



**K**osher  
Information  
Bureau

# **KASHRUS CONSCIENCE**

A service of the Kosher Information Bureau  
by Rabbi Eidlitz

**Passover - Pesach**  
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## CHOMETZ ON PESACH

Chometz is any substance from one of five cereal grains (wheat, barley, oats, spelt, or rye), that contains leavening, caused by its prolonged contact with water or other liquids. It is important to note that Chometz/Se" or does not gtranslate into "yeast". It refers to leavening: namely self-rising from a sour-dough starter type of process. The prohibition of Chometz on Pesach includes "Chometz Gomur" (unadulterated Chometz) and "Ta'aruvav Chometz" (a mixture containing real Chometz).. The following are actual Chometz: bread, cake, cereal made from wheat, oats or barley, cookies, farfel mix, some licorice, pasta, pretzels, rolled oats, wheat gluten, wheat protein. Some have the same custom concerning beer and whiskey.

## KITNIYOS

Due to the stringency of the prohibition of not eating Chometz on Pesach, Ashkenazic Jews, as well as many Sephardim, have developed a custom not to eat kitniyos (legumes) on Pesach other than for infants and under other special circumstances provided that the foods are prepared in separate utensils. Kitniyos includes beans, soy, rice, peas, and corn among others: (see below). Sephardim, whose minhag (custom) permits them to eat rice on Pesach, must be careful to determine that the rice is additive-free. Many Sephardim have the minhag to check the rice three times, as well as to check for other grains that may be mixed in. In any case, open bins in stores should not be used. This year, again, the Star-K Kashrus organization is certifying Carolina Mehadrin Rice for use for Sephardim on Pesach.

A reliable source of acceptable products following this Sephardic custom is the Sephardi division of the J.S.O.R. at (732) 531-4872 or WWW.JSOR.ORG (be aware that a number of lists exist for Sephardim that are extremely misleading and erroneous).

### **The following are considered kitniyos or treated as kitniyos according to many opinions:**

Alfalfa Sprouts, Anise, Ascorbic Acid (May be Chometz), Aspartame (Nutrasweet), BHA & BHT (both in corn oil), Beans, Bean Sprouts, Black Eyed Peas, Buckwheat, Calcium Ascorbate, Canola Oil, Caraway, Cardamom, Citric Acid (May be Chometz), Chickpeas, Confectioners' Sugar, Coriander, Corn, Corn Syrup, Corn Oil, Cumin, Dextrose, Edamame, Emulsifiers, Fennel Seeds,

Fenugreek, Flavors, Flax Seeds (Linseed), Glucose, Green Beans, Hemp (unchecked), Hydrolyzed Vegetable Protein, Isolated Soy Protein, Isomerized Syrup, Kasha, Kimmel, Lecithin, Lentils, Licorice, Lucerne, Lupine, MaltoDextrins (Chometz or kitnios-derived), Millet, MSG, Mustard, Peas, Peanuts (and Peanut Oil) Peas, Poly-sorbates (May be Chometz), Popcorn, Poppy Seeds, Pumpkin Seeds, Rapeseed, Rice (Vitamins added may be Chometz), Sesame Seeds, Snow Peas, Sodium Erythorbate, Sodium Citrate (May be Chometz), Sodium Erythorbate (May be Chometz), Sorbitan, Sorbitol (Could be Chometz if outside the U.S.), Soybeans, Soy Oil, Corn Oil, Soy, Stabilizers, Starch, String Beans, Sunflower Seeds, Tofu, Vegetable Oil, Vitamin C (may be Chometz), Wild Rice, Xanthan gum (May be Chometz). NOTE: Flax seed, chia and Hemp seed are not actually kitniyos and can be used after checking for contamination of other grains.

### **The Following are not considered Kitniyos, buy may require special checking for Chometz Grains Mixed in:**

Anise, Carob, Chia Seeds, Coriander, Cottonseed, Cumin, Guar Gum, Locust Bean Gum, Safflower, Saffron.

## GOING AWAY FOR PESACH

One must sell his/her Chometz regardless of where they are for Pesach. This is the case even if one left home 30 days before Pesach and no one will be in the house during Pesach. It is necessary to inform the Rabbi selling your Chometz as to the location of the Chometz and to your location during Pesach so that he can know the proper time zones of selling and buying back the Chometz for you.

If a person leaves home before Pesach, within 30 days of Pesach, the night before his/her departure should do a regular Bedikas Chometz without a Bracha and recite "Kol Chamira" over the Chometz found in the house. Note: Kol Chamira should always be said in a language that one understands, as this is not a Tefilla, but a declaration. The alternative to an early Bedika is to appoint a Shaliach (messenger) to do a regular Bedikas Chometz with a Bracha on the proper night of Bedikas Chometz.

A guest in a hotel, who has Chometz in the hotel on the night of Bedikas Chometz should conduct themselves as they would at home, performing a full Bedika with a Bracha. It is the minhag to carefully put out pieces of Chometz before beginning the Bedika.

### **BITUL (ANNULMENT) OF CHOMETZ**

During the year, any non - Kosher ingredients which are inadvertently mixed with Kosher ingredients may be Halachically (according to Jewish law) fit to eat. The reason for this leniency is that they are declared "Batel Beshishim" (annulled in sixty i.e., the Kosher food is at least sixty times greater than the non-Kosher, thus making the non-Kosher food annulled). This rule is true regarding Chometz on Pesach only if the mixture was made before Pesach.

**Note:** Lactaid drops may contain Chometz. Therefore, if needed they should be added to milk before Pesach to have the Chometz annulled in sixty times the amount of milk, applesauce etc. Before Pesach. This cannot be done once Pesach has started.

### **HANA'AH (BENEFIT) FROM CHOMETZ**

During Pesach, we may not derive any sort of benefit from Chometz. Therefore, Chometz may not be sold or used, even in business transactions or as pet food. Even some cosmetics must be Chometz-free. Generally, there is no problem with the following products if they are not organic in nature, and do not contain any grain by - products: Acne Aid, Mineral Oil, Baby Cream, Baby Oil, Eye Liner, Mascara, Rouge (Powder), Nail Polish, Talcum Powder, Stick Powder Deodorant, and Vaseline.

### **MECHIRAS (SELLING OF) CHOMETZ**

"Mechiras Chometz" is the sale of Jewish-owned Chometz to a non- Jew before Pesach. One must sell Chometz which is in their regular home, vacation home, office etc. Since this is a very serious sale, it should be done only by a person skilled in the Halachas of selling Chometz.

The Following Are Considered Chometz Gamur (real Chometz): Beer, Bread, Cake & Cookies, Cereal with primary ingredient of wheat, oats or barley, Cream of Wheat, Couscous, Farfel, Licorice (when wheat is in the ingredients), Oatmeal (Instant, Regular Baby Cereal), Pasta, Pretzels, Rolled Oats, Wheat Gluten/Wheat Protein, Yeast (Brewer's).

### **CHOMETZ SHE'AVAR ALAV HAPESACH (BUYING CHOMETZ AFTER PESACH)**

Due to the severity of the "Issur" (prohibition) of Chometz, Chazal reinforced the sale of Chometz with a fine. This fine was levied on any Jews who kept Chometz

in their possession or ownership during Pesach. This is called "Chometz She'avar Alav HaPesach." Jewish law requires that if a Jew owns Chometz on Pesach, no Jew is allowed to eat that food, even after Pesach.

Some common products that one may assume are Chometz,( but are actually not), and therefore may be purchased in a store that did not sell their Chometz are the following... baker's yeast, cosmetics, dry cake mixes, kitniyos, glue containing Chometz, ketchup, mayonnaise, mustard, pickles, medicine containing Chometz, maltodextrin, maltose, malt flavoring, food coloring, flour, extracts, raw pearled barley, vanilla and vitamins/medicine containing Chometz.

Rav Moshe Feinstein ZT"L, in his sefer "Igros Moshe", states that if a Jew sold his Chometz for Pesach, and then kept his store open during Pesach and continued to sell items of Chometz, one is nevertheless allowed to buy from that store after Pesach.

**A Jew may buy from the following stores immediately after Pesach:** 7-Eleven, 99 Cent Store, Albertsons, Aldi, B's, Bev/Mo, Big Lots, Bristol Farms, Coffee Bean, Costco, CVS, Dollar Tree, Erewhon, Food4Less, Food Lion, Fresh & Easy, Gelson's, Jetro/ Restaurant Depot, Jon's, K-Mart, Nuts & More, Petco, Petsmart, Ralphs/Kroger, Rite Aid, Royal Farms, Sadaf, Safeway, Sam's Club, Smart & Final, Smith's, Target (California), Trader Joe's, Vons/Pavillions, Walgreens, Walmart, Wegmans, Whole Foods, Wine & Liquor Depot

In addition, all reliably certified Kosher stores are fine to shop in for Chometz after Pesach. Reliably certified Kosher stores all sell their Chometz before Pesach.

**Note:** Rabbi Elmaliach, the Rabbi in charge of Kashrus at Ben Gurion airport, reports that the stores at area D7 in the airport are clear of Chometz She'avar Olav Hapesach. There is a restaurant in the Ben Gurion airport called "Aroma Espresso Bar", under Chug Chosom Sofer Hashgacha and it is fine to eat there after Pesach. The other stores in other areas of the airport had their Chometz sold but were open on Pesach and continued to sell Chometz during Pesach. Some poskim allow purchases from such establishments after Pesach, while some do not. **Please note** that many of the products sold in Ben Gurion airport which are certified Kosher in the U.S. are not kosher there due to being produced in other countries without kosher supervision

## KASHERING (MAKING UTENSILS KOSHER)

Utensils that are used during the year for Chometz may not be used to prepare food for Pesach unless they are properly Kasher'd.

Cloth tablecloths (not plastic) and towels used year-round should be washed thoroughly and may then be used for Pesach.

Surfaces upon which only cold Chometz has been placed during the year, such as refrigerators and pantry shelves, should be thoroughly washed and rinsed to prepare them for Pesach use. Surfaces which are used for hot Chometz during the year, in addition, whenever possible must be Kasher'd by pouring hot water on them. Surfaces that cannot be Kasher'd (such as formica and ceramic tiles etc.) should first be cleaned thoroughly and then covered with non-absorbent material (i.e. contact paper, cardboard or multiple layers of aluminum foil).

### THE DIFFERENT LEVELS OF KASHERING:

**Libbun Gomur** - torching or making the metal glow.

**Libun Kal** - heating the metal until it can burn paper on the other side.

**Hagolo** - dipping in boiling water.

**Eruy Roschim** - pouring boiling water. (Note: most steamers are insufficient for Kasher'ing)

The general rule is that we undo as we did. If something uses straight dry heat (i.e. BBQ) we need to torch it or use self-clean in an oven which is the same. Soup pots are used with liquid, so they are kasher'd with liquid in boiling water etc.

**Milui V'Eirui** – Soaking drinking glasses for 3 days in cold water, and changing the water every day.

### TO KASHER:

**Electric range:** first scour it thoroughly. Then, turn it on to the highest temperature setting for 15 minutes, or until it gets red hot.

**Enamel glazed stove tops** should be covered during Pesach.

**Gas grates** should be put in the oven for Kasher'ing or torched. Most cover with foil if not torched.

**Glass-top stoves** can be Kasher'd in

the area of the burners. They should be turned to high for 15 minutes. The areas in between cannot be Kasher'd. Some find it practical to change the entire glass top for Pesach.

A **non-self-cleaning oven** should be cleaned with a special solution, such as "Easy Off" and not used for 24 hours. After this time, it should be turned on to the maximum setting for one hour. This will Kasher the oven, but not the broiler.

The **broiler pan** cannot be Kasher'd, therefore, it is usually not used for Pesach. If the broiler pan is replaced, the broiler can be Kasher'd in a similar fashion as the oven. If one desires to Kasher it, "Libbun" (glowing hot) is required (i.e., by using a torch).

A **self-cleaning oven** needs only to go through one self-clean cycle. It can be on the shortest cycle of your self-cleaning oven.

Many **microwave ovens** (those whose plastic walls do not exceed 120 degrees during cooking) without browning elements or convection can be Kasher'd by first cleaning them and not using them for 24 hours, and then putting a new glass tray, or cardboard on the bottom. Afterwards, a cup or bowl of water should be boiled inside.

A **barbecue grate** must be Kasher'd with "Libun Gamur" which includes torching any surface that food comes in contact with, in addition to cleaning and burning out the rest of the barbecue as one would an oven. In addition, the coals or lava rock should be replaced. Often, it is more practical to purchase a new one for Pesach or at least to replace the grate.

A **stainless-steel sink** is Kasher'd after it has first been cleaned, and then kept free from hot water usage for 24 hours. Then boiling water must be poured over its entire surface. **Porcelain sinks**, however, may not be Kasher'd. They should be fully lined with a tin insert, contact paper, aluminum foil, and/or a Pesach basin insert.

**Dishwashers** may be Kasher'd only if they have a stainless-steel interior. All racks must be changed. After waiting 24 hours, run a complete cycle with soap. All rubber or plastic parts must be replaced as well.

**Metal utensils** that are used with liquid (soup pots, etc.) may be Kasher'd by first cleaning them, not using them for 24 hours, and finally, completely immersing them in a Kasher'd pot full of boiling water for 15 seconds, followed by rinsing them in cold water immediately upon removal.

They should be Kasherred one at a time. An alternate method, particularly useful for larger pots, is to set aside the pot for 24 hours, after which time it should be filled with water and then be brought to a boil. A glowing hot item, such as a rock, should then be placed inside, allowing the hot water to spill over the sides.

**Braces, bite plates and retainers** should be brushed thoroughly before Pesach.

**Countertops that cannot be Kasherred:**

Formica, Plastic, Silestone, Composite Stone and Corian countertops may NOT be Kasherred for Pesach according to many Poskim, and therefore, should be covered.

**Caesarstone countertops** may NOT be Kasherred for Pesach according to many opinions, as they are composed of only 93% stone.

**Countertops that may be Kasherred:**

Caesar Stone, Granite, Marble, metal, pure stone, or Stainless-Steel countertops may be Kasherred by pouring boiling hot water (not steam) on them (Eirui). Preferably this will be done together with an Even Melubenes (hot stone or brick) that the hot water is poured over. Some (such as the O/U and cRc) allow this procedure for composite stone, such as quartz etc. The Star-k does not allow kashering composites or plastic counters. Wood can be kasherred with sanding. Many poskim do not allow kashering Formica or plastic counter tops. They should be covered well (after cleaning). All agree that ceramic tile counter tops cannot be kasherred and must be covered.

**The following materials are subject to differing opinions if they can be Kasherred:**

China, Corelle, Corian, Cork, Corning ware, Duralex, Earthenware, Enamel Coated Formica, Melmac, Nylon, Plastic, Porcelain, Pyrex, Synthetic Rubber, Teflon Coating. Some of the above are agreed upon that they cannot be kasherred. Ask your local rabbi.

**Note:** Steam cleaners most often may not be used for Kasherred purposes, as Kasherred must be done with boiling water (212 F) as steam is insufficient.

**Water filter** - change the filter.

**Kitchen Items that may not be kasherred**

i.e., bread machines, china, colanders, corelle, corning ware, graters, mixers, sandwich maker, silverstone, teflon, toaster oven, waffle iron, urn used to heat Challah, etc., should be washed thoroughly and be put away in a completely sealed off area or container until after Pesach.

**Kasherred a Nespresso Machine:** Please **Note:** The steps below are NOT intended for milk frothers or machines that use milk. It is ONLY for machines that make pure black coffee and are pareve.

1. Clean the outside of the machine using a new sponge and a cleaning agent (soap, liquid detergent etc.)
2. Make sure there is no pod in the machine
3. Fill the water canister
4. Turn the machine on
5. Use the Nespresso Descaling kit, ensuring there is no residue buildup
6. Run a cycle without a pos until the water that comes out is clear. This will clean the inside parts of the machine.
7. Do not use the machine for 24 hours.
8. After being left out of use for a full 24 hours, fill the canister to the top again.
9. Turn the machine on.
10. Kasher the machine by running a cycle without a pod once again.

**Kasherred A Keurig Coffee Maker:** Please note: These instructions are for those who Kasherred plastic. For those who do not Kasherred plastic, the coffee maker should be put away for Pesach.

1. Clean the coffee maker and do not use for 24 hours.
2. Remove the K-Cup holder and perform Hagalah (boiling in water) or iruy (pouring boiling water over it) on the K-cup holder.
3. Run a Kasher for Pesach K-cup in the machine (this will Kasherred the top pin).

**EREV PESACH ON SHABBOS (next occurring in 2045)**

Due to not being able to do our normal routine on Erev Pesach this year as it is Shabbos, we change a few ways that we do the Mitzvos of Erev Pesach.

**Bedikas Chometz:** The search begins **Thursday night, 4/10**. Many have the Minhag to place ten pieces of bread or crackers in a bag before the search is started.

**Sof Zman Achilas Chometz:** Since we are allowed to eat Chometz still on Friday night as well as Shabbos morning, extra care is used to eat them away from the house. Manny wash and eat the Challah in their backyard, brush themselves off, and eat a Kasherred L'Pesach meal in the dining room.

**Biur Chometz:** We burn our Chometz on Friday at the normal time of Biur (see listed times). This is to maintain the Minhag of burning the Chometz, which of course we cannot do on Shabbos. We do not at this time say Kol Chamira. However since we are allowed to eat Chometz still on the rest of Friday and Shabbos morning, we need to separate any chometz we have that we will be eating before burning the symbolic Chometz on Friday. On Shabbos we will dispose of any chometz left in our possession at the time for Biur. We should be careful that not much is left over for Shabbos and that it is mostly eaten. Any leftover Chometz should be destroyed by adding a chemical or flushing. Kol Chamira should now be said.

**Fast of the First Born:** This year the fast falls on Thursday, 4/10. A Sium is made to negate the fast.

**Siyum:** Males who are first born and do not wish to fast on Thursday should attend a Siyum in the morning and eat at the meal following it. This meal is called a Seudas Mitzvah. It is generally held right after Davening.

**Biur Chometz:** The burning of the Chometz left in one's possession, including the Chometz found the previous night, must be destroyed or removed from a Jew's possession (a public garbage is fine but not usually a private one) by the end of the fifth hour on Shabbos morning (4/12). Please see the time chart for the exact latest time.

**Selling of the Chometz:** This must be done by Friday 4/11, no later than the time of Biur Chometz (see times to remember)

### EATING ON EREV PESACH

Consumption of Chometz is prohibited on Erev Pesach, from a third of the day and after- this is usually counted four proportional hours from daybreak (see times to remember). It is also forbidden to eat Matzo, or anything baked with Matzoh on Erev Pesach. This prohibition includes egg Matzoh. This is to ensure that one will eat the Matzo at the Seder with a "hearty appetite". This prohibition includes cakes and cookies made from matzo meal. However, cooked Matzo products, such as knaidlach (Matzoh balls) are permitted. Non-Gebrochts products are suitable for this time- period. All foods should only be eaten in moderation from the ninth hour in the day and on, in order to have an appetite for the Seder. Imitation Matzo made from Tapioca and Potato ingredients is fine for Erev Pesach.

### SELECTED LAWS & CUSTOMS

One should prepare everything (for the first Seder) on Erev Pesach in order that the Seder should begin immediately upon arriving from Shul. This includes setting the table, etc. (Note: we cannot prepare for the Seder on Shabbos) It is a custom that pillows should be prepared for leaning on during the Seder. Women are not required to recline; however, male children are. It is also a custom among some that the head of the household wears a Kittel during the Seder. In most places, the custom is that only the head of the household has a Seder plate and the three Matzos. Some, however, have a Seder plate and Matzos for each man present at the Seder. When only the head of the household has a Seder plate, he must provide for everyone at the Seder from his plate. Since there is usually not a sufficient amount of Matzo, Marror and wine to ensure that everyone present (male and female alike) has the required amounts during the Seder, additional Matzo, Marror and wine should be placed on the table for supplementary use.

### THE SEDER PLATE

One may not use **MARROR** (to fulfill the Mitzvah of Marror) that was soaked for 24 hours or longer. Soaking this long is called pickling and is Halachically considered cooked. One may only use uncooked vegetables for Marror. (Do not lean when eating Marror.)

**CHAROSES** can be made of ground apples, pears, pomegranates, dates, figs, walnuts, almonds, ginger and cinnamon, to which wine is added. Recipes may vary according to tradition.

**KARPAS** is any vegetable upon which a Brocho of "HaAdama" is made, that may be dipped in salt water or vinegar, and that may be used on Pesach. Parsley, celery, and potatoes are often used as Karpas.

**ZROA** is a piece of meat which is roasted over the fire. Most people use a chicken neck or wing for this purpose.

**BAITZA** is an ordinary hard boiled or roasted egg. If one forgot to roast the Zroa or Baitza on Erev Pesach, and had to do it at night, he must eat the egg before sunset the next day.

**THE ARBA KOSOS (FOUR CUPS OF WINE)** It is preferable that the wine used at the Seder be red in color. For those who cannot drink wine, grape juice may be used (consult your Rabbi). If one must drink grape juice the 64 oz glass bottles or any other size that say on

them non-Mevushal are preferable to the standard grape juice that has been cooked. Nevertheless, one should make every effort to drink wine at the Seder. It is preferable to add at least some wine to the grape juice.

Each cup of wine should contain at least 3.3 fluid ounces. It is preferable to drink the entire cup, or at least half of it, for each of the four cups. Due to this one should not use a very large cup as this will necessitate drinking a large amount for each cup.

Men must consume all cups of wine while reclining on their left side. If one drank either of the first two cups without reclining, he must drink again without a Brocho.

**Note:** Many Kosher wines (and some brands of grape juice in the 64oz. bottles) are not cooked and state "non-Mevushal." Therefore, care must be taken as to who handles them. (Most bottles that are cooked say "Mevushal" in English or Hebrew on the label).

**Note:** Many low-alcohol wines are now available. Some are pure wine while others are a mixture of wine and grape juice as indicated.

## MATZOH

Only **Shmurah Matzoh** (watched over from rising), which is made of grain that has been guarded against fermentation from the time of harvest, should be used for the Mitzvah of eating Matzoh at the Seder. Both hand and machine Shmurah Matzoh are acceptable. A person should own the Matzoh they are using for the Mitzvah. Over the past many decades there have been many opinions given as to the merits of hand versus machine Matzoh. Most use either one with proper Hashgacha.

**Shmurah Matzoh** has been watched in most cases from the time of cutting of the wheat to protect from unwanted moisture, which may make it rise.

**Eighteen Minute Matzoh** is run on machines that are cleaned every 18 minutes to prevent any possibility of the dough rising.

**Regular Pesach Matzoh** has been baked on a machine in under 18 minutes, but the machine will run all day without cleaning in between runs.

**Matzoh Ashira** is any Matzoh that contains products other than flour and water, such as grape juice or apple juice. The consumption of Matzoh Ashira is prohibited for most

people throughout Pesach. Included in this category are: Matzoh which was kneaded with fruit juice, egg matzoh, tea Matzoh, honey and spice Matzoh and some chocolate covered Matzoh. However, this prohibition does not apply to infants or people who are ill. When in doubt, consult your Rabbi.

Even one who is allowed to eat Matzoh Ashira, cannot fulfill their Mitzvah of Achilas Matzoh (eating Matzoh) with it.

**Gluten Free Matzoh** - A limited amount of Oat and Spelt Matzoh is produced as Shmura and regular (non-Shemura) for those who cannot tolerate wheat Matzoh for medical reasons. One can fulfill the Mitzvah of eating Matzoh at the Seder with such Shmura Matzoh. More information concerning this product can be found at [www.Glutenfreeoatmatzos.com](http://www.Glutenfreeoatmatzos.com) or call (732) 364-8757.

**Gluten Free Shehakol "Matzoh Style"** - This product is made from tapioca with a bracha of "Shehakol". It has no relation to Matzoh other than artificially made to "look" like a Matzoh. Gefen and Yehuda Matzoh companies, as well as some others, manufacture imitation Matzoh. This is an excellent product to eat Erev Pesach and any other time one does not wish to consume Matzoh. (it is also a wonderful imitation Matzoh that can be eaten out of a Sukkah since it is not real Matzoh). Obviously, this product cannot be used as a substitute at any time for real Matzoh.

## MEDICINE

Most prescriptions can be filled with Kosher for Pesach medicine. For information on the Kosher status of your medicines, contact your local reliable Rabbi. In the Los Angeles area, Syds Pharmacy, located at 7111 Beverly Blvd., carries a wide variety of Kosher for Pesach vitamins and medications. Call them at (323) 933-8571.

Rabbi Bess of Los Angeles has compiled the most detailed reliable list in the U.S. He can be reached at (323) 933- 7193. Rabbi Bess together with the Star-K publishes the Passover Directory with this information. Since some prescriptions, unfortunately, are not available with Kosher certification, we will mention some guidelines for those who must take medicine on Pesach.

1. If one suffers from an illness through which one's life may become endangered, one may eat Chometz on Pesach and may use any medication needed to avoid a life-threatening situation. This Chometz should

be owned by a non-Jew.

2. If someone is ill, but his life is not endangered, he may not eat Chometz on Pesach. However, he may take Chometz medicine under certain circumstances as long as he does not take it in the normal way (i.e., a pill without a cup of water). A Rabbi should be consulted if the need for such medication should occur.

3. Generally speaking, cough syrups and other liquid medicines may contain grain alcohol and may not be used on Pesach. When one must take medicine during Pesach, his/her doctor should be asked to prescribe medicine without alcohol or capsules.

Many over the counter medicines require no special certification to be used on Pesach. Consult your Rabbi for specific questions. For a complete listing of this year's Kosher for Pesach vitamins (as well as year-round vitamins) go online to [www.koshervitamins.com](http://www.koshervitamins.com).

**Note:** All Freeda Vitamins and FNP supplements are produced all year round in a Chometz-free facility. However, some may contain Kitniyos. Email Freeda at [cs@freedahealth.com](mailto:cs@freedahealth.com) or call them at 800 77-3737 for more information on their Pesach products.

## TOILETRIES

**Rabbi Bess lists the following ingredients as possible Kashrus issues connected to Pesach:** Amino Peptide Complex, Amp-Isostearoyl Hydrolyzed Wheat Protein, Avena Sativa Flour, Avena Sativa Kernel Protein, Barley Extract, Beta Glucan, Disodium Wheatgermido Peg-2 Sulfosuccinate, Hordeum Vulgare Extract, Hydrolyzed Wheat Gluten, Hydrolyzed Wheat Protein, Hydrolyzed Wheat Protein PgPropyl Silanetriol, Hydrolyzed Wheat Starch, Hydroxypropyltrimonium Hydrolyzed Wheat Protein, Oat Beta Glucan, Oat Extract, Oat Flour, Phytosphingosine Extract, Prolamine, Sodium Lauroyl Oat Amino Acids, Stearyldimoniumhydroxypropyl Hydrolyzed Wheat Protein, Triticum Vulgare, Triticum Vulgare Flour Lipids, Triticum Vulgare Germ Extract, Triticum Vulgare Germ Oil, Wheat Amino Acids, Wheat Bran Extract, Wheat Germ Extract, Wheat Germ Glycerides, Wheat Germanidopropylidmonium Hydroxypropyl Hydrolyzed Wheat Protein, Wheat Germ Oil, Wheat Protein, Wheat Sphingolipids.

## FROZEN VEGETABLES

There are many issues concerning the use of frozen vegetables for Pesach. Most large companies, such as S&W, Green Giant and Bird's Eye, purchase their vegetables from many different processors. Due to increased competition in this industry from Mexico and Guatemala, many packers are processing pasta and vegetables in the same blanching equipment when it is not being used for pure vegetables. This is done at temperatures between 100 to 200 degrees, thus making the machinery Halachically unacceptable for Pesach use. However, some companies use steam blanchers, which are not usable for pasta. Bodek, Garden Pure, as well as others carry many frozen vegetables which are certified for Pesach.

## FRESH VEGETABLES

In general, fresh vegetables do not pose a special concern for Pesach. However, fruits and vegetables from Israel require that Terumos and Maasros be taken. Leafy vegetables require the same level of inspection for insects as during the rest of the year. This is a particular concern for many who use romaine lettuce for the Mitzvah of Marror. To avoid this problem, some choose to use romaine stalks only, which are easier to rinse and check for insects. There are romaine lettuce stalks and other produce certified for Pesach that are not checked for insects. One needs to make sure that the Hechscher covers both the Pesach and insect issues. This year additional care must be taken that no Shmitta issues exist.

## SODA

Only Kosher for Pesach certified soda that replaces the corn syrup with cane sugar and has certified formula can be used...

**Note:** Commonly, Coke and others will be reliably certified for Pesach. The bottle, however, may list "corn syrup/sugar" as an ingredient. As long as the product bears a reliable Pesach certification, the soda has been reformulated to meet all Pesach concerns.

**Note:** Coke is being produced for Pesach in California this year. Coke will be available in Boston, Baltimore-Washington, Miami, and Atlanta as well. All the Passover Coke items will be marked with a distinctive yellow cap in addition to the O/UP symbol on the cap or shoulder of the bottle.



## EGGS

The Minhag (custom) is to buy eggs that were laid before Pesach. This is because chickens are usually given feed which is Chometz.

**Note:** Eggs do not require a Hechscher, even when pasteurized.

## MILK

Due to the modern pasteurizing processes used in the milk industry, many nutrients are inadvertently removed.

Governmental regulations dictate that Vitamin D, and in some cases, Vitamin A be added to milk before its sale. The amounts added are very minute. Inasmuch as Vitamins A and D are often derived from Chometz or kitniyos, and since mixtures of even small amounts of Chometz on Pesach are not "batel" (annulled), we must be cautious concerning milk which contains these additives.

Another matter of concern is the processing equipment. Milk companies often produce chocolate milk on the same equipment that they use for their plain "white" milk. The chocolate milk may contain malt, which is made from grain. In order to avoid these problems, two steps are necessary. First, it is necessary to make sure that the dairy company whose milk we purchase for Pesach processes only plain "white" milk and not chocolate milk. Secondly, the milk that we need for all of Pesach must be bought before Pesach. By doing so, the vitamins in the milk are deemed "batel" (annulled) from before Pesach (since Bitul works if the mixture occurs before Pesach), and therefore, may be used on Pesach. Whenever possible, certified Kosher for Passover milk is preferable.

## MILK SUBSTITUTES

Many people i.e., infants, elderly, those who are ill etc. often warrant consuming kitniyos but not Chometz. The following products (partial list) are free of actual Chometz:

**Infant Formula** - Alsoy, CVS, EnfaCare, Enfamil, Enfapro, Giant, Heinz Nurture, Isomil, Mother's Choice, Nestle Good Start, Next Step, ProSobee, Rite Aid, Safeway Select, Similac, Target, Walgreens, Wegmans'.

**Soy Milk** - 365 Everyday Value (original, Light and Unsweetened), Fit & Active, Hy-Vee, Market Basket (unsweetened), Meijer, Nature's Place, Nature's Promise Organic,

Shoprite, Stop & Shop.

**Almond Milk** - 365 Everyday Value, Kroger, Market Basket, Meijer, Nature's Place, Ralphs, ShopRite.

**Rice Milk** - Original Clearly Organic, Harris Teeter, Krasdale Organic, Meijer, Nature's Promise, Rice Dream (unsweetened only), ShopRite.

**Note:** all of the above are best in liquid form and bought before Pesach.

## OIL

Oil from olives, palm, coconut, and walnuts are acceptable for Pesach with a proper Kosher for Pesach Hashgacha. This is because the fruit they are extracted from is not kitniyos. Minchas Yitzchok (III:138:2) suggests that cottonseed oil is kitniyos, but in a subsequent teshuva (IV:113:3), he reconsiders this position. In the U.S., cottonseed oil is generally not considered to be kitniyos but in Eretz Yisroel there are those who refrain from using it.

Extra Virgin Olive Oil with reliable Hashgacha (year-round) is recommended for Pesach use, even without special Pesach certification. The same applies to many virgin coconut oils (see listings)

## SUPERMARKETS

One of the major conveniences that is enjoyed in many parts of the United States, is being able to shop in our large National supermarket chains for Kosher items all year and in particular, for Pesach. Along with this convenience, however, comes a responsibility to check well for the Pesach certification on each item we buy. It is not uncommon for non-Pesach items to be found on the Pesach designated shelves. Be careful to only buy in original packaging and not items repacked.

## PET FOOD

One of the many challenges of Pesach is finding Halachically permissible pet food. There are two separate Kashrus issues about which one should be aware. One is related specifically to Pesach, and the other related to the rest of the year as well. The year-round problem concerns the mixing of milk and meat. It states three times in the Torah "Lo Sevashel G'dee Bachalev Imo". Literally, this is a prohibition against cooking milk and meat together. However, from the fact that the Torah states this three

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*Tax deductible donations can be made by check or paypal on our website.*

## KOSHER FOOD INTERNET SITES

[www.kosherquest.org](http://www.kosherquest.org)  
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[www.wholeandnatural.com](http://www.wholeandnatural.com)

[www.kashrut.com](http://www.kashrut.com)

MEALS FOR TRAVELING:  
[www.koshergourmetmart.com](http://www.koshergourmetmart.com)

[www.labriutmeals.com](http://www.labriutmeals.com)  
(732) 370-0035

Chap a Nosh (516) 374-5100

The Jewish Diabetes Assn.  
(718) 578-4180 Israel: 054-732-867

[www.koshermart.com](http://www.koshermart.com)

[www.ohnuts.com](http://www.ohnuts.com)

[www.koshervitamins.com](http://www.koshervitamins.com)

[pico@westernkosher.com](mailto:pico@westernkosher.com)

## KOSHER NEWSLETTERS & KASHRUS INFORMATION HOTLINES

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Publications - Kashrus Concience Magazine  
E-mail updates and alerts

### [www.kashrut.com](http://www.kashrut.com) Arlene J. Mathes-Scharf

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### Chicago Rabbinical Council cRc

2701 W. Howard St. Chicago Ill. 773 465-3900

### Vaad HaKashrus of Baltimore (Star-K)

Rabbi Moshe Heinemann, Rabbinic Advisor  
122 Slade Ave Suite 300, Baltimore, Maryland 21208  
(410) 484-4110 Publication - Kashrus Kurrents, Pesach Guide

**Kashrus Magazine:** Rabbi Yosef Wikler, Rabbinic Administrator  
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### Rabbinical Council of California - The RCC

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213-389-3382, 562-286-5235 Fax  
[info@rccvaad.org](mailto:info@rccvaad.org), [www.rccvaad.org](http://www.rccvaad.org)

### The O/K Lab

391 Troy Avenue, Brooklyn, New York 11213  
(718) 756-7500 [Info@ok.org](mailto:Info@ok.org)

### The Jewish Diabetes Association

New York Office: 959 East 26th St. Brooklyn, NY 11210  
Tel: (718) 303-5955 Israel: 052-763-1500  
Email: [Jewishdiabetes@aol.com](mailto:Jewishdiabetes@aol.com)

**London Beis Din** Hotline: 020-8343-6255

[www.kosher.org.uk](http://www.kosher.org.uk) General Enquiries 020-8343-6255

**The Kosher Gram** Vaad Harabonim of Greater Detroit & Merkaz  
17071 West Ten Mile Road, Southfield, Michigan 48075  
(313) 559-5005

### Orthodox Union - O/U Kosher Hotline & Passover Directory

333 7th Avenue, New York, New York 10001  
(212) 613-8241 Rabbi Menachem Genack  
[www.ou/kosher.org](http://www.ou/kosher.org)

### J.S.O.R. (Sephardic List) Jersey Shore Orthodox Rabbinate

P.O. Box Elberon NJ 07740 (732) 531-0535  
Rabbi Isaac Dwek - Deal Rabbi Isaac Farhi Deal [www.jsor.org](http://www.jsor.org)

**Medicines & Cosmetics** of Pesach by Rabbi Gershon Bess  
Kollel Los Angeles 223 South Formosa Blvd., Los Angeles, CA  
90036 (323) 933-7193

**Chodosh Hot Line** - Rabbi Herman (718) 305-5133

### Star-K product & medicine updates

[www.passoverkosher.com](http://www.passoverkosher.com)

**Jewish Heritage for the Visually Impaired** will provide large-print Haggadahs. (718) 338-4999 [www.jewishheritage.org](http://www.jewishheritage.org)

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times, and uses the term Gedee (kid), the Gemorrah (Talmud) in Chulin (113A 115B) explains this to mean that milk from any Kosher species and meat from any Kosher species (i.e. beef mixed with cow's milk or goat's milk etc.) are forbidden to: a) be cooked together, b) be eaten together, c) derive benefit or pleasure from them. These prohibitions (from the Torah) do not apply to poultry or venison. In order to avoid confusion, the Rabanan (Rabbis) extended the prohibition of eating milk and meat together to include poultry and venison. However, deriving benefit from poultry mixed with milk was not included in this decree. Therefore, chicken with whey, milk or cheese is permissible in pet food.

Commonly, dog and cat foods contain milk and meat mixtures, and therefore, are forbidden to Jewish pet owners all year round. There is an additional problem for a Jew who is a pet owner during Pesach. The basis for this problem is that Chometz carries with it three "Isurim" (prohibitions) a) Hanaah (benefit), b) Ownership, c) Baal Yimatze (it must be completely removed from a person's premises). A person who owns a pet is obligated to feed it in a timely manner, and due to the prohibition of deriving any pleasure or benefit from Chometz, we are not permitted to use or own pet food containing any type of Chometz on Pesach. **Therefore, it is important to be aware of the prevalent use of the five grains: wheat (germ, cracked, flour, gluten, ground, grouts, middlings, starch), rye, barley (cracked flour), oats (flour, grouts, hulled) & spelt in dog and cat foods today.** Other Chometz ingredients are **Brewer's Yeast, Gluten, Malt, Pasta, Starch and Xanthan Gum.** Almost all dry pet foods list wheat or oats as their first ingredient. This is true for fish food and bird foods as well.

**Note:** Only clay or wood-based Kitty Litter may be used on Pesach, as others may contain Chometz.

**Abound Grain Free Canned Cat Food**

**Additional Animal-Related Concern:**

Often the products that one may purchase at a local zoo to feed the animals contain Chometz and should not be purchased or fed to the animals on Pesach.

Be sure to check the ingredients on the label to be sure there is no obvious chometz ingredients.

## CAT FOOD

**Blue Freedom Grain Free Indoor Canned**

– Chicken for Kittens, Chicken for Cats, Fish, Flaked Chicken in Tasty Gravy, Chicken for Mature Cats)

**Evanger's** (when bearing cRc Passover approval)

**Friskies Canned** – Pate Chicken and Tuna Dinner, Pate Turkey and Giblets, Pate Country Style Dinner, Pate Mariners Catch, Pate Salmon Dinner, Pate Poultry Platter, Pate Mixed Grill, Pate Liver and Chicken Dinner)

**Kirkland (Costco) Dry** - Maintenance Chicken & Rice, Natures Domain Salmon Meal & Sweet Potato)

**Kirkland (Costco) Canned** – (Pate Grain-Free 3 Flavor Variety – Chicken, Salmon, Turkey)

**Merrick Grain Free Limited Ingredient Diet Canned** – Real Chicken, Real Duck, Real Salmon, Real Turkey, Real Tuna)

**Merrick Purrfect Bistro Grain-Free Dry** – Adult (Hairball Control, Weight Control, Real Chicken and Sweet Potato, Real Salmon, Healthy Kitten)

**Prescription Diet** – (a/d, d/d Venison & Green Pea, i/d (canned with chicken), r/d, s/d, t/d, z/d)

**Wellness Core Grain-Free Dry** – Adult, Indoor (Salmon & Herring), Kitten, Original)

**Wellness Core Grain-Free Classic Pate Canned** – Indoor, Kitten, Turkey & Duck, Whitefish & Salmon & Herring)

## DOG FOOD

**Blue Freedom Grain Free Canned** – Beef Recipe Adult, Chicken Recipe) Adult, Small Breed, Puppies, Senior, Grillers (Hearty Beef, Hearty Chicken, Hearty Turkey), Lamb Recipe Adult)

**Evangers** - When bearing cRc Passover approval

**Kirkland (Costco) Nature's Domain Canned** – Turkey & Pea Stew

**Kirkland (Costco) Natures' Domain Dry** – Puppy chicken & Pea, Salmon and Sweet Potato)

**Prescription Diet** – a/d, d/d, g/d (canned only), e/d (canned, original flavor), s/d, u/d, r/d

**Purina Pro Plan Grain-Free Canned**– Adult Beef & Pea Entrée, Adult Chicken & Carrot Entrée, Adult Turkey, Duck & Sweet Potato Entrée

**Wellness Core Grain Free Dry** – (Lamb,

Large Breed Original, Large Breed Puppy, Ocean, Original, Puppy, Reduced Fat, Senior, Small Breed Healthy Weight, Small Breed Original, Small Breed Puppy, Wild Game)

**Wellness Core Grain Free Canned** – Beef & Venison & Lamb, Puppy, Turkey & Chicken Liver & Turkey Liver, Whitefish & Salmon & Herring

**Wellness Core Grain Free Ninety Five Percent Canned** – Beef, Chicken & Turkey)

## FISH FOOD

Fish food and vacation blocks often contain Chometz. The following are acceptable fish food for Pesach:

Pro Balance Vacation Feeder (3 days)

Pro Balance Betta Vacation Feeder (7 days)

Zoo Med Laboratories Giant Plankton Banquet Block Feeder.

**Note:** Tetra Tropical Slow-Release Feeders, which were acceptable in the past, have started including oatmeal in new formulations and should NOT be used.

## TURTLE FOOD

Fluker's Turtle Diet for Aquatic Turtles

Dark, leafy green vegetables (such as collard, mustard and dandelion greens, kale, bok choy, deep green lettuces, parsley).

## REPTILES

### GECKOS

Crickets and grasshoppers, earthworms, mealworms, silkworms, fruit flies, moths, roaches, calcium and Vitamin D supplementation (Zoo med-Repti Calcium with D3)

### ADULT BEARED DRAGONS

They can follow the same diet as Geckos in addition to the following:

Fruit (including kiwi, banana, mango, papaya, apple)

Mixed vegetables (deep leafy greens, squash, carrots, greens)

Calcium and vitamin D supplementation (e.g. Zoo Med Repti Calcium with D3)

## BIRDS (PARROTS, PARAKEETS, COCKATIELS, CANARIES, AND MACAWS)

### Notes about birds:

Millet and Sorghum can serve as main diet.

Peanuts, Sunflower Seeds, and Safflower Seeds can also be given.

Larger birds, such as parrots, can eat pure alfalfa pellets (make sure it is pure alfalfa since it is common to add grains) or dry dog food, as well as millet, sorghum and sunflower seeds.

Doves, Finches, Pigeons, Sparrows can all have dog food (see dog food list above).

Smaller birds can also have pure alfalfa pellets, crush before feeding, as well as millet (sorghum & Sunflower seeds are too large)

Can be supplemented with cottage cheese, rice cakes (birds like to eat these), small pieces of lean meat, Matzah, berries, eggs, canned baby fruits. All large food should be shredded before serving. These items should be given sparingly.

**Avoid the following for all birds:** apple and pear seeds, all dairy products (only small amounts of cottage cheese), all fruit pits, avocado, mushrooms and peanuts.

For minerals, they can have oyster shells (calcium) or mineral block.

The greater the variety, the better.

## HAMSTERS, GUINEA PIGS, GERBILS & RABBITS

It is best to feed pure alfalfa pellets to these animals. Make sure the pellets are pure alfalfa since it is common to add grains. Dried alfalfa may also be given.

One can also supplement with a mixture of cut-up fruits and vegetables such as: carrots, broccoli, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds, and cabbage. One can also give Matzah. If the animal is not used to eating any of these items, give sparingly.

Guinea pigs will especially benefit from kale, parsley, and oranges.

Pure Timothy Hay is NOT chometz and may be used.

Hamsters especially will benefit from apples. They can also have other fruits and vegetables, matzah, millet, puffed rice, pure alfalfa pellets or hay, raw sunflower and pumpkin seeds.

Guinea pigs will especially benefit from

kale, parsley, and oranges as well as vitamin C added to their diet.

Mice and rats will eat sunflower seeds, greens, vegetables, and potatoes.

### **MORE PET FOOD INFORMATION**

Mixes sold in stores often contain chometz. It is advisable for pet owners to slowly wean their pets off their regular chometz pet food diet. This is best accomplished by mixing regular and Pesach food between one and two weeks before Pesach before switching completely to Pesach food. The ratio of regular and Pesach food should be changed slowly to get the animal used to the new diet. Check with your vet before changing your pet's diet.

**Note:** One may shop at Petco and PetSmart stores immediately after Pesach.

### **ITEMS THAT MAY BE USED WITHOUT PESACH CERTIFICATION (FOR 5785-2025)**

**Abdominal Discomfort** - Adwe Stool Softener, Alka - Seltzer (original effervescent Tablets), Dramamine (original (dairy), less drowsy tablets (dairy), chewable tablet (orange), Konsyl Powder Original formula - Unflavored (no kitniyos), Gelusil tablets, Diclegis (for nausea and vomiting of pregnancy - COR), Imodium A-D (Caplets, Oral Solution), Metamucil 4 in 1 Original Coarse Powder (no Kitniyos), Orange Smooth Powder (Regular & Sugar-Free), Miralax Powder, Phillips Milk of Magnesia (unflavored, Original Liquid - no Kitniyos) and Orange Smooth Powder Regular & Sugar Free, Pepcid, Pepto Bismol (Original Liquid), Phillips' Milk of Magnesia (Original Liquid no Kitniyos), Rolaids (animal glycerin and Kitniyos), Bicarbonate of Soda, Senokot (Extra Strength Tablets (dairy) & Senokot-extra strength Tablets (dairy), Zantac (not liquid), Imodium, Gas-X

**Agave** - Health Garden Organic Raw Agave Sweetener (O/K)

**Air Freshener** - All

**Alcohol** - All Isopropyl (for external use)

**Alcoholic Beverages** - Patron Silver Tequila, Vinprom-Troyan Brandy - apple, apricot and plum Brandy (Star-K)

**Almond Milk Original** - (Kitniyos - To be used only for the infirm and children who need an alternative to standard milk on Pesach. Utensils used for this product should be washed separately) 365 Everyday

Value (O/U), Almond Breeze Original & Unsweetened (O/U), Almondsense (O/U), Cal-Pure Almond Meal Blanched-Raw (O/U), Essential Everyday (O/U), Fred Meyer (O/U), Fresh & Easy (O/U), Friendly Farms (O/U), Full Circle (O/U), Golden Orchard (O/U), H-E-B (O/U), Hy-Vee (O/U), Laura Lynn (O/U), Market Basket (O/U), Meijer (O/U), Natural Direction (O/U), Nature's Place (O/U), Paramount Farms Meal (O/U), Price Chopper (O/U), Roundy's (O/U), Shoprite (O/U), Silk (O/U), So Delicious Unsweetened (O/U), Sunnyside Farms (O/U), Tree of Life (O/U), Winn-Dixie (O/U).

**Almond Flour/M Meal:** Barney Bakery (O/U), Blue Diamond Growers Fine and X-Fine Blanched and Natural Almond Flour (O/K), Kirkland (Kof-K), Mandelin Grower Direct (CCK- California Kosher Needs)

**Aluminum Foil and Pans** - All uncoated without release agent

**Ammonia** - All

**Ant & Roach Spray** - All

**Antacid** - Tums (Kitniyos), Zantac, Pepcid, Rolaids (contains animal glycerin and Kitniyos)

**Aluminum Disposable Containers** - All uncoated without release agent

**Avocado Oil** - Chosen Foods (O/U), Farm To Market (O/U)

**Baby Bottles** - Since they come into contact with Chometz during the year, new bottles should be purchased for Pesach use.

**Baby Cereal** - All baby cereal requires reliable KFP certification. Year-round baby rice cereal is not acceptable because it is made on Chometz equipment.

**Baby Food** - Gerber (O/U) Carrots Squash (acceptable for Pesach l'chatchila even for adults). Green Beans and peas are kitniyos.

**Baby Formula** - These products are NOT certified kosher for Pesach use by the O/U, however, the O/U has identified these products as Halachically acceptable for infants and those who are ill. These products must bear an O/U or O/UD symbol (should be prepared in separate utensils, away from Pesach kitchen area, as they contain Kitniyos) 365 Everyday Value (O/U), Baby Basics (O/U), CVS (O/U) EnfaCare - all liquids and powders (O/U), Enfamil - all liquids and powders (O/U), Enfagrow - all liquids and powders (O/U), Gerber Good Star (O/U), Giant (O/U), Heinz Nurture (O/U), Isomil - all liquids & powders (O/U), Kirkland Signature (O/U), Nestle Good Start (O/U), Similac - all liquids & powders (O/U), Target

(O/U), Walgreens (O/U)

**Baby Laundry Detergent** - Dreft (Proctor & Gamble – O/U), Essential Everyday (O/U), Seventh Generation (O/U)

**Baby Oil** - All pure

**Baby Ointment** - All (according to the O/U)

**Baby Medicine** - Advil Children's Junior Strength Tablets, Bayer Children's Aspirin, Benadryl Children's Allergy Liquid (Cherry, Dye-Free Liquid, Bubble Gum, Plus Congestion - Grape), Miralax Powder, Motrin Infant' Drops - Dye-Free Berry, Motrin Children's Suspension - bubble Gum, Berry, and Dye-Free Berry, Pedialyte, Sudafed Children's Nasal Decongestant - Grape, Sudafed PE Children's Nasal Decongestant - Berry, Sudafed PE Children's Cold & Cough - Grape, Tylenol Infants' Oral Suspension - Grape, Tylenol Children's Suspension - Cherry

**Baby Powder** - All pure Talcum Powders (such as Johnsons) - Any not listing oat flour as an ingredient.

**Baby/Pediatric Electrolytes** - The O/U has identified the following products as Halachically acceptable for infants and those who are ill even though these products are NOT certified Kosher for Pesach by the O/U for the general public. These products must bear an O/U or O/UD symbol: Bright Beginnings (O/U), CVS (O/U), Enfamil Enfalyte Oral Electrolyte Solution (O/U), HEB Baby (O/U), Meijer (O/U), Parent Choice, Pedialyte (all flavors) (O/U), Walgreens

**Pediatric Supplements** – Boost Kid Essentials (1.0, 1.5), Boost Kid Essentials with Fiber, Di-Vi-Sol, Fer-In-Sol Drops, Poly-Vi-Sol Drops, Tri-Vi-Sol, Resource Just for Kids with Fiber, Pediasure (all Shakes, liquids, powders – all flavors – excluding bars)

**Baby Wipes** - All without alcohol (such as Johnson's Baby Washcloth)

**Bags** (paper and plastic) - All

**Baking Soda** (NOT Baking Powder) - All pure bicarbonate.

**Balloons** - Without any powder

**Band Aids** - All (including medicated)

**Bath Treatments** - Some Bath treatments contain oatmeal, which is real Chometz. These may not be used on Pesach and must be sold or disposed of before Pesach.

**Beverages** - Sodastream (O/U)

**Bleach** - All

**Bird Food** - (see above "Pet Food" section)

**Blush** (make up) - All powdered

**Body Wash** - All

**Boric Acid** - All

**Bowl and Tub Cleaners** - All

**Breath Strips** - Require Kosher for Pesach certification - Kitniyos

**Buckwheat Airline Pillows** - Kitniyos, not Chometz

**Candles** - All

**Cat Food** - (see above "Pet Food" section)

**Cardboard** - All

**Carpet Cleaners** - All

**Charcoal Briquettes** - (for a barbeque) - All (including flavored)

**Cheesecloths** - All

**Chia Seeds** - Any raw without additives (check seeds before Pesach for any other grain that may be mixed in). Navitas (Earth K) is one example

**Cleansers** – All (i.e., Ajax, Bab-O, Fantastic.)

**Cocoa Powder** - Any domestically produced 100% pure cocoa, with no additives, may be used. (i.e. Hershey's)

**Coconut Chips/Flakes** - Arya (Star-K) Coconut Chips, Aunt Patty's (Star-K), Coconut Secret (Star-K), Cocozia (Star-K), Epicurex (Star-K), Trader Joe's Flakes & Chips (Kosher Check) (unsweetened)

**Coconut Cream** - Trader Joes

**Coconut Crystals** - Coconut Secret (Star-K)

**Coconut Flour** - Coconut Secrets (Star-K), Cocozia (Star-K), Epicurex (Star-K), Miditer (Star-K), Trader Joes (Kosher Check) (unsweetened)

**Coconut Milk** - Requires Hashgacha for Pesach. But, for the infirm and children who need an alternative to regular milk on Pesach if Coconut Milk with Hashgacha is unavailable the following may be used: Coconut Dream Original Variety (O/U), Trader Joes (reduced fat and regular)

**Coconut Virgin Oil** – O/U policy includes all with an O/U, Kirkland Signature (Star-K), Miditer (Star-K).

**Coconut** (shredded) - All Unsweetened & Unflavored

**Coconut Vinegar** - Coconut Secret (Star-K)

**Coffee Whole** (Beans/Ground) – All Regular, unflavored only - NOT Decaffeinated - Do not require special Passover certification. However, the grinder must be cleaned

well. The following are some examples of acceptable coffees without a "P" designation: Archer Farms (Star-K), Bowl & Basket (Star-K), Brooklyn Coffee House (Star-K), Chef's Quality (Star-K), Chock Full O' Nuts (Star-K), Cosmopolitan (Star-K), Ellis (O/U), Essential Everyday (Star-K), Folgers (O/U), Kirkland Signature (O/U), Maxwell House (O/K), Nature's Promise (O/U)

**Coffee Ground or Whole Bean Unflavored, Decaffeinated** - 1850 By Folgers (O/U), Bestpresso (Star-K), Bowl & Basket (Star-K), Brooklyn Coffee House (O/U), Brooklyn Roasting Company (O/U), Daniels Blend (O/U), Ellis (O/U), Folgers (O/U), Hena (O/U), Parker House/Pinnacle (O/U), Viaggio Espresso (O/U), White House/Pinnacle (O/U)

**Coffee (Instant - Regular Unflavored, including Classic, Dark Roast, Gourmet French Roast etc.)** – Folgers (O/U), McCafe (O/U), Nescafe Taster's Choice (O/U), Via/Starbucks (O/U)

**Coffee (Instant - Decaffeinated Unflavored)** - Brooklyn Roasting Co. (O/U), Coffee Direct (O/U), Folgers Decaf (O/U)

**Coffee K-cups/Pods** - Follows general rules of all coffee. Some examples: Best Buy (O/U), Chock Full O' Nuts (O/U), Donut House Collection (O/U), Folgers (O/U), Green Mountain (Colombian unflavored only) (O/U), Illy (O/U), Joffrey's Coffee & Tea Co. (O/U), Kauai (O/U), Market Basket (O/U), Melitta (O/U), Newman's Own & Organic (O/U), Nescafe/Taster's Choice (O/U), Peet's (O/U), Seattle's Best (O/U – Unflavored only, NOT decaffeinated), Smart & Final (O/U), Starbucks (O/U), Tim Hortons (O/U) Timothy's World Coffee (O/U), Timothy's World Coffee Kahlua Coffee (O/U), Tully's Coffee (O/U), Van Houtte (O/U) Note: A dedicated-for-Pesach coffee brewing machine is necessary.

**Coffee Nespresso Capsules** - This product is under Basel Kosher Commission (Rabbi Levinger). For a full list check kosherquest.org or www.kosher-basel.ch

**Coffee (freeze dried, regular unflavored, not Decaf or Chicory)** - Folgers (O/U), Nescafe Tasters Choice, National Brands (Star-K), Starbucks Via (O/U)

**Coffee (Iced/Cold Brew)** - Dunkin Donuts Dark Roast Iced Coffee (O/U), The Chosen Bean (ORB)

**Coffee Filter** - All unflavored

**Cold Medication** – Allegra-D (12 Hr. Tablets), Benadryl Children's Allergy (Liquid all flavors, dye free all flavors, children's grape chewable, children's plus congestion), Claritin-D (12 hr. tablets –

dairy, 24 hr. tablets) Children's Cold Tylenol, Excedrin Sinus, Vicks Nyquil & Dayquil Cold/Flu, Vicks 44 (including 44D, 44E, 44M), Chapstick Cold Sore Therapy, Triaminic - HCTZ, Blistex, Neosporin, Afrin Nasal Spray

**Conditioners** - All

**Contact Lens Solution** - All

**Cooking Spray** - Pompeian Avocado & Grapeseed Oil (Star-K)

**Copper Cleaner** - All (i.e., Hagerty (O/U))

**Cork** – All

**Cosmetics (except possibly lipstick)** - All (according to the O/U)

**Cough Medicine** - Coricidin, Delsym Liquid, Mucinex Liquid, Quality Choice Liquid (99413 appears under bar code), Robitussin DM & Maximum Strength Liquid Cough Medicine, Scot-Tussin

**Crayons** – All Crayola Crayons products are chometz-free, except for: Crayola Dough, Glitter Dots and Easy Peel Crayon Pencils. These products contain wheat and should be sold with the chometz. Silly Putty is fine for use on Pesach.

**Cream of Tartar** - Gel Spice (O/U), Spiceco (O/U), Saratoga (O/U), Pacific Natural Spices (O/U)

**Crockpot Liner** - All

**Cups** – All paper, plastic, or Styrofoam

**Cupcake Holders (Foil)** – All

**Cupcake Holders (Paper)** – (All According to the O/U) Paperchef (Star-K)

**Cutlery (Plastic)** - All

**Deli** - Empire, Solomon's Company Buffalo (O/U)

**Dental Floss** - All unflavored brands (waxed or unwaxed)

**Denture Cleansers** - Polident, Fixodent, Super Poli-Grip

**Deodorant** – All powder and solid stick powder may be used.

**Detergent (Clothes)** - All (i.e., Amway & Shaklee (Basic G Germicide, Basic H Concentrate Organic Cleaner, Get Clean Basic H2 Organic Super Cleaning Concentrate, Get Clean Basic H2 Organic Wipes, Get Clean Scour Off Heavy Duty Paste), Ajax, Tide, All, Fab, Windex etc.)

**Dish Detergent** – All Kosher brands of Dish Detergent (i.e. Ajax (O/U), Cascade (O/U), Ivory O/U)

**Dishwasher Detergent** - All (with reliable

Kashrus symbol)

**Diapers** - All

**Dog Food** - (See "Pet Food" article)

**Drain Openers** - All

**Dried Fruits** – Albertson's Raisins, Aunt Patty's (Star-K), Baraka (Star-K), Delizia (Star-K), Dole Raisins, Empire (Star-K), Galil (Star-K), Great Lakes (Star-K), Happy Apricots (Star-K), Kroger Raisins, Natural Food Source (Star-K), Natural Food Source (Star-K), Ralph's Raisins, Smart Harvest (Star-K), Sunny Fruit (Star-K), Sunrose (Star-K), Sunsational Fruits (Star-K), Trader Joe's (Raisins, Bing Cherries, Fancy Dried Nectarines, Fancy Dried Pears)

**Eggs** – All (including eggs with Omega 3, citric acid and egg salted egg yolks) Although eggs have been exposed to Chometz chicken feed, the water/mineral cleaning solution removes the Chometz before Pesach. It is, therefore, preferable to purchase already/cleaned eggs before Pesach. Pasteurized or with ink stamp are acceptable for Pesach.

**Egg Products** - Abbotsford Farms Pasteurized Shell Eggs (O/U), Bob Evans Cage Free Liquid Egg Whites (O/U), Davidson's Pasteurized Shell Eggs (O/U), Glenview Farms Frozen Egg Yolks with 10% Sugar (6/5 lb. Cartons) (O/U), Gordon's Choice (O/U), Nature's Design/Newburg Egg Corp Eggs Natural (O/U), Newburg Egg Corp (Egg White Cage Free, Liquid Whole Egg Cage Free, Salt Yolk Cage Free, Sugar Yolk Cage Free, Organic Hard Cooked Eggs Pouch) (O/U), Papetti's (O/U), Sysco Farms (O/U)

**Electrolytes & Oral Hydration** – These products are NOT certified Kosher for Passover by the O/U, but nonetheless, the O/U has identified these products as halachically acceptable for infants and those who are ill. These products must bear an O/U or O/Ud symbol: Bright Beginnings, Comforts for Baby, Cottontails, CVS Pharmacy, Enfamil Enfalyste Oral, Electrolyte Solution, Goodness, H-E-B Baby, Home 360 Baby, Meijer, Mom to Mom, Naturalyte, Parent's Choice, Pedialyte (all flavors), Top Care, Walgreen's, Western Family.

**Eye Drops** - All

**Eye Shadow / Eye Liner** - All brands without grain ingredients

**Fabric Protectors** - All

**Fabric Softener** - All

**Face powder** – All

**Finger Paint** – Most brands including Elmer's contain wheat or oats and should be sold and put away with the chometz.

**Fireplace Log** - All unscented brands

**Fish Raw Frozen O/U:** The following O/U certified frozen fish portions are acceptable for Pesach without a special Pesach Hashgacha: 365 Everyday Value Atlantic Salmon, Blue Circle Atlantic Salmon Canadian Fishing Company Sockeye Salmon Fillet, Changing Seas Atlantic Salmon Fille (O/U), Costco Tilapia (O/U), Full Circle Wild Alaskan Sockeye Salmon Fillets & Keta Salmon Fillets, Gourmet Delight Salmon Fillets (O/U), Ideal Fish (O/U), Kirkland Signature (O/U), Member's Mark (O/U), Open Nature (O/U), Regal (O/U), Wegman's (O/U), Wellsley Farm Farm Raised Atlantic Salmon (O/U)

The following brands of frozen raw unseasoned Salmon with a regular Kof-K certification, that comes from Chile (not the USA or China) with the plant codes 10810, 8163, 10064, 10067, 10-11-6, 12079 may be used on Pesach without special Pesach supervision: Wegmans, Mentas Members Mark, Walmart, Wellesley Farms, Kirkland.

The following brands of frozen raw unseasoned Whiting with regular Kof-K certification that comes from Chile (not the USA or China) with the plant code 8323, may be used on Pesach without special Pesach supervision... The Great Fish Co., Bowl & Basket, Nafco.

The Star-K feels that one preferably should buy all fish with a Kosher for Pesach designation. However, if necessary, they allow purchasing without Pesach designation, and it should then be washed before Pesach (not over a Pesachdik sink).

**Fish (Raw, Frozen fish portions, NOT spiced, seasoned or smoked)** - All raw fish (not coated or ground) is best purchased with a Kosher for Pesach Hechsher (due to possible kitniyos glazing). However, in the absence of Certified for Pesach fish that is easily available, all fresh or frozen fish, except for ground, are acceptable after washing before Pesach. Some examples are: 365 Everyday Value Atlantic Salmon (O/U), Bowl & Basket Norwegian Atlantic Salmon Portions (O/U), Changing Seas Atlantic Salmon Fillet (O/U), Costco Tilapia (O/U), Kirkland Signature Frozen Skinless Boneless Farmed Atlantic Salmon Portions, Skinless Boneless Wild Sockeye Salmon Portions & Tilapia Loins (O/U), Kirkland Frozen Skin-ON Boneless Wild Sockeye Salmon Portions (O/U – requires rinsing with water), Levittown (Star-K), Member's Mark (O/U),



Open Nature Atlantic Sockeye Salmon Fillets (O/U), Wegmans Farm Raised Atlantic Salmon (O/U), Wellesley Farms Farm Raised Atlantic Salmon (O/U) Note: raw fish always requires good kosher certification or at least to still have some scales attached to it.

**Flax Seed** - Approved for Pesach use when purchased in whole grain form with no additives. (Check seeds thoroughly before Pesach for any possible mixed-in grains).

**Fruit (Dried)** - Baraka (Star-K), Delizia (Star-K), Family Tree (Star-K), Galil (Star-K), Gourmanoff (Star-K), Happy Apricots (Star-K), Mani's (Star-K), Murka (Star-K), Natural Food Source (Star-K), Sed Oasis (Star-K), Smart Harvest (Star-K), Smart Choice (Star-K), Soleil (Star-K), Sunny Fruit (Star-K), Sunrose (Star-K), Sunsational Fruit (Star-K)

**Fruit (Frozen)** - All without additives i.e., citric acid, syrup, vitamin C or ascorbic acid. This applies to fruits that do not have bug issues (such as melon balls, sliced peaches, cranberries etc.). Those fruits that have bug issues (like strawberries) may be used only when bearing approved Kosher supervision. No additional Pesach symbol is required.

**Fruit, Fresh Pre-Cut** - Foodhold (Star-K), Lancaster Foods (Star-K), Nature's Promise (Star-K)

**Furniture Polish** - All

**Garbage Bags** - All

**Garlic (fresh, peeled)** – 365 (Star-K), First Street (Star-K), Little Salad Bar (Star-K), Spice World (Star-K), West Creek (Star-K)

**Gasoline** - All (even Ethanol with corn)

**Glass Cleaner** - All

**Gloves** – All without inner powder coating may be used. If the label is not marked, turn glove inside out and rub on dark clothing. Then check for signs of powder. If it contains powder, do NOT use near food. Hospital disposable gloves may contain oatmeal as stated on the label and, if so, should be sold and put away with chometz.

**Glue** - Elmer's White Glue (not paste), Krazy glue, Ross Glue

**Goose (Raw)** – Pelleh (O/U)

**Grains** - Flax and hemp (whole grains only) may be used on Pesach. They should be purchased from manufacturers that do not process Chometz grains also. These grains should also be carefully checked before Pesach for any residue.

**Hand Sanitizer** – Any that do not list

alcohol or ethanol may be used for Pesach. If the only alcohol listed is isopropyl alcohol, it may be used.

**Hand Sanitizers** – All (It should be purchased before Pesach - according to Star-K)

**Hair Gels, Mousse** - All

**Hair Removers/Treatments** - All

**Hairspray** – All (i.e., Herbal Essence, Pantene Pro-V)

**Hand Wash** - Seventh Generation Coconut Hand Wash (O/U)

**Headache/Fever** - Advil (not film coated) Bayer aspirin, Motrin Caplets or Tablets, Tylenol tablets or Caplets.

**Hemp** - Check thoroughly for any possible mixed-in grains

**Household Cleanser** - All (i.e., Fantastic, Glass Plus, Lysol, Sunlight etc.)

**Hydrogen Peroxide** - All

**Ice** - Unflavored - All

**Infant formula O/U certified (contains Kitniyos not Chometz)** - O/U has Identified these brands as halachically acceptable for infants and those who are ill. These products must bear an O/U or O/Ud symbol) 365 Everyday Value, Ahold, Always My Baby, Baby Basics, Beint Well, Berkeley & Jensen, Bobbie, Bright Beginnings, CVS, Careone, Comfort, Cottontails, Cozy Care, Daily Source, D-G Health, Earth's Best, Enfacare (all liquids & powders), Enfagrow (all liquids & powders), Enfaport (all liquids & powders), Equate, Food Lion, Full Circle, Gerber Good Start, Giant, Giant Eagle Baby, Good Sense, Hannaford, H-E-B, Happy Baby, H-E-B, Heinz Nurture, Home 360 Baby, Isomil (all liquids & powders), Ketonex, Kirkland Signature, Laura Lynn, Lidl, Life Brand, Meijer Baby, Member's Mark, Mom To Mom, Mother's Choice, Nature's Place, Nestle Good Start, Next Step, Nutraenfant, O Organic, Parent's Choice, Premium Value, President's Choice, Price Chopper, Prosobee (all liquids & powders), Publix, Puramino, RCF, Rite Aid, Shopko, Signature Care, Similac (all liquids & powders), Simply Right, Sound Body, Stop & Shop, Sunrise, Supervalu, Target, Top Care, Tippy Toes by Topcare, Topco, True Goodness, Tyrex, Up and Up, Vermont Organics, Walgreens, Wegmans, Well Beginnings, Wellsley Farms, Western Family

**Infant Supplements** – The following products are NOT certified Kosher for Passover by the O/U. Nonetheless, the O/U has identified these products as halachically

acceptable for infants and those who are ill: Boost Kid Essentials, 1.0, 1.5, Boost Kid Essentials With Fiber, Di-Vi-Sol, Fer-In-Sol Drops, Poly-Y-Vi-Sol Drops, Tri-Vi-Sol Drops, Resource Just for Kids with Fiber, Pediasure (all shakes, liquids, powders, plus all flavors, excluding bars), Pro-Phree.

**Insect Sprays** – All. **Note:** rodent traps may contain chometz and should be put away with chometz.

**Isopropyl Alcohol** - All

**Jewelry Polish** - All

**Juices & Juice Concentrates**

**(Unsweetened)** - Citrus World Tangerine (O/U), Harvest Valley Orange (O/U), Nestle Vitality Orange (O/U), Realemon Lemon Juice (O/U), Realime Lime Juice (O/U), Rejuv Orange Juice Frozen Concentrate (unsweetened only) (O/U), Sunsational Orange (O/U), Thirster Orange Juice Frozen Concentrate (unsweetened only) (O/U) ,

**Juice (frozen)** - Any brand of 100% pure white grapefruit (not pink) or orange frozen juices, without sweeteners, additives, preservatives or enrichments (i.e.calcium) added may be used. All other frozen juice products require reliable KFP certification. For Example: Cascadian Farm Organic Orange Juice Frozen Concentrate (with O/U symbol only), Kroger 100% Juice Orange Frozen Concentrate with Pulp (with O/U symbol only)

**Lactaid Capsules** - May contain Chometz and may not be used on Pesach.

Lactaid Milk may be used on Pesach if purchased BEFORE Pesach due to Bittul (may contain small amounts of actual Chometz). This product is NOT Cholov Yisroel.

**Lactaid Drops** - (NOT Tablets) If needed, it must be added to milk or other dairy products before Pesach.

**Laundry Detergents** - All

**Lemon Juice** - Real-Lemon Juice (O/U)

**Lip Balm/Conditioner** - All

**Lime Juice** - Real Lime (O/U)

**Liquor/Liqueur** - Vinprom-Troyan (Star-K)

**Liver (broiled - Chicken)** - excluding ground. Birdsboro Kosher Farms

**Lotion** - All

**Mascara** - All (without grain ingredients)

**Meat** - O/U certified original factories pack unprocessed raw meat on equipment that is chometz-free throughout the year.

In contrast, ground, cooked or broiled meat and poultry may be processed on equipment used for Chometz products. In addition, local butchers and supermarkets may butcher with equipment used for Chometz and may repack on counters used for Chometz. As such, the following guidelines should be followed: Raw meat sold in any venue, in ORIGINAL FACTORY SEALED PACKAGES, may be used for Pesach when bearing an O/U (even without an O/UP). Meat that is re-packed in a local supermarket or butcher should NOT be used for Pesach unless there is a special Pesach certification in place. For detailed information regarding any specific venue, please contact the local supervision. Ground cooked or broiled meat and poultry (including liver) may ONLY be assumed to be Kosher for Pesach when bearing an O/UP or any other reliable supervision. Exceptions to this rule can be found in the listing in the O/U Pesach Guide: [www.oukosher.org](http://www.oukosher.org).

**Meats (raw, unprocessed)**

A.A. Rubashkin & Sons ( unprocessed, including ground (O/U), A.D. Rosenblatt Beef - (including ground meat (O/U), Aaron's Best (including ground meat) (O/U), Aaron's (Star-K), Alley/Meal Mart raw, (only including ground meat that is Beth Yosef) (O/U), Beth Yosef/Kurson Kosher (including ground (O/U), Birdsboro Kosher Farms Beef & Lamb ( including ground (O/U), Fishel's (excluding ground O/U), Grow & Behold - Lamb, Rose Veal, Beef All Grow & Behold products under the Star-K are certified Chalak Beit Yosef when marked /Beit Yosef (Star K Glatt), Gruenspecht Beef & Lamb (O/U), Heartland Kosher (including ground) (O/U), Holy Wagyu (Star-K), Kol Foods Raw Meat, including ground (Star-K), Lamm's Raw Beef (including ground meat) (O/U), Leafy Creek Farms (Star-K), M&D Glatt (Star-K), Lamm's Beef Raw, unprocessed including ground (O/U), M&D Glatt (Star-K), Marble and Grain (Star-K), Prairie Street Prime (Star-K), Marvid (including ground) (O/U), Prairie Street Prime (Star-K), Prime Fleisch (Star-K), Regal Foods (ground beef Kosher L'Pesach) (Star-K), Romanian (beef and lamb - including ground) (O/U), Rubashkin Meat (O/U), Schreiber Raw Beef, Veal & Lamb (O/U), Shor Habor Beef (including ground) (O/U), Solomon's Beef & Lamb (O/U), Teva Meats (including ground) (O/U), Yaakov's Premium Meats (including ground) (O/U).

All of the above meats are recommended only in their original packaging.

**Medical Supplements/Kitniyos (O/U - Only**

**For Those who are Halachically Permitted)**

- Boost (Glucose control, High Protein, Nutritional Pudding, Plus), Ensure (all shakes, all liquids, all powders, all flavors, excluding bars), Glucerna (all shakes, all powders, all flavors excluding bars), Nepro (all shakes, all powders, all flavors), Thick-It, Vital

**Milk** - It is preferable to buy Kosher for Passover milk, otherwise any brand purchased BEFORE Pesach from a company that does not process chocolate milk on the same machinery may be used on Pesach as long as it doesn't contain monoglycerides or dextrose. Those companies from which we can buy milk in the Los Angeles area before Pesach are Alta Dena, Foremost, Jerseymaid, Knudson, Ralphs, Stater Brothers, Vons Pavilions. Note: Milk certified Kosher for all year is certified for Passover only when indicated.

**Milk Dry/Powdered**- Nonfat without additives before Pesach.

**Milk Substitutes** - These are NOT certified Kosher for Pesach by the O/U, however the O/U has identified these products as Halachically acceptable for infants and those who are ill. These products must bear an O/U or O/UD symbol and must come in shelf stable non-refrigerated containers: Almond Breeze Original, Rice Dream Classic Original, Soy Dream Original Enriched.

**Mineral Oil** - All

**Moisturizer** - All

**Mouthwash** – Colgate (all), Listerine (Cool Mint, Total Care Zero, UltraClean, Zero Alcohol), Scope, Tom's of Main, Amway (not the Amway Glister Anti Plaque Fluoride)

**Nail Polish/Remover** - All

**Napkins** - All

**Nuts** - All raw, whole, chopped, pieces and Nut Meal almonds, walnuts, pine nuts, without BHA, BHT or other additives, or preservatives are approved for Pesach use. However, if the label states that it is processed in a plant that processes Kitniyos or Chometz, then it requires a reliable Kosher- For -Pesach certification. Whole pecans and half pecans do NOT require Kosher for Pesach certification. However, pecan pieces and midget pecans must bear a Kosher for Pesach symbol due to processing. All blanched, dry roasted nuts and ground- nuts require reliable KFP certification. Peanuts are considered Kitniyos.

**Pecans** – Raw, Whole & Halves Only, With No added ingredients or preservatives

**Oil – Avocado - Chosen Foods (O/U) Oil** - PURE Virgin Avocado Oil & Spray (without additives) are fine for Pesach use without a special Pesach hashgacha

**Oil (Avocado)** - Chosen Foods (O/U), De La Rosa (Star-K), Wegman's

**Oil (Coconut)** – All Virgin Coconut Oil or Spray (without additives) without a Pesach hashgacha is fine for use on Pesach.

**Oil (Grape Seed)** - Pompeian (Star K)

**Oil** – Organic Virgin Olive Oil or spray (without additives) can be used on Pesach without a special hechsher for Pesach.

**Oil (Olive – All Extra Virgin)** - Extra Mild and Extra Lite Olive Oil require a special Pesach symbol.

**Oil - Palm** - Unrefined Nutriva Red Palm (O/U)

**Oil Spray** - Glicks Vegetable Oil Spray (O/U), Pompeian (Star-K)

**Onions Frozen Chopped** - Any pure or fresh chopped refrigerated Ready Pac Brand

**Oven Cleaner** - All (i.e., Easy Off and Shaklee)

**Oven Cooking Bag** - Best Choice Slow Cooker Liners (O/U), Everyday Chef Slow Cooker Liners (O/U), Reynolds Microwave Bags

**Pain Medication** - Advil Tablets (coated - not film coated, approved when last inactive ingredient listed on panel is "white wax"), Advil Caplets – (Coated - not film coated, approved when last inactive ingredient listed is "white wax"), Aleve Caplets, Bayer Aspirin ( Low-Dose Chewables 81 mg. (cherry, orange), Bufferin, Excedrin (plain, migraine & sinus), Motrin - IB Coated Caplets, PM Coated Caplets, Infant Drops All Flavors, Children's Suspension All flavors, St. Joseph adult chewable, Tylenol (Regular Strength Tablets, Extra Strength Caplets & Children's Suspension (all flavors), Infants Oral Susp (all flavors).

**Paintball** - contains no Chometz.

Paper Bakeware (i.e. cupcake holders etc.) - Hanna K Signature (O/U), Lilac (O/U), Paperchef (Star-K), Reynolds (O/U)

**Paper Cups** - All styrofoam, plastic or cardboard. Georgia Pacific (O/U), Publix 8 oz. Paper Hot Cups (O/U), Solo 8 oz. Hot Cups (O/U), Solo 9 oz. Cold Drink Cup (O/U), Solo 16 oz. DSP Paper Cups (O/U), Solo 16 oz. SSPHot Cups (O/U),

**Paper Doilies** - Hanna K. Signature

Elements (O/U - pareve)

**Paper (Freezer)** - Everyday Chef (O/U), H-E-B (O/U), Meijer (O/U), Reynolds (O/U)

**Paper - Pan Lining Paper** - Reynolds Wrap (O/U)

**Paper (Plate/Bowls)** - Betty Crocker (O/U), Chef's Pride (O/U), Dixie (O/U), Empress (O/U), Family Dollar (O/U), Giant (O/U), Glad (O/U), Hefty (O/U), Hy-Top (O/U), Kirkland (O/U), Kroger (O/U), Meijer (O/U), Ralph's (O/U), Reynold (O/U), Winn-Dixie (O/U)

**The Star-K requires special Pesach certification for all Paper Plates/bowls.**

**Paper (Parchment)** - Amber (Star-K), Big Y (O/U), Bunzyl (Star-K), Carefree (Star-K), Carnation (Star-K), Central Coated Products (Star-K), Chef Elite (Star-K), Chef Le Bon (Star-K), Chef's Pride (O/U), Companions (Star-K), Dixie (Star-K), Domestix (O/U), Economic Choice (Star-K), Essential Everyday (O/U), Everyday Chef (O/U), First Mark (Star-K), Georgia Pacific (Star-K), Global Royal Products (Star-K), Gefen (O/U), Geula (O/U), Great Value (O/U), Harris Teeter (O/U), HEB (Star-K), Handy Wacks (Star-K), Homelife (O/U), Home Sense (O/U), Hy-Vee (O/U), Kirkland (Star-K), Loblaw (Star-K), Master Baker (Star-K), Meijer (O/U), Member's Mark (O/U), Norpak (Star-K), Our Family (O/U), Palisades Packaging (Star-K), Paperchef (Star-K), Prime Source (Star-K), Propak (Star-K), Publix (O/U), Reynolds (O/U), Roundy's (O/U), Saga Baking Paper (Star-K), Signature Select (O/U), Simply Done (O/U), Sunset (Star-K), Uline (Star-K), Union Paper Bak-O-Matic, Up & Up (O/U), Victoria Bay (Star-K), Wegmans (O/U), West Carrollton (Star-K) Note: Containing Quilon requires Hechsher year-round. Silicon-based is Kosher during the year.

**Paper (Towel)** - All (first 3 sheets and the last sheet on the roll may contain kithiyos glue and should not be used with hot foods. If using half sheets, this rule also applies to the first 4 and the last 2 sheets)

**Paper (Wax)** - Ahold (O/U), American Choice, Best Choice (O/U), Big Y (O/U), Cut Rite (Star-K), Domestix (O/U), Essential Everyday (Star-K), Everyday Chef (O/U), Giant Eagle (O/U), Harris Teeter (O/U), HEB (O/U), Homelife (Star-K), Iga, Laura Lynn (O/U), Life Brand (O/U), Marcal Kitchen Charm, Market Wax Dry Wax Interfold Paper (O/U), Master Wrap (Star-K), Meijer (O/U), Member's Selection Non-Stick (O/U), Natural Value (Star-K), Nice! (O/U), Our Family (O/U), Packaging Dynamics Interfold Paper (O/U), Publix (Star-K), Remarkable, Reynolds (O/U), Reynolds Wax Paper Bags

(O/U), Selection (O/U), Shoprite (Star-K) Shurfine (Star-K), Simply Done (O/U), Signature Select (O/U), Simply Done (O/U), Springfield (O/U), Stop & Shop (Star-K), Tops (O/U), Our Family (O/U), Waxtex (Star-K), Wegmans (O/U), Weis (O/U), Western Family (O/U), White Rose (O/U), Winco (O/U)

**Pediatric Supplements** - D-VI-Sol, Enfamil 5% Glucose Water, Poly-Vi-Sol Drops, Tri-Vi-Sol Drops, Pedialyte (all flavors), PediaSure Peptide, PediaSure Shakes

**Pepper** - Durkee, It's Delish, Morton's Black Pepper, Spice Island

**Personal Care Product** - The following Shaklee products: Avocado Cream Moisturizer, Deodorant Cream, Skin

**Pet Food** - see above.

**Plastic Containers** - All

**Plastic Plates** - All

**Prenatal Vitamins** - Maxi Health Small Prenatal Caps (only with Chametz free sticker)

**Powder Blush** - All

**Plastic Bag & Wrap** - All

**Polish** - All

**Poultry/Turkey/Duck** - Raw poultry does not need a special Pesach hechsher. Wash before using. Should be in original wrapper (not repackaged) Aaron's Best (excluding ground) (O/U), Alle (O/U), Beth Yosef/Kurson Valley Kosher (O/U), Birdsboro Poultry including ground (O/U), David Elliot raw turkey liver (O/U), Isaac's Pride (including ground) (Star-K), KJ (including ground) (O/U), Kedas including ground (O/U) Kee-Tov (excluding ground) (O/U), Kiryas Joel Raw Chickens & Turkey (including ground), Broiled Chicken Liver (O/U), Kol Foods (Star-K), Koshers Best including ground (O/U), Kosher Valley (including ground) (O/U), Marvid (including ground) (O/U), Pelleh (including ground), Raw Chicken Gizzards & peeled Chicken Feet, Broiled Chicken Liver (O/U), Quality Kosher (Star-K), Rachel's Organic (including ground) (Star-K), Romanian (including ground) (O/U), Shor Habor (including ground) (O/U), Tifereth Kosher Raw Poultry (O/U), Wise Organic Pastures (Star-K)

**Raisins** - All (check to make sure that "oil" doesn't appear in the ingredient panel) i.e. Bowl & Basket, Dole, Great Value, Southernn Grove, Sun Valley Raisins, Trader Joe's, Wegmans, Weis

**Rice** - For those Sephardim who use rice on Pesach as well as those who are infirm

or infants, it is acceptable only without additives (this includes vitamins) i.e, Aftab, Emperor, Mahatma, Kusha, Nasim, Pari, Riviana, Royal, Shahrzad, Success

**Rice Milk** - (some rice milk may contain an enzyme that is derived from barley, therefore only the following brands have been approved by the O/U as original rice milk, with no chametz. THEY ARE KITNIYOS) Rice Dream Enriched (Unsweetened Original), Harris Teeter, RiceSense Enriched, Full Circle, Hy-Vee, Meijer, Nature's Place, ShopRite, Market Basket Enriched, Price Chopper Enriched, Wild Harvest Enriched

**Poultry Broiled Livers** – excluding ground Birdsboro (O/U), Kiryas Joel (O/U), Pelleh (O/U)

**Rubber Gloves** - Any uncoated (i.e, Playtex, RubberMaid)

**Salt - (Coarse Kosher Salt)** - All

**Salt (Himalayan Pink Salt)** - Artisan Salt Co. (O/U), Badia (O/U), Kirkland Signature (O/U), Olde Thompson (O/U), Roland (O/U), SaltWorks (O/U), Wegmans (O/U)

**Salt (Peruvian Pink Salt)** - Artisan Salt Co. (O/U), Korean Bamboo (O/K), SaltWorks (O/U), Young-Jin Green Food Sea (Roasted, Refined, Premium & Alkali)

**Salt, Table - (Processed or Sea – All Non-Iodized Only)** For example: Morton's plain, coarse, popcorn salt, special cooking salt, canning and pickling salt, extra fine flour salt, Red Cross, Sterling, Wegman's, Winn-Dixie

**NOTE:** Sea Salt Is NOT Mevushal and can be an issue on Shabbos.

**NOTE on Salt:** Always check to make sure that there is no dextrose, iodine or polysorbate listed in the ingredients.

**Sandwich Bag** - Any paper or plastic

**Sanitizer** - All

**Scouring Pad & Powders** - All

**Seltzer (Unflavored)** - All (should have no citrates listed in ingredients). All flavored Seltzers require KFP certification.

**Shampoo/Conditioners** – All

**Shaving Cream & Gel** - All

**Shaving Lotion** - All

**Shelf Paper** - All uncoated

**Shoe Polish** - All

**Silver Polish** - All Kosher Brands. Some Examples are Goddard's (O/U), Hagerty (O/U), Weiman (O/U), Wright's (O/U)

**Skin Care** - any without grain additives

**Soap (Hand)** – All

**Soap - Oil Soap** – Murphy's Oil Soap Original Liquid Formula

**Soda** - Sodastream (Carbon Dioxide Cylinders - O/U)

**Soy Milk** - (Kitniyos - but not Chometz – for those for whom it is necessary to consume soy milk (Infants & Ill). These items should be purchased before Pesach, so that any traces of Chometz involving equipment would be batul and utensils used for these items should be washed in a separate area) 365 Everyday Value, Best Choice Clearly Organic, Fit & Active (regular and organic), Fresh & Easy Soylsense, Giant, Green Way, Harris Teeter Naturals Organic, Harvest Farms, Hy-Vee, Market Basket Unsweetened, Meijer, Natural Directions Organic, Nature's Place, Nature's Promise Organic, O Organics, ShopRite Organic, Shoprite, Silk, Smart Menu Organic, Soy Dream, Stop & Shop, Western Family Aseptic, Winn-Dixie Organic.

**Sparkling Water** – All unflavored. Flavored requires a KFP symbol.

**Spices** - Whole, not ground are fine for Pesach use. (i.e., cinnamon sticks, whole peppers etc.)

**Sponge** - All without soap.

**Spray** - All Pure Virgin Avocado Spray may be used for Pesach without a special hashgacha for Pesach.

**Steel Wool** - any without soap

**Sterno** - All

**Straws** - All plastic

**Styrofoam Products** - All

**Suntan Lotion & Medication** - All

**Supplements** - Ensure Without Fiber (Note: it contains Kitniyos - check with your Rav when needed)

**Sushi Nori Sheets** - Sweet City (Star-K), Sushi Metsuyan (Star-K)

**Sweetener** - Synical Saccharin

**Tablecloths (plastic/paper)** - All (non-powder)

**Talcum Powder** - All (100% talc)

**Tea (Instant)** - Nestea Regular, Unflavored 100% Pure Tea

**Teabags (Regular-Unflavored, Not Herbal)**- All (unflavored, not decaf, Not Herbal) Some examples are: Albertsons, Ambiance (O/U), America's Choice (Star-K),

Better Value (O/U), Bromley Estates (O/U), Family Dollar (O/U), Food Club (O/U), Gefen (O/U), Giant (O/U), Gilles (OU), Hy-Top (O/U), Hy Vee (O/U), IGA (O/U), Lidl (Star-K), Lipton (O/U), Market Basket (O/U), Nestea, Neuman's Own Organics (O/U), Our Family (O/U), Parade (O/U), Pascal (O/U), Piggly Wiggly (O/U), Pocahontas (O/U), Proctor & Gamble Gain White Tea (O/U), Ralph's Black Tea (O/U), Restaurant's Pride (Star-K), Royal Club (Star-K) Shurfine (O/U), Signature Select (O/U), Stop & Shop (Star-K), Stater Bros (O/U) Stop & Shop Green Tea (O/U), Swee-Touch-Nee (O/U), Tetley (Star-K), The Republic of Tea (O/U), Ward (O/U)

**NOTE on Tea Bags:** Regular tea bags that are unflavored and not decaffeinated and have no fillers such as chicory may be used for Pesach without special certification.

Some plain tea bags contain grape seed extract as listed in the ingredients and are not Kosher.

**Tissue (Bathroom & Facial)** - All

**Toothbrush** - All

**Tooth Pain** - Anbesol, Orajel

**Toothpaste** - Aim, Colgate, Close up, Pepsodent, Ultrabrite

**Toothpicks** - All unflavored

**Vegetable (Fresh)** - alfalfa sprouts, artichoke, asparagus, avocado, beets, bell pepper, broccoli, cabbage (red or green), carrot, cauliflower, celeriac (celery root), celery, chicory, chives, collard, cucumber, dandelion greens, dill, eggplant, endive, escarole, garlic (there are varying customs regarding the use of garlic on Pesach), green onion, horseradish (raw), kohlrabi, leek, lettuce (all types), mint leaves, mushroom, okra, onion, potato, parsley, parsley root, pumpkin, radishes (all types), rhubarb, rutabaga, scallions, spinach, tomatillo, tomatoes, turnip, watercress, whole pepper, yams, and zucchini.

**Vegetables/Carrots Fresh/Raw & Peeled** - 365 Everyday Value Baby Carrots (O/U), Albertson's Baby Peeled Carrots (O/U), Bugs Bunny's Baby Carrots (O/U), Bunny Luv Fresh Cut & Peeled Carrots (O/U), Grimmway Farms Crinkle Cut, fresh Chips, Lancaster Foods (Star-K), President's Choice (O/U), Publix Baby Cut, Crinkle Cut, Coins, Dip Chips, Matchsticks, Sticks Carrots (O/U), Safeway Baby Peeled Carrots (O/U), Wegmans Baby Cut Carrots (O/U), Weis Baby Carrots (O/U)

**Vegetables/Other Fresh - Peeled** - 365 Peeled Garlic, First Street Peeled Garlic (Star-K), Healthier Way (Star-K), Lancaster

Foods - Acorn, Butternut & Yellow Squash, Eggplant, Potatoes, Yams, Zucchini - (Star-K), Little Salad Bar (Star-K), Nature's Promise (Organic Butternut & Squash Medley) (Star-K), Snow Fresh (Star-K), Spice World (Star-K), West Creek (Star-K)

**Vegetables (frozen)** - Healthier Way Noodle Veggies (Star-K), Wegman's Noodle Veggies (Star-K)

**Vegetables (Canned/Jarred)** - California Delight (Star-KP), Unger's (Star-KP)

**Vegetable Salad Bags** - All fresh packaged salads certified by Star-K are Kosher for Passover only when bearing the Star-KP symbol.

**Vegetable Wash** - Sereli

**Vinegar (Balsamic, Red & White Wine)** - Acetum Balsamic Vinegar (Star-K), De La Rosa (Star-K), Roland Balsamic Vinegar (Star-K)

**Water (Unflavored)** - All (fresh, disposable bottle, spring or distilled, without flavoring, citrate or zinc lactate) i.e. Dasani, Glaceau Smart Water.

**Water Filters** - All

## ITEMS TO BE CAUTIOUS OF FOR PASSOVER (5785-2025)

**Airline Meals** - Chometz meals are sometimes served by mistake.

**Ant and Roach Traps** - Often use edible Chometz bait.

**Apple Juice** - Nutrients (sometimes processed on vinegar equipment), enzymes, clarifying agents.

**Applesauce** - Corn syrup, sugar, dextrose, flavoring

**Baby Cereals & Baby Food** - May contain wheat, sugar, and can be made on Chometz equipment.

**Baby Powder** - May contain Chometz.

**Bath Treatments** - Brands like Aura Cacia, Aveeno, Relief MD, and Wild Carrot Herbals all contain oatmeal, which is actual edible Chometz. They must be sold or disposed of before Pesach.

**Bird Food** - Many contain grain.

**Brewer's Yeast** - Chometz

**Brown Sugar** - Culture, yeast, corn starch, may contain wheat starch, machinery.

**Butter** - Salt, coloring, preservatives, nutrients, culture, lactic acid from corn

**Candied Fruit** - Dextrose, may contain powdered sugar, flour.

**Canned & Frozen Fruit, Vegetables with Syrup** - May be iodized with flour, dextrose (dietetic may contain grape juice), corn syrup

**Cat Food** - Wheat, cheese, or whey together with meat/chicken, oats and barley, Xanthan Gum, Brewer's Yeast (see listing under "Pet Foods")

**Cheese & Cottage Cheese** - Stabilizers, corn sugar, coagulating agent, microbial rennet from real Chometz, dextrose, cultures

**Chewing Gum** - Corn syrup, flavoring

**Cigars (Flavored)** - Chometz alcohol

**Chocolate & Chocolate Milk** - Malt (real Chometz), glucose

**Chocolate Spread** - From Israel may contain Kitniyos. Note: even though some chocolate spreads with Kitniyos may state on the label K.F.P., it is acceptable only for Sephardim who eat Kitniyos

**Cider Vinegar** - May contain yeast that is real Chometz.

**Coffee** - General Foods International currently is processed on Chometz machinery.

**Coffee Substitutes/Alternatives** - (i.e., Pero, Postum and others) contain grain.

**Coffee (Decaffeinated)** - May have been processed with ethyl acetate (derived of grain alcohol), coffee flavoring may contain Chometz alcohol, as well as non- Kosher flavoring.

**Condensed Milk** - Sugar, preservatives, and oil to reconstitute.

**Confectioner's Sugar** - Cornstarch (for instance, three percent in C&H) may contain wheat starch.

**Creamer (Non-dairy)** - Whey, emulsifiers which are dairy and Kitniyos, some contain corn syrup.

**Dairy Foods** - Enzymes, stabilizers, flavors & vitamins

**Dextrose** - Corn derivative

**Dishwashing Detergent** - Cetyl alcohol (not Kosher), grain alcohol.

**Dog Food** - Barley, oats, wheat, Brewer's Yeast, Xanthan Gum, cheese or whey and meat together (see listing under "Pet Foods")

**Dried Fruits and Raisins** - Dried in Chometz ovens, may contain Kitniyos oil, flour.

**Electronic Cigarettes** - Due to the flavoring it may be non-kosher and Chometz.

**Emulsifiers** - Can contain glucose.

**Finger Paints** - Some brands, including Elmer's, contain wheat or oats and should be sold and put away with the Chometz.

**Fish Food** - Wheat (see listing under "Pet Foods")

**Fish Frozen (wild salmon)** - may have been frozen in diluted corn syrup brine.

**Flour** - Has been bleached and washed, therefore Chometz.

**Frozen Fruit Drink** - Usually contains corn syrup, flavoring.

**Gelatin (Beef)** - From all over the world, including Israel, not acceptable unless it has reliable certification, as it usually is processed from non- Kosher slaughtered animals.

**Glucose** - Corn or wheat derivative

**Honey** - Corn syrup, coloring (even if not listed). Extra caution needed if it is from Turkey or China

**Horseradish** - Vinegar, sweeteners, hydrolyzed vegetable protein, wheat gluten

**Hydrolyzed Vegetable Protein (HVP)** - Often is Chometz

**Ice Cream** - Sugar, flavorings, stabilizers.

**Ingredients** - Ascorbic Acid, Caramel, Citric Acid (often derived from glucose), Glucose (can be derived from wheat fermentation), HVP (hydrolyzed vegetable protein), Vitamin C

**Israeli Products** - Teruma, Maaser, Shemita: must have reliable certification.

**Ketchup** - Stabilizers, oil, dextrose, vinegar (real chometz), flavorings

**Kitniyos** - Includes: beans, rice, citric acid, corn, dextrose, some types of flavoring, hydrolyzed vegetable protein, soy, peanuts, sesame seeds, sorbitol, starch.

**Lactaid** - Tablets may contain Chometz. Lactaid Milk may be used if purchased before Pesach (non Cholov Yisroel)

**Lecithin** - Kitniyos

**Lemon Juice** - Chometz equipment

**Liquor** - May have grain alcohol base, wine, or grain alcohol, or wine alcohol.

**MSG** - Wheat

**Maple Syrup** - Defoaming agents

**Margarine** - Emulsifiers, artificial flavor, salt,

sugar, oil

**Maraschino Cherries** - Glucose, dextrose (cut cherries usually are colored red with carmine, an insect derivative)

**Mayonnaise** - MSG from hydrolyzed protein, oil, flavorings, sweeteners, vinegar

**Milk** - Must be bought before Pesach and processed by a dairy that does not make chocolate milk (see section on milk)

**Modeling Clay** - Many brands including Crayola, contain wheat and should be sold and put away with the Chometz or used up before Pesach.

**Modified Food Starch** - The source for this is corn, potato, tapioca, rice, or wheat. This can often be Kitniyos or actual Chometz. Must have special Pesach certification.

**Mustard** - Kitniyos. Some may even contain actual Chometz. (Not to be confused with Kosher for Passover imitation mustard)

**Nuts** - BHA, BHT, sprayed with Kitniyos (corn oil)

**Oil** - Kitniyos

**Orthodontic Rubber Bands** - Should be rinsed with cold water before Pesach.

**Paper Plates (inexpensive)** - Coated with starch.

**Peanuts** - Considered Kitniyos by most traditions.

**Pecan Pieces or Midget** - Chometz processing

**Peeled Vegetables** - i.e., Carrots, potatoes (may be washed and preserved with citric acid or dextrose antioxidant)

**Pet Food** - Wheat, Brewer's Yeast, Barley, milk, cheese, or whey mixed with meat (which is not acceptable year-round), (see listing)

**Pickles** - Vinegar (Chometz), flavorings

**Play Dough** - Edible flour (must be discarded before Pesach)

**Powdered Cocoa (Sweetened)** - Powdered milk, corn sweetener

**Products from Rabbanut of Israel** - May contain Kitniyos.

**Quinoa** - Requires verification that it is not mixed with Chometz. (Star-KP and O/UP are available)

**Rice** - Ashkenazim do not use rice on Pesach because it is considered Kitniyos. Sepharadim (who eat rice on Pesach) must use additive - free rice. (See article)

**Roach Poison** - Combat brand (edible Chometz bait)

**Rubber Gloves (Powdered)** - Chometz powder

**Salads (Prepared in Bags)** - May contain citric acid.

**Salt** - Table salt often contains dextrose and polysorbate, especially when iodized.

**Shmitta** - produce and Heter Mechirah are problematic.

**Snacks** - Bomba Snacks from Osem (Israel) is made with corn and peanuts. This product is considered to be Kitniyos even though some of the packages mistakenly bear an O/UP.

**Soda** - Flavorings, dextrose, corn sugar

**Soup Cubes** - Telma and others regularly contain Chometz Yeast.

**Soy Oil, Corn Oil** - Corn syrup, soy lecithin all are Kitniyos.

**Spices (Processed or Flavored)** - Dextrose, flavoring, machinery

**Splenda** - Contains Kitniyos

**Sugar** - Many sugars are produced from corn and are Kitniyos.

**Sunflower Seeds** - Kitniyos

**Tea (Instant)** - May contain Kitniyos sweetener.

**Tea Bags** - All decaffeinated tea bags without Pesach certification are considered not proper for use on Pesach.

**Tea (Herbal)** - Chometz or non-Kosher flavoring

**Tofu** - Often processed using grain Alcohol (Chometz).

**Traps (Insect & rodent)** - Baits may contain actual Choometz and should be put away with the Chometz. All insecticide sprays may be used on Pesach.

**Tomato Products** - Vinegar (Chometz), nutrients, salt, sugar, Chometz machinery.

**Tonic Water** - Corn syrup

**Tuna** - Hydrolyzed protein, oil

**Vanilla Extract** - Corn syrup, alcohol

**Vaping** - According to Rav Sternbach, Vaping is considered in the category of food (eating) and therefore, because of non-Kosher flavoring, vaping all year round is problematic from a Kashrus standpoint, and also may contain elements which may also be Chometz - an issur on Pesach. That is why he feels that this product needs proper



Hashgacha all year round as well as for Pesach. Note: Vaping has been deemed to be dangerous to one's health.

**Vegetable Wash** - Kitniyos/Chometz

**Vegetables (Frozen)** - Can be processed on Chometz machinery – can be processed on Chometz machinery or use not Pesach approved anti-foaming agents.

**Vegetables from Israel (often Peppers)** - Terumah, Maaser, Shemita

**Vinegar** - In U.S., usually from Kitniyos. From other countries often from Chometz

**Vitamins** - Yeast, starch, corn dextrose, wheat (note: Freeda vitamins are Chometz-free)

**Yeast** - usually Kitniyos.

**Wine** - Corn sugar, Chometz alcohol.

**Note:** not all Kosher wines are Kosher for Pesach, also many are not Mevushal (cooked) (Check the label). Shemitah.

**Yogurt** - Milk powder, enzymes, flavoring, sugar

## UPDATES (5785-2025)

### OU - NEW PRODUCTS

The OU continues to give certification to Passover Quinoa. Quinoa will be available with an OU-P from Goldbaum, Pereg, and La Bonne. They will also have OU-P chia seeds. Goldbaum, La Bonne and Pereg will also be selling quinoa flour.

Kedem has one not Mevushal grape juice. This is bottled in 1.5 liter glass bottles and clearly labeled Non-Mescal. Kedem also has Fresh Pressed Grape Juice as an OU-P grape juice made without sulfites. Kedem will have Sangria Grape Juice and Sangria Sparkling Grape Juice.

Manischewitz will have different types of chocolate covered OU-P plain matzah. Holiday will also have chocolate covered plain matzah. These items are all not Matzah Ashirah. In addition, Barton will have OU-P chocolate covered regular matzah crackers. The Barton item is not Matzah Ashirah. Holiday will also have chocolate covered egg matzah. This item is Matzah Ashirah and labeled as such.

Manischewitz is introducing a line of OU-P Mezonos cookies baked with matzah meal.

Kirkland and Shoprite OU-P Smoked Salmon will also be available. Old Williamsburg will have Smoked Salmon and Herring in Wine Sauce. They also will be making BBQ

Smoked Salmon, Original Smoked Salmon and Maple Smoked Salmon. This year, Old Williamsburg will be making OU-P Meat Beef Jerky in different flavors

The OU position remains that OU supervised extra virgin olive oil can be used without special supervision for Pesach.

The OU position remains that regular tea bags, which are not flavored or decaffeinated, are acceptable for Pesach without special supervision. Swee-Touch-Nee and Wissotsky will continue to have Passover herbal teas. Shoprite will have specially marked OU-P plain tea bags available. In addition, Swee-Touch-Nee will have OU-P decaffeinated tea bags for sale. Some coffee companies add maltodextrin, which is either chametz or kitniyos, to instant coffee. As a result this coffee is not kosher for Passover. Only coffee bearing an OU-P symbol or brands listed in the gray area of the Passover Directory should be used. Both Folger's and Nescafe Taster's Choice instant coffee remain acceptable without special Passover certification. This year we have clarified again that Folger's Decaffeinated instant coffee is also acceptable for Passover without special certification.

### STAR-K

**Flower Food** - Do not use if label indicates that it is made in Holland or Netherlands, as it may be derived from chometz

**Dried fruits recommended without "P"**  
 Akdaglar Apricot Whole Dried Apricots  
 Apriturk Dried Apricots, Whole Dried Apricots, Whole, Organic) Dried Natural Apricots, Whole Baraka Dried Apricots, Whole (Bozkale Dried Apricots, Whole Delizia Dried Apricots, Whole Empire Dried Apricots, Whole Ferit Erenler Dried Apricots, Whole Dried Apricots, Whole, Organic Dried Natural Apricots, Whole) Fruitolia Dried Apricots, Whole Galil Dried Apricots, Whole) Dried Figs, Whole Happy Apricots Apricots, Whole Whole Apricots Organic Whole Apricots Sulphured Whole Apricots Unsulphured Heavenly Harvest Dried Apricots, Whole Dried Apricots, Whole, Organic (Dried Natural Apricots, Whole King Dried Whole Apricots Dried Whole Figs Natural Food Source Apricots, Whole Özkale Dried Apricots, Whole Royal Dates (Khudri/Sari/Fard/ Khanezi/Khalas/Zahidi/Naghah/Majdouli) Palm Dates (Ajwa/Sagai/Safawi/Khudri/Mabroom/Sukar Sed Oasis Dates Smart Harvest Apricots, Whole Figs, Whole Soleil Dates Sunny Fruit Dried Apricots, Whole, Unflavored Figs, Whole Sunport

Dried Apricots, Whole Sunsational Fruits  
Dried Apricots, Whole, Unflavored Dried  
Figs, Whole Sunshine Snacks Dried Apricots,  
Whole Figs, Whole Diamond Whole Apricots  
Sulphured)

**Flax Seed** - Approved for Passover when purchased in whole grain form with no additives. Purchase from manufacturers that do not process chometz grains. Consumers are required to carefully check grains BEFORE PESACH for extraneous matter

### STAR-S NON-KITNIYOT PRODUCTS 2025 KOSHER L'PESACH FOR BOTH SEPHARDIM AND ASHKENAZIM ALCOHOLIC BEVERAGES

Brandy Brandy X.O Avraham (Star-S Passover) De La Rosa Real Foods Eminence Late Harvest Sweet Fumint Icewine (Star-S Passover) MEAT - ALL CHALAK BEIT YOSEF L'SEPHARDIM Bierig Brothers Raw Boxed Veal and Lamb (when bearing STAR-S Beit Yosef) Glatt Ranch Boxed Raw Beef (when bearing STAR-S Beit Yosef) Holy Wagyu Wagyu Beef Cuts (when bearing STAR-S Beit Yosef)M&D Glatt Boxed Beef | Ground Beef | Boxed Lamb | Boxed Veal (when bearing STAR-S Beit Yosef) SALMON- BISHUL BEIT YOSEF, MASHGIACH TEMIDI California Delight\* Salmon Boneless Skinless (STAR-S P Required)TUNA- BISHUL BEIT YOSEF, MASHGIACH TEMIDI California Delight\* Chunk "TONGOL" Tuna in Water | Chunk Light Tuna in Water | Chunk White Albacore Tuna in Water | Chunk Yellowfin Tuna in Water | Solid White Albacore Tuna in Water | Skipjack Chunk Tuna in Water (STAR-S P Required)Organic)White Basmati Rice (Reg, Organic) (a Required / No STAR-S P Req. Product is Kitniyot) Super Lucky Elephant Basmati Rice | Jasmine Rice (a Required / No STAR-S P Req. Product is Kitniyot) (The above 2 brands are available nationwide in Costco, Walmart, Sam's Club and other stores. Distributed on the East Coast by EMD sales 301-520-3856). Additional Brands The following brands of basmati, jasmine, and raw rice, when bearing a STAR-K symbol, are certified STAR-S P Kitniyot. No STAR-S P symbol is required on the label. Kitchen King Pari Regal Harvest Roland Sarveshwar Sarveshwar 2-Star Sarveshwar 3-Star Sarveshwar 5-Star Sarveshwar Anu Sarveshwar Choice Sarveshwar Daily Sarveshwar Delight Sarveshar Fusion Sarveshwar Kheer Sarveshwar Kinki Sarveshwar Lily Sarveshwar Magic Sarveshwar Maya Sarveshwar Mithas Sarveshwar Pearl Sarveshwar PR-14 Sarveshwar Pride Sarveshwar Prime Sarveshwar Regal Sarveshwar Sara Sarveshwar Select Sarveshwar Star

Sarveshwar Ultra XL Sarveshwar Unique Vallabh Ratna Yadu Chaina VEGETABLES, CANNED/ JARRED Bonduelle Corn Kernels in Can (Bishul Yisroel, Kitniyot, Kosher for Passover for Sephardim only Star-S Passover) Green Beans in Can (Bishul Yisroel, Kitniyot, Kosher for Passover for Sephardim only Star-S Passover) California Delight\* Baby Corn – Whole Spears | Cut Baby Corn | Whole Kernel Corn (STAR-S P Kitniyot required) VEGETABLES, FROZEN Bonduelle Corn Kernels (Star-S Passover) Extra Fine Whole Green Beans (Star-S Passover) Flat Green Beans Bishul Yisroel, Kitniyot, Kosher for Passover for Sephardim only (Star-S Passover) Frozen Corn Kernels Bishul Yisroel, Kitniyot, Kosher for Passover for Sephardim only (Star-S Passover) Frozen Garden Peas Bishul Yisroel, Kitniyot, Kosher for Passover for Sephardim only (Star-S Passover) Garden Peas (Star-S Passover) Ushia Edamame, IQF Kosher year-round for both Sephardim and Ashkenazim., (Star-S Passover) Yerek\* Green Beans | Cut Green Beans | French Cut Green Beans | Green Peas | Peas & Carrots | Cut Corn | Mixed Vegetables | Baby Lima Beans (STAR-S P Kitniyot required)

### HEINZ KETCHUP



This product is acceptable for Pesach 2025 when bearing the Tartikov hechsher and the words "PAREVE MEHADRIN FOR PASSOVER SPECIAL PRODUCTION".

### WHISKEY ALERT

(Concerning Chometz She'Ovar Alav HaPesach)

AKO: ASSOCIATION OF KASHRUS ORGANIZATIONS

We recommend that Kashrus Agencies and consumers change their policies and only consume those alcoholic beverages which [are free of standard Kosher concerns and] are known to:

1. Be produced by a non-Jewish company or a Jewish-owned company which arranged for the sale of their Chometz
2. Not contain any Chometz, including not having Chometz secondary grains

or malted barley (bourbon and cordials are examples of items that may have these forbidden items), and/or

- Were not aged over Pesach (e.g, vodka).

For a Current List of Possibly Problematic Liquors Due to Chometz She’Avar Alav HaPesach according to extensive research of the cRc please check [www.crcweb.org](http://www.crcweb.org)

**THIS FOLLOWING PRODUCTS SOLD  
COCONUT OIL (VIRGIN ONLY)**

Per the OU Pesach Guide 2025, the following brands are OU certified for year-round use and Kosher for Pesach, even without special Pesach certification:

Betterbody Foods	Pete’s Market
Butcher Boy	Purely Amazing Organic
Cibaria Gourmet Quality	Rockwell’s
Ciuti	Roland
Dona Yiya	Shurfine
Enviro	Simple Truth Organic
Food Club	Simply As-Is Food
Full Circle Market	Simply Nature Organic
Glorybee	Sorrento
Greenwise	Spectrum Culinary
Happy Belly	Spectrum Naturals
Harvest Farms Organic	Thai Coco
Healthy Origins	The Fresh Market
Imperfect Foods	Thrive Market
Island Fresh	Velma
Kelapo	Vita
Laura Lynn	Vitacost
Lowes Foods	Viva Naturals
Nutiva	Wellsley Farms
Organic Fields	Western Family
Organic Great Value	

**AVOCADO OIL**

Per the OU Pesach Guide 2025, the following brands are OU certified for year-round use and Kosher for Pesach, even without special Pesach certification:

- Chosen Foods
- Farm To Market

**KIRKLAND ALMOND FLOUR**



Recommended for Pesach 2025 when bearing K-ORC or Kof-K, with or without a “P”

**TIMES TO REMEMBER FOR PESACH 5785 - 2025 (IN THE L.A. AREA)**

**Bedikas Chometz ( 4/10) - (In the Evening)**

**Fast of Firstborn ( 4/10) - (firstborn attend a siyum to avoid fasting)**

**Burning of Chometz (4/11) 11:37 a.m. (M.A.) 11:49 (GRA)**

**Candle Lighting for Shabbos (4/11) (שבת) (הגדול) – 7:03 p.m.**

**Last Time to Eat Chometz (4/12) – 10:21 a.m. (M.A.) 10:45 a.m. (GRA)**

**Biur Chometz (4/12) - 11:37 a.m. (M.A.) 11:49 (GRA)**

**Candle Lighting (4/12) (1st night) - After 8:05 p.m.(45 min.) After 8:35 p.m. (72 min.)**

**Chatzos (4/12)**

**Candle Lighting (4/13) (2nd night) - After 8:05 p.m.(45 min.) After 8:35 p.m. (72 min.)**

**Candle Lighting Shabbos Y.T. 7th day (4/18) - 7:09 p.m.**

**Candle Lighting Last Day Y.T (4/19) - After 8:12 p.m.(45 min.) After 8:40 p.m.**

**Motzei Yom Tov (4/20) - 8:12 p.m. (45 min.) 8:40 p.m. (72 min.)**



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