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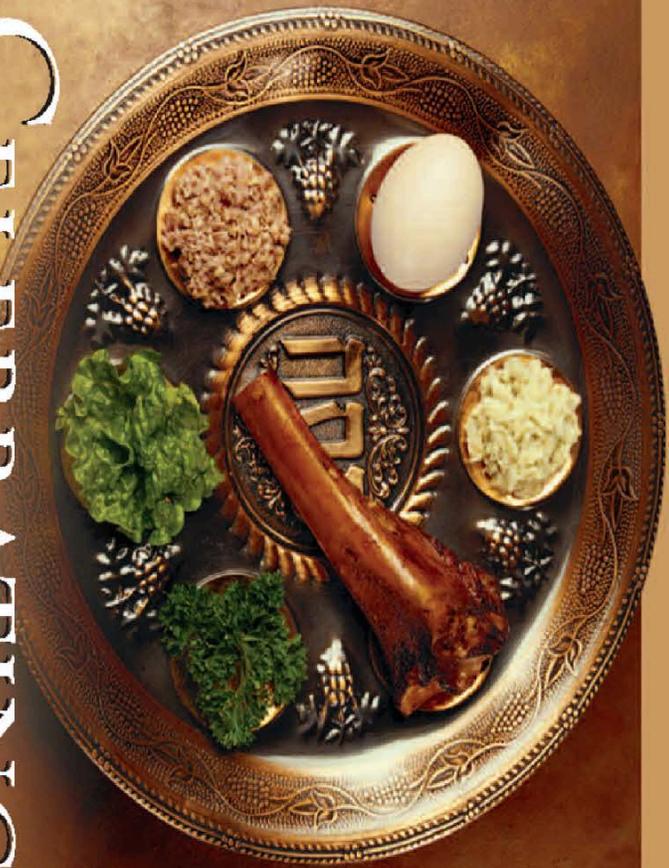
**Kosher
Information
Bureau**

KASHRUS CONSCIENCE

A service of the Kosher Information Bureau
by Rabbi E. Eidlitz

PASSOVER - PESACH
APRIL 2014 - NISSAN 5774





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Chometz grains and processed in facilities that compromise its Kosher-for-Passover status, quinoa should only be accepted with a reliable Kosher for Passover supervision.

The Star K supervises a run of quinoa which bears the Star-Kp, under the brand names of **Natural Earth** (16 oz. box) and **Seton Farms** (12 oz. container). The O/UP also certifies the quinoa brands of **Goobauims** and **Peregrin** for Passover use.

It is important to confirm that this Hechsher appears on the package.

Furthermore, it is advisable that before Passover, one check through the grains for extraneous matter (e.g. barley) by placing the quinoa on a plate and looking through the grains. Check www.star-k.org/quinoa for updates of wholesale and retail suppliers.

From the Kof K:

The Kof K provides its Kosher certification to all products manufactured by **Joyva** for year-round use EXCEPT for Passover. The Kof K does not certify or supervise anything manufactured by **Joyva** as Kosher for Passover because of their use of cornstarch and corn syrup in their products. The Kp on the Passover run is under the certification and supervision of Rabbi Sheinkop. We recommend Joyva products on Passover only for those who are allowed to eat Kitnyos.

A limited quantity of **Streit's Fried Rice Mix** mistakenly bear the KofK Passover symbol. This product is **NOT** certified for Passover and contains Chometz.

Whiskey Alert!

(concerning Chometz She'Ovar Alay HaPesach)

AKO: ASSOCIATION OF KASHRUS ORGANIZATIONS

The AKO recommends that Kasritrus Agencies and consumers change their policies and only consume those alcoholic beverages which [are free of standard Kosher concerns and] are known to

- be produced by a non-Jewish company or a Jewish-owned company which arranged for the sale of their Chometz
- not contain any Chometz, including not having Chometz secondary grains or malted barley (bourbon and cordials are examples of items that may have these forbidden items), and/or
- were not aged over Pesach (e.g. vodka).

The following are some brands which we believe to be subject to the above concern:

From the CRC:

Some *bourbon* companies are owned by Jews who do not sell their Chometz; those brands are **NOT recommended** and are listed below. See <http://bit.ly/1ImVcfor> details.

Alerts

1792 Ridgemont	James Foxe
99 Schnapps	Kentucky Gentleman
A Smith Bowman	Kentucky Tavern
Ancient Age	Lauder's
Antique Collection	McAfee's Benchmark
Barton	Mr. Boston
Blantons	Northern Light
Bowman	Old Charter
Burflao Trace	Old Rip Van Winkle
California Deluxe	Old Thompson
Canadian Host	Old Weller
Canadian Hunter	Pappy Van Winkle
Canadian LTD	Psychaud's
Canadian Supreme	Regan's Rich & Rare
Colonel Lee	Rock Hill Farms
Dr. McGillicuddy's	Royal Canadian
Eagle Rare	Sazerac Rye
Elmer T Lee	Ten High
Experimental Collection	Thomas H. Handy
Fireball	Tom Moore
Fleishmann's	Van Winkle
George T. Stagg	Very Old Barton
Hancock's Presidents	Virginia Gentleman
Reserve	W L Weller
Herbsaint	Note: Please check
Highland Mist	www.crcwbo.org for
House of Stuart	exceptions to the
Imperial	above list.

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Please call for all your catering needs. If Simchas - Barbas Mizbachs, Weddings, Bris, Milah. Under the strict Kosher Supervision of the RCC

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THE MARKET



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CHOMETZ ON PESACH

Chometz is any substance that contains leavening from one of five cereal grains (wheat, barley, oats, spelt, or rye) caused by its prolonged contact with water or other liquids. The prohibition of Chometz on Pesach includes "Chometz Gommur" (unadulterated Chometz) and "Taruvav Chometz" (a mixture containing real Chometz).

There are three areas with which we must be concerned when evaluating Chometz. First, there is "Isur Hana'ah": This means that one may not derive any pleasure or benefit whatsoever from Chometz (e.g. feeding Chometz to one's pets, etc.). Secondly, a Jew may not own Chometz. This prohibition extends to possession of

Chometz anywhere in the world (such as in a boat, office, mountain retreat, etc.). Thirdly, there is a prohibition against having Chometz in one's possession. One must be careful to remove all Chometz from their premises. Jews may not leave Chometz in their possession on Pesach, even if they do not intend to use it, and they don't own it. One should be careful not to send a package which contains Chometz too close to Pesach, as it may arrive during Pesach. Due to the severity of Chometz many do not sell their Chometz for Pesach but prefer to dispose of it instead. The following are **actual Chometz**: bread, cake, cereal made from wheat, oats or barley, cookies, farfel mix, some licorice, pasta, pretzels, rolled oats, wheat gluten, wheat protein. Some have the same custom concerning beer and whiskey.

STANDARDS OF KASHRUS

With over 1000 Kosher certifying agencies and individuals competing in the Kosher certifying business, it is expected that standards will vary. While most keep to a basic acceptable standard, some do not. We still see gelatin from non-Kosher animals being used, (often listed as "K-Gelatin"), corn syrup as an ingredient in Passover products (with a long reference used as to legitimize it), carmine (from bugs) as red coloring, as well as many other questionable ingredients. With the vast number of products being certified by reliable agencies and individuals, it would seem to be much less tempting to allow for these lenient opinions to lessen our observance of Pesach. Additionally, some establishments only offer "Kosher style".

products for Pesach, while the lenient word "style" is missed by many. Some food establishments offer a Passover taco bar, ham on Matzah special and Passover "challah", among other things. The only protection as far as the government is concerned is from Assembly Bill 295, section 1329.29, passed in March of 1993. It states: "No person shall do any of the following: Make any direct statement, either orally or in writing, display the words "Kosher", "Kosher style", "Kosher type", "Kosher for Passover", "Jewish", or "Hebrew" in any language or display any insignia, six pointed star, or other mark that might reasonably be calculated to deceive or lead a reasonable person to believe a product is "Kosher" or sanctioned by Orthodox Hebrew religious requirements, if it is not." Obviously one needs to be vigilant in carefully watching for proper certification.

KITNYOS

Due to the stringency of the prohibition of not eating Chometz on Pesach, Ashkenazic Jews, as well as many Sephardim, have developed a custom not to eat kitnyos (legumes) on Pesach other than for infants and under other special circumstances provided that the foods are prepared in separate utensils. Kitnyos includes beans, soy, rice, peas, and corn among others: (see below), Sephardim, whose minhag (custom) permits them to eat rice on Pesach, must be careful to determine that the rice is additive-free. Many Sephardim have the minhag to check the rice three times, as well as to check for other grains that may be mixed in. In any case, open bins in stores should not be used. This year, the Star K Kashrus organization is certifying **Carolina Mehadrin** Rice for use for Sephardim on Pesach. Ashkenazim refrain from eating peanuts as well. However, this restriction regarding peanuts may not include peanut oil (according to the opinion of Rav Moshe Feinstein ZT"L.) Legumes are permitted for some Sephardic Jews who, for various historical reasons, did not adopt this custom of refraining from kitnyos consumption on Pesach. A reliable source of acceptable products following this Sephardic custom is the Sephardi division of the J.S.O.R. at (732) 531-4872 or WWW.JSOR.ORG (be aware that a number of lists exist for Sephardim that are extremely misleading and erroneous).



- Magazine format - up dated regularly
- Feature articles
- Membership in K.I.B. receives
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 - # alerts
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Alerts

- Cake Mixes – Chocolate/Vanilla/Yellow**
- Coconut Crisp Cookies**
- Pistachio Orange Macaroons**
- Spiral Shaped Noodles**
- Shell Shaped Noodles**
- Yolk Free Medium Egg Noodles**
- Wide Egg Noodles**
- Passover Noodles**
- Fine Egg Noodles**
- Hazelnut Truffles**
- Viennese Crunch**
- Biscottis**
- Pie Shell**
- Veggie Potato Pancake Mix**
- Chicken Broth (natural & Gluten Free)**
- Paquesz:**
 - Cracker Flats**
 - Crispits (original, onion, garlic & everything)**
 - Soft Crunch Honey Granola Style Bar (Honey/Almond and Chocolate Drizle) (pareve)**
- Jeff Nathan (O/U/P):**
 - Panko Flakes**
- Kedem (O/U/P):**
 - Crispy O's Gluten Free Frosted Cereal**
- Absolutely Brand Crackers & Flatbread**
- Liebers (O/U/P):**
 - Gluten Free Confetti Cookies (Vanilla & lemon flavors)**
- Yehuda (O/U/P):**
 - Gluten Free Chocolate Covered Crackers**
 - Soup Crackers**
 - Cake Meal & Fine Meal**
 - Farfel**

ALERTS

Be careful to check packages of Kosher-for-Pesach items for the Pesach certification. Some non-Pesach Kosher products have similar packaging to those products that are Kosher for Pesach and can be easily confused.

Not all **Elite** products bear recommended Hashgachos. Check the label for proper Hashgacha.

Caution should be used when buying Matzos to be sure that they are not in the category of "**Matzah Ashira**". Some examples of this are Manischewitz White Grape Matzo, Grape Bit Crackers, Egg Matzo, Egg Matzo Crackers, Egg Matzo Snack Bits, Chocolate Covered Egg Matzo and Tam Tam crackers. These items are only permissible for the elderly, ill, or young children who are not able to properly digest regular Matzah.

Many Kithiyos products in the market are certified as Kosher, especially from France and other European countries. Some large American Kashrus agencies now certify such products as well. Those products that

are only fit for those whose Minhag allow them to eat Kithiyos are clearly marked as such. These Kithiyos products are often in the form of candy. Many, but not all of these products will say "**LeOchlay Kithiyos**". For instance, Aflua Sunflower Seeds just say "Kosher for Pesach". These are meant only for those Sephardim who have the Minhag to eat Kithiyos.

"**Pure Honey**" from China has been found to be adulterated with corn and rice syrup. One brand was found to not even contain honey.

Zoo Alert: Be careful when visiting a zoo during Pesach not to purchase animal food to feed the animals from the zoo, as most of them contain Chometz.

Moses brand Vodka has recently switched Hashgachas from the O/U/P to Passover certification by Chief Rabbi Simon Livson and Chug Chataim Sofer.

Often products that one may purchase at a local zoo to feed the animals contain Chometz and should NOT be purchased or fed to the animals on Pesach.

Coke did not produce kosher for Pesach soda in Southern California this year.

Kosher for Pesach coke available in some kosher markets in Southern California has been imported from Chicago and New York.

Art and Raach traps often use Chometz bait.

All spices need Hashgacha for Pesach (even pure spices).

Be alert for products on the shelf this year that bear a Hashgacha for Pesach that include Kithiyos. The O/U is one Kashrus organization that has given its Hashgacha to many of these Kithiyos products. The symbol is "O/U/P – Kithiyot". Ashkenazic Jews and Sephardim, whose minhag it is to NOT eat Kithiyos, should be aware of the growing number of Pesach products available that contain Kithiyos and are reserved only for those Sephardic Jews whose minhag it is to eat Kithiyos on Pesach.

Be aware that some Pet Foods can change their ingredients from year to year. Be sure to check the ingredient panel on your pet's food each new year before Pesach for Chometz. See "Pet Foods" article for a list of Chometz ingredients to look out for.

This year the Dog food brands that often contain Chometz are **Science Diet, Beneful, Pedigree, Purina and Alpo.**

From the Star-K:

Quinoa is Kosher L-Pesach and is not related to the five types of Chometz grains, millet or rice. However, because there is a possibility that quinoa grows in proximity of

Canned Goods

California Delight (Star-S P Kitniyot symbol required for use for Sephardim on Passover)
Baby Corn (Whole Spears), Cut Baby Corn, Whole Kernel Corn

Frozen Beans

Yerek Brand (Star-S P Kitniyot symbol required for use for Sephardim on Passover)
Green Beans, Cut Green Beans, French Cut Green Beans, Green Peas, Peas & Carrots, Cut Corn, Mixed Vegetables, Baby Lima Beans

Nuts & Seeds

Setton Farms (Star-S P Kitniyot symbol required for use for Sephardim on Passover)
Roasted Peanuts, Roasted Pumpkin Seeds, Roasted Sunflower Seeds

Rice

Carolina Mehadrin (Star-S P Kitniyot symbol required for use for Sephardim on Passover)
Long Grain White Rice, Long Grain Brown Rice

Goya Mehadrin (Star-S P Kitniyot symbol required for use for Sephardim on Passover)
Medium Grain White Rice

Himalayan Pride (No Star-S P symbol required, only regular Star-K)
Basmati Brown & White

Super Lucky Elephant (No Star-S P symbol required, only regular Star-K)
Jasmine Rice (available in Costco, Walmart, Sam's Club etc.)

Salads
Picante Salads (When bearing Star-S and Kosher L.Pesach INKJTTED in Hebrew on the label)
Babagroush, Caponata Italian Eggplant Cuisine, Chinese Eggplant, Grilled Eggplant, Hummus & Turkish Salad, Hummus-Abu-Gosh, Hummus Classic, Hummus Galliee, Hummus Jalapeno & Herbs, Hummus Jerusalem, Hummus Marrakech, Hummus Mosabacha Jalapeno & Herbs, Hummus Moroccan Salsa (Matbucha), Hummus Old Jerusalem Traditional, Hummus Pine Nuts, Hummus Premium, Hummus Roasted Pine Nuts, Hummus Roasted Red Pepper, Hummus Sun-dried Tomato, Hummus with Tehina, Hummus with Roasted Hot Pepper, Hummus Za'atar, Hummus Garlic & Lemon, Indian Eggplant, Matbucha Moroccan, Moroccan Long

Salads

Hot Pepper, Red Cabbage, Red Cabbage Salad, Romanian Eggplant, Sliced Spanish Eggplant, Spanish Eggplant, Tahini Baladi (original) with Soft Chick Peas, Tahini Dip & Spread, Tehina, Thai Salad Spicy, Turkish Salad, Vegetarian Liver

Meat
Maimonides Meats (No Star-S P required, only regular Star-K)
Boxed Beef, Boxed Lamb, Boxed Veal
M&D Glatt (No Star-S P required, only regular Star-K)
Boxed Lamb, Boxed Veal

Canned Goods
California Delight (Star-S P symbol required for use for Sephardim on Passover)
Hearts of Palm-Whole, Hearts of Palm Cuts & Pieces, Pears in Light Syrup

Tuna
California Delight (Star-S P required for use for Sephardim on Passover)
Chunk "Tongoi" Tuna in Water, Chunk Light Tuna in Water, Chunk White Albacore Tuna in Water, Chunk Yellowfin Tuna in Water, Solid White Albacore Tuna in Water, Skipjack Chunk Tuna in Water

For more information on the new Star-S P program call (410) 484-4110 (extension 217) or email at rahbholand@star-k.org
NEW PRODUCTS FOR PASSOVER 5774 FROM THE O/U - KITNIYOT
Ferrero (Italy) (O/U/P):
Nutella Spread
Kinder Chocolate
(FOR SEPHARDIM WHOSE MINHAG IT IS TO EAT KITNIYOS)
Manishewitz - Kithi (O/U/P):
Kithi Mini Rice Cakes
Kithi Canned Sweet Corn (Whole Kernels)
Chick Peas
Lentil Mix
Peanut Butter
Popcorn
Tahina

Goldbaum (O/U/P):
Crackers
Flatbread Crisps
Matzoh style Shehakol Matzoh
Manishewitz (O/U/P):
Gluten Free Matzo-Style Squares
Gluten Free Crackers

For this reason the Kosher consumer is confronted every year around Pesach time with a confusing array of Kosher certifications found on candy, jam, mustard and other products containing legumes. In reality, these products are edible on Pesach by only certain groups of Jews. Many, but not all, will state "Leochlei Kitniyos - only for those who eat Kitniyos". Some examples of this are sunflower seeds, canned vegetables, halva etc. Every Jew, however, is permitted to derive benefit from kitniyos (such as pet food, glue, baby formula etc.).

The following are considered Kitniyos or treated as Kitniyos according to many opinions:
Alfalfa Sprouts, Anise, Ascorbic Acid (May be Chometz), Aspartame (NutraSweet), Beans, Black Eyed Peas, Buckwheat, Calcium Ascorbate, Canola Oil, Caraway, Citric Acid (May be Chometz), Chickpeas, Confectioners' Sugar with corn starch, Coriander, Corn, Corn Syrup, Cumin, Dextrose, Fennel, Fenugreek, Flax Seeds, Hemp, Hydrolyzed Vegetable Oil, Kasia, Kimmel, Lecithin, Lentils, Licorice, Lucerne, Lupine, Maito Dextrins (Chometz or Kitnos-derived), Millet, MSG, Mustard, Peanuts, Polysorbates (May be Chometz), Popcorn, Poppy Seeds, Rice (Vitamins added may be Chometz), Sesame Seeds, Snow Peas, Sodium Citrate (May be Chometz), Sodium Erythrorbate (May be Chometz), Sorbitol (Could be Chometz if outside the U.S.), Soy Oil, Corn Oil, Soy, String Beans, Sunflower Seeds, Tofu (from soy), Vitamin C (may be Chometz), Wild Rice, Xanthan gum (May be Chometz).

NOTE: Flax seed, chia and Hemp seed are not kitniyos and can be used after checking for other grains.
GOING AWAY FOR PESACH
One must sell their Chometz regardless of where they are for Pesach. This is the case even if one left home 30 days before Pesach and no one will be in the house during Pesach. It is necessary to inform the Rabbi selling your Chometz as to the location of the Chometz and to your location during Pesach so that he can know the proper time zones of selling and buying back the Chometz for you.

If a person leaves home before Pesach, within 30 days of Pesach, the night before his departure should do a regular Bedikas Chometz without a Bracha and recite "Kol Chamirah" for the Chometz found in the house. Note: Kol Chamirah should always be said in a language that one understands, as this is not a Terfilla, but a declaration. The alternative to an early Bedika is to appoint a Shallich (messenger) to do a regular Bedikas Chometz with a Bracha on the proper night of Bedikas Chometz.

A guest in a hotel, who is in the hotel on the night of Bedikas Chometz should conduct themselves as they would at home, performing a full Bedika with a Bracha. It is the minhag to carefully put out pieces of Chometz before beginning the Bedika. It is preferable to empty a stoked hotel fridge of beer, cookies etc. before Pesach begins. If this is not possible, minimally, the fridge should be taped or locked shut.

A guest for Pesach at a relative's house should hear the Bracha from the owner of the house and then make their own Bedika in their room.
BITUL (ANNULMENT) OF CHOMETZ
During the year, any non - Kosher ingredients which are inadvertently mixed with Kosher ingredients may be Halachically (according to Jewish law) fit to eat. The reason for this leniency is that they are declared "Batei Beeshlim" (annulled in sixty i.e. the Kosher food is at least sixty times greater than the non-Kosher, thus making the non-Kosher food annulled). This rule is true regarding Chometz on Pesach only if the mixture was made before Pesach. During Pesach, the laws of "bitul" are not applicable. In other words, during the week of Pesach, if even a tiny amount of Chometz falls into a large amount of "Kosher for Pesach" food, it renders the food, as well as the pot, unfit for use on Pesach. As in all such Halachic questions, a competent Rav should be consulted.

Note: Lactaid drops may contain Chometz. Therefore, they should be added to milk before Pesach to have the Chometz annulled in sixty times the amount of milk, appeasance etc.
CONSUMPTION OF CHOMETZ
Since the prohibition of eating Chometz on Pesach applies not only to Chometz itself, but to any derivatives of Chometz or to any product that may contain Chometz, one should make certain that all food products that are bought for Pesach should have a certification by a reliable Kashrus organization or Orthodox Rabbi.

HANA'AH (BENEFIT) FROM CHOMETZ
During Pesach, we may not derive any sort of benefit from Chometz. Therefore, Chometz may not be sold or used, even in business transactions or as pet food. Even some cosmetics must be Chometz-free. Generally, there is no problem with the following products if they are not organic in nature, and do not contain any grain by - products: Acne Aid, Mineral Oil, Baby Cream, Baby Oil, Eye Liner, Mascara, Rouge (Powder), Nail Polish, Talcum Powder, Stick Powder, Deodorant, and Vaseline.

MECHIRAS (SELLING OF) CHOMETZ
"Mechiras Chometz" is the sale of Jewish owned Chometz to a non-Jew before Pesach. One must sell Chometz which is in their regular home, vacation home, office etc. This transfer of Chometz to a non-Jew is a legal and binding sale, complete with contract. This sale is transacted through a Rabbi, who acts as a legal agent to

MITZVOS AT THE SEDER

MITZVAH	WHEN	HOW MUCH	ALLOTTED TIME (PREFERRED)
Four Cups of Wine	At appropriate times	3.3 fluid oz.	Continuously with only one interruption. Throughout the Seder at least most of the cup (each time)
Matza	Motzi Matza	1/2 Machine Matza 6 1/4" by 7" or 1/3 Hand Matza	Four minutes*
Arkomon	(2 Kzevalm) Korech (Kzayis)	1/2 Machine Matza 6 1/4" by 7" or 1/3 Hand Matza	Four minutes*
Marror (Horse-Radish)	at "al achilles Marro"	1 fluid oz.	Four minutes*
Marror (Lettuce)	at "al achilles Marro"	enough leaves to cover an area of 8" by 10"	Four minutes*
Marror (Stalks)	at "al achilles Marro"	enough leaves to cover an area of 3" by 5"	Four minutes*

* It is preferable to eat this as quickly as possible. The preferred allotted time among the poskim ranges between four & nine minutes. As with any area of Jewish Law, consult your Rabbi if you have any questions regarding this chart.

TIMES TO REMEMBER FOR PESACH 2014 - 5774 (IN THE L.A. AREA)

Bedikas Chometz 4/13 - (In the Evening)
Fast of Firstborn 4/14 - (firstborn attend a siyum to avoid fasting)
Last Time to Eat Chometz 4/14 - 10:17 a.m. (M.A.) 9:43 a.m. (GRA)
Buir Chometz 4/14 - 11:35 a.m. (M.A.) 11:48 (GRA)
Candle Lighting (1st night) 4/14 - 7:05 p.m.
Midnight (Chatzos) 4/14 - 12:53 a.m.
Candle Lighting (2nd night) 4/15 - After 8:09 p.m. (45 min.)
Candle Lighting (2nd night) 4/15 - 8:36 p.m. (72 min.)
Motzei Yom Tov 4/16 - 8:10 p.m. (45 min.)
Motzei Yom Tov 4/16 - 8:37 p.m. (72 min.)
Shabbos Candle lighting 4/18 - 7:08 pm
Motzei Shabbos 4/19 - 8:12 p.m. (45 min.)
Motzei Shabbos 4/19 - 8:39 p.m. (72 min.)
Candle Lighting Y.T. 4/20 - 7:10 p.m.
Candle Lighting Last Day Y.T. 4/21 - After 8:14 p.m. (45 min.)
Candle Lighting Last Day Y.T. 4/21 - 8:41 p.m. (72 min.)

Arequipa, Ayacucho, Junin and Chiclayo in Peru: and Alto la Paz and Chavapata in Bolivia: as well as the collection, washing and milling stations of quinoa, O/U Kosher is pleased to announce that, for the first time, it is recommending quinoa for Passover, when processed with special O/U Passover supervision and bearing the O/U-P symbol. In addition to quinoa, O/U Kosher has concluded that related carintha, kwicha and maca seeds processed under supervised conditions may also be approved for Passover (O/U-P)."

All unflavored decaffeinated Lipton Tea Bags are acceptable without special supervision (O/U).

Norman's brand Yogurt (O/U/P - Cholov Yisroel) will carry an extensive line of Kosher for Passover Yogurts this year (peach, strawberry, vanilla, pomegranate, black cherry, coffee light, strawberry & vanilla light) **StarKist** brand canned Tuna (O/U/P) will launch a limited run of O/U/P canned tuna that was prepared with Bishul Yisroel.

From Eretz Yisroel:
There is a new restaurant in Ben Gurion airport called "Aroma Espresso Bar" under the Hashgacha of Chug Chasam Sofer. This restaurant is fine to eat in immediately after Pesach.

NEW PRODUCTS (5774/2014)

Barkant (O/U/P):
Goat Cheese
Sheep Cheese
Barton (O/U/P):
Chocolate Covered Regular Matzoh Crackers (NOT Matzah Ashira)
Bauer (O/U/P):
Sweet Potato Chips
Blanchard & Blanchard (O/U/P):
Creamy Ranch Dressing
Non-Peril Capers
Sun-Dried Tomatoes
Elegant & Dodilly:
Chocolaters Frozen Desserts (Sushi Ice Cream rolls in chocolate coffee, chocolate vanilla and Neapolitan)
Chocolaters Cake Pops
French Macaroons (in sandwich and ice cream sandwich form)
Gourmet Artisan Chocolates
Muffins (apple cinnamon, blueberry, carrot, chocolate chip, double chocolate chip and plain)
Pancakes & French Toast
Guiltless Gourmet (O/U/P):
Root Chips

Coconut Water
Kedem (O/U/P):
Fresh Pressed Grape Juice (without Sulfites)
Harrison's Sweet Shop Natural Sodas (including cream cola, orange & lemon lime)
Jelinek Pear Brandy
Pomegranate & Sparkling Pomegranate Juice

Kleins (O/U/P):
Rainbow Bullets Non-Dairy Ice Cream
Cold Bar Strawberry Swirl Ice Cream
(dairy)

Kosherite (O/U/P):
Passover Veggie Crust Cheesepies (Cholov Yisroel and non-Gebroks)
Manischewitz (O/U/P):

Rye Tam Tams Snack Crackers
Almond Pecan Granola
Matzo Granola Cereal
Mediterranean Matzah (regular matzah sprayed with oil & spices after baking - NOT Matzah Ashira)
Osem (O/U/P):
Home-style Matzo Ball Mix

Season (O/U/P):
Moroccan Sardines in various sauces (Mashbiach Temidi & Bishul Yisroel)
Shefa (O/U/P):
Sweet Goodies Chocolate Candy (Cholov Yisroel Milk Chocolate, Bittersweet, White, Milk/White)

Shoprite (O/U/P):
Tuna in water
Snmunchies (O/U/P):
Cotton Candy
Sukkah Hill Spirits (Star K)
Etrug flavored Liqueur
Yehuda (O/U/P):
Crumb Cake
Matzos Chocolatey Coated Matzos w/ Coconut (NOT Matzah Ashira)
Matzos Chocolatey Coated Matzos w/ Sprinkles (NOT Matzah Ashira)
Yotvata (O/U/P):
Mozzarella Cheese
Pecorino Cheese
Provolute Cheese

FOR SEPHARDIM - KITNIYOS STAR-S-P PRODUCTS

The following are Passover products for 5774 from a new division of the Star K that caters to the specific needs of Sephardim. Items bearing the Star-S-P may include Kitniyos. These foods will also follow the Beis Yosef standards regarding Bishul Yisroel etc. The symbol for this new Sephardic division is "Star-S-P" and is under the direction of Rav Emanuel Goldfeiz



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We Wish All Our Readers A Happy, Healthy & Kosher Passover



flavorings, sweeteners, vinegar
Milk - must be bought before Pesach and processed by a dairy that does not make chocolate milk (see section on milk)
Mustard - Kitniyos. Some may even contain actual Chometz. (not to be confused with Kosher for Passover imitation mustard)
Nuts - BHA, BHT, sprayed with Kitniyos (corn oil)
Oil - Kitniyos
Paper Plates (inexpensive) - coated with starch
Peanuts - considered Kitniyos by most traditions
Pecan Pieces or Midget - Chometz processing
Peeled Vegetables - i.e. carrots, potatoes (may be washed and preserved with citric acid or dextrose anti-oxidant)
Pet Food - wheat, milk, cheese or whey mixed with meat (which is not acceptable year-round), (see listing)
Pickles - vinegar (Chometz), flavorings
Play Dough - edible flour (must be discarded before Pesach)
Powdered Cocoa (Sweetened) - powdered milk, corn sweetener
Products from Rabbanut of Israel - may contain Kitniyos
Quinoa – requires verification that it is not mixed with Chometz. (Star-Kp available)
Rice - Ashkenazim do not use rice on Pesach because it is considered Kitniyos. Sepharadim (who eat rice on Pesach) must use additive - free rice. (See article)
Roach Poison - Combat brand (edible Chometz bait)
Rubber Gloves (Powdered) - Chometz powder
Salads (Prepared in Bags) - may contain citric acid
Salt - table salt often contains dextrose and polysorbate, especially when iodized
Snacks - Bomba Snacks from Osem (Israel) is made with corn and peanuts. This product is considered to be Kitniyos even though some of the packages mistakenly bear an O/U.P.
Soda - flavorings, dextrose, corn sugar
Soup cubes – Tetina and others regularly contain Chometz Yeast.
Soy Oil, Corn Oil - corn syrup, soy lecithin all are Kitniyos
Spices (Processed or Flavored) - dextrose, flavoring, machinery
Splenda - contains Kitniyos
Sugar - many sugars are produced from corn and are Kitniyos
Sunflower Seeds - Kitniyos
Tea (Instant) - may contain Kitniyos sweetener
Tea Bags - All decaffeinated tea bags without Pesach certification are considered not proper for use on Pesach.
Tea (Herbal) - Chometz or non-Kosher flavoring
Tofu - Often processed using grain Alcohol (Chometz).

Updates

Tomato Products - vinegar (Chometz), nutrients, salt, sugar, Chometz machinery
Tonic Water - corn syrup
Tuna - hydrolyzed protein, oil
Vanilla Extract - corn syrup, alcohol
Vegetable wash – Kitniyos/Chometz
Vegetables (Frozen) - can be processed on Chometz machinery
Vegetables from Israel (often Peppers) - Terumah, Measser, Shemita
Vitamins - yeast, starch, corn dextrose, wheat (note: Freeda vitamins are Chometz-free)
Wine - corn sugar, Chometz alcohol. **Note:** not all Kosher wines are Kosher for Pesach, also many are not Mevushal (cooked) (Check the label)
Yogurt - milk powder, enzymes, flavoring, sugar
UPDATES (5774/2014)
From the Star K:
 The following are the brands of quinoa that the Star K will be supervising for Pesach this year:
Seton Farms 12 oz. container. Star-K-P is required on the label.
Natural Earth Products 16 oz. box. Star-K-P is required on the label.
The Star-K Hadar Machine Chabura Matzohs. These are the only Star-K machine Matzohs available this year. Star-K pre-packaged bags of salad require the Star-Kp symbol for Passover use
From the Kof-K:
 All **Streit's** products produced in the United States are under the dual Hechsher of Rabbi Moshe Solovitchik and the Kof K.
From the Heart K (California)
It's Delish soda, in various flavors, is certified by the Heart K in California this year.
From the COR:
 PegVit and PregVit, folic5 vitamins are COR certified and are acceptable for Pesach. K-cups for **Keurig** machines are recommended when bearing the O/U in the following regular (not decaf): Green Mountain Co. – Fair Trade Holiday, Fair Trade Organic, French Roast, House Blend, Lake & Lodge, Sumatran, Dark Magic, Coffee Donut House, Extra Bold, Starbucks, Tully's Italian, Barista Prima Italian.
From The O/U:
 The O/U is now certifying quinoa for Passover use. Quinoa products certified by the O/U for Passover will bear the O/U-P symbol. The O/U writes as follows:
 "Following extensive research and on-site investigation of cross-contamination issues by O/U Kosher personnel at all quinoa growing areas including: Puno, Cuzco,

Selling Of Chometz, Chometz She'avar Alav Hapesach, Kashering Utensils

sell the Jew's Chometz to a non-Jew. The Rabbi enters into an agreement with the non-Jew for the sale of this Chometz. The Chometz that has been sold must be placed in an area which is completely sealed off, and must remain there throughout the holiday of Pesach. One must be careful to inform the Rabbi if they intend to be in a different time zone for Pesach. They do not want to have their Chometz bought back if it is still Pesach where they are (i.e. overseas, etc.) If one leaves home within 30 days of Pesach and will not return before Pesach, they should either check for Chometz the night before they leave or appoint someone to check for them on the regular night of B'dikas Chometz. If the checking is done before the bedikah night one does not say a Bracha. A person can sell all the Chometz in their home before leaving and check only one room for Chometz. Regardless, a person needs to say the Bittul (annulment) of Chometz at its regular time of Erev Pesach.
CHOMETZ SHE'AVAR ALAV HAPESACH (BUYING CHOMETZ AFTER PESACH)
 Due to the severity of the "Issur" (prohibition) of Chometz, Chazal reinforced the sale of Chometz with a fine. This fine was levied on any Jews who kept Chometz in their possession or ownership during Pesach. This is called "Chometz She'avar Alav HaPesach." Jewish law requires that if a Jew owns Chometz on Pesach, no Jew is allowed to eat that food, even after Pesach. Therefore, we are also prohibited from buying in stores which are Jewish owned, if they have not sold their Chometz. It is important to note that although we may not buy Chometz from such Jewishly owned stores that did not sell their Chometz, we **may** purchase non-Chometz food products from these stores. Actual Chometz products that are prohibited in these stores would be pasta, cereal from grain, bread, beer, cookies/crackers, malt, maltose, pretzels, soy sauce, wheat germ, wheat protein, whiskey, dog/cat food containing grain etc.
 Some common products that one may assume are Chometz, but are actually not, and therefore may be purchased in a store that did not sell their Chometz are the following...
 dry cake mixes, glue containing Chometz, ketchup, mayonnaise, mustard, pickles, medicine containing Chometz, maltodextrin, maltose, malt flavoring, food coloring, flour, extracts, vanilla and vitamins containing Chometz.
 Rav Moshe Feinstein Z"TL, in his sefer **Yaaros Moshe**, states that if a Jew sold his Chometz

for Pesach, and then kept his store open during Pesach and continued to sell items of Chometz, one is nevertheless allowed to buy from that store after Pesach.
A Jew may buy from the following stores, immediately after Pesach:
All Reliably Kosher certified stores, 7-Eleven, 99 cent store, Albertsons, Big Lots, Bristol Farms, Coffee Bean, Costco, CVS, Dollar Tree, Gelson's, Jon's, K-Mart, Nuts & More, Petco, PetSmart, Ralphs/Kroger, Rite Aid, Sadaf, Safeway, Sam's Club, Smith's, Target, Trader Joe's, Vons / Pavilions, Walgreens, Walmart, Wine & Liquor Depot, and Whole Foods are fine to shop in for Chometz after Pesach. Reliably certified Kosher stores all sell their Chometz before Pesach.
 Note: Rabbi Elmalach, the Rabbi in charge of Kashrus at Ben Gurion airport, reports that the stores at area D7 in the airport are clear of Chometz She'avar Olav Hapesach. A new restaurant has opened in the Ben Gurion airport called "Aroma Espresso Bar," under Chug Chosom Sofer Hashgacha and it is fine to eat there after Pesach. The other stores in other areas of the airport, had their Chometz sold but were open on Pesach and continued to sell Chometz during Pesach. Some poskim allow purchases from such establishments after Pesach, while some do not.
 (See AKO whiskey alert in the "alerts" section)
KASHERING (MAKING UTENSILS KOSHER)
 Utensils that are used during the year for Chometz may not be used to prepare food for Pesach unless they are properly Kashered. Cloth **tablecloths** (not plastic) and towels used year round should be washed thoroughly and may then be used for Pesach.
 Surfaces upon which only cold Chometz has been placed during the year, such as **refrigerators** and pantry shelves, should be thoroughly washed and rinsed to prepare them for Pesach use. Those surfaces which are used for hot Chometz during the year, must be Kashered by pouring hot water on them (if they are of a material that can be Kashared) surfaces that can not be Kashered (such as formica and ceramic tiles etc.) should first be cleaned thoroughly and then covered with non-absorbant material (i.E. contact paper, cardboard or layers of foil).
 The different levels of Kashering are: **Libbun Gommur** – torching or making the metal glow.
Libun Kal – heating the metal until it can burn paper on the other side. **Hagolo** – dipping in boiling water. **Eruy Roschim** – pouring boiling water. The general rule is that we undo as we did. If something uses straight dry heat (i.e. bbq) we need to torch it or use self clean in an oven which is the same. Soup pots are used with liquid so

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Rav) Tzelemmer Rav, Rabbi Hillel Weinberger,

Rabbi Weissmandel, Rabbi Zelbach, Rabbi

Zushe Blech

Xylitol – Health Garden (O/U/P)

Yogurt - Breyers (O/U/Pd), Crowley Nonfat &

Lowfat Plain Yogurt (O/U/Pd), Dannon (only when

bearing O/U/Pd – coffee, lemon, & vanilla flavors),

J&J Yogurt (O/U/Pd), Menadim Authentic Greek

Nonfat Yogurt Peach (O/U/Pd), My Essentials

Nonfat Plain Yogurt (O/U/Pd), Normans (O/

UP) (black cherry, strawberry, peach, vanilla,

pomegranate, coffee light, strawberry light, vanilla

light), Slim (O/U/P)

ITEMS TO BE CAUTIOUS OF FOR PASSOVER

(5774-2014)

Airline Meals - Chometz meals are sometimes

served by mistake.

Ant and Roach Traps - Often use Chometz bait.**Apple Juice** - Nutrients (sometimes processed on

vinegar equipment), enzymes, clarifying agents,

Appearance - Corn syrup, sugar, dextrose,

flavoring

Baby Cereals & Baby Food - May contain

wheat, sugar, and can be made on Chometz

equipment

Baby Powder - May contain Chometz**Bird Food** - Many contain grain**Brown Sugar** - Culture, yeast, corn starch, may

contain wheat starch, machinery

Butter - Salt, coloring, preservatives, nutrients,

culture, lactic acid from corn

Candied Fruit - dextrose, may contain powdered

sugar, flour

Canned & Frozen Fruit, Vegetables with Syrup

- may be iodized with flour, dextrose (dietetic may

contain grape juice), corn syrup

Cat Food - wheat, cheese or whey together with

meat/chicken, oats and barley, Xanthan Gum,

Brewer's Yeast (see listing under "Pet Foods")

Cheese & Cottage Cheese - stabilizers, corn

sugar, coagulating agent, microbial rennet from

real Chometz, dextrose, cultures

Chewing Gum - corn syrup, flavoring**Cigars (Flavored)** - Chometz alcohol**Chocolate & Chocolate Milk** - malt (real

Chometz), glucose

Chocolate Spread - from Israel may containKltniyos. **Note:** even though some chocolate

spreads with Kltniyos may state on the label

K.F.P., it is acceptable only for Sephardim who eat

Kltniyos

Cider Vinegar - may contain yeast that is real

Chometz

Condensed Milk - sugar, preservatives and oil to

reconstitute

Confectionery Sugar - corn starch (for instance,

three percent in C&H) may contain wheat starch

Creamer (Non-dairy) - whey, emulsifiers which

are dairy and Kltniyos, some contain corn syrup

Dairy Foods - enzymes, stabilizers, flavors &

vitamins

Dextrose - corn derivative**Dishwashing Detergent** - cetyl alcohol (not

kosher), grain alcohol

Dog Food - barley, oats, wheat, Brewer's Yeast,

Xanthan Gum, cheese or whey and meat together

(see listing under "Pet Foods")

Dried Fruits and Raisins - dried in Chometz

ovens, may contain Kltniyos oil, flour

Emulsifiers - can contain glucose**Fish Food** - wheat (see listing)**Fish Frozen** – wild salmon may have been frozen

in corn syrup brine

Flour - has been bleached and washed, therefore

Chometz

Frozen Fruit Drink - usually contain corn syrup,

flavoring

Gelatin (Beef) - from all over the world, including

Israel, not acceptable unless it has reliable

certification, as it usually is processed from non-

kosher slaughtered animals

Glucose - corn or wheat derivative**Honey** - corn syrup, coloring (even if not listed),

Extra caution needed if it is from Turkey or China

Horse radish - vinegar, sweeteners, hydrolyzed

vegetable protein, wheat gluten

Hydrolyzed Vegetable Protein (HVP) - often is

Chometz

Ice Cream - sugar, flavorings, stabilizers**Ingredients** - Ascorbic Acid, Caramel, Citric

Acid (often derived from glucose), Glucose

(can be derived from wheat fermentation), HVP

(hydrolyzed vegetable protein), Vitamin C

Israeli Products - Teruma, Maaser, Shemita:

must have reliable certification

Ketchup - stabilizers, oil, dextrose, vinegar (real

Chometz), flavorings

Kltniyos - includes: beans, rice, citric acid, corn,

dextrose, some types of flavoring, hydrolyzed

vegetable protein, soy, peanuts, sesame seeds,

sorbitol, starch

Lactaid - tablets may contain Chometz**Lecithin** - Kltniyos**Liquor** - may have grain alcohol base, wine, or

grain alcohol, or wine alcohol

MSG - wheat

- 24** Rokeach (O/UP)
- Soda** - Coke (with O/U P only), Dr. Brown (with Kp only, under supervision of Rabbi Bukspan), Glick's (KAJ), Hansen's (O/UP), Harrison's (O/UP), It's Delish (Heart K), Mayim Chayim, Pepsi (Kof Kp only), R.C. Cola (O/UP), Schweppes Seltzer (Kof-Kp)
- Soap** – Gelen (O/UP)
- Soups & Soup Mixes** – Carmel (O/UP), Croyden House (O/UP), Gold's (O/UP), Haddar (KAJ), Horowitz Margareten (O/UP), Manischewitz Soup in a Cup – Canned & Broth (O/UP), Osem (O/UP), Rokeach (O/UP), Tabatnick's (Kof Kp), Telma (O/UP), V.I.P (O/UP), Tradition (Kof-K)
- Soup Nuts** – Festive (O/UP), Goodman's (O/UP), Haddar (KAJ), Season's (O/UP), Horowitz Margareten (O/UP), Manischewitz (O/UP)
- Spices** – Festive (O/UP), Gelen (O/UP), Gilroy Farms (O/UP), Haddar (KAJ), It's Delish (Heart K), Lieber's (Weissmandl), Rokeach (O/UP), Spice Time (O/UP), West India Spices (O/Kp only)
- Sprays** – Manischewitz Buttery Safflower Cooking Spray, Olive Oil Spray & Olive Oil Garlic Cooking Spray (O/UP), Mishpacha Olive Oil Spray (O/UP), Mother's Olive Oil Coating Spray (O/UP)
- Spreads** - Moshe & Ali's Tomato, Basil, Mediterranean (O/UP)
- Stool Softener** - Active (O/UP)
- Sugar (Brown)** - Domino (with O/Kp), Domino Demerara (O/Kp), Hadar (KAJ), Speckles (O/UP)
- Sugar (White)** - Domino (O/Kp), Domino Demerate Sugar (O/Kp), Gelen (O/Kp), Haddar (GrC & KAJ), Lieber's (Weissmandl), Lucky Brand (O/UP), Speckles (O/UP)
- Sugar Substitutes** – DS Sucralose –Splenda type (Star Kp), Gelen (O/UP), Health Garden Xylitol (O/UP), Kojel (O/UP), Master (O/UP), Sucrazit (Badatz Aida Charaidis), Sweet 'N Low (O/UP), V.I.P., Vhali Isomaltulose #1 Sweetener – 16 oz. (O/K)
- Syrup** - Adirondack Maple Syrup (Kof-Kp), Bosco (O/UP), Fox's U-Bel (Rabbi Schapiro), Haddar (KAJ), Kedem (O/UP), Manischewitz - Chocolate and Panake (O/UP), Osem (O/UP), Savion (O/UP), Season (O/UP), Silan Date Syrup (Rabbi Didi)
- Tea Bags** – Gelen (O/UP), Festive (O/UP), Haddar (KAJ), Lipton Decaffeinated Unflavored Tea Bags (O/U wor without Pesach designation), Lipton (O/UP), Sweet-Touch Tea (including 97 1/2% caffeine free) (O/UP), Weissitzky
- Tea (Herbal)** – Bigelow (Green Tea, Cinnamon Stick Tea, English Breakfast Tea, Peppermint Ela etc.), Good Earth (O/UP), G'Day Herbal Teas (Star-K), Senna and Mint Tea, Taanug Chamornille, Weissitzky (O/UP)
- Tea (Instant)** - Nestea Unflavored (regular and decaf)
- Toothpaste** - Adve (Kof K), Crest (from England with Mkp)
- Vanilla Sugar** - Haddar (KAJ)
- Vegetables (Canned & Jarred)** – Bloomy's Pickled Beets (O/UP), California Delight (Star Kp), Festive (O/UP), Gelen (O/UP), Glick's Yams in Syrup and Mushrooms (KAJ), Hadar (KAJ), Lieber's (Weissmandl), Manischewitz (O/UP), Mishpacha (O/UP), Rokeach (O/UP), Season (O/UP)
- Vegetables (Frozen)** – B-Tam (Star Kp), Bodek (O/UP), Eden (Star K p), Garden Pure (O/UP), Meitav (O/UP)
- Vegetables (Fresh)** - Bodek
- Vegetables (Sundried Tomatoes)** L esprit De Campagne Carb Chicken & Turkey Sausages
- Vinegar** - Bartenura (O/UP), Carmel (O/UP), Glick's (KAJ), Hadar (KAJ), Heinz (O/UP), Kedem (O/UP), Manischewitz (Balsamic and White O/UP), Mazzetti Balsamic Vinegar (Rabbi Gerelick), Osem (O/UP), Season (O/UP)
- Vinegar - Balsamic** – Bartenura (O/UP – Rabbi Gerelick), Kedem (O/U Zehlemer Ray)
- Vitamins and Supplements** – Florareal Kosher Cholesto-Manage and Gentle Laxatives (Badatz), Landu Vitamin C Liquid (Rabbi Teitelbaum the Volver Ray), Natures Cure Natures Cal Plus – Calcium (Star D), or look on the koshervitamins website - www.koshervitamins.com
- Walnut Oil** – Gelen (O/UP), Haddar (KAJ), Kedem (O/UP), Nut-Ola (O/UP), Shufra
- Water** - Evlan (O/UP), Volvic (O/UP), S. Pellegrino Spring Water (O/UP), Valley Spring Water (O/UP)
- Whip Topping** - Kineret (Kof-Kp only)
- Wines & Liquors** – Abarbanel, Amiad (O/Kp), Baron Herzog California Wine Bartenura (O/UP – Mevushal), Carmel (all are O/UP and Mevushal), Arak, Citron Liquor, Clovis Lesieur (O/UP), Cuvee Leon (O/UP), Embassy Wine (Star Kp), Gamla (O/UP – not all are Mevushal), Gan Eden (O/UP), Hagafen (O/UP – Mevushal), Herzog French (O/UP), J Furst (O/UP), Kedem Vermont Savion (O/UP), Kedem (note: 1 ½ Liter are NOT Mevushal), Kesser Rasht (O/Kp), Korbel (O/UP only), Manischewitz (O/UP), Recanti Wines (O/UP), Star White (O/UP), Tam Pri Weinstock California Wines (O/UP), Teal Lake (O/Kp -Chug Chasam Soter)
- Wine (Cooking)** - Kedem (O/U Zehlemer Ray), Kedem Balsamic & White Vinegar (O/UP), Heinz (O/UP), Savion (O/UP)
- Wines With Pesach Certification from the Following Rabbits & Kasrtnus Agencies Are Recommended:
- Rav Babad (Taritkover Ray), Bedatz (Yerushalayim), Rav Beilnow, Rav Chazan, Chug Chasam Soter (Petach Tikvah), Rabbi Frankfurter, Rav Gofelick, Rabbi Hoffman (Hungary), Lubavitch Beis Din, New Square, Rabbi Oyerbach, Rav Teitelbaum (Nirbatur**

they are kashered with liquid in boiling water etc. To Kasher an **electric range**, first scour it thoroughly. Then, turn it on to the highest temperature setting for 15 minutes, or until it gets red hot. Enamel glazed stove tops should be covered during Pesach. **Gas grates** should be put in the oven for Kashering or torched. **Glass-top stoves** can be Kashered in the area of the burners. They should be turned to high for 15 minutes. The areas in between cannot be Kashered. Some find it practical to change the entire glass top for Pesach.

A **non self-cleaning oven** should be cleaned with a special solution, such as "Easy Off" and not used for 24 hours. After this time, it should be turned on to the maximum setting for one hour. This will Kasher the oven, but not the broiler. The broiler pan cannot be Kashered, therefore, it is usually not used for Pesach. If the broiler pan is replaced, the broiler can be Kashered in a similar fashion as the oven. If one desires to Kasher it, "lbbun" (glowing hot) is required (i.e. by using a torch). A **self cleaning oven** needs only to go thru one self clean cycle. Many **microwave ovens** (those whose wails do not exceed 120 degrees during cooking) without browning elements or convection can be Kashered by first cleaning them and not using them for 24 hours, and then putting a new glass tray, or cardboard on the bottom. Afterwards, a cup or bowl of water should be boiled inside. A **barbecue** must be Kashered with "Lbbun Ganru" which includes torching any surface that food comes in contact with in addition to cleaning and burning out the rest of the barbecue. In addition, the coals or lava rock should be replaced. Often, it is more practical to purchase a new one for Pesach.

A **stainless steel sink** is Kashered after it has first been cleaned, and then kept free from hot water usage for 24 hours. Then boiling water must be poured over its entire surface. Porcelain sinks, however, may not be Kashered. They should be fully lined with a tin insert, contact paper, aluminum foil, or a Pesach basin insert.

Dishwashers may be Kashered only if they have a stainless steel interior. All racks must be changed. After waiting 24 hours, run a complete cycle with soap. All rubber or plastic parts must be replaced as well.

Metal utensils that are used with liquid (soup pots, etc.) may be Kashered by first cleaning them, not using them for 24 hours, and finally, completely immersing them in a Kashered pot full of boiling water for 15 seconds, followed by rinsing them in cold water immediately upon removal. They should be Kashered one at a time. An alternate method, particularly useful for larger pots, is to set aside the pot for 24 hours, after which time it should be filled with water and then be brought to a boil. A glowing hot item, such as a rock, should then be placed inside, allowing the hot water to spill over the sides.

Braces, bite plates and retainers should be brushed thoroughly before Pesach.

Counter tops Formica counter tops may not be Kashered for Pesach, and therefore, they should be covered.

Granite, Marble or Stainless Steel counter tops may be Kashered by pouring boiling hot water (not steam) on them (Eiruv).

Caesartone countertops may not be Kashered for Pesach according to many opinions, as they are composed of only 93 percent stone. In addition, Silestone and Corian also may not be Kashered. Note: **Steam cleaners** often may not be used for Kashering purposes, as Kashering must be done with boiling water.

Water filter – change the filter.

Kitchen Items That may not Be Kashered:

Arcolac, Bread Machines, China, Collanders (plastic), Corelle, Corning Ware, Crockpots, Graters (any), Knives with Plastic Handles, Melmac, Mixers, Pasta Maker, Plastic, Porcelain, Porcelain Enameled Pots, Pyrex, Sandwich Maker, Silverstone, Stoneware, Synthetic Rubber, Teflon, Toaster/Toaster Oven, Waffle Iron. These items should be washed thoroughly and be put away in a completely sealed off area until after Pesach.

EREV PESACH

Bedikas Chometz: The search begins Sunday night, April 13th. Many have the Minhag to place ten pieces of bread out before the search is started.

Fast of the First Born: This year this fast falls on Monday, April 14th.

Siyum: Males who are first born and do not wish to fast on Monday should attend a Siyum in the morning and eat at the meal following it. This meal is called a Seudas Mitzvah.

Bur Chometz: The burning of the Chometz left in one's possession, including the Chometz found the previous night, must be burned by the end of the fifth hour on Monday morning (April 14th). Please see time chart for the exact latest time.

Selling of the Chometz: This must be done by Monday morning April 14th, no later than the time of Bur Chometz.

EATING ON EREV PESACH

Consumption of Chometz is prohibited on Erev Pesach, from a third of the day and after- this is usually counted four proportional hours from daybreak (see times to remember). It is also forbidden to eat Matzo or anything baked with Matzo on Erev Pesach. This prohibition includes egg Matzon. This is in order to ensure that one will eat the Matzo at the Seder with a "heartly appetite". This prohibition includes cakes and



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Items that are reliably certified for Passover

- Mushrooms (Dried)** - Kirsch (Kof-Kp)
Mustard (imitation) - Rokeach Dijon Mustard (O/UP), Savion Fireman's Frenzy (O/UP)
Non Dairy Creamer - Eden (Star Kp), Kineret (O/UP), Unger's (Star-Kp)
Noodles - Horowitz Margareten (O/UP), Manischewitz (O/UP), Season's Brand (O/UP)
Nuts - Gefen (O/UP), Golden Fluff (O/UP), Haddar (KAU), It's Delish (Heart-Kp), Kleins (O/Kp), Meshuga Nuts (O/UP), Oneg (KAU), Savion (O/UP), Setton Farms (O/Kp)
Oil - Bartenura Grapeseed Oil (O/UP), Benzi's (Star-Kp), Festive (O/UP), Festive Cottonseed (O/UP), Gefen (O/UP), Haddar (KAU), Hain Oils (Kof Kp only), Hunt-Wesson (O/Kp), Joseph Adams Herbal & Flavored Oils (O/Kp only), Liberty (O/UP), Manischewitz (O/UP), Mothers Choice (O/UP), Nutola (O/UP), Streits (Kof-Kp)
Oil Sprays - Haddar (KAU), Mother's Olive Oil Spray (O/UP), Rokeach (O/UP), Season's (O/UP)
Olives - Gefen (O/UP), Golden Fluff (KCL), Haddar (KAU), Hidorim Olives (O/UP), Kvizatz Yavne Olives (O/UP), Osem (O/UP)
Olive Oil - Fittuci Olive Oil (Star K), Glick's (KAU), Mother's cooking spray (O/UP), Season (O/UP), Sultan's
Oven Bags - Reynolds
Pancake and Muffin Mix - Manischewitz (O/UP), Mother's (O/UP), Tradition
Parchment Paper - Bakemark (Star Kp), Chef's Select (Star-Kp)
Peppers - Osem (O/UP), Unger's (Star-Kp)
Personal Care Products - Adwe (O/UP)
Pickles - B&W Foods (O/Kp), Ba-Tamale (O/UP), Festive (O/UP), Gefen (O/UP), Haddar (KAU), Kvizatz Yavne Foods (O/Kp), Osem (O/UP), Season (O/UP), Ta'armit (O/K), Unger's (Star Kp)
Pie Crust - Manischewitz (O/UP), Rokeach (O/UP)
Pizza - Dayeinu Passover Pizza (O/UP)
Potato Chips - Bauer Sweet Potato Chips (O/UP), Blooms (O/UP), Cape Cod (O/UP), Guiltless Gourmet Root Chips (O/UP), Haddar (KAU), Manischewitz Regular & Chocolate Covered Chips (O/UP), Paskesz (O/UP), Ruffies (O/UP), Season's (O/UP), Terra Vegetable Chips (Kof Kp)
Potato/Instant - King Star Foods (O/UP)
Potato Pancake Mix - Horowitz Margareten (O/UP), Manischewitz (O/UP), Osem (O/UP), Streits (Kof-Kp)
Potato Starch - Gefen (O/UP), Goodman's (O/UP), Haddar (KAU), Hiscidus (CRC), Manischewitz (O/UP)
Potato Sticks and Chips - Blooms (O/UP), Golden Fluff (KCL), Paskesz (O/UP), Terra Yukon Gold Potato Chips (Kof-Kp only)
Poultry - any reliable kosher brand that is not processed or coated (i.e. raw). Some popular brands are: (Empire, Falls, Vineland, Gallil (Star-K), Royal (Star-K), Empire Raw Ground
- Turkey is only acceptable with the O/UP, Belz, David Elliot Meal Mart (O/UP), and Naomi (O/UP).
NOTE: Empire produces many of its products year round kosher for Pesach. In fact most of their products fall under this category. Some examples are Barbeque Chicken, Rotisserie Chicken, Barbeque Turkey, Chicken Fat, Cooked Turkey Breast, White Turkey Roll, Turkey Bologna Roll, Turkey Salmi Roll, Chicken Franks, Turkey Franks, Smoked Turkey Breast Slices, Chicken Bologna Slices, Turkey Bologna Slices, Organic Wise Chickens (O/U)
Preserves - Haddar Just Fruit (no sugar) (KAU), Kedem (O/UP), Osem (O/UP), Season (O/UP), Moon Shine Trading Co. (Rabbi Teichman), 778 (O/UP) Manischewitz (O/UP),
Puddings - Haddar (O/UP), Koljel (O/UP), Manischewitz (O/UP), Osem (O/UP)
Quinoa - Goolbaum (O/UP), Natural Earth Products (16 oz. box - Star Kp required), Pereg (O/UP), Setton Farms (12 oz. container, Star Kp required)
Rice - for those Sephardim who use rice on Pesach, Carolina Rice (Long Grain White and Brown - with Star-S P Kithiyot designation only), Goya (Medium Grain White Rice - with Star-S P Kithiyot designation only), Himalayan Pride Basmati Rice (Brown & White - No Star-S required, only regular Star-K), Super Luckly Elephant Jasmine Rice (No Star-S P required, only regular Star-K).
Salad (Bagged) - Star K bagged produce is kosher for Pesach only with the Pesach designation on the bag.
Salad Dressing - Blanchard & Blanchard (O/UP), Festive (O/UP), Gefen (O/UP), Haddar (KAU), Manischewitz (O/UP), Mothers (O/UP), Sabra (O/Kp), Savion, Season's (O/UP)
Salsa - Entzee Salsa (O/UP), Gold's (O/UP), Manischewitz (O/UP), Season's (O/UP)
Salt (Table) - Festive (O/UP), Gefen (O/UP), Glick's (KAU), Goya (O/UP), Haddar (KAU), Krogel (O/UP), Lash Sea Salt (Badatz p), Season (O/UP), Sysco (O/UP)
Salt (Substitute) - Freeda Free Salt, no salt, unseasoned, Spice of Life - no salt/no sugar
Sauce - Festive (O/UP), Gefen (O/UP), Glick's (KAU), Gold's (O/UP), Haddar (KAU), Kedem Steak Sauce (O/UP), Lash Hot Red Pepper Sauce (O/UP), Mrs. Adlers (O/UP), Manischewitz (O/UP), Mispachta Bar-b-Que Sauce (O/UP), Osem (O/UP), Rokeach Marinara Sauce (O/UP), Savion (O/UP), Season Marinara & Duck Sauces (O/UP), Simcha Marinade (CRC p), Tradition
Scouring Pads - Gefen (O/UP), Glick's (KAU), Mispachta (O/UP), Rokeach (O/UP), Season's (O/UP), Scotch Brite (O/UP)
Seltzer - Saratoga Carbonated Spring Water (O/UP)
Silver Polish - Adwe (KAU), Haddar (KAU),

- make pareve loes - Star-Kp)**
Ices – Bloom (under the supervision of Rav Landau), Brother's International Desserts (Kof Kp), Cyrk Gourmet (O/U/P), Kineret (O/U/P), Klein (Deberliner Rav), Pascals (KSA p), Pride of the Farm (Star-Kp)
Jams & Jellies Preserves – 778 (O/U/P), Atlas Preserves Co. (O/Kp), Carmel (O/U/P), Elyon (KCL), Festive (O/U/P), Gefen (O/U/P), Haddar (KAJ p), Kedem (O/U/P), Kojel (O/U/P), Ko-Sure, Manischewitz (O/U/P), Osem (O/U/P), Polaner (O/U/P), Season (O/U/P), Streits (Kof-Kp), Ko-Sure, Victor's (O/U/P)
Juices (Fresh) – Apple & Eve (O/Kp), Ceres (Star Kp), Eden (Star Kp), Festive (O/U/P), Finast (O/U/P), Gefen (O/U/P), HKS Pomegranate Juice (O/U/P), Haddar (KAJ), Heineke's Sparkling Grape Juice (O/U/P), Kedem Cranberry Grape, Organic Grape Juice & Pomegranate Juice – plain & sparkling (O/U/P), Manischewitz (O/U/P), Morning Select (Star K p), New Square Orange, Season's (Grapefruit, Apple, Pineapple, Plum, Orange - (O/U/P), Streits (Apple Grape Juice), Torpedo Juice (under the supervision of Rav Landau), Tropicana **Juices (Frozen)** - any brand name unsweetened grade A frozen orange juice concentrate (i.e. Minute Maid 100 percent tangerine or grapefruit concentrate, Just Pikt (O/U/P), Tradition **Ketchup** – Festive (O/U/P), Gefen (O/U/P), Glick's (KAJ), Gold's (O/U/P), Haddar (KAJ), Osem (O/U/P), Rokeach (O/U/P), Savion Fireman's Frenzy Spicy Ketchup (O/U/P), Season (O/U/P), Streits (Kof Kp), Ungar's (O/U/P)
Lattes - Kineret (O/U/P)
Leben – Norman's (O/U/P)
Lenon Juice - Season Co. (O/U/P)
Lime Juice - Season Co. (O/U/P)
Lip Balm - Dr. Fischer, Ultrasoni (Rabbi Korach - Kosher for Pesach), Superlan Nature's Natural Moisturizer for Chapped Lips (Rabbi Y. Gruber)
Liquid Sugar - Flosweet (O/U/P), V.I.P. Masters (O/U/P)
Liquor/Liqueur – Askalon Arak (O/Kp), Carmel (O/U/P only), Distillerte Gin (O/U/P), Givon Chocolate - Brandy and Vodka (O/U/P), Gold Shot (O/U/P), Kedem Bantenua Cordials (O/U/P), Kedem Vodka (O/U/P), Kedem Vermouth Vinprom-Troyan Brandy (Star Kp), Jelinek Silkovitz Pear Brandy (O/U/P), No.209 Vodka & Gin (O/U/P), Queen Esther (O/U/P), Spirit of Solomon (O/U/P), Sukkah Hill Spirits (Star K), Zachlawi Arak and Vodka (O/U/P)
Lotion - Superlan Moisturizer Lotion, Adwe Skin Cream, Dr. Fischer Hand Cream
Macaroons – Glick's (KAJ), Haddar (KAJ), Manischewitz (O/U/P), Messing (Kof-K)
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cookies made from matzo meal. However, cooked Matzo products, such as knaidlach (Matzo balls) are permitted. Non-Gebroicht's products are suitable for this time period. All foods should only be eaten in moderation from the ninth hour in the day and on in order to have an appetite for the Seder. Initiation Matzo made from Tapioca and Potato ingredients is fine for Erev Pesach.

SELECTED LAWS & CUSTOMS

One should prepare everything (for the first Seder) on Erev Pesach in order that the Seder should begin immediately upon arriving from Shul. This includes setting the table, etc. It is a custom that pillows should be prepared for leaning on during the Seder. Women are not required to lean, however, male children are. It is also a custom among some that the head of the household wears a Kittel during the Seder. In most places, the custom is that only the head of the household has a Seder plate and the three Matzos. Some, however, have a Seder plate and Matzos for each man present at the Seder. When only the head of the household has a Seder plate, he must provide for everyone at the Seder from his plate. Since there is usually not a sufficient amount of Matzo, Maror and wine to ensure that everyone present (male and female alike) has the required amounts during the Seder, additional Matzo, Maror and wine should be placed on the table for supplementary use.

THE SEDER PLATE



One may not use **MARROR** (to fulfill the Mitzvah of Maror) that was soaked for 24 hours or longer. Soaking this long is called pickling and is Halachically considered cooking. One may only use uncooked vegetables for Maror. (Do not lean when eating Maror.)

CHAROSSES can be made of ground apples, pears, pomegranates, dates, figs, walnuts, almonds, ginger and cinnamon, to which wine is added. Recipes may vary according to tradition. **KARPAS** is any vegetable upon which a Brocho of "HaAdama" is made, that may be dipped in salt water or vinegar, and that may be used on Pesach. Parsley, celery, and potatoes are often used as Karpas.

Only **Shmura Matzo** (guarded Matzo), which is made of grain that has been guarded against fermentation from the time of harvest, should be used for the Mitzva of eating Matzo at the Seder. Both hand and machine Shmura Matzo are acceptable. Over the past many decades there have been many opinions given as to the merits of hand versus machine Matzo. Most use either one with proper Hashgocho. Shmura Matzo has been watched in most cases from the time of cutting of the wheat to protect from unwanted moisture, which may make it rise. Eighteen minute Matzo is run on machines that are cleaned every 18 minutes to prevent any possibility of the dough rising. Regular Pesach Matzo has been baked on a machine in under 18 minutes, but the machine will run all day without cleaning in between runs. **Matzo Ashira** is any Matzo that contains products other than flour and water, such as grape juice or apple juice. The consumption of **Matzo Ashira** is prohibited for most people throughout Pesach. Included in this category are: Matzo which was kneaded with fruit juice, egg Matzo, tea matzo, honey and spice Matzo and some chocolate covered Matzo. However, this prohibition does not apply to infants or people who are ill. When in doubt, consult your Rabbi. Even one who is allowed to eat Matzo Ashira, cannot fulfill their Mitzvah of Achilas Matzo (eating Matzo) with it. For people allergic to wheat, Oat or Spelt Shmura Matzah may often be purchased at

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- Philadelphia Cream Cheese (with O/Kp only),
Ralph's (O/UP only), Vons (All with O/UP Only)
Cups - Dixie (O/UP), James River (O/UP)
Dairy - Lucerne Cottage Cheese & Sour Cream
(Kof-Kp)
Deodorant - Dr. Fischer Deodorant Spray & Gel
(Rabbi Shlomo Korach)
Dish Detergents - Adwe (KAJ p), Festive, Gefen
(O/UP), Haddar (KAJ), Rokeach (O/UP), Season
(O/UP)
Dishwasher Detergent - Haddar (KAJ p),
Rokeach (O/UP), Season (O/UP)
Dressing - Blanchard & Blanchard (O/UP),
Manschewitz (O/UP), Mother's (O/UP), Savion,
Streits (Kof-Kp)
Egg Substitute - Healthy Morn (O/UP), Kineret
(O/UP)
Egg Whites - Papetti Food - (O/UP)
Fish (Prepared/Canned and Raw) - A B Gefille
Fish (regular & sugar-free - O/UP), Banner (O/
UP), Benz's (Star Kp), California Delight Sardines
(Star K with Kosher for Passover seal only),
Dagim (O/UP), Elf Herring (O/UP), Empire O/UP,
Freshwater (raw un-coated fish only - no coated
or fish blends), Gefen Tuna (O/UP), Haddar Tuna
(KAJ), Herring Brook (Star Kp), Kedem (O/UP),
Kineret (O/UP), King of the Sea (cRc p), Lasco
(O/UP), Lieber's (Weissmandl), Manischewitz
(O/UP), Meal Mart (O/UP), Ocean Gourmet (O/
UP), Rokeach (with O/UP), Season (O/UP), Mrs.
Adler's (O/UP), Mother's (O/UP), Nathan's (O/
UP), Philly Foods (Star Kp), Ralph's Markets
(selected Ralph's markets carry fresh fish with
RCC label/blue packaging in California), Royale
(O/UP), Salmolux Gourmet (Kof Kp), Season
Salmon, Sardines & Tuna (O/UP), Shoprite
Tuna in Water (O/UP), Tuna Delight (with Star-
Kp - certification must say "may be used for
Passover"), Tuv Taam (O/Kp), Ungar's (O/UP),
Vita (O/UP), Ungar's Gefille Fish (O/UP), Tuv
Taam (O/Kp)
Fish (Lox) - Benz's Smoked Nova Vita (O/UP),
Diamond (O/UP), Rite Foods (O/UP), Salmon
Salami Parve Cold Cuts (O/UP), Springfield (O/
UP), Three Star (O/UP)
Fish (Smoked) - Acme (Kof-Kp), American
Smoked Fish (Kof-Kp), Gefen Smoked Salmon
(O/UP), Salmolux - Chubs, Rainbow Trout,
Salmon, Salmon Nova, White Fish (Kof-Kp)
Food Coloring - Haddar (KAJ)
French Fries - Kineret (O/UP)
Frozen Meals & Side Dishes - Kineret Meals
(Macaroni & Cheese) (O/U - Cholov Yisroel),
Kineret Vegetable & Pizza Poppers (O/U, Chug
Chasam Sofer), Kineret French Fries
Fruits And Vegetables (Canned and Packaged)
- California Delight (Star-K - must say Kosher
for Passover - tropical fruit cocktail, mandarin
oranges), Gefen (O/UP), Manischewitz (O/
UP), Season (O/UP), Simcha Cranberry Sauce
(CCRP), Ungar's Sour Pitted Cherries (O/UP)
Fruits (Canned) - California Delight, Haddar
(KAJ), Lieber's (Weissmandl p), Mishpacha (O/
UP), Season, California Delight
Fruits (Dried) - Bonner Organic Raisins (O/
UP), Calavo Pitted Dates, California Hi-Lites
(O/UP), California Prune Co. (O/Kp), California
Prune Packing Co. (O/UP), Cinderella Raisins,
Del Monte Slice, Dole Pitted Dates, Prunes
and Natural Raisins, Festive (O/UP only), Gefen
Fruit Leather (O/UP), Glick's Raisins (Kp),
Great Lakes Turkish Apricots and Figs (Star Kp),
Hadley's (O/K only), Hona (Star Kp), It's Delish
(Heart K), Klein's (O/Kp), Landau All Natural
Apple Crisps Cinnamon (O/UP), Marriani (O/UP
only), Sunflow Pitted Dates, Sun World Pitted
Dates (O/UP - whole only), Trader Joe's (Star-
Kp), Season with (O/UP), Setton International
Foods (O/Kp only)
Fruits (Frozen) - Bodek (O/UP), Granadisa (O/
UP) Rainbow Farms (O/Kp)
Gefille Fish - Glick's (KAJ), Haddar (KAJ)
Gelatin - Sweet City New York (Badatz
Machazekai Hadaas)
Gift Packs - California Hi Lites (O/UP) (310)
696-1777, Cornucopia (800) S-KOSHER, How
Sweet It Is (Kof-Kp) Baltimore, Maryland, Kosher
Connection (800) 950-7227 (Kof-Kp)
Grape Juice - After The Fall (O/UP), Carmel
Grape Juice (O/UP), Gefen (O/UP), Heinke's
Sparkling Grape Juice (O/UP), Kedem Organic
Grape Juice & Fresh Pressed Grape Juice w/o
Sulfites (O/UP), Kesser (O/Kp), Land of Vines
Organic Grape Juice (O/Kp), R. W. Knudson (O/
UP), Rokeach (O/UP), Savion (O/UP), Season
Grape Juice (O/UP), Tampr Grape Juice (O/UP),
Ti Rosh (O/UP), Welch's Grape Juice (O/UP)
Gravy - King Star - (O/UP & Chug Chasam
Sofer)
Gum - Blooms (O/UP), Elite (O/UP), Must Sugar
Free Gum (O/UP), Paskesz (O/UP)
Honey - Ba-Tampe (O/UP), Dutch Gold (O/
UP), Ein Harod Meuchad Natural Honey (Chosom
Sofer p), Festive (O/UP), Gefen (O/UP), Haddar
(KAJ), Lieber's (Weissmandl), Gold's (O/UP),
Haddar (KAJ), McIure's O/UP, Manischewitz (O/
UP), Meal Mart (O/UP), Rokeach (O/UP), Season
(O/UP), Silver Spring (O/UP), Unger's (Star Kp),
Western Commerce (O/Kp)
Horseadish - Lin's Farm Horseadish - Benz's
(Star Kp), Silver Spring (O/Kp), Polands Best (O/
Kp), Golden Taste (O/Kp)
Hot Chocolate Mix - Haddar (KAJ - Cholov
Yisroel), Ko-Sure (Cholov Yisroel - Star-Kp), Kojel
(O/UP)
Hot Sauce - Blanchard (O/Kp)
Ice Cream - Elegante & Doodly, Gilda (Cholov
Yisroel), Kineret (O/UP), Kleins (Deberitzen Rav),
Manischewitz (O/UP), Passover Delight (O/UP),
Pride of the Farm (Cholov Yisroel - they also

Baking Soda - Gefen (O/U/P)
Bamboo Shoots - California Delight (Star-K)
Blintzes - Kineret (O/U/P)
Bortsch - Gefen (O/U/P), Gold's (O/U/P), Manischewitz (O/U/P), Mother's (O/U/P) Rokeach (O/U/P),
Butter - Breakstones (O/U/P)
Cake - Caroussel Cheesecake, Gefen (O/U/P), Goodman's (O/U/P), Kineret (O/U/P), Manischewitz (O/U/P), Messing (Kof Kp), Oberlanders (Kof-Kp), Osem (O/U/P), Rokeach (O/U/P), Schick's (KAJ), Shabtal Gourmet (O/Kp), Smlowitz, G&I New York Style Cheesecake (O/U/P - Cholov Yisroel)
Cake Mix - Gefen (O/U/P), Goodman's (O/U/P), Liebers (R Weissmandl), Manischewitz (O/U/P), Savion (O/U/P), Streit's (Kof Kp)
Candy - Alprose Chocolates (O/U/P), Barricini (O/U/P), Barton's (Kof Kp - some are dairy), Bloom's (O/U/P), Blum's (O/U/P), Dream Confections (Kof K), Elegante & Dolly, Elite (only with O/U/P or Badatz), Empress Chocolate (O/U/P), Golden Fluff (O/U/P), Holiday (Kof Kp), It's Delish (Heart Kp), Klein's (O/Kp), Koppers (O/Kp), Krums (O/U/P), Manhattan Chocolates (O/K, Rabbi Weissmandl), Manischewitz (O/U/P), Oneg (KAJ), Openheimer Jerusalem Sweets (O/Kp), Paskesz, Progress (O/U/P), Pizzaz Fruit Slices (O/U/P), Rokeach (O/U/P), Savion (O/U/P), Season (O/U/P), Shufra (O/Kp), Smunchies Cotton Candy (O/U/P), Streits (Kof-K), Trail's (O/U/P)
Cereal - Manischewitz (O/U/P), Mothers (O/U/P), Kedem (O/U/P) Rokeach, (O/U/P), T. Abraham's (O/U/P), Kojel (O/U/P), Streit's (Kof-K), Oberlander's (Kof-Kp), Savion (O/U/P)
Charoset - Streit's (Kof K)
Cheese - Ahava, Cabot (O/U/P), Entremont Emmentale Spreadable Cheese (from France - Rabbi Aloum), Gideon, Golan (Star Kp), Haolam (KAJ P), J & J (KAJ P), Ko-Sure (Star Kp), La Chevre (Cholov Yisroel - O/K for Passover), Les Petites Fermieres (Cholov Stam - O/K for Passover), Mehadrin (Volve Rav), Methadin, Cheese Snacks (Volve Rav), Millers (O/U/P), Migdal (KAJ P), Morning Select, Monsey Dairy, Strinles (O/Kp), Natural & Kosher (Cholov Yisroel O/K for Passover), Pastures of Eden Jerusalem Cheese (O/Kp - Chosom Sofer), Slim-U, Team Tov (O/U/P), Tuv Taam Hungarian cheese (O/Kp), Tuv Taam (O/Kp), Volvata
Children's Chewable Fever & Pain Reliever - Advie (O/U/P)
Chocolate Chips - Blooms, Lieber's (Weissmandl)
Chocolate (Baking Bars) - Haddar (KAJ), Manischewitz (O/U/P), Paskesz (O/Kp - Rabbi Meshem)
Chocolate Syrup - Manischewitz (O/U/P)
Cigars - Senor Solomon - (KSA)
Cleaners - America's Choice (O/U/P), Brite

Water (O/U/P), Festive (O/U/P), Gefen (O/U/P), Haddar (KAJ), Procter & Gamble (O/U/P) Rokeach (O/U/P), Weiman Wax Away (O/U/P)
Cocoa - Gefen (O/U/P), Gevalia (O/Kp), Haddar (KAJ), Lieber's (O/Kp), Savion (O/U/P), Victor's (O/U/P), V.I.P. (O/U/P)
Coffee - 24 Karat (O/Kp), Canadian Eight O'Clock Instant Coffee (O/Kp), Cumberland Island Traditional Roast Ground (O/Kp), Elite (O/U/P), Festive, Haddar (KAJ), Hag (O/Kp), King David Coffee Roasters (KSAp), La Jolca Gourmet Liquid Coffee (Star Kp), Maxim (O/Kp), Maxwell House (with O/Kp only), Meridian (O/U/P), Mondeliez International European Coffeehouse Collection - unflavored (O/Kp), Pauli Delima (O/Kp), Savarin (O/U/P), Seattle's Best (O/U/P), Starbucks Flavorlock Bags (O/U/P), Superior Coffee (regular and decaf unflavored - certified under cRC for Pesach), The Gourmet Bean (O/Kp), Yuban (O/Kp), Vascate Espresso (Rabbi Frankel), White Hen (O/Kp)
Coffee (Decaf) -24 Karat (O/Kp), Elite (O/Kp), Festive, Gefen (O/U/P), Gevalia (O/Kp only), Haddar, Hag (O/Kp), Maxwell House (O/Kp only), Mondeliez International European Coffeehouse Collection and regular decaf - unflavored (O/Kp), Nescafe Taster's Choice Decaf Instant (Chasam Sofer), Peet's (KSAp), Sanka (with O/Kp only), The Gourmet Bean (O/Kp), Yuban (O/Kp), White Hen (O/Kp)

Coffee K-cups - (not decaf and only when bearing O/U) Starbucks regular i.e. breakfast blend, Tully's Italian Roast, Green Mountain company
Coffee (Liquid Concentrate) - Maxwell House (O/Kp)
Coffee Creamer - Gefen (O/U/P), Kineret (O/U/P), Mispacha (O/U/P)
Cold Cuts - Empire (O/U/P), Meal Mart (O/U/P)
Cookies - B.P. Gourmet (Kof-Kp), Bartenura (O/U/P), Bloomy's (O/U/P), Festive (O/U/P), Frooties, Goodmans (O/U/P), Gruenbaum's (KAJ P), Jennie's Bakery, Treats (Kof Kp), Kineret (O/U/P), Krumi's (O/U/P), Lieber's Macarons (O/U/P), Manischewitz (O/U/P), Messing (Kof Kp), Mother's (O/U/P), My Buddy's (Kof Kp), Ness (O/U/P), Oberlander's (Kof Kp), Rokeach (O/U/P), Savion Lowfat Cookies (O/U/P), Season (O/U/P), Shabtal Gourmet (O/Kp)
Cooking Bags - Cookit Cooking Bags (O/U/P)
Cooking Spray - Manischewitz (O/U/P), Mother's (O/U/P), Season (O/U/P)
Cosmetics - Advie Cosmetics (O/U/P), Shain Dee Cosmetics (Star Kp)
Cough Syrup - Advie Tussin Cough Syrup (and DM) (O/U)
Crackers - Paskesz (Cracker Flats & Crisps)
Cream - Land-O-Lakes (O/U/P), Sealtest (O/U/P)
Cream Cheese - Breakstone (O/U/P), Fleur De Lait, Friendship (O/U/P), J&J (Arugas Habosem),

your local Kosher markets. Check with them for availability. You may also contact the Lakewood Matzoh Bakery at (732) 364-8757. For more information about Otk Matsos one may look on the website www.Glutenfreeotmatzos.com.

MEDICINE

Most prescriptions can be filled with Kosher for Pesach medicine. For information on the Kosher status of your medicines, contact the Kosher Information Bureau at (818) 262-5351 (E-mail to eidlitz@kosherquest.org) or your local reliable Rabbi. In Israel: 050 412-4188.

Rabbi Bess of Los Angeles has compiled the most detailed reliable list in the U.S. He can be reached at (323) 933-7193. Rabbi Bess together with the Star K publishes the Passover Directory with this information. Since some prescriptions, unfortunately, are not available with Kosher certification, we will mention some guidelines for those who must take medicine on Pesach.

1. If one suffers from an illness through which one's life may become endangered, one may eat Chometz on Pesach and may use any medication needed to avoid a life-threatening situation. This Chometz should be owned by a non-Jew.
2. If someone is ill, but his life is not endangered, he may not eat Chometz on Pesach. However, he may take Chometz medicine under certain circumstances as long as he does not take it in the normal way (i.e. a pill without a cup of water). A Rabbi should be consulted if the need for such medication should occur.
3. Generally speaking, cough syrups and other liquid medicines may contain grain alcohol, and may not be used on Pesach. When one must take medicine during Pesach, his/her doctor should be asked to prescribe medicine without alcohol or capsules.

Many over the counter medicines require no special certification to be used on Pesach. Consult your Rabbi for specific questions. For a complete listing of this year's Kosher for Pesach vitamins (as well as year-round vitamins) go online to www.koshervitamins.com.

TOILETRIES

Rabbi Bess lists the following possible issues:
Amino Peptide Complex, Amp-Isosteaeryl Hydrolyzed Wheat Protein, Avena Sativa Flour, Avena Sativa Kernel Protein, Barley Extract, Beta Glucan, Disodium Wheatgermido Peg-2 Sulfo succinate, Hordeum Vulgare Extract, Hydrolyzed Wheat Gluten, Hydrolyzed Wheat Protein, Hydrolyzed Wheat Protein Pglypropyl Silanetriol, Hydrolyzed Wheat Starch, Hydroxypropyltrimonium Hydrolyzed Wheat Protein, Oat Beta Glucan, Oat Extract, Oat Flour, Phytosphingosine Extract, Prolamine, Sodium Lauryl Oat Amino Acids, Stearyltrimoniumhydroxypropyl Hydrolyzed Wheat Protein, Triticum Vulgare, Triticum

Vulgare Flour Lipids, Triticum Vulgare Germ Extract, Triticum Vulgare Germ Oil, Wheat Amino Acids, Wheat Bran Extract, Wheat Germ Extract, Wheat Germ Glycerides, Wheat Germantidopropylidmonium Hydroxypropyl Hydrolyzed Wheat Protein, Wheat Germ Oil, Wheat Protein, Wheat Sphingolipids.

FROZEN VEGETABLES

There are many issues concerning the use of frozen vegetables for Pesach. Most large companies, such as S&W, Green Giant and Bird's Eye, purchase their vegetables from many different processors. Due to increased competition in this industry from Mexico and Guatemala, many packers are processing pasta and vegetables in the same blanching equipment when it is not being used for pure vegetables. This is done at temperatures between 100 to 200 degrees, thus making the machinery Halachically unacceptable for Pesach use. However, some companies use steam blanchers, which are not usable for pasta. Bodek, Garden Pure, as well as others carry many frozen vegetables which are certified for Pesach.

FRESH VEGETABLES

In general, fresh vegetables do not pose a special concern for Pesach. However, fruits and vegetables from Israel require that Terumos and Maasros be taken. Leafy vegetables require the same level of inspection for insects as during the rest of the year. This is a particular concern for many who use romaine lettuce for the Miltzvah of Maror. To avoid this problem, some choose to use romaine stalks only, which are easier to rinse and check for insects. There are romaine lettuce stalks and other produce certified for Pesach that are not checked for insects. One needs to make sure that the Hechsher covers both the Pesach and insect issues.

SODA

When determining whether a type of soda is Kosher for Pesach, there are three major ingredients with which we are concerned. They are: brominated vegetable oil, flavorings and sugar. Corn syrup, which is made from Kinyolos, is a common sweetener in soda. The other ingredient, "flavoring" is also a source of concern, since there are thousands of flavors, many of which are not Kosher, and others that are derived from Chometz. Therefore, even Sephardim who normally consume *Kinyolos* on Pesach should seek only those products reliably certified to be Chometz-free. Generally speaking, flavoring is the key to a product's success in the food market. Therefore, its formula is always a highly guarded secret of the company. Even a minuscule change in the formula of a product where flavoring is concerned can prove to be disastrous. Therefore, it is not surprising that these companies guard their flavorings very carefully making it necessary

to have a Mashgiach (supervising Rabbi) go to the plant to personally check the flavorings being used. In regard to Pesach, it is also important to note that even within the same company (Coke, Pepsi, etc.) any individual bottling plant throughout the country may choose to use corn syrup as a sweetener. For this reason as well, it is essential that a reliable Mashgiach be on the premises during production. There are thousands of flavorings used by the food industry, not all of which are kosher (let alone for Pesach). Some, such as ambergris (from whale intestines) and civit absolute (from cats) are, of course, never kosher. Even if an individual knows that a soda is reliably certified kosher for Pesach in one particular city, this does not mean that the same brand of soda is kosher elsewhere. Note: Commonly, Coke and others will be reliably certified for Pesach. The bottle, however, may list "corn syrup/sugar" as an ingredient. As long as the product bears a reliable Pesach certification, the soda has been reformulated to meet all Pesach concerns. Note: Coke is not being produced for Pesach in California this year. It's Delish soda in various flavors will be available.

EGGS

It is best to buy eggs that were laid before Pesach. This is due to the fact that chickens are usually given feed which is Chometz. Therefore, there is a minhag (custom) not to eat eggs which were laid on Pesach. Note: eggs do not require a Hechosher.

MILK

Due to the modern pasteurizing processes used in the milk industry, many nutrients are inadvertently removed.

Governmental regulations dictate that Vitamin D, and in some cases, Vitamin A be added to milk before its sale. The amounts added are very minute. Inasmuch as Vitamins A and D are often derived from Chometz or kitnyos, and since mixtures of even small amounts of Chometz on Pesach are not "bater" (annulled), we must be cautious concerning milk which contains these additives.

Another matter of concern is the processing equipment. Milk companies often produce chocolate milk on the same equipment that they use for their plain "white" milk. The chocolate milk may contain malt, which is made from grain. In order to avoid these problems, two steps are necessary. First, it is necessary to make sure that

the dairy company whose milk we purchase for Pesach processes only plain "white" milk and not chocolate milk. Secondly, the milk that we need for all of Pesach must be bought before Pesach. By doing so, the vitamins in the milk are deemed "bater" (annulled) from before Pesach (since Bitul works if the mixture occurs before Pesach), and therefore, may be used on Pesach. Whenever possible, certified kosher for Passover milk is preferable.

MILK SUBSTITUTES

Many people i.e. infants, elderly, those who are ill etc. often warrant consuming kitnyos but not Chometz. The following products (partial list) are free of actual Chometz:

Infant Formula – **Alsoy, CVS, EntaCare, Entamil, Entaprop, Giant, Heinz Nurture, Isonmil, Mother's Choice, Nestle Good Start, Next Step, ProSobe, Rite Aid, Safeway Select, Simlac, Target, Walgreens, Wegmans**.
Soy Milk – **365 Everyday Value (original, Light and Unsweetened), Fit & Active, Hy-Vee, Market Basket (unsweetened), Meijer, Nature's Place, Nature's Promise Organic, Shop Rite, Stop & Shop.**
Almond Milk – **365 Everyday Value, Kroger, Market Basket, Meijer, Nature's Place, Ralphs, Shop Rite, Trader Joe's.**
Rice Milk – **Original Clearly Organic, Harris Teeter, Krusdale Organic, Meijer, Nature's Promise, Rice Dream (unsweetened only), Shop Rite.**

Note: all of the above are best in liquid form and bought before Pesach.

MARSHMALLOWS & GELATINS

Although many "Kosher for Passover" marshmallows are presumably made without Chometz ingredients, nevertheless, they may contain an ingredient which is highly controversial (for year round use), namely, gelatin. The main sources of gelatin are cattle and hogs. The process of making gelatin is as follows: the collagen in the bones and skins of the animals is converted by soaking 2" x 3" strips of hide in hydrochloric acid until it turns into ossein. This is then soaked in lime for about a month. It is then washed in sulfuric acid to obtain the gelatin. In 1912, Rav Chain Ozer Grodzenski ZTL sent a response to the Royal Gelatin Company concerning the methods of obtaining kosher gelatin from non kosher hides. Additionally, in 1950, Rav Lazer Silver vehemently opposed

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Shelf Paper - All uncoated
Shoe Polish - All
Silver Polish - All **Kosher Brands** (i.e. Amway, Weiman, Hegerly etc.)
Skin Care - Lubiderm, Unflavored Blislik, Kerl etc. (any without grain additives)
Soap (Hand) - All
Soy Milk - (Kitnyos - but not Chometz) Vitasoy San Sui Original, Soy Dream Original Natural
Sponge - All without soap
Steel Wool - any without soap
Sterno - All
Straws - All plastic
Styrofoam Products - All
Sugar (Brown) C & H Gold Brown (Star K), C & H Dark Brown (Star K), Dixie Crystals Lite Brown, Wholesome Foods Organic Cane Sugar
Sugar (White) any granulated pure cane sugar without dextrose such as C & H, Vons/Pavillions, Albertsons, Smart & Final, Spreckles, Sysco it must be listed as pure cane sugar on the label.
Sugar (Raw) C&H Hawaiian raw cane sugar
Palm Sugar – Sweet Tree Coconut Palm sugar
Suntan Lotion & Medication - Coppertone (kids, oil-free, Shade, Sport) Pre Sun Sprays, Neutrogena Sunless Tanning Lotion, Solarcain (gel, spray and medical first aid spray)
Supplement - Ensure Without Fiber (Note: it contains Kitnyos - check with your Rav when needed)
Sweetener - Syncal Saccharin
Talcum Powder - All (100% talc)
Tea (Instant) - Nestea Unflavored 100% Pure Tea (Regular or Decaf)
Teabags (Regular-Unflavored) - Tetley, Lipton, Sweet-Touch-Nee, Salada, Redco, Chock Full O' Nuts, America's Choice, Bromley Estate, Albertson's, Kroger, Nestea, Pochantzas, Superior, Safeway Select, The Republic of Tea, Rite Aid
NOTE on Teabags: Regular tea bags that are unflavored and not decaffeinated and have no fillers such as chicory may be used for Pesach without special certification.
Tea Bags (Decaf) - Lipton Unflavored, Sweet-Touch-Nee 97% Decaf
Tissue (Bathroom & Facial) – All
Toilet Bowl Cleaner - All
Toothbrush - All
Tooth Pain – Anbesol, Orajel
Toothpaste – Aim, Aquafresh, Colgate, Crest (Cool Mint, Extra Whitening, Multicare, Kids Sparkle), Gleem, Mentadent, Peppodent, Tom's of Maine
Toothpicks - All unflavored
Vegetable (Fresh) - alfalfa sprouts, artichoke, asparagus, avocado, beets, bell pepper, broccoli, cabbage (red or green), carrot, cauliflower, celeriac (celery root), celery, chicory, chives, collard, cucumber, dandelion greens, dill, eggplant, endive, escarole, garlic (there are varying customs regarding the use of garlic on Pesach), green onion, horseradish (raw), kohlrabi, leek, lettuce (all types), mint leaves, mushroom, okra, onion, potato, parsley, parsley root, pumpkin, radishes (all types), rhubarb, rutabaga, scallions, spinach, tomato, tomatoes, turnip, watercress, whole pepper, yams, and zucchini.
Vegetable Wash - Sereli.
Water (Unflavored) - All
Water Filters - All
Wax Paper – American Choice, Cut Rite, Iga, Marcal Kitchen Charm, Remarkable, Reynolds
NUTRITIONAL PRODUCT INFORMATION
 (Diet, Organic Nitrite-Free, Lactose Reduced, Low Sodium, Gluten Free etc. Foods)
www.O/U.org/Chagim/Pesach/Pesachguide/5767/diets.htm
 The Jewish Diabetes Association
 Tel: (718) 303-5955
Nechama@Jewishdiabetes.org
 Israel: 054-732-867

ITEMS THAT ARE RELIABLY CERTIFIED FOR PASSOVER (FOR 5774 -2014)

Agave Nectar – Goya (O/Kp), Health Garden (O/Kp), Maretai (O/Kp), Trader Joe's (O/Kp)
Airline Meals – Lou G. Siegel (O/U/P – with kosher for Passover seal only), Meal Mart (O/U/P), Wilton (O/U/P) [ALERT: Airlines often mistakenly serve meals on Pesach which are not kosher for Pesach. Always be careful to check your meal.]
Allergy Medication - Adwe (O/U/P)
Antacid - Adwe Heartburn Relief (plain and with calcium) (KAJ), Adwe Ko-Lanta Antacid, Adwe Anti Gas
Appetizers - Tuv Team (O/Kp)
Apple Butter – Eden Organic (O/Kp), Season (O/U/P)
Apple Juice – Eden Organic (O/Kp), Empire (O/Kp), Haddar (KAJ), Kedem (O/Kp), Manischewitz (O/U/P), Season (O/Kp), Streits (Kof Kp), Ungar's
Applesauce – Eden Organic (O/Kp), Festive (O/U/P), Gelen (O/U/P), Glick's (KAJ), Kedem (O/U/P), Manischewitz (O/U/P), Rokeach (O/U/P), Rue Lafayette, Season (O/U/P), Streits (Kof-Kp)
Aspirin - Adwe non - Aspirin pain relief (regular and extra strength) (O/U)
Baby Food - Festive (O/U/P), First Choice (O/U/P – Apple Sauce, Carrots, Sweet Potatoes), Gelen (O/U/P), Glick's (KAJ), Haddar (KAJ), Healthy Times (O/U/P only), President's Choice (Loblaws Brand - O/U/P only)
Bags - Bodek Garment Herb Bags (O/U/P)
Bakery Goods – Goodman's (O/U/P), Gruenebaum (KAJ), Hirsch Bros (O/Kp), Horowitz-Margaretan (O/U/P), Jennie's Macarons (Kof Kp), Manischewitz (O/U/P), Oberlander (Rabbi Babad), Schick's (KAJ), Spilke's (Kof-Kp)
Baking Powder – Gelen (O/U/P), Haddar (KAJ)

The following are fine all year round for Pesach use: A&H, A.D. Rosenblatt, David Elliott, Wise Kosher Natural (produced after 9/24/12), Empire, Fairway's (produced after 9/24/12), Fishel's, Glatl Box, Good 'N' Glatl, Grow And Behold, Har Nof, International Glatl, KU Poultry, Kedas, Kiryas Yoel, Kol Foods, Kosher's Best, Kosher Mehadrin, Kosher Valley, L'Mehadrin, Lakewood's Best, Malchus, Noah's Ark, Peleth, Quality Kosher, Real Kosher, Sagebrush Natural, Sarah's Spring Chicken (produced after 12/11/12), Solomon's, Tifereth Kosher.

The following are fine all year round for Pesach **excluding ground meat/poultry**:

Agri, Aaron's Best, ShorHabor, Aile Processing, D. Greunspet, Meal Mart, Grow and Behold (ground beef is fine. Ground poultry is not), Local preparation i.e. Ralpins, Kosher stores: ask each local Rabbi/Mashgiach

Medicine (misc.) - Prozac, No Doze Caplets, Dramamin tablets (also see: Abdominal Discomfort, Aspirin and Cold Medication)

Milk - It is preferable to buy Kosher for Passover milk, otherwise any brand purchased BEFORE Pesach from a company that does not process chocolate milk on the same machinery may be used on Pesach as long as it doesn't contain monodiglycerides or dextrose. Those companies from which we can buy milk in the Los Angeles area before Pesach are: Jerseymaid, Ralpin's, Alta Dena, Stater Brothers, Formost, Vons Pavilions, and Krudson. **Note:** Milk certified Kosher for all year is certified for Passover only when indicated.

Milk Dry - nonfat without additives before Pesach

Mineral Oil - All

Mouthwash - Scope, Listerine (plain and Listermint), Tom's of Main, Amway (not the Amway Glistar Anti Plaque Flouide)

Nail Polish/Remover - All

Napkins - All

Nuts - All raw almonds, walnuts (even if bleached). Must be without BHA, BHT or other additives, Azar O/K) Blue, Diamond (Kof K), Nuts Galore (note: Pecan **pieces** must have Kosher for Pesach certification)

Oil (Coconut) - Spectrum Organic Virgin Crude Coconut Oil (O/U)

Oil (Olive) - Callisto Francesconi Extra Virgin Olive Oil, Colavita Extra Virgin, Ferrara Extra Virgin, Kriros, Lupi Extra Virgin, Olio Di Oliva Bertolli Extra Virgin Olive Oil (O/U), Pompeian Extra Virgin Grade Cold Pressed Roland Extra Virgin

Oil (Grape Seed) - (with Star K only on label, but "P" designation not required)

Onions frozen chopped - (any pure) or fresh

Oven Cleaner - All

Oven Cooking Bag - Reynolds microwave bags

Pain Medication - Ast Tabs, Bufferin, Excedrin (plain, migraine & sinus), Motrin, St. Joseph adult chewable, Tylenol & Tylenol plus.

Paper Cups - **All** styrofoam, plastic or cardboard.

Paper (Plate) - **All Coated**

Paper (Parchement) - Union Paper Bak-O-Matic, Castaway, Reynolds, Cysco, Prime Source, Pure, Alliant, Wilton (CORP), Any Star-K certified.

Paper Towel - All (first 3 sheets may contain kithyos glue, and should not be used with hot foods.)

Pepper - Durkee, It's Delish, Morton's Black Pepper, Spice Island

Personal Care Product - The following Shaklee products: Avocado Cream Moisturizer, Deodorant Cream, Skin Polisher, Powder Blush, Sunscreen, Moisturizer, Lip Conditioner, Men's Skin Conditioner

Plastic Bag & Wrap, Plate, Cup, Containers

etc. - **All Polish - All**

Powdered Milk - Alba, Carnation, Dairyman

Raisins - American Raisin Packers, Del Monte, Dole, Pride, Safari, Fisher Nut, Trader Joes, Sun Maid

Rice - for those Sephardim who use rice on Pesach, it is acceptable only without additives (this includes vitamins) i.e. Parf, Nasion, Royal, Shahzad, Atab, Kusha, Success, Riviana, Mahatma and Emperor.

Rice Milk - (Kithyos- not Chometz) Clearly Organic, Hy-Vee, Market Basket, Meijer, Nature's Promise, RicePure

Rubber Gloves - any uncoated (i.e. Playtex, Rubber Maid)

Salt - (Coarse Kosher Salt) - All

Salt - (Table) Morton's plain, coarse, popcorn salt, special cooking salt, canning and pickling salt, extra fine flour salt, Red Cross, Sterling, Dominion Sea Salt

NOTE on Salt: Always check to make sure that there is no dextrose, iodine or polysorbate listed in the ingredients

Sandwich Bag - any paper or plastic

Sanitizer - All

Scouring Pad - Doble, Brillio Nylon, Scrubber, Scotch Brite, Supreme, Chore Boy, Alrwick Nylon, Golden Fleece, Scrunge, O-Cel-O, any steel wool without soap

Seitzer (Unflavored) - All

Shampoo - All

Shaving Cream & Gel - All

Shaving Lotion - All

the hechsher on a well known gelatin product: In 1966, Rav Moshe Feinstein Z"TL, and Rav Aaron Kotler Z"TL both opposed all gelatins that were not obtained from a Kosher source.

Kosher gelatin, from Kosher slaughtered animals, tends to be too expensive for large companies to produce. This is the reason that the O/U, O/K, Star K and other reliable certifying agencies insist upon a gelatin substitute in products which would otherwise need gelatin. Marshmallows are a prime example of such a product. Some acceptable substitutes for gelatin are: Japanese gelatin, Japanese insitnglass, agar agar, Chinese moss, Irish moss, carrageenan. Surprisingly,

there is even one marshmallow product being sold which states "Kosher Beef Gelatin" which is produced from dried beef bones from India, which were not Kosher slaughtered. There is a new type of fish gel that is presently being used in pharmaceuticals and some food products certified Kosher. Fortunately, a truly reliable certified Kosher gelatin obtained from Glatl Kosher hides is being produced under the supervision of the O/U. This gelatin is used by Tzalts', Golden Fluff, Manischewitz and Granny's marshmallow brands. It should be noted that today, there are many products that list "gelatin" in the ingredients **and** are under a reliable Hashgacha. This is because the source for this gelatin is fish, therefore reliable Kashrus agencies are able to certify such products as Kosher.

PET FOOD

One of the many challenges of Pesach is finding Halachically permissible pet food. There are two separate Kashrus issues about which one should be aware. One is related specifically to Pesach, and the other related to the rest of the year as well. The year round problem concerns the mixing of milk and meat. It says three times in the Torah "Lo Sevashel Gede'e Bachelev Imo". Literally, this is a prohibition against cooking milk and meat together. However, from the fact that the Torah states this three times, and uses the term Gede'e (kid), the Gemorah (Talmud) in Chulin (113A 115B) explains this to mean that milk from any Kosher species and meat from any Kosher species (i.e. beef mixed with cow's milk or goat's milk etc.) are forbidden to: a) be cooked together, b) be eaten together, c) derive benefit or pleasure from them. These prohibitions (from the Torah) do not apply to poultry or venison. In order to avoid confusion, the Rabanan (Rabbi's) extended the prohibition of eating milk and meat together to include poultry and venison. However, deriving benefit from poultry mixed with milk was not included in this decree. Therefore, chicken with which, milk or cheese is permissible in pet food. Commonly, dog and cat foods contain milk and meat mixtures, and therefore, are forbidden to Jewish pet owners all year round. There is

an additional problem for a Jew who is a pet owner during Pesach. The basis for this problem is that Chometz carries with it three "Isurim" (prohibitions) a) Hanzach (benefit), b) Ownership, c) Baal Yimatzeh (it must be completely removed from a person's premises). Due to the prohibition of deriving any pleasure or benefit from Chometz, we are not permitted to use or own pet food containing any type of Chometz on Pesach. Therefore, it is important to be aware of the prevalent use of the five grains: **wheat (germ, cracked, flour, gluten, ground, groats), middlings, starch, rye, barley (cracked flour), oats (flour, groats), hulled & spelt** in dog and cat foods today. Other Chometz ingredients are **Brewer's Yeast, Gluten, Malt, Pasta, Starch and Xanthan Gum**. Almost all dry pet foods list wheat or oats as their first ingredient. This is true for fish food and bird foods as well.

NOTE: Only clay or wood-based Kitty Litter may be used on Pesach.

Additional Animal-Related Concern: Often the products that one may purchase at a local zoo to feed the animals contain Chometz and should not be purchased or fed to the animals on Pesach.

The following is a list of pet foods that do NOT contain forbidden milk and meat mixtures, nor do they contain Chometz.

Benefit from "Kithyos" (legumes) is permitted on Pesach, even for an Ashkenazi Jew.

Therefore, rice, for instance, does NOT pose a problem in pet foods.

Dog Food - Blue (Wilderness Turkey & Chicken Grill, Basics Turkey & Potato, Blue's Stew Turkey, Irish Lamb Stew, Country Chicken Stew, Mom's Chicken Pie, Turkey Day Feast, Turducken, Backyard BBO), **California Natural** (Lamb & Brown Rice), **Chicken & Brown Rice**, **Venison Meal Formula** - dry dog food), **Lams** (Beef & Vegetables, Lamb & Rice, Beef & Rice, Wool Delights Turkey & Lamb Tango Dinner), **Happy Hips** (Chicken & Sweet Potato Stew, Duck & Sweet Potato Stew, Lamb & Sweet Potato Stew Formula, Duck Formula, Rabbit Formula), **Mighty Instinct** (Chicken Formula, Beef Formula, Lamb Formula, Duck Formula, Sweet Potato Formula), **Dog (Chicken & Smoked Bacon - only), Natural Balance** (Chicken & Sweet Potatoes, Duck & Potatoes, Venison & Sweet Potatoes, Lamb & Brown Rice, Wild Boar & Brown Rice), **Organix** (Chicken & Potato, Turkey Carrot & Potato, Chicken & Vegetables, Turkey & Vegetables, Chicken & Brown Rice, Butcher & Bushel Turkey & Vegetable Formula), **Wellness** (Chicken & Sweet Potato, Chicken, Senior Formula, Just for Puppies, Whiterish & Sweet Potato, Chicken Stew, Lamb & Beef Stew, Turkey Stew, Core)

Alert: Some dog food brands that often contain Chometz are: Alpo, Beneful, Pedigree, Purina and Science Diet Dog Food. Be sure to check ingredient panels carefully for Chometz

This issue is dedicated in the name of HaRav Avraham Daniel Mordechai ben Miriam Sara & Fega Bat Yeta Rikah. May Hashem grant them a refuah shlemah in the zchus of their being a constant osek b'tzorchai tzibur.

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