



EASY TO USE GUIDE FOR CLEANING ROMAINE HEARTS

RCC Kosher is pleased to provide these cleaning guidelines for Romaine Hearts to help ensure an EASY yet KOSHER PESACH.

Prior to washing, look for obvious signs of infestation, if you see many bugs, do not use that head.

If the lettuce looks clean, then use one of the two methods below:



Method 1

1. Fill large bowl or sink with water.
2. After the sink or bowl is full, add sufficient soap or veggie wash until the water has an oily feel.
3. Soak leaves in the soapy solution for 2 minutes.
4. Rinse EACH leaf carefully under a direct stream of water to ensure that all areas are washed well and the water hits the surface area of the entire leaf.

Method 2

1. Instead of soaking, make a water and soap/veggie wash solution.
2. Using a vegetable brush, brush EACH leaf on BOTH sides with the soapy solution.
3. Rinse EACH leaf carefully under a direct stream of water to ensure that all areas are washed well and the water hits the surface area of the entire leaf.

PLEASE NOTE: The above procedures are based upon current conditions in the Los Angeles area for Pesach 5776-2016 and are ONLY for use with Romaine HEARTS. Full Romaine heads and/or Organic hearts require a careful inspection of each leaf PRIOR to their use EVEN after soaking in a soapy solution and rinsing.