

EATING IN AND EATING OUT

EATING AT HOME

Most Kosher consumers are very Makpid and careful that the Kosher standards in their home are of the very highest possible. Unfortunately, some find themselves inadvertently compromising these standards when eating out. The following are some of the concerns:

EISHUL AKUM (בישול עכום): Chazal forbade eating many types of food that were cooked by a non-Jew, to prevent intermarriage and Kashrus concerns.. Ashkenazim can rely on the Ramah that states when a Jew lights a fire (for cooking purposes), or even a pilot light, it is sufficient to negate Bishul Akum (non-Jewish cooking). If a Jew over the age of 10 is keeping an eye on the Kashrus of the kitchen we can assume that the light did not go out and was not relit by a non-Jew. Experience has shown that if left alone, many housekeepers will relight or restart a range or oven as well as cook their own food in the Kosher oven and clean up well afterwards, not appreciating the Halachic damage done. After a utensil has been used by a Non-Jew, without Jewish participation, the vessel needs Kashering

BOSOR SHNISALEM MIN HAAYIN (בשר שנתעלם מין העין) (food that has lost the integrity of its Kosher status):

One of the most challenging situations in keeping a home kosher is that a Shomer Shabbos Jew has to be able to vouch for It's being Kosher at all times. The Halacha says that if one leaves a non - Jew alone in the home, in a situation where non-kosher can happen, the house has to be treated as a non-kosher home until re-kashered. This means that if one leaves the home daily for a lengthy amount of time and a non-Jewish worker is aware that they are unsupervised during that time, the home can no longer be considered kosher. It is imperative to convey to any non-Jew in our home the vital importance of not using the kitchen in our absence. The kosher integrity of the kitchen needs to be ascertained by a Shomer Shabbos Jew, overseeing the kitchen. Yotze V'Nichnas (a Jew entering the house, unannounced occasionally) is acceptable. If this cannot be accomplished, minimally

one should Install a live active camera and inform the non-Jew that it is there. The housekeeper or worker needs to be aware that If they violate the Kashrus of the home it will be known and there will be consequences (Yotze V'Nichnas).

As long as we treat our Kosher food protection as well as we do our other valuables, such as jewelry, the Kosher status will remain intact, even in our absence.

INSECTS (תולעים) CHECKING: Due to insect consumption consisting of 6 Lavin (Avairos) in the Torah (Vayikra 11:41), this is always a very serious concern. Even triple-washed leafy produce often still contains an unacceptable level of infestation. Unless leafy produce is certified reliably to be insect free, one need to check carefully before serving.

NON TOVELED UTENSILS (טבילת כלים):

There are those who are meticulous concerning their Kashrus observance unfortunately neglect or are unaware of the Mitzvah and necessity of being Tovel their Kailim. Sefer Bamidbar Pashas Matos Perek 31 Posuk 22 states את הבדיל אך את הזהב ואת הכסף את הנחושת ואת העפרת את הבדיל אך את הזהב ואת הכסף את הברזל אך במי נדה The next Posuk emphasizes.

These P'sukim are cited after the war with Midyan. They state that any utensils made of gold, silver, copper, iron, tin, lead and all types of metal, captured during the war, need to be Kashered first, and then Toveled in a Mikvah before use (Gemorah Avodah Zara 75). Rashi understands this to be a general Mitzvah from the Torah, to be Tovel utensils obtained from non- Jews. The Or Zarua also states that it is a MItzva D"Oraisa, and Rav Shlomo Zalman Auerbach says that the Shagas Arye concurs with this opinion. The Ramban says that Tevilas Kailim in general is a Mitzvah from the Rabbonon, but not directly from the Torah. The Mishna B'Rura and Yechave Daas agree. Many Shuls and even stores In certain frum cities, have convenient special Mikvaos for Kailim (utensils) for public use.

STAM YAINAM (סתם יינם): If wine is not Mevushal

(cooked) it too is considered a vehicle for intermarriage and is forbidden when touched by a non-Jew. Hence, Non-Mevushal wine left in a refrigerator needs to be well sealed, in a way that it clearly was not tampered with. According to Reb Moshe Feinstein wine is called Mevushal at a Pasteurization temperature of 175 degrees. According to Reb Elyoshiv and Reb Shlomo Zalman Auerbach the wine must be cooked at a much higher temperature to be called Mevushal. Most Kosher Grape Juice is Mevushal, with the exception of the 51 oz. glass bottles.

TERUMA/MAASER/SHMITTA ON PRODUCTS FROM ISRAEL (תרומות ומעשרות): Due to the Kedusha of Eretz Yisroel, the produce requires additional procedures beyond produce from the rest of the world, such as bug infestation issues, before being ready to eat. The Torah instructs us to take of a certain amount of the produce for Kohanim, Leviim and the poor. The Rambam says that in our times this Mitzva is DeRabbonon. The Raavad disagrees and says that it is still a Mitzvah from the Torah. Therefore, one buying produce in Israel needs to be careful that is has a reliable Kosher certification that all Halachas of Kedushas Eretz Yisroel have been followed. When buying Israeli produce outside of Israel, all the above laws remain in effect. If purchased, one should consult a Rabbinic authority as to how to properly and halachically treat this produce. The Chief Rabbinate of Israel says that, unlike common misconceptions, they do not take Terumos and Maasros before exporting the produce. Since every seventh year in Israel has greater stringencies, the produce should not be purchased without a reliable Hechsher and if a person did obtain this produce they should ask a Rabbi how to conduct a proper disposal. Some supermarkets sell fresh produce with a large certification on each piece. This is very helpful In particular with produce from Israel. A good Hashgacha covers all of the above concerns.

NON-RELIABLE KOSHER ITEMS: With well over 1000 Kosher certifications worldwide, determining which have a reliable Kosher certification is a challenge that requires true dedication. There is a popular gelatin dessert in every market bearing a "K" which contains pork gelatin. One should always consult their halachic authority to determine which Hechsherim meet their standards. A listing can be found at www.kosherquest.org. and at www.crcweb.org

KITCHEN MIX-UPS: Entire sections of the Shulchan Aruch were written pertaining to kitchen mix-ups, such as Bosor B'Cholov, Taaruvos etc. It is beyond the scope of many people to apply all of these laws without having established a good connection to a Rabbi or organization who can deal knowledgably with it.

EATING OUT OF THE HOME

IS THE CATERER/RESTAURANT/ACQUAINTANCE WHERE WE ARE GOING TO DINE AT THE SAME LEVEL OF

KASHRUS AS OUR OWN HOME? Most Kosher certified restaurants today will use buzzwords such as Glatt/ Mehadrin etc. However, one needs to know if the owner/ manager of the establishment is Shomer Shabbos and on site at all times, or in lieu of that, is there a Mashgiach Temidi (constant supervision) who is truly there all hours that the establishment is open. Generally, a reliable Hashgacha will take care of this. When invited to someone's home for a meal, we need to determine if the atmosphere is wholesome and if the food truly Kosher (encompassing all of the concerns we have stated above).

WERE THE KAILIM TOVELED? A Jewish caterer must be tovel all utensils that are used for his business. Often, caterers have a need to quickly purchase new items and do not have the availability to be tovel them. They often rely on what the Shulchan Aruch states: that if utensils are owned by a non-Jew, or even partially owned by a non-Jew, they do not require Tevila. Some caterers use a debatable method of forever "borrowing" the utensils from one of their workers.

IS INSECT CHECKING DONE AT YOUR DESIRED LEVEL?

In Parshas Shmini (Vayikra 11:41) and Parshas Re'ea the Torah tells us over and over that we cannot eat insects. Often, when eating a salad, if a person, for instance, consumes even one insect, it constitutes 6 Avairos from the Torah. During the times when DDT was allowed and commonly used as a Pesticide Reb Moshe said in Iggros Moshe that insect infestation is not an issue in the U.S. However, now that the pesticides that are allowed to be used by farmers are much weaker, we find that insects have proliferated. Due to this severity and the difficulty of checking large amounts of produce, one must be sure that a competent Yore Shomayim Mashgiach is on top of the checking. Many of the reliable Hashgachos will certify produce that still needs to be checked. The Star K, Badatz and a few others will only certify produce that is completely ready to eat without further checking. In general, bug free produce will proudly say so on the package. Needless to say, a vegetarian restaurant will need a very experienced Mashgiach, or will need to buy pre-checked and certified produce. Triple-washed produce is insufficient. Caterers and restaurants are under a great deal more pressure than a person at home, due to the volume and the immediate and constant need. Organic restaurants are an even greater concern as they generally buy produce that was not exposed to pesticide and may have a higher infestation rate.

BISHUL AKUM: All of the above concerns in a person's home are magnified in a restaurant/catering if the Mashgiach or Jewish owner leaves for a while and puts the non-Jews in charge. In general airline meals must be checked for certification as they often change depending on the country and direction they are flying out of.

IS THERE BOSOR SHNISALEM MIN HAAYIN? Airline meals/ restaurant deliveries Were the seals on the food intact when delivered? if not, see above. Numerous "Kashrus scandals" have occurred over the past few years by the lack of close, constant supervision over deliveries

and shipments sent and received.

IS THE YOGURT STORE CERTIFIED BY A MASHGIACH OR BY NON-JEWS? Aid Echad Ne'Eman B'Issurim – One Shomer Shabbos Jew can attest to the Kosher status of a product. However, in most cases, a non-Jew does not share this capability. When a non Kosher-supervised yogurt store puts up signs claiming that they are using Kosher ingredients it is of course meaningless and usually not true. There are exceptions to this rule in other venues. These exceptions include unflavored water, pure fruits and vegetables, milk, franchise products and more. In those cases, one can assume that what was claimed is accurate due to the compelling circumstances even when there is no local, onsite Mashqiach. Even in the above cases one should consult with their rabbi when they can use a product such as slurpees, fountain soda, coffee etc. without local Kosher supervision.

IS THE ATMOSPHERE KOSHER? I.E. CRUISE SHIPS, HOTEL, PARTY ETC. In Sefer Devorim Parshas Re'eh 14:8 the Torah singles out the pig as one of the animals that is not Kosher despite its "appearance" as Kosher, since it has split hooves. A common Yiddish idiom for a deceitful person is "Chazer Fissel", which means "pigs feet". The reasoning behind this is that at first glance the pig looks Kosher, as it seems to demonstrate by lying on its side, showing everyone its split hooves. However, upon closer inspection, one sees what the Torah points out, that internally it does not chew its cud and therefore is not a Kosher animal. Chazal tell us to take the message from this that the Torah wants us to be Kosher externally as well as internally. This would preclude having a "food Kosher, but atmosphere traif" party/cruise/resort that is intrinsically not "Kosher" in other aspects.

ARE THEY CAREFUL NOT TO MIX MEAT WITH FISH? One of the more exciting culinary experiences at a Kosher resort/cruise is the Grand Kiddush, Midnight Shmorg etc. Extra care must be taken at these events to use separate plates for the fish and the meat. Mixing of the two is called by the Gemorah Pesachim (76B) Sakanta – dangerous to eat. The Shulchan Aruch in Yoreh Deah 116:2 says that for this reason. one must take a drink or eat something in between fish and meat. The Ramah forbids even cooking fish and meat in the same oven at the same time due to the vapors that would mix.

RELIABLY CERTIFIED KOSHER ESTABLISHMENTS IN CALIFORNIA

SOUTHERN CALIFORNIA - LOS ANGELES AREA

ICE CREAM/ CANDY & NUTS STORES

Baskin Robbins (entire store under RCC, Cholov Stam) 1831 La Cienega Blvd. Suit B (310) 559-3131

Carvel Santa Monica (RCC) (dairy - non Cholov Yisroel) 11037 Santa Monica Blvd. (310) 444-0011

Milky's Frozen Yogurt (RCC, Cholov Stam) (Cholov Yisroel Options Available) 429 S. Robertson Blvd. (424) 354-3197

Munchies (O/K - Cholov Yisroel) 8859 W. Pico Blvd. (310) 777-0221

Rita's Ice Custard Happiness (RCC) 11134 Pals Blvd. (310) 445-3939

Star Juice (RCC) (Pareve) 8647 W. Pico (424) 382-1180

Valley Swirl La Brea (RCC) 524 N. La Brea

Valley Swirl Pico (RCC) 9516 W. Pico

Valley Swirl Truck (RCC) 9516 W. Pico

COMMUNITY SERVICES

Cedars Sinai (RCC) 8700 Beverly Blvd. L.A. (310) 423-6522

Dovid Oved Retreat Center/Running Springs (RCC) 3500 Seymour Rd. Running Springs(909) 359-2000

Garden of Palms (Retirement Home) (RCC) 1025 N. Fairfax Ave. L.S. (323) 656-7900

JFS/Hirsh Kosher Kitchen (RCC) 338 N. Fairfax L.A.

Platinum Catering Ohr Eliyahu (O/K) 241 S. Detroit St. (818) 294-1490

RESTAURANTS

Afshan Restaurant (RCC) 106 W. 9th St. (213) 622-1010
Akita Sushi Western Kosher (O/K) 4817 Pico
Beverly Elite Café (O/K) 7115 Beverly Blvd. (323) 936-1255
Beverly Hills Thai (RCC) 9036 Burton Way (310) 288-4321
Bibi's Bakery & Café (O/K) 8928 W. Pico Blvd. (310) 246-1788

Cedars Sinai Medical Center's Kosher Kitchen (RCC) 8700 Beverly Blvd. (310) 423-6522

Charcoal Taste of Jerusalem (O/K) 7563 Beverly Blvd. (323) 433-4787

Chick 'N Chow Restaurant (O/K) 9301 W. Pico Blvd. (310) 274-5595

Cohen Restaurant (RCC) 316 E. Pico Blvd. (213) 742-8888

Dr. Sandwich (RCC) 9113 W. Olympic Blvd. (818) 674-8777

Dr. Sandwich Beverly (RCC) 7475 Beverly Blvd.

Fish Grill (O/K) 7226 Beverly Blvd. (323) 937-7162

Fish Grill (O/K) 9618 W. Pico Blvd. (310) 860-1182

Fish Grill (O/K) 22935 Pacific Coast Hwy. Malibu (310) 456-8585

Garden of Palms Assisted Living (RCC) 1025 N. Fairfax Avenue (323) 656-7900

Geshmak (RCC) 7119 Beverly Blvd

Harissa (RCC Meat) 8914 W. Pico (310) 858-3123

Hollywood Falafel (Food Truck) (RCC) Burbank & Whitsett Valley Village

Hollywood Falafel 2 (Food Truck) (RCC) Pico and Oakhurst

JFS/Hirsh Kosher Kitchen (RCC) 338 N. Fiarfax Ave.

Jeff's Gourmet Sausage Factory (O/K) 8930 W. Pico Blvd. (310) 858-8590

Jeff's Gourmet at Dodger Stadium (O/K) 1000 Vin Scully Ave. (310) 858-8590

Kabob & Chinese Food (O/U) 9180 W. Pico Blvd. (310) 274-4007

Kolah Farangi (O/U - Meat) 9180 W. Pico Blvd. (310) 274-4007

Kosher Pizza Station (O/K-dairy) 8965 W. Pico Blvd. (310) 276-8708

Kosher House of Breakfast (OK) 7115 Beverly Blvd. (310)936-1255

L.A. Burger Bar (O/K) 8581 W. Pico Blvd. (424) 278-1296

La Brea Bagel (O/K) 7308 Beverly Blvd. (323) 965-1287 **La Gondola** (O/U) 9025 Wilshire Blvd. (310) 247-1239

Lenny"s Casita (OK) 8823 w.Pico Blvd (323) 677-5597

Lieder's Glatt Kosher Takeout & Catering (O/K) 8721 W. Pico Blvd. (310) 909-7223

Lieder's Take-Out & Catering #2 (O/K) 129 N. La Brea Ave. (310) 909-7223

Made From Scratch Foods (O/K) 7122 Beverly Blvd. (718) 916-1251 madefromscratchfoods@gmail.com

Melrose Burgers 'N Fries (RCC) 7751 1/2 Melrose Ave. (323) 424-7131

Meshuga 4 Sushi (O/K) 526 N. La Brea Ave. (323) 964-9985

Meshuga 4 Sushi 2 (O/K) 8948 W. Pico Blvd. (323) 964-9985

Milky Way Restaurant (O/K- dairy) 9108 W. Pico Blvd. (310) 859-0004

Munchies (OK) 8859 W. Pico Blvd. 310 777-0221

Nagilla Pizza (O/K - dairy) 9411 W. Pico Blvd. (310) 788-0111

One80 Pizzeria (O/K) 8519 W. Pico Blvd. (347) 641-1226 Osher Bar and Grill (Rabbi Simkin) 8657 Pico (424) 302-0050

Our Big Kitchen (OK) 8657 W. Pico Blvd. 310 299-6769

P.S. Cafe (RCC) 9786 W. Pico Blvd. (310) 772-2518

Pat's Restaurant (O/U) 9233 W. Pico Blvd. (310) 205-8705

Pico Cafe (O/K) 8944 W. Pico Blvd. (310) 385-9592

Pico Kosher Deli (O/K) 8826 W. Pico Blvd. (310) 273-9381

Pizza Mark (O/K) 1708 Robertson

Pizza Mayven (O/K - dairy) 140 N. La Brea Avenue (323) 857-0353

Pizza World Restaurant (O/K dairy) 365 S. Fairfax Avenue (323) 653-2896

PSY on Pico (O/K) 9407 W. Pico Blvd.

Shalom Grill (RCC) 9340 W. Pico Blvd. (310) 278-4692

Shalom Pizza (RCC) 8715 W. Pico (310) 271-2255

Schnitzly (O/K) 9216 W. Pico Blvd. (424) 249-3565

Schwartz Bakery/Circa NY (Yoshon) (O/K) 8856-58 W. Pico Blvd. (310) 777-7577

Schwartz (O/K) 113 Beverly Blvd. (323) 931-3563

Schwartz (O/K) 8622 W. Pico (310) 854-0592

Shanghai Diamond (O/K) 9401 W. Pico Blvd. (310) 553-0998

Shilos Restaurant (O/K) 8939 W. Pico Blvd. (310) 858-1652

Sushiko (RCC) 9340 W. Pico Blvd. (310) 274-3474

Ta-eem Grill (RCC) 7422 Melrose Ave. (323) 944-0013

Taam Shabbos (OK) 129 N. La Brea Ave 323 935-1765

The Beverly Hills Bagel Co. (OK) 8947 W. Pico Blvd. 310 224-3548

The Fishermans Bawl (OK) 9407 W. Pico Blvd. 424 335-1317

The Holy Grill Pico (RCC) 8975 W. Pico Blvd. (310) 275-4420

The Holy Grill (RCC) 120 E. 15th St. (213) 444-9681
The Sidewalk (RCC) (dairy, Cholov Yisroel) 8837 W. Pico
Trattoria Natalie (O/K) 8681 W. Pico Blvd. (310) 246-1826
Yossi's (O/K) 7117-7119 Beverly Blvd. (310) 967-9633

BAKERIES

Beverly Elite Café (Chalav Yisroel) (O/K) 7115 Beverly Blvd. (323) 936-1255

Bibi's Bakery & Café (O/K) 8928 W. Pico Blvd. (310) 246-1788

Classic Pastry (Yoshon) (RCC) 8670 W. Pico Blvd. (310) 659-4966

Delice Bakery (O/K) 8583 W. Pico Blvd. (310) 289-6556

Eilat Bakery (RCC) 9060 W. Pico Blvd. (310) 205-8700

Erin Mckenna's Bakery NYC (RCC) 236 N. Larchmont Blvd. (323) 463-2023

Got Kosher (RCC) 87548 W. Pico Blvd. 310 858-3123

Krispy Kreme Donuts (KSA)

La Brea Bagel Co. (O/K) 7308 Beverly Blvd. (323) 965-1287

Magnolia Bakery (RCC - dairy Chalav Stam) 8389 W. Third Street (310) 309-0316

Mensch Bakery (O/K) 7122 Beverly Blvd. (323) 954-1250

Rising Heart's Bakery (RCC) 10836 ½ Washington Blvd. (310) 815-1800

Schwartz's Bakery (O/K - Yoshon) 8622 W. Pico Blvd. (310) 659-0464

Schwartz's Bakery (O/K- Yoshon) 433 N. Fairfax Avenue (323) 653-1941

Schwartz's Bakery (O/K) 7113 Beverly Blvd. (323) 931-3563

Unique Pastry/Café (RCC) 18385 Ventura Blvd. (818)757-3100

BUTCHERS/MARKETS

Ariel Glatt Kosher Market (O/K) 304 N. La Brea Avenue (323) 964-9438

Beverly Hills Kosher Meats (RCC) 9213 W. Pico Blvd. (310)

Elite Fish Market (RCC - Fish Only) 8730 W. Pico Blvd. (310) 678-6885

Glatt Mart (RCC) 8708 W. Pico Blvd. (310) 289-6888

Koshco Superstore (O/K) 8820 W. Pico (310) 777-7577

La Brea Kosher Market (O/K) 410 N. La Brea Avenue (323) 931-1221

Livonia Glatt Market (RCC) 8922 W. Pico Blvd. (310) 271-4343

Pico Glatt Mart (O/K) 9427 W. Pico (310) 785-0904 **Ralph's #39** (RCC & O/U) 260 S La Brea Ave. (323) 937-3264

Santa Monica Glatt Market (O/U) 11540 Santa Monica Blvd. (310) 473-4435

Western Kosher Market (O/K) 444 N. Fairfax Avenue (323) 933-8283

Western Kosher Market (O/K) 4817 W. Pico Blvd. (323) 933-8283

Yoram's Meat (RCC) 8730 W. Pico Blvd. (310) 877-4691

CATERERS (L.A. AND THE VALLEY)

A.D. Catering and Events (O/K) 1537 Franklin St. (323) 819-4682

Bazilikum Kitchen (O/K) 8474 W. 3rd St. (310) 279-9061 **Beverly Hills Hotel** (O/K) 9641 Sunset Blvd. Bev Hills

Black Tie Catering (O/U) 9303 W. Pico. (818) 681-1710

BZ Catering aka Bel Air Catering (O/U) 301 N. Sycamore Ave.

ChillBachi (RCC) (Dairy CY and Pareve) 12431 Burbank Blvd. Valley Village

Culinary Creations by Chumie (RCC) 11852 Vose Street (818) 225-1405

Embassy Caterers (RCC) 360 N. La Brea Avenue (323) 937-1374

Four Seasons Hotel (O/K) 300 S. Doheny Dr.

Fruitilicious (RCC - Pareve) (310) 980-3609

Got Kosher? (RCC) 8914 Pico (310) 858-3123

Judith International Foods at the UCLA Kitchen (RCC) 574 Hilgard Ave. (310) 721-6351

La Gondola (O/U) 9025 Wilshire Blvd. (323) 247-1239

Lieder's Take-Out & Catering (O/K) 8721 W. Pico (310) 909-7223

Lieder's Take-Out & Catering #2 129 La Brea (310) 909-7223

MGM (OK) 360 N. La Brea Ave 323 937-1374

Maohr Catering (RCC) 12405 Sylvan St. N. Hollywood

Majestic Glatt Kosher Catering (RCC) 18411 Hatteras St. Apt. 114 Tarzana

Maohr (RCC) 12405 Sylvan St

Melrose Burgers 'N Fries (RCC) 7751 Melrose Ave 323

424-7131

Moshe Catering (O/K) 9216 W. Pico Blvd. (310) 256-1172

Navaz Catering (O/U) 19253 Roscoe Blvd. (818) 718-0000 Northridge

Nes Events Catering (O/U) 5850 Laurel Canyon Blvd. (714) 943-3584 Valley Village

New York Glatt Kosher Caterers (O/K) 1952 S. Robertson Blvd. (818) 788-0007

Oneg – 72 (O/K) 6230 Wilshire Blvd. #6 (323) 710-3896

Pat's Catering Office (O/U) (310) 205-8707

Platinum Catering (O/K) 241 S. Detroit St. (818) 800-2267

Premier Kosher (RCC) 9213 W. Pico 323 521-9057

Sason Catering (O/K) 8626 W. Pico (310) 877-2800

Schwartz Catering (Meat) (O/K) 8856-58 W. Pico (310) 777-7577

Schwartz Bakery (O/K) (dairy) 8622 W. Pico

Shabbos Foods LA.com (O/K) (310) 909-7223

Sharon's Catering (RCC) 7244 Reseda Blvd. (818) 344-7472 Reseda

Shemtov Catering 6736 Corbin Ave (818) 458-9028 Reseda

Shiloh's Catering (O/K) 8939 W. Pico (310) 858-1652

Simon's Catering (RCC) 10505 Santa Monica Blvd. (310) 466-6333

Sinai Catering (RCC) 12233 Santa Monica Blvd. (310) 820-0048

The Boulevard (O/K) 16610 Ventura Blvd (818) 780-1933 Encino

The Barbecue King (RCC) 5765 W. Pico Blvd 310 770-4842

FISH MARKETS

Elat (RCC - Fish Only) 8730 W. Pico Blvd. (310) 659-7070

Farifax Fishery (O/K) 345 N. Fairfax Avenue (323) 653-633

Hiro's Kosher Sushi (RCC) Available at select Gelsons and other locations Southern California Valley Village, Encino, Reseda, Tarzana Area

SOUTHERN CALIFORNIA - SAN FERNANDO VALLEY

ICE CREAM/GIFTS/NUTS

Cold Stone Creamery (RCC - Cholov Stam) 14622 Ventura Blvd. Sherman Oaks (818) 907-2702

Nory Candy & Pastry (RCC) 20117 Vanowen St. (818) 888-6723 Winnetka

Perfectly Suited (Rabbi Aharon Simkin) (818) 489-6101 Valley Village

Pistachio (RCC) 17940 Ventura Encino (818) 903-3618

Valley Swirl (RCC) (dairy, Cholov Yisroel) 12431 Burbank Blvd Valley Village

RESTAURANTS & CATERERS

Baba Burekas (RCC) 6030 Reseda Blvd.

Brami's Pizza (RCC) 17736 ½ Sherman Way Reseda (818) 342-0611

Burekas (OK) 15030 Ventura Blvd 818 688-4588

Fish In The Village (RCC) 12450 Burbank Blvd. Valley Village (818) 769-0085

Hatikva Grill (RCC) 14054 Burbank Blvd. Valley Village (818) 780-2377

Hummus Yummy (RCC) 12510 Burbank Blvd. Valley Village (818) 691-3737

Hollywood Falafel (RCC) Burbank & Whitsett 888 495-7747

King David Glatt Kosher Grill (RCC) 17930 Ventura Encino

La Pizza (Cholov Yisroel) 12515 Burbank Blvd. Valley Village (818) 760-8198

Le Sushi (RCC)12524 Burbank Blvd. Valley Village (818) 763-6600

Melrose Burgers 'N Fries Encino (RCC) 17932 Ventura Blvd (310) 933-3021

MBT Events (OK) 16015 Arminta St.

Pacific Kosher Express (O/K) 19907 Ventura Blvd. Woodland Hills (818) 220-7296

Pacific Kosher Restaurant (O/K) 12519 Burbank Blvd. Valley Village (818) 760-0087

Pizza Nosh (Rabbi Ami Markel) 30313 Canwood Street (818) 991-3000

PSY Street Kitchen (O/K) 15030 Ventura Sherman Oaks (818) 917-9503

Street Café By Aroma (RCC) 18047 Ventura Blvd. Encino (818) 757-0477

Tel Aviv Fish Grill (RCC - dairy Cholov Yisroel) 19014 Ventura Tarzana (818) 774-9400

Tel Aviv Grill (RCC) 17201 Ventura Blvd. Encino (818) 774-9400

Tel Aviv Grill (RCC) 23349 Mulholland Dr. Woodland Hills **The Holy Grill Encino** (RCC) 17334 Ventura Blvd 818 809-2004

Toast Café (O/K) 15001 Ventura Blvd. Sherman Oaks (818) 522-2225

Unique Café (RCC) (Dairy - Cholov Yisroel) 18385 Ventura Blvd. Tarzana (818) 757-3100

V Burger Bar (OK) 13628 Ventura Blvd.818 788-9896

BAKERIES

Angel Bakery & Café (RCC) 17928 Ventura Blvd. 818 881-1100

Continental Bakery (RCC) 12419 Burbank Blvd. Valley Village (818) 762-5005

Julie's Bakery (RCC) 9030 Owensmouth Ave 213 820-4366

Krispie Kreme (KSA) 1521 N. Victory Pl. Burbank

Nothing Bundt Cakes (RCC - dairy) 215 Glendale Ave.

Nothing Bundt Cakes (RCC - dairy) 14622 Ventura Blvd. (818) 783-7800 Sherman Oaks

Nothing Bundt Cakes (RCC - dairy) 6524 Platt Ave. (805) 340-0842

Renaissance Bakery (RCC) 14540 Friar Street (818) 778-6230

Sam's Kosher Bakery (O/K) 12450 Burbank Blvd. Valley Village(818) 769-8352

Schwartz's Bakery (O/K) 12522 Burbank Blvd. Village Village (818) 766-2209

Unique Bakery (RCC) 18385 Ventura Blvd. Tarzana (818) 757-3100

BUTCHERS, FISH & MARKETS

Big Market (RCC) 6003 Fallbrook ave

Cambridge Farms (RCC) 12341 Burbank Blvd. Valley Village (818) 506-6661

Danielle's Glatt Kosher Meat (RCC)] 17263 Vanowen St. Van Nuys

Everfresh Market (RCC) 17977 Ventura Blvd. (818) 343-7900

Field's Market (RCC) 23221 Saticoy Street (818) 346-5117

Fish In the Village (RCC) 12451 Burbank Blvd. Valley Village (818) 769-0085

Kosher Bazaar (O/K) 6846 Reseda Blvd. (818) 342-6666

Le Market (RCC) 12516 Burbank Blvd. Valley Village (818) 763-5223

Mega Glatt Mart (RCC) 6114 Reseda Blvd. Tarzana (818) 578-5856

Ralph's #6 (RCC & O/U) 17840 Ventura Blvd. Encino (818) 345-6882

Ralph's #63 (RCC & O/U) 12921 Magnolia Blvd. Sherman Oaks (818) 986-2292

Ralph's #222 14049 Ventura Blvd. Sherman Oaks (747) 233-6100

Super Sal Market (RCC) 17630 Ventura Blvd. Encino (818) 906-2815

Ventura Kosher Market (RCC) 18357 Ventura Blvd. Tarzana (818) 881-3777

NOTE: GLATT KOSHER MEAT PACKAGES AND KOSHER SUSHI PACKAGES BEARING THE RCC EMBLEM ARE ALSO AVAILABLE AT DESIGNATED COUNTERS IN THE FOLLOWING NON-KOSHER STORES:

Fields Market (Meat) 23221 Saticoy St. West Hills (818) 346-5117

Ralph's #6 (Meat) 17840 Ventura Blvd. Sherman Oaks (818) 345-6882

Ralph's #63 12921 Magnolia Valley Village (818) 986-2292

Southern California Krispy Kreme: (KSA)

1521 N. Victory Pl. (818) 955-9015 - Burbank 1024 W. Gladstone St. (909) 599-4882 - San Dimas 748 W. Rancho Vista Blvd. (661) 575-9821 - Palmdale 11050 Rancho Carmel Dr. (858) 521-9051 - San Diego 220 Riverpark Blvd. (805) 278-0216 - Oxnard 1548 Azusa Ave. (626) 964-5044 - City Of Industry 4034 Crenshaw Blvd. (323) 291-4133 - Los Angeles 1199 W. Artesia Blvd. (310) 532-5281 - Gardena 4750 Los Coyotes Diagonal (562) 494-4662 - Long Beach 25802 El Paseo Ave. (949) 348-8900 - Mission Viejo 4485 Mills Circle (909) 476-8421 - Ontario 330 City Drive South (714) 769-4330

Many Southern California **Ralphs** now carry daily fresh Krispy Kreme closed boxes of donuts with KSA certification on the box.

SOUTHERN CALIFORNIA - ORANGE COUNTY

Gelson's Market: (in the mall at Alton & Jeffrey) (Irvine Vaad of Kashrus) Kosher prepared fish. Only the following fish are Kosher: Ahi Tuna, Albacore, Black Cod Chilean Sea Bass, Halibut., Mahi Mahi, Salmon, Trout, Whitefish, Wild King Salmon You must explicitly request the "Kosher prepared" fish.

Albertsons Supermarket: Albertsons in Irvine and Yorba Linda carries fresh Glatt Kosher meat and Chai chicken. The stores are located at 20500 Yorba Linda Blvd. and 3825 Alton in Irvine as well as Albertsons at 3931 Irvine Blvd.

Kosher Café at the JCC: Jewish Community Center in Irvine 1 Federation Way (949) 435-3400

Kosher Food in Disneyland: There is some availability of airline style Kosher meals in certain restaurants throughout Disneyland and in Disney hotels. Meals in Disneyland Resort should be requested 24 hours in advance by calling (714) 781-3463. For more information visit www.mouseplanet.com/drr/drrkosher.htm. Fresh fruit is available in different locations in the park.

Los Alamitos Kosher Market (KSA) 1196 Los Alamitos Blvd. (562) 594-4609

Mediterranean Farm and Market (714) 596-2023

Orange County Kosher Market & Deli (R.C.O.C) 688 El Camino Road Tustin (714) 838-3108

Trader Joe's Fresh (Rubashkin) chickens & fresh non- Glatt (Rubashkin) Kosher Meat are available at Trader Joe's Markets

The Blessed Braid (RCC) 16277 Laguna Canyhon Rd. Irvine 714 587-2850

SOUTHERN CALIFORNIA OXNARD -MALIBU

Fish Grill 22935 Pacific Coast Hwy Malibu (310) 456-8585 **Gelson's** (RCC Sushi Packages only) 15424 Sunset Blvd.

Tierra Sur (O/U) (meat restaurant) 3201 Camino Del Sol Oxnard (805) 983-1560

Herzog Wine Cellars (OU) (wine tasting) 3201 Camino Del Sol Oxnard (805) 983-1560

SOUTHERN CALIFORNIA - PALM SPRINGS

THE FOLLOWING CARRY AN ARRAY OF KOSHER PRODUCTS:

Albertsons Market 40101 Monterey Ave. Rancho Mirage (760) 674-4769

Clark's Natural Foods Market s 34175 Monterey Ave. Rancho Mirage (760) 324-4626

Jensen's 2465 East Palm Canyon Palm Springs (760) 325-8282

Ralphs 1733 E. Palm Canyon Drive Palm Springs (760) 325-5664

Ralph's 425 S. Sunrise Way Palm Springs (760) 327-4370

Trader Joe's 44-250 Town Center Way Palm Dessert (760) 320-4491

Trader Joe's 67720 East Palm Canyon Drive Palm Springs (760) 202-0090

SOUTHERN CALIFORNIA - SAN DIEGO, LA JOLLA, RANCHO BERNARDO

RESTAURANTS, MARKETS, BAKERIES & CATERERS

Albertson's Markets 12475 Rancho Bernardo Road Rancho Bernardo (858) 385-9223

Harissa (Vaad) (Vegan) 4126 Executive Dr. La Jolla (858) 362-1353

Meats & Eats Del Mar Highlands 12925 El Camino Real 760 756-7437

Menchie's Frozen Yogurt (dairy) (Rabbi Bogopulsky) 8046 La Mesa Blyd. La Mesa (619) 724-6633

Moishe's Takeout Grill @ Beth Jacob (Sunday-Wednesday 4:00-8:00 pm) (Vaad) 4855 College Ave. San Diego (619) 817-5914

Parisien Gourmandises - French Bakery (KSA) 7643 Girard Ave.

Ralph's Kosher Experiencee (Deli, Sushi, Take out, Bakery etc.) 8657 Villa La Jolla Drive (858) 597-1550

Ralph's 6670 Montezuma Road (619) 463-8893 San Diego **Summer Grille at Chabad** 1980 La Costa Ave. Carlsbad (760) 943-8891

The Place Catering (Vaad) 10785 Pomerado Rd. San Diego (858) 549-7000 or Cell: (619) 254-4420

Vons 6155 El Cajon Blvd. (619) 583-4142

Vons has many Kosher products. 6155 El Cajon Blvd. (619) 583-4142

NORTHERN & CENTRAL CALIFORNIA -BERKELEY, S.F, OAKLAND, PALO ALTO, SACRAMENTO, SAN JOSE, STANFORD ETC.

RESTAURANTS/ICE CREAM/WINES

Café 3 at Berkeley (Vaad of N. Ca.) 2400 Durant Ave. in Berkeley. Cold Lunch and hot dinner Kosher meals for students and the general public. (510) 642-5392

Chabad S. Lake Tahoe (meals prepared) 900 Ski Run Blvd. (530) 539-4363

Covenant Winery Tasting Room (O/U) 1102 Sixth St. Berkeley (510) 559-9045

Dandelion Chocolate 2600 16th St. San Francisco (415) 349-0942

Facebook Kosher Truck (Vaad) 1601 Willow Rd. Menlo Park

Frena Kosher Bakery & Café (Vaad of N. Ca.) 132 6th St. San Francisco (628) 444-3666

Hagafen Winery Tasting and Tours (O/U) 4160 Silverado Trail Napa (707) 252-0781

Hillel Stanford (Vaad) 565 Mayfield Ave. Stanford

Holy Sushi (Vaad) 3921 Fabian Way Palo Alto (650)485-3589

Hummus Bodega (Vaad) 5549 Geary Blvd. San Francisco (628) 444-3666

Izzy's Brooklyn Bagels (Vaad of N. Ca) 477 California Avenue Palo Alto (650) 329-0700

Krispy Kreme (Vaad) 2146 Leghorn St. Mountain View

Oakland Kosher Market & Deli (Vaad of N. Ca) 3419 Lakeshore Avenue Oakland (510) 839-0177

PAKT – Palo Alto Kosher Table (Chabad) (daily and Shabbos take-out) (650) 424-9080

Pars Market & Deli 3978 S. Bascom Ave. (408) 340-5443

Sabra Grill (Vaad of N. Ca.) 419 Grant Ave. (415) 982-3656

Stanford Kosher Dining 436 Mayfield Ave. Stanford (650) 723-1602

Takara Sake Tasting Tours (O/U) 708 Addison St. Berkeley (510) 540-8250

Touro University (Rabbi Simkin) Lander Hall 1750 Club Dr. Mare Island Vallejo (707) 638-5505

BAKERIES

Frena Baked Goods (Vaad of N. Ca.) 132 6th Street San Francisco (628) 444-3666

Grand Bakery (Vaad of N. Ca.) 3033 MacArthur Blvd. Oakland (510) 465-1110

Hamati Bakery (Vaad of N. Ca.) 1192 Montgomery Ave. S. Bruno (650) 490-0225

Irving's Premium Challah 1032 Irving St. San Francisco(415) 753-5474

Izzy's Brooklyn Bagels (Vaad of N. Ca.) 477 S. California Avenue Palo Alto (650) 329-0700

Krispy Kreme Mountain View 2146 Leghorn St. (650) 254-1231

Vital Vittles Organic Bakery (Vaad of N. CA) 2810 S. Pablo Ave. Berkeley (510) 644-2022

MARKETS

Lucky's 200 El Paseo De Shopping Center Saratoga (408) 364-8800

Lucky's 2175 Grant Road Los Altos (650) 969-1326

Mollie Stone's (Vaad of N. Ca. - selected Kosher items, fresh meat, and fish) 164 California Avenue Palo Alto (650) 323-8361

Monthly Western Kosher Order Place an order on WesternKosher.com and select do-op delivery to Chabad Palo Alto. Call (650) 424-9080 for more information.

Oakland Kosher Foods 3921 Fabian Way Palo Alto (408)444-7441

Oakland Kosher Foods 3419 Lakeshore Ave. Oakland (510) 839-0177

Oakland Kosher Market and Deli (Vaad of N. CA) 3429 Lakeshore Avenue Oakland (510) 839-0177

Pars Market (Vaad of N. Ca.) 3978 S. Bascom Ave. San Jose (650) 996-2742

Safeway 1530 Hamilton Ave. San Jose (408) 264-1523. Small selection of different items including bread, frozen Empire chicken/turkey.

Trader Joe's (Kosher meat and other items) 2625 Marconi Ave. Sacramento (916) 481-8797 and 1875 S. Bascom Campbell (408) 369-7823

Grass Roots Market Lake Tahoe (many Kosher items throughout store, check for Hashgachas) 2040 Dunlap Drive S. Lake Tahoe

Smart & Final Lake Tahoe 2061 Lake Tahoe Blvd. S. Lake Tahoe (530)541-3269

CATERERS

Dina's Kosher Catering (Vaad of N. Ca) 504 Yosemite Drive S. San Francisco (650) 827-1309

Epic Bites Catering (Vaad of N. Ca.) 3778 Park Blvd. Oakland (646)-853-4630

Fred Zaghi Catering (Vaad) 1030 Astoria Dr. Sunnyvale (408) 373-5287

Grand Bakery (Vaad of N. Ca.) 3264 Grand Avenue Oakland (510) 465-1110

Izzy's Brooklyn Bagels (Vaad of N. Ca) 477 California Avenue Palo Alto (650) 329-0700

Kosher Catering (Fred Zaghi) Sunnyvale (408) 373-5287

Oakland Kosher Catering (Vaad) 3419 Lakeshore Ave. Oakland (510) 839-0177

Sabra Grill (Vaad of N. CA) 419 Grant Street San Francisco (415) 982-3656

Yes Catering (Vaad Of N. CA) 739 Colorado Avenue Palo Alto (650) 456-7000

NORTHERN & CENTRAL CALIFORNIA - YOSEMITE / FRESNO

Chabad (559) 432-2770 (catering and for Yosemite trips)

NORTHERN & CENTRAL CALIFORNIA - MONTEREY / CARMEL

For Kosher food and Meals Call: (831) 643-2770 Rabbi@ Chabadofmonterey.com

Rocky Mountain Chocolate Factory (many products under O/Ud) Cannery Row, Monterey

Ghirardelli Chocolate & Ice Cream (many products certified Kof Kd) Cannery Row, Monterey

AMUSEMENT PARKS, HOTEL & AIRBNB! DELIVERIES & SPORT PARKS IN CALIFORNIA

DISNEYLAND

Kosher meals are available at all the Disneyland hotels as well as at many of the restaurants in the park. Check at www.mouseplanet.com/drr/drrkosher.htm for current availability. Full airline Kosher meals can be obtained by calling Disneyland ahead at (714) 781-3463. Be sure that the wrapper stays on when they heat it in the microwave.

DODGER STADIUM

There is a kosher stand behind right field plaza by Jeff's Gourmet Sausage. It is closed on Shabbos and Yom Tov. It is under the hashgacha of the OK. Assorted candies from Hershey Co., peanuts in the shell, beer, soda, frozen Minute Maid Yellow Ices and Lays Potato Chips.

STAPLES CENTER

The Outtakes concession provides packaged sandwiches (from Emuna catering - O/U) in the Staples Center. These

sandwiches are RCC supervised, but must display the RCC logo on the wrapper. Emuna catering phone number is (424) 348-8420 for more Information

HOTEL & AIRBNB! DELIVERIES

Emunah Caterers (O/U) delivers to hotel and airbnb! locations. Call them at (424) 348-8420 for more delivery information.

PAS YISROEL:

Bread is a main part of a person's meal as we see in the Posuk הלחם לבדו יהיה האדם כי לא על. There are 3 types of kosher levels in bread that Chazal have designated 1. Pas Yisroel (baked by a Jew) 2. Pas Palter (baked by a non Jewish baker comercially) 3. Pas Akum (baked by a non-Jew for home use) All Poskim prefer the first one – Pas Yisroel. Under normal circumstances the 3rd one - Pas Akum is not allowed (Yoreh De'ah 112). Sepharadim usually follow the Shulchan Aruch (Yoreh De'ah) that Pas Palter is not allowed unless Pas Yisroel is not available or is not as good. Ashkenazim are allowed to follow the Ramo that allows Pas Palter. He agrees that Pas Yisroel, especially on Shabbos, is better. In Orach Chaim 603 there is a Minhag mentioned that during the Aseres Yemai Teshuvah one should eat Pas Yisroel. This includes bagels, bread, crackers, bread croutons, flour tortillas, matzah, pies, pita, pizza, and wheat wraps. Following are some Pas Yisroel items:

STAR-K: PAS YISROEL

Accents Inquire In Store. All (Except Some Flavor Wraps)

Candy Store All

Caramel's Pizza All

Catering By Yaffa All

Cocoaccinos/ Pie 18 Pizza And Pasta All Yoshon. Inquire About Other Items. All (Except Some Flavor Wraps)

Croustille Bakery All

David Chu's China Bistro Inquire In Store. Inquire In Store

Delightfully Sweet Upon Request All

Dougie's Bbq Upon Request. Inquire About Specific Items.

Goldberg's Kosher Bagels Bagels And Bialys. Inquire In Store

All (Except Packets Of Crackers And Croutons)

Ikonic Confections All

Knish Shop All

Kosher Bite/Kb Szechuan Upon Request All (Except Crackers)

Mama Leah's Gourmet Pizza

Pizza And Pitas. Inquire In Store About Other Items.

Market Maven (Bakery, Fish, Sushi & Takeout) All Milk And Honey Bistro All (Except Packets Of Crackers) New Yorker Bakery (Washington) All O'fishel Caterers Challah, Rolls, Cholent.. All Pariser's Bakery L All Playa Bowls Granola Is Not Considered A Pas Item. **Pretty Sweet Confections All** Pride Of The Farm (Cookie Dough Ice Cream) All Rosendorff'S All Rosendorff 'S Bakery In 7 Mile. All Royal Restaurant Upon Request.. All Serengeti Inquire In Store. All Seven Mile Market (Items Made In The Dairy,) All Sion's Bakery L All Sushi Sakura All Sweet And Good Catering Upon Request All Taam Thai All The Club All Yesh All

OU PAS YISROEL

COMPANY/BRAND	PRODUCT TYPE
A & B Fish	All Products
A. Loacker*	All products are Pas Yisroel
Abadi Bakery*	All items
Acme [Albertson's] (FSE) Mill- town, NJ	All fresh baked products
Acme [Albertson's] (FSE) Narberth, PA	All fresh baked products
Aladdin Bakers	Bagels, pizza bagels, rolls, breads, pitas, baguettes, wraps, breadstick (when bearing a stamp with Pas Yisroel sticker on the label) Alba. All Pastry Shell products produced in Europe.
Amnon's Kosher Pizza*	Frozen Pizza (cholov yisroel)
Angel's Bakery*	All products (when bearing an OU)
Bag 'N Save	Bread, rolls, buns, Bagel City Challahs and Rolls
Bagels and More	Bagels
Balconi*	In Israel with lot specific LOC and special label
Baroni*	In Israel with lot specific LOC and special label
Barry's Bakery	Café and French Twists (when Pas Yisrael is written on the label

COMPANY/BRAND	PRODUCT TYPE
Barth*	Crackers
Barton's	chocolate-covered matza
Basil Pizza & Wine Bar [FSE]	All products
Baum's Gluten Free	All products
Bell	Bialys (with special Hebrew packaging only) [Only available in Israel]
Blinzi*	All products – Calzones, Pizzas, Bagels, Bread Sticks, Pretzels
Bloom's	All cookies
Bloom's/Temptatatious	All cookies
Bon Appetito	Cookies and Pastries (when Pas Yisroel written on the label)
Boundbrook Shoprite [FSE]*	All in-house prepared foods are both pas yisroel and yoshon
Brian's All Natural	Calzones
Brickfire Bakery	Plain Sliced Mini Bagels
Brooklyn Bagel	Frozen, Poppy, Sesame Bagels (With special Hebrew packaging only) [Only available in Israel]
Burnt Offerings – Las Vegas [FSE]	All products
Burry Foodservice	New York Style Boiled Bagels (Pas Yisroel)
Busco Bagels	All bagels
Café 11 [FSE]	All products
Carr's	Carr's Brand Crackers when pro- duced in Carlisle, UK
Cedar Bread	Pita Bread
Chef's Wonder	Bread crumbs and matzo meal
Continental Pastry	Cakes and Cookies
Coppenrath	Assorted baked goods (when accompanied by lot specific letter)
Dagim	All products
Daily Pita	All pita bread
Dame Blanche	Chocolate/Vanilla Biscuits
David's Cookies	All pareve products
David's Gluten Free	All products
Dayaa	Pita Bread
Delacre	Cookies
DIJAS	All products when bearing Pas Yisroel on the label
Diplomat Catering [FSE]	All products
Dr. Praeger's	Fishies, fish sticks, and fish cakes
Dream Pretzels	Pressels/Pretzel Chips
East Brunswick Shoprite [FSE]*	All in-house prepared foods are both pas yisroel and yoshon
East Windsor Shoprite [FSE]*	All in-house prepared foods are both pas yisroel and yoshon
Einat*	Breadcrumbs, croutons
Elite*	Biscuits

COMPANY/BRAND	PRODUCT TYPE
Elsa's Story	Cookies, crackers, pastries (not cholov yisroel)
F.lli Milan s.r.l	In Israel with lot specific LOC and special label
The Korner [FSE]	All products
Fat Badger Bakery	Assorted baked goods (when accompanied by lot specific letter)
Fischer Brothers & Leslie (FSE)	Challah, challah rolls, chicken nuggets, fried breast meat
Fourre Sandwich	Chocolate/Lemon/Strawberry/ Vanilla Biscuits
Fresh (Amazon Brand)	Bagels
Friedman's	All products (when Pas Yisroel is written on the label)
Ganim French Toast	French Toast
Ganit	Challah and Bread
Gefen	Crackers, cookies, whole wheat bread crumbs (yoshon), matzoh (yoshon), ice cream cones
Gelbstein's Bakery*	All products
Geshmak (Biener's Bakery)	All products
Golden Fluff*	Pretzels, cookies, animal crackers (also yoshon)
Golden Star	Cookies and Pastries (when Pas Yisroel written on the label)
Goodman's	Matzah Products
Grandpa's "Old Southern" Coffee Cake	All baked items
Grandpa's Coffee Cake	All coffee cakes
Grandpa's Gourmet Biscotti	Biscotti
Grandpa's International Bakery	Breads
Green Ribbon	Cookies
Guiltless Gourmet	Wraps
Hadar	Assorted biscuits
Haddar	All products
Hafners	All products
Holiday Brand	Chocolate covered matza
Horowitz Margartetn	Matzah Products
Howie and Sally's *	Biscotti
J&P	Pita bread
Jake's Bakes	All products (when Pas Yisroel is written on the label)
Jason*	Breadcrumbs
Jeff Nathan*	Panko Bread Crumbs
Jerusalem Sweets	Baklava, Bazrazek, Gariba, Ha- ressa, Mamoul, Nabulse (When bearing Pas Yisroel on the label)
Jewel-Osco [Albertson's] (FSE) Evanston, IL	bread and kosher cakes
Jewel-Osco [Albertson's] (FSE) Highland Park, IL	bread and kosher cakes

COMPANY/BRAND	PRODUCT TYPE
Just Bagels	all bagels when bearing the OU symbol
Katz's Gluten Free	Oat Challah Rolls
Kedem	Cookies, Cereal bars, Tea Biscuits (also yoshon), Crackers (also yoshon)
Kem Kem	Crackers
Kemach Food Products	Pas Yisroel and Yoshon when indicated on label
Kitty	All products
KJ Poultry*	breaded chicken nuggets
Kola Farangi [FSE]	All products
Koopmans Foodcoatings	Breadcrumbs only
Kosherific	Fish Stick
L'Esti Desserts*	Cakes and pastries
La Gondola [FSE]	All products
La Marguerite & Co.*	All products
All products	All products
Lago Group SPA*	In Israel with lot specific LOC and special label
Lakewood Kollel	All products (when Pas Yisroel is written on the label)
Lang's	Breads, Rolls and Bagels
Laromme	All pareve products
Laurieri*	In Israel with lot specific LOC and special label
Maadanot*	Bourekas, malawah, pizza squares
Macabee	Pizza Bagel (cholov yisroel)
Maison Valero	All Products
Manischewitz Co.	Tam tams (yoshon), italian coating crumbs (yoshon), cake mixes, all Matzah products (yoshon)
Mansura	When on the label
Marlboro Shoprite [FSE]*	All in-house prepared foods are both pas yisroel and yoshon.
Masbia	All Products
Matzot Carmel *	Matzah
Mauzone Manina	Assorted products
McVities	In Israel with Lot specific LOC
Meal Mart*	All products
Meat Cafe [FSE]	All products
Mendelson's Pizza*	Pizza (cholov yisroel) and breads
Miami Onion Rolls	All products
Milk 'N Honey [FSE]	All products
Mishpacha	All products
Mother's	Matzah Products
Motzi	Challahs and Babka
Mountain Fruit	All products (when Pas Yisroel is written on the label)

COMPANY/BRAND	PRODUCT TYPE
Mrs. Adler's	Matzah Products
Mrs. Pure's Gold Label	Coconut Crisp Cookies (When bearing Pas Yisroel on the label)
Natural Coffee	Coffee Cakes
Natural Ovens	White wheat Bread, Keto Friendly Bread
Navaz Catering [FSE]	All products
Neptune Shoprite [FSE]*	All in-house prepared foods are both pas yisroel and yoshon
Neri's	Breads & Bagels
NES Catering [FSE]	All products
NY Brooklyn Bread	All products
Of Tov*	Chicken Breast Nuggets
Only Oats	Cookies
Orion	Plain Par-Baked Hot Stuff Bagel, Cinnamon Raisin Par-Baked Hot Stuff Bagel
Osem*	All products
Ostreicher's	All products
Patis Bakery*	Wholesale/retail – All products (yoshon, cholov yisroel)
Pat's [FSE]	All products
PF Bakeries	Pita, Pita Chips, Challahs
Pita Express*	Pita bread
Presidor	All varieties of wafer rolls when Pas Yisroel is written on label.
Prime Events by Mindel [FSE]	All products
Quality Food Industries	Croutons
Raft Foods	Croutons
Ralph's Grocery – Sherman Oaks (FSE)	All fresh products from the Kosher bakery
Ralph's Grocery – LA – South La Brea (FSE)	All fresh products from the Kosher bakery
Reisman Bros. Bakery	Assorted cakes, cookies, rugalach
Rokeach	Hamentashen (only when labled as Pareve and Pas Yisroel), cookies, soup nuts
Royal Bakery House	Bread (when Pas Yisroel is writ- ten on the label)
S. Rosen	100% Healthy Multi Grain Bread, 9 Grain Bread, Sour Dough Bread, County White Bread, Hawaiian Rolls
S & G	Five Star Challah
Sadaf	Wafers
Sham Sweets	Baklava, Bazrazek, Gariba, Ha- ressa, Mamoul, Nabulse (When bearing Pas Yisroel on the label)
Shapiro's	All products (when Pas Yisroel is written on the label)
Shefa Foods	All products
Shibolim	Biscotti and cracker sticks

COMPANY/BRAND	PRODUCT TYPE
Shoprite	Challahs and assorted bread products (only when labeled Pareve and Pas Yisroel)
ShopRite of Aberdeen [FSE]*	All in-house prepared foods are both pas yisroel and yoshon
ShopRite of Lawrenceville [FSE]*	All in-house prepared foods are both pas yisroel and yoshon
Short Cake	Friesengold Biscuits
Signature Passion	Breads (when stating Pas Yisroel)
Smilowitz	Exclusively pas yisroel rolls, cookies, cakes, breads
Snyders of Hanover [Israeli Products Only]*	All Pretzels imported to Israel
Sruli's	All products (when Pas Yisroel is written on the label)
Super 13	All products (when Pas Yisroel is written on the label)
Tabernacle [FSE]	All products
Table d'Hôte	All rolls and baguettes
Tierra Sur [FSE]	All products
Tovli*	Blintzes, pizza, knishes (frozen packaged)
Trader Joe's	Challah, Chocolate Babka, Man- go Babka, Pumpkin Spice Babka, Half-moon cookies, Raspberry Rugelach
Trastevere Restaurant [FSE]	All products
Universal Foods	Breadcrumbs
Vicenzi*	In Israel with lot specific LOC and special label
Vittaroz	Cracker (when bearing Pas Yisroel label)
Voortman Cookies	Sugar Free Cookie products in Israel when accompanied with lot specific LOC
Wein's	All products
Yumi's	All products (when Pas Yisroel is written on the label)
Zabar's	Own Egg Challah (when bearing Pas Yisroel on the label)

FSE - Food Service Establishment

O/K PAS YISROEL

Trader Joe's bagels, Roglach, Bread Wasa Western Bagel Zabars Aldi breads Always bagel

^{*} Denotes also Yoshon

Angelic bakehouse

Blochs best

Block and Barrel

Cookies from Brooklyn

Crust Baker

Davids bread

First Street Bagels

Freddys

Greens

Heara

Israel Beigel Baking

Kingsway

Klein's

Kontos Foods

Kossar's

Liberty Pizza

Mama's Pastries

Mamtakim

Matt's Cookie

Mollys Bake House

Mountain Bread Pty

Muffin's N'More

Oh! Nuts Pretzels

Paramount Bakeries

Pollak's Bakery

Publix super markets

RoYo Bread

Sabra

Schnucks bagels

Sienna bakery

Smart & Final bagels

Stater Brothers bagels

Stern bakery

Many people travel for Sukkos. Often the following applies:

TEFILAS HADERECH and HAGOMEL

1. (Gm. Brachos 29B) – Eliyahu Hanavi told Reb Yehudah:

כל היוצא לדרך צריך להתפלל תפלת הדרך. מאי תפלת הדרך? יהי רצון מלפניך ד' אלקי שתוליכני לשלום ותצעידני לשלום ותצילני מכף כל אויב ואורב בדרך, ותשלח ברכה במעשי ידי, ותתנני לחן לחסד ולרחמים בעיניך ובעיני כל. רואי, ברוך אתה ד' שומע תפלה.

אמר אביי: לעולם לישתף אינש שנפיה בהדי צבורא.

The Gemorah is telling us that while we always need HKBH's protection, however it is needed even more when we are traveling and warrants a special Tefilah.

Rashi and the Rashba (Brachos 29b) understand from the Gemora that Tefilas Haderech can only be said up to 1 Parsa from town (a bit under 3 miles) since we are asking permission to travel from one community to another. The Rosh (Brachos 4:18), Behag and Mechaber (O.C. 110:7) say that we start saying it only after a Parsa and up to 1 Parsa of ending the journey since one still needs HKBH's extra protection. The trip is considered to have started 70 Amos (120) feet after the last house of the town, which is defined in Halacha as having "left town". Mishna Berura (Orach Chaim 110:29) says that it should be said within 3 miles of "leaving town".

- 2. Taz: We can say Tefilas Haderech at home as soon as we start on the trip. The MB (O.C. 110) says to follow the Mogen Avrohom to wait until we leave town. The Steipler would say it upon entering a highway.
- **3. Rivavos Ephraim** (6:109) says that when traveling on a ship we say Tefilas Haderech as soon as it leaves the dock, and on a plane as soon as it is moving. Rav Ruderman (Mipi Hashmuah) says to wait until the plane is on the runway and is taking off.
- **4. Reb Yaakov Kamenetzky** Paskens to say Tefilas Haderech whether we are nervous or not about the trip. He explained that it is a Teffila and not a Bracha, so the rule להקל ברכות ספק does not apply.
- **5. Yabia Omer:** (1:13) any mode of travel of 72 minutes or more away from a town requires saying Tefilas Haderech.
- **6. Mishna Berura** (O.C. 110:28) Lechatchila we make it a Bracha Ha'Smucha Lechaverta, (connected to another bracha) by first saying a bracha on something else.
- 7. Gem Brachos (30a) Rav Shaises says Tefilas Haderech can be recited even while a person is walking. Rav Chisda – only standing still. In a plane or car, a person should sit since it is too hard to concentrate while standing. The Mishna Berura (110:22) says that one should say it in whatever position he will have greater kavanah
- **8. Piskei Teshuvos** (110:3) says that preferably each person should say Tefilas Haderech for themselves, but one can be Motzei others if needed. However, a Koton cannot be Motzei a Gadol.. Reb Moshe and Reb Shlomo Zalman Auerbach (Halichos Shlomo 21) say that one can be Yotzei by hearing from another person. Reb Yaakov Kamenetsky (Emes L"Yaakov OC 110) says that each person should say it.
- 9. MB (110:26) typically we say Tefilas Haderech once a

day, which covers until we sleep in a bed. ilas Haderech is repeated each night a person sleeps a Shainas Keva in a city/hotel etc. sleeping in a campground is the same according to the Minchas Shlomo (2:60:4) and according to the Kitzur Shulchan Aruch (68:5) it is only a Shainas Arai and does not require a new Teffilas Haderech the next morning.

- **10. Reb Moshe Feinstein** would say Tefilas Haderech in the mountains on any trip over a Parsa.
- **11. The Kitzur Shulchan Aruch** (968:6) says that a person should be careful to give Tzodoko before starting a trip since it says in Tehilim(85:14) פעמיו לדרך וישם יהלך לפניו

BIRKAS HAGOMEL

The Gemorah Berachos (54b) says that a person who travelled through an ocean or desert, was released from jail or was healed from a serious illness and is no longer in danger says this Bracha is said when flying over an ocean as

Bracha

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and for the Aliyas Neshama of Avraham Daniel Mordechai Ben Yeshayahu Arnall

