), Festive (O/UP), Gefen (O/UP), Haddar (KAJ - P), Kedem (O/UP), Kojel (O/UP), Ko-Sure, Manischewitz (O/UP), Osem (O/UP), Polaner (O/UP), Season (O/UP), Streits (Kof-KP), Ko-Sure, Unger's (Star-KP), Victor's (O/UP)

**Jerky (Beef)** - Exodus Foods - BBQ Jerky, Original and Spicy (Star-KP)

**Juices (Fresh)** – Apple & Eve (O/KP), Ceres (Star-KP), Eden (Star-KP), Festive (O/UP), Finast (O/UP), Gefen (O/UP), HKS Pomegranate Juice (O/UP), Haddar (KAJ), Heineke's Sparkling Grape Juice (O/UP), Kedem Cranberry Grape, Organic Grape Juice & Pomegranate Juice – plain & sparkling (O/UP), Manischewitz (O/UP), Minute Maid Pure Squeezed Orange Juice, No Pulp and Some Pulp (when bearing O/UP), Morning Select (Star-KP), New Square Orange, Prigat, Season's (Grapefruit, Apple, Pineapple, Prune, Orange - (O/UP), Simply Orange Juice High Pulp and Pulp Free (when bearing the O/UP), Streit's (Apple Grape Juice), Torpedo Juice (under the supervision of Rav Landau), Tropicana Pure Premium Orange Juice Homestyle/Some Pulp All-Florida (O/KP), Unger's (Star-KP)

**Ketchup** - Festive (O/UP), Gefen (O/UP), Glick's (KAJ), Gold's (O/UP), Haddar (KAJ), Osem (O/UP), Rokeach (O/UP), Savion Fireman's Frenzy Spicy Ketchup (O/UP), Season (O/UP), Streit's (Kof KP), Unger's

(Star-KP)

**Kichel** - LeTova (O/UP)

**Kishke** - Ben-Z's (Star-KP), Romanian (O/UP), Unger's (Star-KP)

**Kugels** - Classic Cooking (Star-KP), Glatt Mart (Star-KP), Spring Valley (O/UP - Gebrochts - Symbol required. Kosher for Pesach only when bearing special Pesach certification)

**Latkes** - Kineret (O/UP)

**Leben** - Norman's (O/UP)

**Lemon Juice** - Season Co. (O/UP), Unger's (Star-KP)

**Lime Juice** - Season Co. (O/UP)

**Lip Balm** - Dr. Fischer Ultrasol (Rabbi Korach - Kosher for Pesach), SuperLan Nature's Natural Moisturizer for Chapped Lips (Rabbi Y. Gruber)

**Liquid Sugar** - Flosweet (O/UP), V.I.P. Masters (O/UP)

**Liquor/Liqueur** - Askalon Arak (O/KP), Carmel (O/UP only), De La Rosa Vineyards - Brandy & Grappa (O/UP) Distillerie Gin (O/UP), Givon Chocolate - Brandy and Vodka (O/UP), Gold Shot (O/UP), Kedem Bentenura Cordials (O/UP), Kedem Vermouth Vinprom-Troyan Brandy (Star-KP), Jelinek Slivovitz Pear Brandy (O/UP), No.209 Vodka & Gin (O/UP), Queen Esther (O/UP), Spirit of Solomon (O/UP), Sukkah Hill Spirits (Star-K), Zachlawi Arak and Vodka (O/UP)

**Lotion** - SuperLan Moisturizer Lotion, Adwe Skin Cream, Dr. Fischer Hand Cream

**Macaroons** - Glick's (O/UP), Haggada Almond Macaroons (O/KP), Haddar (KAJ), Manischewitz (O/UP), Messing (Kof-KP)

**Mail-Order Meals/Gifts:**

Avi Glatt - Aviglatt.com (718) 947-1000  
Kosher Gift Box - www.koshergiftbox.com  
(866) 925-7747

**Mandarin Oranges** – California Delight (Star-KP), Haddar (KAJ)

**Maple Syrup** - Adirondack (Kof KP 518 853-4022), Janeric Maple Syrup (M/K p), Rancho Cucamonga (O/KP)

**Margarine** - Mother's (O/UP), Ralphs (O/UP)

**Marinades** - Savion (O/UP)

**Marshmallows** - Shufra, Golden Fluff (O/UP), Kojel - fish gelatin (Star-KP), Tzali's (O/UP), Manischewitz (O/UP), Haddar (KAJ), Savion (O/UP)

**Matzah** - 7 Mile Market - Hand Shmura Wheat, Hand Shmura Whole Wheat & Machine Shmura Wheat (Star-KP), Aviv (O/UP), Belz, Carmel (O/UP), Croyden House (O/UP), Galil (O/UP), Goodman's (O/UP), Haddar Shmura (KAJ), Holy Land - regular

and Machine Shmurah Matzah (O/UP), Horowitz Margaretan (O/UP), Lakewood (Hand Shmura Regular, Wheat and Whole Wheat, Gluten Free Oat Matzah and Organic Spelt - Star-K [www.lakewoodmatzoh.com](http://www.lakewoodmatzoh.com) or call at (732) 364-8757), Manischewitz (O/UP), Manischewitz Mediterranean (regular matzah sprayed with oil and spices after baking - NOT matzah ashira) (O/UP), Manischewitz Machine Shmura Matzah (O/UP), Matzot Chabura Beit Shemesh (Hand Shmura Wheat, Whole Wheat and Machine Shmura Wheat), Mosmarks (O/UP), Osem (O/UP), Promised Land Organic Matzo (O/UP), Rakusen, Rishon (O/UP), Rokeach - regular and Machine Shmurah Matzah (O/UP), Rosinski - SBIR Machine Matzah (Pain Azyne Wheat - Star-KP), Matzot Solomon-Australia (O/UP), Streits (Kof-Kp), Tzelem Popeh, Yanovsky (Argentina), Yarden (O/UP), Yehuda (O/UP)

**Matzah (Oat)** - (Star-KP - Gluten Free, Yoshon Shmura Matzos) Kestenbaum Hand Oat Shmurah Matzah (O/UP). 52 Tzeilim Pupa Hand Oat Shmura Matzahs (with "P" designation only). For more Information on Oat Matzah contact Mrs. Karen Beleck at (410) 358-9580 or at [ootmatza0@gmail.com](mailto:ootmatza0@gmail.com). or contact Lakewood Matzoh at [www.lakewoodmatzoh.com](http://www.lakewoodmatzoh.com).

**Matzah Balls** - Classic Cooking (Star-KP)

**Matzah Meal** - Em Hachita (O/KP), Goodman's (O/UP only), Horowitz Margaretan (O/UP), Manischewitz - Whole Wheat and plain (O/UP), Rosinski (Star-K), Yanovsky HNOS (Buenos Aires, Argentina - (O/UP)

**Matza Ashira - (Chocolate Covered or Sweetened etc.)** - (check with local Rabbi as to permissibility on Pesach) Aviv (O/UP), Gefen Shmura (O/UP), Haddar (KAJ), Holiday Candy, Jerusalem Matzos (O/UP), Manischewitz (O/UP), Matzot Carmel (O/UP), Mosmarks (O/UP), Osem (O/UP), Rishon (O/UP), Shibolim (O/UP), Yanovsky (O/UP), Yehuda (O/UP)

**Matza (Spelt)** - Lakewood [www.lakewoodmatzoh.com](http://www.lakewoodmatzoh.com), Manischewitz (O/UP)

**Mayonnaise** - Benz's (Star-KP), Festive (O/UP), Gefen (O/UP), Glick's (KAJ), Haddar (KAJ), Manischewitz (O/UP), Mother's (O/UP), Rokeach (O/UP), Season (O/UP), Streits (Kof-KP), Unger's (Star-KP)

**Meals (Prepackaged)** - Gourmet Kosher (Kof-Kp), Meal Mart - ground beef should not be used on Pesach unless it bears an O/UP (O/UP), Spring Valley (O/UP) Beef Stew Lunch/Dinner (non-Gebrochts), Sweet & Sour Meatballs (non Gebrochts), Passover Turkey Meatloaf Lunch/Dinner (non-Gebrochts), Turkey Schnitzel Lunch/Dinner (non-Gebrochts), Passover Country Fried Chopped Steak (4.5 oz., Non Gebrochts) (symbol required. Kosher for Pesach only when bearing special Pesach certification).

**Meat - Raw**, unprocessed meat in the original

manufacturer's packaging (NOT from a local butcher) is Kosher for Pesach use even without "P" designation. The exception to this is ground meat, veal, lamb etc., which require "P" (Passover) designation on label, unless otherwise noted.

The following meats are only for Pesach use when bearing a special Passover certification: 7 Mile Market in Baltimore (Star-KP), Gershoni (O/UP) Cooked 1st Cut Corn Beef, Meal Mart 1st Cut Cooked Corned Beef (O/UP), Market Maven in Baltimore (Star-KP), Romanian Pepper Meat (O/UP Glatt), Solomon's Glatt Kosher Beef Cheek Meat (O/U Glatt)

**Meat Deli** - Aaron's Best (O/UP), 999 (O/UP), Meal Mart (O/UP)

**Meat-Deli Store/Counter** - 7 Mile Market (Star-KP), Glatt Mart in Brooklyn, N.Y. (Star-KP), Market Maven in Baltimore (Star-KP), Shlomo's Meat Market in Baltimore (Star-KP), Wasserman & Lemberger (Star-KP)

**Medicines** Adwe with Pesach Certification

**Milk (Dry)** - Ko-Sure Powder (Star-KP - Cholov Yisroel), Dairyman (O/UP), Parmalat (Kof-KP)

**Milk (Chocolate/White)** - Dairy Pure (Star-Dp), Ko-Sure (Star-KP), Pride of the Farm (Star-KP)

**Mixes** - Haddar (KAJ), Kasher V'Sameach, Mother's Stuffing, Kasher V'Sameach

**Molasses** - Florida Crystals Food (O/KP)

**Mouthwash and Mint Spray** - Adwe (KAJ)

**Muffins** - Oberlander's (Kof-KP)

**Mushrooms (Dried)** - Kirsch (Kof-KP)

**Mustard (Imitation)** - Rokeach Dijon Mustard (O/UP), Savion Fireman's Frenzy (O/UP)

**Non Dairy Creamer** - Eden (Star-KP), Kineret (O/UP), Unger's (Star-KP)

**Noodles** - Horowitz Margaretan (O/UP), Manischewitz (O/UP), Miracle Noodles (O/UP), Season's Brand (O/UP)

**Nuts** - 21st Century (Star-KP), Gefen (O/UP), Golden Fluff (O/UP), Great Lakes Pine Nuts (Star-KP), Haddar (KAJ), It's Delish (Heart-KP), Kirkland 3 lb. Pistachios (O/KP), Kleins (O/KP), Meshuga Nuts (O/UP), Nature's Original - Cashews, Mixed and Pistachios (Star-KP), Oneg (KAJ), Savion (O/UP), Setton Farms (O/KP)

**Oil** - Bartenura Grapeseed Oil (O/UP), Benzi's (Star-KP), Delarosa Grapeseed (Star-KP), Festive Cottonseed (O/UP), Gefen (O/UP), Haddar (KAJ), Hain Oils (Kof -Kp), Hunt-Wesson (O/KP), Joseph Adams Herbal & Flavored Oils (O/KP only), Liberty (O/UP), Manischewitz (O/UP), Mothers Choice (O/UP), Nutola (O/UP), Streits (Kof-KP) *Note: Kashrus*

agencies in Israel follow the tradition not to certify Cottonseed Oil for Pesach.

**Olive Oil** - Al Ouedi (Star-KP), Asila (Star-KP), Baka (Star-KP), Ciento Uno (Star-KP), C.H.O. (Star-KP), DeLaRosa (Star-KP), Dorato (Star-KP), Durra (Star-KP), Eliad de Tierra Santa (O/KP), Forrelli (Star-KP), Gold River (Star-KP), Graziano (Star-KP), Hasdrubal (Star-KP), Kochav Habait (Star-KP), Oleiva (Star-KP), Riviere D'or (Star-KP), Season (O/UP), Sunfresh (Star-KP), Tiba (Star-KP), Tomer (Star-KP), Zayit (Star-KP), Zaytun (Star-KP),

**Oil Sprays** - Haddar (KAJ), Mother's Olive Oil Spray (O/UP), Rokeach (O/UP), Season's (O/UP)

**Olives** - Gefen (O/UP), Gilboa (O/UP), Golden Fluff (KCL), Haddar (KAJ), Hidorim Olives (O/UP), Kvuzat Yavne Olives (O/UP), Mishpacha (O/UP), Osem (O/UP)

**Oven Bags** - Reynolds

**Pancake and Muffin Mix** - Manischewitz (O/UP), Mother's (O/UP), Tradition

**Parchment Paper** - Bakemark (Star-KP), Chef's Select (Star-KP), Palisades Packaging (Star-K - no P required), 365 Everyday Value (Star-K - no P required),

**Peppers** - Osem (O/UP), Ungar's (Star-KP)

**Personal Care Products** - Adwe (O/UP)

**Pickles** - B&W Foods (O/KP), Ba-Tampte (O/UP), Eskal (O/U), Festive (O/UP), Gefen (O/UP), Haddar (KAJ), Kvutzat Yavne Foods (O/KP), Osem (O/UP), Pri Vayerek (O/U), Sadaf (O/U), Season (O/UP), Ta'amti (O/K), Unger's (Star-KP)

**Pie Crust** - Manischewitz (O/UP), Rokeach (O/UP)

**Pierogies** - Dayenu (O/UP)

**Pizza** - Bernies Foods (O/UP), Dayeinu Passover Pizza (O/UP), Noam Gourmet - Pizza Bagels & Squares (Star-KP)

**Pomegranate Juice** - Kedem Pomegranate and Sparkling Pomegranate (O/UP)

**Potato Chips** - Bauer Sweet Potato Chips (O/UP), Blooms (O/UP), Cape Cod (O/UP), Guiltless Gourmet Root Chips (O/UP), Haddar (KAJ), Manischewitz Regular & Chocolate Covered Chips (O/UP), Paskesz (O/UP), Ruffles (O/UP), Season's (O/UP), Terra Vegetable Chips (Kof KP)

**Potato/Instant** - King Star Foods (O/UP)

**Potato Pancake Mix** - Horowitz Margaretten (O/UP), Manischewitz (O/UP), Osem (O/UP) Streits (Kof-Kp)

**Potato Starch** - Gefen (O/UP), Goodman's (O/UP), Haddar (KAJ), Hisachdus (CRC), Manischewitz (O/UP)

**Potato Sticks and Chips** - Blooms (O/UP), Golden

Fluff (KCL), Paskesz (O/UP), Terra Yukon Gold Potato Chips (Kof-KP only)

**Poultry (Raw)** - any reliable Kosher brand that is not processed or coated (i.e. raw). Some popular brands are: Alle (ground chicken breast requires Kosher for Passover certification), Empire, Falls, Vineland, Galil (Star-K), Glatt Mart (Star-KP), Market Maven (Star-KP), Royal (Star-K), Seven Mile Market (Star-KP),

Empire Raw Ground Turkey is only acceptable with the O/UP, Belz, David Elliot Meal Mart (O/UP), and Naomi (O/UP).

*Note:* Empire produces many of its products year round Kosher for Pesach. In fact most of their products fall under this category. Some examples are Barbeque Chicken, Rotisserie Chicken, Barbeque Turkey, Chicken Fat, Cooked Turkey Breast, White Turkey Roll, Turkey Bologna Roll, Turkey Salami Roll, Chicken Franks, Turkey Franks, Smoked Turkey Breast Slices, Chicken Bologna Slices, Turkey Bologna Slices, Organic Wise Chickens (O/U)

**Preserves** - Haddar Just Fruit (no sugar) (KAJ), Kedem (O/UP), Osem (O/UP), Season (O/UP), Moon Shine Trading Co. (Rabbi Teichman), 778 (O/UP) Manischewitz (O/UP),

**Puddings** - Haddar (O/UP), KoJel (O/UP), Manischewitz (O/UP), Osem (O/UP)

**Quinoa** - Goldbaum (O/UP), La Bonne (O/UP), Natural Earth Products (Star-K P), Pereg (O/UP), Setton Farms (12 oz. container, Star-KP required). In addition to quinoa, the O/U says that **Canihua**, **Kiwicha** and **Maca** seeds are NOT Kitniyos and therefore are acceptable with Pesach supervision.

**Quinoa Flour** - Pereg (O/UP)

**Raisins** - Fresh Direct (O/KP)

**Rice** - for those Sephardim who use rice on Pesach, Carolina Rice (Long Grain White and Brown – with Star-S P Kitniyot designation only), Goya (Medium Grain White Rice - with Star-S P Kitniyot designation only), Himalayan Pride Basmati Rice (Brown & White - No Star-S required, only regular Star-K), Super Lucky Elephant Jasmine Rice (No Star-S P required, only regular Star-K).

**Salad (Bagged)** - Star-K bagged produce is Kosher for Pesach only with special Pesach certification on the bag. Kosher Salad Bar (All American Mix – O/UP)

**Rolls** - Dayenu (O/UP)

**Salad Dressing** - Blanchard & Blanchard (O/UP), Festive (O/UP), Gefen (O/UP), Haddar (KAJ), Manischewitz (O/UP), Mothers (O/UP), Sabra (O/KP), Savion, Season's (O/UP)

**Salmon** - Raskin's Gourmet Salmon Roll (O/KP)

**Salsa** - Emzee Salsa (O/UP), Gold's (O/UP),

Manischewitz (O/UP), Season's (O/UP)

**Salt (Table/Sea)** – Festive (O/UP), Gefen (O/UP), Glick's (KAJ), Goya (O/UP), Haddar (KAJ), HimalaSalt (O/KP), Kroger (O/UP), Laish Sea Salt (Badatz P), Season (O/UP), Sysco (O/UP), Trader Joe's Sea Salt (Star-KP)

**Salt (Substitute)** - Freeda Free Salt, no salt, unseasoned, Spice of Life - no salt/no sugar

**Sardines** - King Oscar Sardines in Olive Oil (O/UP), Season Moroccan Sardines (O/UP)

**Sauces** - Blanchard & Blanchard Caribbean Hot Sauce (O/UP), Festive (O/UP), Gefen (O/UP), Glick's (KAJ), Gold's (O/UP), Haddar (KAJ), Kedem Steak Sauce (O/UP), La Pasta Tomato Basil Sauce (O/KP), Laish Hot Red Pepper Sauce (O/UP), Mrs. Adlers (O/UP), Manischewitz (O/UP), Mishpacha Bar-b-Que Sauce (O/UP), Osem (O/UP), Private Label Foods of Rochester - Savory Pasta Sauce, La Pasta Traditional Sauce, Aharoni Pasta Sauce, (O/KP) Rokeach Marinara Sauce (O/UP), Savion (O/UP), Season Marinara & Duck Sauces (O/UP), Simcha Marinade (cRc P), Tradition, Unger's (Star-KP)

**Seaweed** - Sea Castle Roasted Seaweed and Roasted Seaweed Snacks (O/UP)

**Scouring Pads** - Gefen (O/UP), Glick's (KAJ), Mishpacha (O/UP), Rokeach (O/UP), Season's (O/UP), Scotch Brite (O/UP)

**Seltzer** - Saratoga Carbonated Spring Water (O/UP)

**Silver Polish** - Adwe (KAJ), Haddar (KAJ), Rokeach (O/UP)

**Soda** - Coke (bottled in New York, Miami & Los Angeles) - regular and diet 2 liter bottles (with O/U P only), Dr. Brown (with Kp only, under supervision of Rabbi Bukspan), Glick's (KAJ), Hansen's (O/UP), Harrison's (O/UP), Mayim Chayim, Pepsi - Regular & Diet 2 Liter (Kof-KP only), R.C. Cola (O/UP), Schweppes Seltzer (Kof-KP), Sodastream (O/UP)

**Soap** - Gefen (O/UP)

**Soups & Soup Mixes** - Carmel (O/UP), Croyden House (O/UP), Gold's (O/UP), Haddar (KAJ), Horowitz Margareten (O/UP), Lipton (O/UP), Manischewitz Soup in a Cup – Canned & Broth (O/UP), Osem (O/UP), Rokeach (O/UP), Shoprite Chicken Broth (Star-KP), Soupergirl (Star-KP), Spring Valley Passover Clear Chicken Broth (no salt - symbol required. Kosher for Pesach only when bearing special Pesach certification), Tabatchnick's (Star-KP), Telma (O/UP), V.I.P (O/UP), Tradition (Kof-K)

**Soup Nuts** - Festive (O/UP), Goodman's (O/UP), Haddar (KAJ), Season's (O/UP), Horowitz Margareten (O/UP), Manischewitz (O/UP)

**Spices** - (ground) - Festive (O/UP), Gefen (O/UP), Gilroy Farms (O/UP), Haddar (KAJ), It's Delish (Heart

K), Lieber's (Weissmandl), Natural Earth (Star-KP), Pereg (O/UP), Rokeach (O/UP), Spice Time (O/UP), Sustainable Sourcing Organic Pink Peppercorns (O/KP), West India Spices (O/KP only)

**Sprays** - Manischewitz Buttery Safflower , Olive Oil Spray & Olive Oil Garlic Cooking Spray (O/UP), Mishpacha Olive Oil Spray (O/UP), Mother's Olive Oil Coating Spray (O/UP)

**Spreads** - Moshe & Ali's Tomato, Basil, Mediterranean (O/UP)

**Stool Softener** - Adwe (O/UP)

**Sugar (Brown)** - Domino (with O/KP), Domino (O/KP), Giant (O/KP), Hadar (KAJ), Spreckles (O/UP), Stop & Shop (O/KP), Tops (O/KP), Trader Joe's Light Brown Pure Cane Sugar (O/KP), Walgreen Nice! Light Brown Sugar (O/KP), Winn-Dixie Pure Cane Light Brown Sugar (O/KP)

**Sugar (White)** - Domino Sugar and Sugar Packets (O/KP), Domino Demerare Sugar (O/KP), Gefen (O/KP), Haddar (cRc & KAJ), Lieber's (Weissmandl), Lucky Brand (O/UP), Quaker Diamond Pure Cane Extra Fine (O/KP), Spreckles (O/UP), Sweet Additions Organic Can Sugar (O/KP), Trader Joe's Pure Cane Granulated Sugar (O/KP), US Foods Pure Cane Granulated Sugar (O/KP)

**Sugar Substitutes** - DS Sucralose –Splenda type (Star-KP), California Delight Sucralis (Star-KP), Gefen (Star-KP), Health Garden Xylitol – plain & vanilla (Star-KP), Kojel (O/UP), Lieber's (Star-KP), Master (O/UP), Nutra Taste Gold (O/UP), Paskesz Sweetie (Star-KP), Sucrazit (Badatz Aida Charaidis), Sweet 'N Low (O/UP), V.I.P., Vthal Isomaltulose #1 Sweetener - 16 oz. (O/KP)

**Sushi Nori Sheets** - Mizrach U'Maariv (Star-KP)

**Syrup (also see Chocolate Syrup)** - Adirondack Maple Syrup (Kof-KP), Bosco (O/UP), Fox's U-Bet (O/UP), Haddar (KAJP), Harrison's (O/K), Kedem (O/UP), Manischewitz - Chocolate and Pancake (O/UP), Osem (O/UP), Savion (O/UP), Season (O/UP), Silan Date Syrup (Rabbi Didi)

**Tea Bags** - Ceremonie China Green Tea, Tea Bag Citronella Green, Classic Zahav (black), Lemon Mint, Lemongrass & Verbena, Moroccan Mint, Wild Berry, Peppermint Pyramid & Sencha Pyramid (O/UP), Gefen (O/UP), Festive (O/UP), Haddar (KAJP), Lipton Decaffeinated Unflavored Tea Bags (O/U w/or without Pesach designation), Lipton (O/UP), Shoprite (O/UP), Sweet-Touch Tea (O/UP), Wissotzky (O/UP), Shoprite (O/Up)

**Tea (Herbal)** - Bigelow (Green Tea, Cinnamon Stick Tea, English Breakfast Tea, Peppermint Tea etc.) Good Earth (O/UP), G'Day Herbal Teas (Star-K), Magic Garden Pomegranate Orchard (O/UP), Senna and

Mint Tea, Taanug Chamomille, The Secrets of Herbs Echinacea & Elderflower, Ginger & Honey, Green Tea Earl Grey, Nirvana (O/UP), Sweet-Nee Cinnamon & Apple, Lemon Verbena, Orange Spice (O/UP), Wissotzky (O/UP)

**Tea (Iced)** - Gefen Diet Peach, Diet Raspberry, Kiwi Strawberry, Lemon & Raspberry Iced Tea (O/UP)

**Tea (Instant)** - Nestea Unflavored (regular - Decaf not approved for Pesach use)

**Tomatoes, Sundried** - Great Lakes (Star-KP)

**Toothpaste** - Adwe (Kof-KP), Crest (from England with MKP)

**Tzimmes** - Classic Cooking (Star-KP)

**Vanilla Sugar** - Haddar (KAJP)

**Vegetables: Bagged Lettuce/Salad** - All fresh packaged salads are Kosher for Pesach only with special Kosher For Pesach certification on the package.

**Vegetables (Canned & Jarred)** - BenZ's Mushrooms (Star-KP), Bloomy's Pickled Beets (O/UP), California Delight - Hearts of Palm, Mushrooms, Potatoes & Yams (Star-KP), Festive (O/UP), Gefen (O/UP), Glick's Yams in Syrup and Mushrooms (KAJ), Hadar (KAJ), Lieber's (Weissmandl), Manischewitz (O/UP), Mishpacha (O/UP), Rokeach (O/UP), Roland Heart of Palm (O/KP), Season (O/UP), Unger's - Beets, Carrots, Mushrooms & White Potatoes (Star-KP)

**Vegetable/Carrots, Fresh Peeled** - Fresh peeled carrots, whole, cut or shredded require KFP certification. The following are certified for Pesach by the Star-K: Del Monte (Star-KP), Garden Cut (Star-KP), Lancaster Foods (Star-KP), Sheetz M. T. Go (Star-KP)

**Vegetables/Other Fresh Peeled** - Del Monte - Butternut & Yellow Squash, Yams, Zucchini (Star-KP), The Farmer's Market - Butternut, Yellow Squash, Yams & Zucchini (Star-KP), Wegman's (Star-KP)

**Vegetables (Frozen)** - B-Tam (Star-KP), Bodek (O/UP), Eden (Star-KP), Garden Pure (O/UP), Gefen (O/UP), Meitav (O/UP), Shneider's (Star-KP)

**Vegetables - (Fresh)** - Bodek

**Vinegar** - Bartenura (O/UP), Carmel (O/UP), Glick's (KAJ), Hadar (KAJ), Heinz (O/UP), Kedem (O/UP), Manischewitz (Balsamic and White O/UP), Osem (O/UP), Season (O/UP), Unger's White Vinegar (Star-KP)

**Vinegar - Balsamic** - Bartenura (O/UP - Rabbi Garelick), Kedem (O/UP), Mazetti (Rabbi Gerelick), Unger's (Star-KP)

**Vitamins and Supplements** - Floraheal Kosher Cholesto-Manage and Gentle Laxatives (Badatz), Landau Vitamin C Liquid (Rabbi Teitelbaum the

Volver Rav), Natures Cure Natures Cal Plus - Calcium (Star D), or look on the Koshervitamins website - [www.koshervitamins.com](http://www.koshervitamins.com)

**Vodka** - David's Harp (O/UP), Lvov - imported from Poland (O/UP), Prada - imported from Poland (O/UP) Royal Elite (O/UP)

**Waffles** - Bernies Foods (O/UP)

**Walnut Oil** - Gefen (O/UP), Haddar (KAJ), Kedem (O/UP), Nut-Ola (O/UP), Shufra

**Water** - Evian (O/UP), Voluic (O/UP), S. Pellegrino Spring Water (O/UP), Valley Spring Water (O/UP)

**Whip Topping** - Kineret (Kof-KP only), Unger's (Star-KP)

**Wines** - Abarbanel, Amiad (O/KP), Baron Herzog California Wine Bartenura (O/UP - Mevushal), Carmel (all are O/UP and Mevushal), Arak, Citron Liqueur, Clovis Lesieute (O/UP), Cuvee Leon (O/UP), De La Rosa Vineyards (Star-KP), Embassy Wine (Star-KP), Gamla (O/UP - not all are Mevushal), Gan Eden (O/UP), Hagafen (O/UP - Mevushal), Herzog French (O/UP), J Furst (O/UP), Kedem Vermouth Savion (O/UP), Kedem (Note: 1 ½ Liter are NOT Mevushal), Kesser Rashi (O/KP), Korbel (O/UP only), Manischewitz (O/UP), Millesimato Kosher Val D'Oca Prosecco (Star-KP), Notte Prosecco (Star-KP), Recanti Wines (O/UP), Star White (O/UP), Tam Pri Weinstock California Wines (O/UP), Teal Lake (O/KP - Chug Chasam Sofer)

**Wine (Cooking)** - Kedem (O/U Zehlemer Rav), Kedem Balsamic & White Vinegar (O/UP), Heinz (O/UP), Savion (O/UP)

**Wines With Pesach Certification from the Following Rabbis & Kashrus Agencies Are Recommended:** Rav Babad (Tartikover Rav), Bedatz (Yerushalayim), Rav Belinow, Rav Chazan, Chug Chasam Sofer (Petach Tikvah), Rabbi Frankfurter, Rav Gorelick, Rabbi Hoffman (Hungary), Lubavitch Beis Din, New Square, Rabbi Oyerbach, Rav Teitelbaum (Nirbatur Rav), Tzelemer Rav, Rabbi Hillel Weinberger, Rabbi Weissmandel, Rabbi Zellbach

**Xylitol** - Health Garden (O/UP)

**Yogurt** - Breyers (O/UPd), Crowley Nonfat & Lowfat Plain Yogurt (O/UPd), Dannon (only when bearing O/UPd - coffee, & vanilla flavors), J&J Yogurt (O/UPd), Mehadrin Authentic Greek Nonfat Yogurt Peach (O/UPd), My Essentials Nonfat Plain Yogurt (O/UPd), Norman's (O/UP) (black cherry, strawberry, peach, vanilla, pomegranate, coffee light, strawberry light, vanilla light), Slim (O/UP)

## ITEMS TO BE CAUTIOUS OF FOR PASSOVER ( 5779-2019)

**Airline Meals** - Chometz meals are sometimes

served by mistake.

**Ant and Roach Traps** - Often use edible Chometz bait.

**Apple Juice** - Nutrients (sometimes processed on vinegar equipment), enzymes, clarifying agents.

**Applesauce** - Corn syrup, sugar, dextrose, flavoring

**Baby Cereals & Baby Food** - May contain wheat, sugar, and can be made on Chometz equipment

**Baby Powder** - May contain Chometz

**Bath Treatments** - Brands like Aura Cacia, Aveeno, Relief MD and Wild Carrot Herbals all contain oatmeal, which is actual edible Chometz. They must be sold or disposed of before Pesach

**Bird Food** - Many contain grain

**Brewer's Yeast** - Chometz

**Brown Sugar** - Culture, yeast, corn starch, may contain wheat starch, machinery

**Butter** - Salt, coloring, preservatives, nutrients, culture, lactic acid from corn

**Candied Fruit** - Dextrose, may contain powdered sugar, flour

**Canned & Frozen Fruit, Vegetables with Syrup** - May be iodized with flour, dextrose (dietetic may contain grape juice), corn syrup

**Cat Food** - Wheat, cheese or whey together with meat/chicken, oats and barley, Xanthan Gum, Brewer's Yeast (see listing under "Pet Foods")

**Cheese & Cottage Cheese** - Stabilizers, corn sugar, coagulating agent, microbial rennet from real Chometz, dextrose, cultures

**Chewing Gum** - Corn syrup, flavoring

**Cigars (Flavored)** - Chometz alcohol

**Chocolate & Chocolate Milk** - Malt (real Chometz), glucose

**Chocolate Spread** - From Israel may contain Kitniyos. *Note:* even though some chocolate spreads with Kitniyos may state on the label K.F.P., it is acceptable only for Sephardim who eat Kitniyos

**Cider Vinegar** - May contain yeast that is real Chometz

**Coffee** - General Foods International currently is processed on Chometz machinery.

**Coffee Substitutes/Alternatives** - (i.e. Pero, Postum and others) contain grain.

**Coffee (Decaffeinated)** - May have been processed with ethyl acetate (derived of grain alcohol), coffee flavoring may contain Chometz alcohol, as well as non- Kosher flavoring.

**Condensed Milk** - Sugar, preservatives and oil to reconstitute

**Confectionery Sugar** - Corn starch (for instance, three percent in C&H) may contain wheat starch

**Creamer (Non-dairy)** - Whey, emulsifiers which are dairy and Kitniyos, some contain corn syrup

**Dairy Foods** - Enzymes, stabilizers, flavors & vitamins

**Dextrose** - Corn derivative

**Dishwashing Detergent** - Cetyl alcohol (not Kosher), grain alcohol

**Dog Food** - Barley, oats, wheat, Brewer's Yeast, Xanthan Gum, cheese or whey and meat together (see listing under "Pet Foods")

**Dried Fruits and Raisins** - Dried in Chometz ovens, may contain Kitniyos oil, flour

**Electronic cigarettes** - due to the flavoring it may be non-kosher and Chometz

**Emulsifiers** - Can contain glucose

**Finger Paints** - Some brands, including Elmer's, contain wheat or oats and should be sold and put away with the Chometz.

**Fish Food** - Wheat (see listing)

**Fish Frozen (wild salmon)** - may have been frozen in diluted corn syrup brine

**Flour** - Has been bleached and washed, therefore Chometz

**Frozen Fruit Drink** - Usually contain corn syrup, flavoring

**Gelatin (Beef)** - From all over the world, including Israel, not acceptable unless it has reliable certification, as it usually is processed from non-Kosher slaughtered animals

**Glucose** - Corn or wheat derivative

**Honey** - Corn syrup, coloring (even if not listed). Extra caution needed if it is from Turkey or China

**Horseradish** - Vinegar, sweeteners, hydrolyzed vegetable protein, wheat gluten

**Hydrolyzed Vegetable Protein (HVP)** - Often is Chometz

**Ice Cream** - Sugar, flavorings, stabilizers

**Ingredients** - Ascorbic Acid, Caramel, Citric Acid (often derived from glucose), Glucose (can be derived from wheat fermentation), HVP (hydrolyzed vegetable protein), Vitamin C

**Israeli Products** - Teruma, Maaser, Shemita: must have reliable certification

**Ketchup** - Stabilizers, oil, dextrose, vinegar (real

chometz), flavorings

**Kitniyos** - Includes: beans, rice, citric acid, corn, dextrose, some types of flavoring, hydrolized vegetable protein, soy, peanuts, sesame seeds, sorbitol, starch

**Lactaid** - Tablets may contain Chometz. Lactaid Milk may be used if purchased before Pesach (non Cholov Yisroel)

**Lecithin** - Kitniyos

**Lemon Juice** - Chometz equipment

**Liquor** - May have grain alcohol base, wine, or grain alcohol, or wine alcohol

**MSG** - Wheat

**Maple Syrup** - De-foaming agents

**Margarine** - Emulsifiers, artificial flavor, salt, sugar, oil

**Maraschino Cherries** - Glucose, dextrose (cut cherries usually are colored red with carmine, an insect derivative)

**Mayonnaise** - MSG from hydrolyzed protein, oil, flavorings, sweeteners, vinegar

**Milk** - Must be bought before Pesach and processed by a dairy that does not make chocolate milk (see section on milk)

**Modeling Clay** - Many brands includeing Crayole, contain wheat and should be sold and put away with the Chometz or used up before Pesach.

**Modified Food Starch** - The source for this is corn, potato, tapioca, rice or wheat. This can often be Kitniyos or actual Chometz. Must have special Pesach certification.

**Mustard** - Kitniyos. Some may even contain actual Chometz. (not to be confused with Kosher for Passover imitation mustard)

**Nuts** - BHA, BHT, sprayed with Kitniyos (corn oil)

**Oil** - Kitniyos

**Orthodontic Rubber Bands** - Should be rinsed with cold water before Pesach

**Paper Plates (inexpensive)** - Coated with starch

**Peanuts** - Considered Kitniyos by most traditions

**Pecan Pieces or Midget** - Chometz processing

**Peeled Vegetables** - i.e. Carrots, potatoes (may be washed and preserved with citric acid or dextrose anti-oxidant)

**Pet Food** - Wheat, Brewers yeast, Barley, milk, cheese or whey mixed with meat (which is not acceptable year-round), (see listing)

**Pickles** - Vinegar (Chometz), flavorings

**This magazine was made possible by the generous donation of:**

Mr. & Mrs. Lenard Liberman

Mr. & Mrs. Jim Kapenstein

Mr. & Dr. Avrumi Bak

Mr. & Mrs. Paul Cohen

Mr. & Mrs. Steve Darrison

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This issue is dedicated to the  
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**THE KOSHER INFORMATION  
BUREAU WISHES EVERYONE A  
CHAG KASHER V'SAMEACH!**





**Play Dough** - Edible flour (must be discarded before Pesach)

**Powdered Cocoa (Sweetened)** - Powdered milk, corn sweetener

**Products from Rabbanut of Israel** - May contain Kitniyos

**Quinoa** - Requires verification that it is not mixed with Chometz. (Star-KP available)

**Rice** - Ashkenazim do not use rice on Pesach because it is considered Kitniyos. Sepharadim (who eat rice on Pesach) must use additive - free rice. (See article)

**Roach Poison** - Combat brand (edible Chometz bait)

**Rubber Gloves (Powdered)** - Chometz powder

**Salads (Prepared in Bags)** - May contain citric acid

**Salt** - Table salt often contains dextrose and polysorbate, especially when iodized

**Snacks** - Bomba Snacks from Osem (Israel) is made with corn and peanuts. This product is considered to be Kitniyos even though some of the packages mistakenly bear an O/UP.

**Soda** - Flavorings, dextrose, corn sugar

**Soup cubes** - Telma and others regularly contain Chometz Yeast.

**Soy Oil, Corn Oil** - Corn syrup, soy lecithin all are Kitniyos

**Spices (Processed or Flavored)** - Dextrose, flavoring, machinery

**Splenda** - Contains Kitniyos

**Sugar** - Many sugars are produced from corn and are Kitniyos

**Sunflower Seeds** - Kitniyos

**Tea (Instant)** - May contain Kitniyos sweetener

**Tea Bags** - All decaffeinated tea bags without Pesach certification are considered not proper for use on Pesach.

**Tea (Herbal)** - Chometz or non-Kosher flavoring

**Tofu** - Often processed using grain Alcohol (Chometz).

**Traps (Insect & rodent)** - Baits may contain actual Chometz and should be put away with the chometz. All insecticide sprays may be used on Pesach.

**Tomato Products** - Vinegar (Chometz), nutrients, salt, sugar, Chometz machinery

**Tonic Water** - Corn syrup

**Tuna** - Hydrolyzed protein, oil

**Vanilla Extract** - Corn syrup, alcohol

**Vegetable wash** - Kitniyos/Chometz

**Vegetables (Frozen)** - Can be processed on Chometz machinery - can be processed on Chometz machinery or use not Pesach approved anti-foaming agents.

**Vegetables from Israel (often Peppers)** - Terumah, Maaser, Shemita

**Vinegar** - in US usually from Kitniyos. From other countries often from Chometz

**Vitamins** - Yeast, starch, corn dextrose, wheat (*Note:* Freedra vitamins are Chometz-free)

**Yeast** - usually Kitniyos.

**Wine** - Corn sugar, Chometz alcohol. *Note:* not all Kosher wines are Kosher for Pesach, also many are not Mevushal (cooked) (Check the label). Shemita.

**Yogurt** - Milk powder, enzymes, flavoring, sugar

## UPDATES (5779-2019)

### FROM THE STAR-K:

The Star-K **Hadar** Machine Matzohs will be available only as 18 minute Chabura Matzohs. These are the only Star-K machine Matzohs available this year.

Star-K pre-packaged bags of salad require the Star-KP symbol for Passover use

**Ancient Harvest** Quinoa: The following products are approved for Pesach use this year when bearing the Star-K symbol and a "Best By" date of 2/01/19 through 2/28/19. A Kosher for Passover statement on the label is not necessary...

**Ancient Harvest** White Grains Traditional Quinoa, Organic (12 oz. box, 27 oz. pouch)

**Ancient Harvest** Inca Red Grains Quinoa, Organic (12 oz. box)

**Ancient Harvest** Tricolor Grains Harmony Blend Quinoa, Organic (12 oz. box)

The following products are approved for Passover use when bearing the Star-K symbol. A Kosher for Passover statement on label is not necessary...

**Ancient Harvest** White Quinoa 50 lb. bulk bag, Organic

### FROM THE KOF-K:

All **Streit's** products produced in the United States are under the dual Hechsher of Rabbi Moshe Soloveitchik and the Kof-K.

The Kof-K does not certify **Joyva** products as Kosher for Pesach.

### FROM THE O/U:

The O/U's policy is that all regular **tea bags**, that are not flavored or decaffeinated, are acceptable for Pesach without special Pesach supervision.

**Starkist** brand canned Tuna (O/UP) has a limited run of O/UP canned tuna that was prepared with Bishul Yisroel.

**Kirkland** Signature Frozen Atlantic & Wild Salmon is under the O/U and Kosher for Pesach. This product should first be rinsed with water before using for Pesach.

**Sodastream** brand Carbon Dioxide Cylinders are O/U certified for Pesach (not including flavoring)

### FROM ERETZ YISROEL:

There is a restaurant in Ben Gurion airport called "**Aroma Espresso Bar**" under the Hashgacha of Chug Chasam Sofer. This restaurant is closed during Pesach and is fine immediately after Pesach.

## NEW PRODUCTS (5779 – 2019)

### Abeles & Heymann (O/UP):

Uncured Ultra-Thin Grilled Turkey & Smoked Turkey Breast  
Uncured Ultra-Thin Honey Glazed Turkey Breast  
Uncured Ultra-Thin Picante Turkey Breast  
Old Fashioned Turkey Breast and Oven Roasted Turkey Breast

### Absolutely Gluten Free (O/U):

Raw Coconut Chews  
Chocolate & Cocoa Nibs  
Cranberry Chocolate

### Aufschnitt Jerky (Star-KP)

#### B'gan (KAJP):

Gluten Free Pizza Crust (frozen)  
Pancakes  
Margarine  
Topping and Creamer  
Passover French Fries (shoestring and Straight Cut)

### Barkanit (O/UP):

Goat Cheese  
Sheep Cheese

### Beetology (O/UP):

Vacuum packed Beets

### Benz's Gourmet:

Bubby's Rolls Mehudar Gefilte Fish Rolls (no oil, no pepper, no potato starch)  
Sliced Smoked Sable  
Herring (pickled, pickled cream, dijon, salmon schmaltz, matjes oil, jalapeno)  
Salmon Gefilte Fish Roll  
Chunk Light Tune (5 oz. cans)

### Chosen (ORB of Florida):

Cold Brew Coffee

### Elite:

Caramel  
Chocolate Bars  
Chocolate Tortit Brownie Cake (gluten free)  
Lemon  
Mint  
Sugar Free Hard Candies

### Gefen (O/UP):

Fusilli & Lasagne  
Chow Mein Noodles  
Coconut Chips (original and chocolate)  
Fruit Pie Filling (apple and cherry)  
Dried Cranberries  
Frozen Gnocchi  
Spice Grinders (peppercorn blend, whole peppercorn, minced garlic, sea salt)

### Glick's (KJP):

Mini Cookie Bites

### Goldbaum (O/U):

Chia Seeds

### Haddar:

Chocolate Covered Orange peels, marzipan, mint creams and cherries  
100% Pasteurized Egg Whites

### Heaven & Earth (O/KP):

White Asparagus Spears  
Riced Cauliflower (low carb)

### Kedem (O/U):

Pomegranate (plain and sparkling) Juice  
Sangria (plain and sparkling) Grape Juice

### La Bonne (O/UP):

Chia Seeds

### LeTova (O/UP):

Kichel  
Bread Sticks

### Lily's Bakeshop (O/UP)

#### Lvov (O/U):

Vodka

### Manischewitz (O/UP):

Birthday Cake Macaroons  
Frozen Gefilte Fish (pre-sliced)  
Lady Finger Cookies  
Mediterranean Matzah (regular Matzah sprayed with oil and spices after baking - NOT Matzah Ashira)

Premium Gold Fish Log  
Premium Gold Pre Sliced Frozen Gefilte Fish

**Pereg (O/UP):**  
Plain Matzo Crumbs  
Quinoa Flour

**Pravda (O/UP):**  
Vodka

**Sea Castle (O/UP):**  
Sardines  
Seaweed Snacks

**Telma Kariot (O/UP):**  
Cereal

**Tishbi Preserves (Badatz Beit Yosef):**  
Fig/Cabernet, Apricot/Riesling and Cherry/Shiraz Preserves

**Tuscanini (O/U):**  
Aged Mozzarella Cheese  
Smoked Provolone  
Caciota with Herbs  
Aged Caciota with Truffles

**Yehuda (O/U):**  
Zero-Fat, 50 calorie Matza Crackers  
Gluten Free Cinnamon Matza Squares

**Yotvata (O/U):**  
Mozzarella Cheese  
Provolone Cheese  
Pecorino Cheese

## STAR-S P PRODUCTS (FOR SEPHARDIM – KITNIYOS)

The following are Passover products for 5779 from a division of the Star-K that caters to the specific needs of Sephardim who eat Kitniyos. Items bearing the Star-S P may include Kitniyos. These foods will also follow the Beis Yosef standards regarding Bishul Yisroel etc. The symbol for this Sephardic division is "Star-S P" and is under the direction of Rav Emanuel Goldfeiz

**PRODUCTS THAT CONTAIN KITNIYOS AND REQUIRE A "STAR-S P" FOR USE**  
*for those allowed to EAT KITNIYOS (due to Minhag, illness, Infants etc.)...*

### CANNED GOODS FRUITS AND VEGETABLES:

**California Delight** - Baby Corn (Whole Spears, Cut), Whole Kernel Corn

**Yerek Brand** - Green Beans, Cut Green Beans, French

Cut Green Beans, Green Peas, Peas & Carrots, Cut Corn, Mixed Vegetables, Baby Lima Beans

**Rice:** Despite the fact that these rice products are meticulously cleaned in the factories with advanced machinery, the Gedolei Haposkiim of the Sephardic Kehillot feel that the established custom of checking the rice, grain by grain, 3 times, is still required. Therefore, Star-S P Kitniyot certified Rice Products should be checked, grain by grain, 3 times prior to its use on Pesach.

**Carolina Mehadrin** Long Grain White Rice (Star-S P - Kitniyot)

**Himalayan Pride** Basmati Rice (Star-K Required/No Star-S P - Product is Kitniyot)

**Super Lucky Elephant** Jasmine Rice (Star-K Required/No Star-S P Required - Produce is Kitniyot)

The following brands of Basmati, Jasmine and Raw Rice, when bearing a Star-K symbol are certified as Star-S P Kitniyot. No Star-S P symbol is required on the label:

Do Teer, Iberia, Kitchen King, Magic, Pari, Regal Harvest, Roland, Sarveshwar (2-Star, 3-Star, 5-Star, Anu, Choice, Daily, Fusion, Kheer, Kinki, Lily, Magic, Maya, Mithas, Pearl, PR-14, Pride, Prime, Regal, Sara, Select, Star, Ultra XL, Unique), Vallabh Ratna, Yadu Chaina

**STAR-S P NON-KITNIYOS PRODUCTS**  
*(Kosher L'Pesach for both Sephardim and Ashkenazim)*

### ALCOHOLIC BEVERAGES:

**De La Rosa Vineyards** (Star-S P Required) - Brandy, Grappa, Ice Wine, Wines, Organic Grape Juice

**Notte Italiana** (Star-S P Required) - Prosecco

**Val D'Oca** (Star-S P Required) Prosecco

### CANNED GOODS:

**California Delight Canned Fish** (Star-S P Required)  
- Salmon Boneless Skinless, Tuna (Chunk "Topngol" Tuna in Water, Chunk Light Tuna in Water, Chunk White Albacore Tuna in Water, Chunk Yellowfin Tuna In Water, Solid White Albacore Tuna in Water, Skipjack Chunk Tuna In Water).

**California Delight Vegetables** (Star-S P Required)  
- Hearts of Palm Whole, Cuts & Pieces, Pears in Light Syrup

### MEAT:

(All Chalak Beit Yosef L'Sephardim when Bearing Star-S Beit Yosef)

**Bierig Brothers** (boxed veal)

**Glatt Ranch`** (boxed beef)

**M&D Glatt** (boxed lamb and veal)

**Regal Foods** (boxed beef)

For more information on the Star-S P program call (410) 484-4110 (extension 217) or email at rabbiholland@Star-K.org

**O/U PRODUCTS THAT CONTAIN KITNIYOS AND REQUIRE AN O/UP KITNIYOT SYMBOL**

*For Use By Those Who Are Permitted to Eat Kitniyos On Pesach (i.e. Some Sephardim, Those Who are Ill, Infants):*

1,000 Stills White Whisky

601 Bourbon

Adk Adirondack Gin

Adk Adirondack Vodka

**Boost:** High Protein, Glucose Control, Plus and Nutritional Pudding

**Coconut Milk:** Coconut Dream

**Ensure:** Complete Nutrition Shake, Healthy Mom Shake

**Ferrero** (O/U Kitniyot):

Nutella Spread

Kinder Chocolate

**Neptune (O/U Kitniyot):**

Baharat

Cardamom

Cooked Fish Seasoning Mix

Coriander, Cumin

Fennel

Grilled Fish Seasoning

Hawaii (for coffee)

Mixes, Seasonings and Spices (BBQ, Choulent,

Cooked Fish, Curry, Grilled Chicken, Jerusalem,

Pullet, Shakshouka, Shawarma, Steak)

Z'aatar Sesame

**Osem (O/U Kitniyot):**

Gluten Free Pretzels Thins Sesame & Sea Salt

Peanut Corn Snacks (Bamba Regular, Bamba with

Nougat Filling and Strawberry)

Popco

**Pediatric Supplements:** Pediasure Vanilla Powder,

Poly-Vi-Sol Drops and Tri-vi-Sol Drops

**Resource** Milk Shake

**Shufersal** (O/U Kitniyot) Infant Formula

**Stolichnaya** Vodka (O/U Kitniyot - Gluten Free)

**Super Snacks** (O/U Kitniyot): Falafel Snacks

**Shufersal** Infant Formula: - Milk Based - Stage 1,2 &3

**Sonny & Joe's** Tahini Dip and Just Hummus

**Super Snacks** Falafel Bit Snacks

**Ta'am Vareach Spices:** Cardamom and Fennel

Ground

**Telma** Cornflakes (O/U Kitniyot)

**O/K PRODUCTS THAT CONTAIN KITNIYOS AND REQUIRE AN O/KP FOR USE ON PESACH**

*FOR THOSE SEPHARDIM WHO EAT KITNIYOS:*

**Olam Argentina SA:** Blanched Peanuts and Raw Peanuts

**Silva:** Frozen Green Peas and Carrots, Frozen Green Beans

**O/U PRODUCTS THAT ARE BOTH KITNIYOS & O/U MATZA ASHIRA:**

**Hagada** (O/U Kitniyot): Cookies (Wine Cookies, CreamBis Vanilla, CreamBis Choco, Chocolate Flavored Filled Cookies, Choco Chip Cookies, Mini Heart Coated Cookies)

**Papouchado** (O/U Kitniyot): Coated Matza Ashira, Rich Matza Squares, Cinnamon Rich Matza, Rich Matza Cakes, Grape Juice Matza

**O/U MATZAH ASHIRA PRODUCTS, MARKED O/U MATZAH ASHIRA:**

**Aviv:** Egg & Honey Matzo

**Hagada:** Egg Matzo

**Holiday:** Chocolate (Milk and Dark) Egg Matzo

**Horowitz Margareten:** Egg Matzo

**Jerusalem Matzos:** Egg Matzo

**King Star Foods:** Egg Matzo

**Manischewitz:** Egg Matzos (chocolate covered: dark, double dipped, ultimate double dipped, ultimate smothered, white), Egg Matzo Tams (everything, garlic, onion, original), Egg Matzo, Egg Matzo Crackers, Yolk Free Egg Matzos)

**Matzot Carmel:** Egg and Honey Matzoh

**Mosmarks:** Egg Matzo

**Osem:** Egg Matzo

**Rishon:** Egg Matzo

**Shibolim:** Egg Matzo Squares Whole Wheat and

Mini Whole Wheat

**Shoprite:** Egg Matzo

**Traditional Matzos:** Egg Matzos

**Yanovsky :** Matzo Crackers Sweet

**Yehuda:** Egg Matzos

**THE FOLLOWING PRODUCTS ARE NOT CERTIFIED KOSHER FOR PASSOVER BY THE O/U, NONETHELESS, THE O/U HAS IDENTIFIED THESE PRODUCTS AS HALACHICALLY ACCEPTABLE FOR INFANTS AND THE ILL. THESE PRODUCTS MUST BEAR AN O/U OR O/UD SYMBOL:**

**BABY FOOD:**

Gerber Carrots, Squash

**MEDICAL NUTRITIONAL SUPPLEMENTS:**

Arginaid (plain and extra)

Benecalorie

Beneprotein

Boost (Plus, Glucose Control, High Protein and Nutritional Pudding)

Diabetishield

Diabetisource AC

Enlive

Ensure (Complete Nutrition Shake, Healthy Mom

Shake, High Calcium Shake, High Protein Shake, HN,

Plus Next Generation, Shake and Twocal)  
 Fibersource HN  
 Glucerna 1.0, 1.2 and 1.5  
 IsoSource (plain and HN with Fiber)  
 Jevity 1.0, 1.2, and 1.5  
 Nepro plain and vanilla  
 Novasource Renal Nutren (Product Line)  
 Osmolite HN (unflavored)  
 Perative  
 Promote (except with Fiber)  
 Pulmocare  
 Resource (2.0, dairy Thick, Diabetic, Milk Shake Mix,  
 Thicken Up, Thickened Juice and Shake Plus Simply  
 Thick)  
 Thick & Easy - All  
 Thick it

Vivonex Pediatric, Plus and Ten

#### **PEDIATRIC SUPPLEMENTS:**

Boost Kid Essentials 1.0 and 1.5  
 Boost Kid Essentials with Fiber  
 D-Vi-Sol  
 Enfamil 5% Glucose Water  
 Fer-In- Sol Drops  
 Poly-Vi-Sol Drops  
 Tri-Vi-Sol Drops  
 Resource Just for Kids with Fiber  
 PediaSure Peptide, Vanilla Powder and Shakes

#### **PEDIATRIC ELECTROLYTES:**

Bright Beginnings  
 Comforts For Baby  
 Cottontails  
 Cvs Pharmacy  
 Goodness  
 H-E-B Baby  
 Home 360 Baby  
 Meijer  
 Mom To Mom  
 Naturalyte  
 Shoprite  
 Parent's Choice  
 Pedialyte (all flavors)  
 Top Care  
 Walgreen's  
 Western Family

#### **GLUTEN-FREE/NON-GE BROKTS PRODUCTS FOR PESACH (5779-2019)**

**Absolutely** (O/UP):

Flat Breads and Crackers

**Goldbaum** (O/UP):

Crackers

Flatbread Crisps

Matzah style Shehakol Matzah

Jason (O/UP):

Coating Crumbs

Panko Coating Crumbs

**Jeff Nathan** (O/UP):

Panko Flakes

**Kedem** (O/UP):

Crispy O's Gluten Free Frosted Cereal

Absolutely Brand Crackers & Flatbread

**Kosherific** (O/UP): Cauliflower Cheesy Pie

**Lieber's** (O/UP):

Gluten Free Confetti Cookies (vanilla & lemon)

**Manischewitz** (O/UP):

Brownie Mix

Carrot Cake Macaroons

Cookies - Raisins & Spice

Gluten Free Matzo-Style Squares

Gluten Free Crackers

Cake Mixes - Chocolate/Vanilla/Yellow

Noodle Soup Mix

Coconut Crisp Cookies

Pistachio Orange Macaroons

Spiral Shaped Noodles

Shell Shaped Noodles

Yolk Free Medium Egg Noodles

Wide Egg Noodles

Passover Noodles

Fine Egg Noodles

Hazelnut Truffles

Viennese Crunch

Biscottis

Pie Shell

Veggie Potato Pancake Mix

Chicken Broth (natural & Gluten Free)

**Osem:** (O/UP):

Pretzel Thins - Sea Salt and Sesame

**Paskesz:**

Cluster Crunch Cereal

Cracker Flats

**Crispits:** (original, onion, garlic & everything)

Soft Crunch Honey Granola Style Bar (Honey/

Almond and Chocolate Drizzle) (pareve)

**Yehuda** (O/UP):

Gluten Free Chocolate Covered Crackers

Unsalted Matzo-Style Squares

Soup Crackers

Cake Meal & Fine Meal

Marble Cake

## ALERTS

- Be careful to check packages of Kosher-for-Pesach items for the Pesach certification. Some non-Pesach Kosher products have similar packaging to those products that are Kosher for Pesach and can be easily confused.

- \* Some brands of Finger Paints, including Elmer's, contain wheat or oats and should be either used before Pesach or sold and put away with the Chometz.

- Not all **Elite** products bear recommended Hashgachos. Check the label for proper Hashgacha.

- Caution should be used when buying Matzos to

be sure that they are not Chometz or in the category of **"Matzah Ashira"**. Some examples of this are Manischewitz White Grape Matzo, Grape Bit Crackers, Egg Matzo, Egg Matzo Crackers, Egg Matzo Snack Bits, Chocolate Covered Egg Matzo and Tam Tam crackers. These items are only permissible for the elderly, ill, or young children who are not able to properly digest regular Matzah. Yehuda Matzah Co. from Israel as well as Glick Matzos also makes a Matzah look alike as well as crackers from tapioca starch. It is properly certified O/UP however keep in mind that the Bracha is Shehakol and that they are not real Matzah for any time that Matza is needed.

- **"Pure Honey"** from China has been found to be adulterated with corn and rice syrup. One brand was found to not even contain honey.

- **Zoo Alert:** Be careful when visiting a zoo during Pesach not to purchase animal food to feed the animals from the zoo, as most of them contain Chometz.

- All ground processed spices need Hashgacha for Pesach (even pure spices).

- \* Many types of cheese bearing reliable certification have a similar variety certified for Pesach and non-certified for Pesach.

- \* There is a printing error on Gefen Pltted Manzanilla Olives with expiration date of Nov. 22 2019. The Hebrew wording states it IS Kosher for Passover Pareve, and the English wording states "Not for Passover Use." Please note that this product is NOT Kosher for Passover.

#### FROM THE STAR-K:

- \* **Terra de Lyssa Organic Infused Olive Oils** bear an unauthorized Star-KP. These oils are NOT authorized to bear the Star-K and are NOT Kosher for Passover.

- \* **Palmero Olive Oil** with a Star-KP are still in stores. These products are NOT certified by the Star-K and are NOT usable for Pesach.

- \* **Palmero First Cold Pressed Extra Virgin Olive Oil** bears an unauthorized Star-KP. This product is NOT certified for Pesach and Is NOT usable for Pesach.

Check [www.Star-K.org/quinoa](http://www.Star-K.org/quinoa) for updates of wholesale and retail suppliers.

#### FROM THE O/K:

- \* **FS Sanka** decaffeinated instant Coffee individual packets labeled O/K, packaged in boxes labeled O/KP are Kosher for Pesach and permissible to use.

## WHISKEY ALERT

(concerning Chometz She'Ovar Alav HaPesach)

#### AKO: ASSOCIATION OF KASHRUS

## ORGANIZATIONS

We recommend that Kashrus Agencies and consumers change their policies and only consume those alcoholic beverages which [are free of standard Kosher concerns and] are known to

(a) Be produced by a non-Jewish company or a Jewish-owned company which arranged for the sale of their Chometz

(b) Not contain any Chometz, including not having Chometz secondary grains or malted barley (bourbon and cordials are examples of items that

may have these forbidden items), and/or

(c) Were not aged over Pesach (e.g. vodka).

For a Current List of Possibly Problematic Liquors Due to Chometz She'Avar Alav HaPesach according to extensive research of the cRC please check [www.crcweb.org](http://www.crcweb.org)

## KOSHER CERTIFICATION LABELING

Kosher certification is often followed by one of the following details of the product:

D: Dairy

Y: Yashon

CY: Chalav Yisroel

Mevushal or MV: cooked or pasteurized wine/grape juice

K: Kitniyus

PY: Pas Yisroel

Parve: not dairy or meat

F or FS: Fish

DE: processed on dairy equipment

MT: Meat

G: Glatt

MT: Mashgiach Temidi

P: Passover

BY: Bishul Yisroel



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We will provide a Shaimos box, pick up when full and take for Kevurah.

Cost: \$15

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## TIMES TO REMEMBER FOR PESACH 2019 - 5779

### (IN THE L.A. AREA)

**Thursday, April 18**

**Bedikas Chometz:** in the evening

**Friday, April 19**

**Fast of Firstborn:** firstborn attend a siyum to avoid fasting

**Last Time to Eat Chometz:** 10:16 a.m. (M.A.) / 10:40 a.m. (GRA)

**Biur Chometz:** 11:34 a.m. (M.A.) / 11:46 (GRA)

**Friday, April 19**

**Candle Lighting 1st night:** 7:09 p.m.

**Midnight (Chatzos):** 12:51 a.m.

**Motzei Shabbos**

**Candle Lighting 2nd night:** after 8:12 p.m. (45 min.) / 8:39 p.m. (72 min.)

**Sunday, April 21**

**Motzei Yom Tov:** 8:13 p.m. (45 min.) / 8:40 p.m. (72 min.)

**Thursday April 25**

**Candle Lighting 7th Night:** 7:14 p.m.

**Friday April 26**

**Candle Lighting Last Night:** 7:14p.m.

**Motzei Shab/Yom Tov Apr. 7**

**Havdalah:** 8:17 p.m. (45 min.) / 8:44 p.m. (72 min.)

## MITZVOS AT THE SEDER

MITZVAH	WHEN	HOW MUCH	ALLOTTED TIME (PREFERRED)
Four Cups of Wine	At appropriate times	3.3 fluid oz.	Continuously with only one interruption. Throughout the Seder at least most of the cup (each time)
Matza	Motzi Matza	1/2 Machine Matza 6 1/4" by 7" or 1/3 Hand Matza	Four minutes*
Afikoman	(2 Kzeyalm) Korech (Kzayis)	1/2 Machine Matza 6 1/4" by 7" or 1/3 Hand Matza	Four minutes*
Marror (Horse-Radish)	at "al achiles Marror"	1 fluid oz.	Four minutes*
Marror (Lettuce)	at "al achiles Marror"	enough leaves to cover an area of 8" by 10"	Four minutes*
Marror (Stalks)	at "al achiles Marror"	enough leaves to cover an area of 3" by 5"	Four minutes*

\* It is preferable to eat this as quickly as possible. The preferred allotted time among the poskim ranges between four & nine minutes.

**As with any area of Jewish Law, consult your Rabbi if you have any questions regarding this chart.**



WISHING YOU A HAPPY  
**PASSOVER**

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located at one of these  
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