



# KASHRUS CONSCIENCE

A service of the Kosher Information Bureau  
by Rabbi E. Eidlitz

2014 Guide to Reliable  
Kosher Symbols &  
Foods Needing No Certification





'Simply the Best'<sup>TM</sup>

For nearest store location visit  
[coffeebean.com](http://coffeebean.com)



'Serving you with over  
200 Kosher stores'

## TABLE OF CONTENTS

What You Don't Know Can Kill You .....	Page #1
Ingredients & Additives .....	Page #2
Things that Don't Need Hashgacha Certification .....	Page #9
Some Recommended Symbols .....	Page #12 & 13
Alerts .....	Page #14
Updates .....	Page #20

## FOOD ADDITIVES

1

### WHAT YOU DON'T KNOW CAN KILL YOU

As the saying goes: "You are what you eat"! This is fine if you are aware of what you are eating; however, many people would be quite surprised if they knew what they were really eating. Most mystery ingredients in food come under the category of "food additives". Long ago, the FDA established as law that certain amounts of contaminants are acceptable in government-approved food products. In frozen broccoli, for instance, the fact that up to 60 aphids, thrips or mites are allowed and are considered just one of the concessions we make in our industrial society in order to enjoy the convenience of prepared foods. The fact that shellac, a high gloss glaze derived from the female lac insect, is used under the innocent name of "resinous glaze" is a prime example of the general public's lack of knowledge concerning the source and origin of many food additives.

The ingredients "carmine" or cochineal, which is the current favored choice for red coloring in many foods, are but another example of how insects are legally finding their way into many common and popular food products. When it comes to flavorings, it has long been the industry's policy

to mask the true nature of the additive under the generic term "natural flavoring". This sounds very gentle and downright healthful. However, using the example of the flavoring "ambergis", we learn that the source of this additive is from the sperm whale. Yet another such example is "civet absolute", which is derived from the civet cat. These additives are offered to the unsuspecting consumer as "natural flavors", which of course, they actually are! Such broad definitions allow for a typical breakfast of coffee, tomato juice, cereal and toast to possibly include the following legal hidden ingredients: coffee beans - up to 10% can be insect infested; tomato juice - up to 10 fly eggs per 100 grams, cereal - up to 9 milligrams of rodent excreta and 50 insect fragments per 50 grams, non-dairy creamer - casein - a milk derived product; "natural or artificial" flavoring - could be from literally hundreds of sources including animal, vegetable or synthetic.

Some people may feel annoyed, or even downright angry at discovering the truths of these hidden ingredients. However, to some, this lack of disclosure can even be lethal and life threatening. A typical non-dairy creamer and non-dairy dessert topping lists "casein" in the ingredients, which is a milk derived sugar. Similarly,

many tuna manufacturers fail to reveal on their labels the fact that one of the ingredients, "hydrolyzed"

vegetable protein, is often derived from whey, another dairy product. Imagine a person who is hyper-allergic to any dairy product. Such a person could innocently purchase such products and unsuspectingly, suffer a life threatening allergic reaction to this supposedly "non-dairy" product and the deadly "hidden" ingredients in them. How can allergy sufferers avoid such a terrifying scenario? Barring extensive research into each and every item in the supermarket, there is another alternative. The Kosher laws, as they are written, require full disclosure on the package in some form. Hence, if the hydrolyzed vegetable protein in a can of tuna is from a dairy derivative, or the non-dairy creamer contains traces of a dairy-based source, the kosher symbol on the label will be followed by a "d". This indicates, to the veteran kosher consumer, who is familiar with the interpretation of such labels, that there is in fact a dairy derivative in this product, giving it a dairy status.

All products under kosher supervision are inspected on a regular basis to determine all aspects of each and every ingredient in that product, as well as the machinery used in the production of that product. If the machinery is dairy, often the product will be labeled "DE" indicating dairy equipment.

In an article written by Gini Kopecky and printed in "Family Circle" magazine Dr. Hugh Sampson of the Pediatric Allergy

**Allen & Debbie Demer**  
**818.489.6101 818.262.8376**  
**perfectlysited@sbcglobal.net**  
**www.perfectlysited.net**

CUSTOM GIFT BASKETS AND GIFTS FOR ANY OCCASION.  
 WE DESIGN TO PERFECTLY SUIT YOUR NEEDS.  
 WEDDING SUPPORT AND COMPUTER CALLIGRAPHY ALSO AVAILABLE.

UNDER THE KOSHER SUPERVISION OF RABBI AHARON SIMKIN

Catering by  
**BRENDA**  
 Distinctive Cuisine

*Weddings, Bar Mitzvahs, Simchas, Special Events*

**Brenda Walt**

Phone: 310-203-8365

Fax: 310-788-0706

email: bw@cbbrenda.com

www.cateringbybrenda.com

1467 South Durango Ave., L.A., CA 90035

and Immunology Division at Baltimore's Johns Hopkins University School of Medicine is cited as having found that a harmless can of tuna, which was not clearly labeled as containing dairy derivatives, had threatened the life of a young 3 year old boy, who was hyper-allergic to any dairy products. Unknown to the parents, this can of tuna contained a dairy-based ingredient. A near-tragedy would have been prevented had these parents known that the "d" on the label of this can of tuna indicated that this product should not be used by a person with a severe milk allergy.

As ingredients become more and more complex and obscure, we propose that the FDA and food manufacturers learn from the kosher supervisory industry how to better provide full disclosure of each ingredient to the general public. We feel that it is a great injustice to many concerned and intelligent consumers that they are not being adequately informed to protect themselves and their families from potentially harmful and lethal food additives. It is surprising then, that close to 100,000 products and ingredients in the U.S. today are certified kosher.

The end result is that millions of Americans from all religions and walks of life are looking to kosher certified foods as the only real guarantee as to the true nature of what they are eating. No hidden ingredients, no surprises! For the benefit of children and adults, for whom these food additive disclosures can be the difference between health and illness, life and death, it is not surprising that major food companies are rushing to obtain kosher supervision for products that qualify. Clearly, the kosher consumer can not rely on merely reading the ingredients listed on the labels. It is also prudent for people in this country to learn more about kosher food symbols and how to look for them and understand them. An educated consumer stands the best chance of remaining a healthy one!

### **INGREDIENTS & ADDITIVES**

**Acetic Acid** – found in plant juices, milk, oil petroleum and sometimes muscles. It is the final product of many aerobic fermentations. When it is from petroleum, it is kosher, pareve with supervision.

**Agar Agar** - Source: seaweed. Use: a substitute for gelatin (cream and in confectionery items). Kosher, pareve without

supervision.

**Albumin** - Sources: blood (serum albumin), milk (dairy), eggs. Use: coagulant and stiffener in baked goods. Requires supervision.

**Alginate** - Source: seaweed. Forms: calcium alginate, alginic acid, sodium alginate, propylene glycol alginate. Uses: thickening and stabilizing agent in pastry, jelly, ice cream, cheese, candy, yogurt, canned frosting, whipped cream, and beer. Kosher, pareve without supervision.

**Alginic Acid** - see alginate. Alpha Amylase - Source: hog pancreas. Use: in flour to breakdown any starches. Not kosher.

**Alum Aluminum Sulfate** - Source: earth. Also known as cake alum or patent alum. Use: clarifying oils and fats. Kosher, pareve without supervision.

**Ambergris** - Source: whale intestine. Use: flavoring (also used in perfume). Not kosher.

**Anise** - Source: fruit of an herb (in the parsley family). Use: flavoring foods in beverages. Kosher, pareve without supervision.

**Argol** - Source: sediment in wine casks during fermentation and storage. Use: in the manufacture of tartaric acid and vinegar from malt. See also



## PICO

A: 4817 West Pico Blvd.  
Los Angeles, CA 90016  
P: 323.933.8283  
E: [pico@westernkosher.com](mailto:pico@westernkosher.com)

### HOURS

Sun 7 - 6:00  
Mon / Tue / Wed 7 - 7  
Thu 7 - 7:30  
Fri 7 - 2.5 hours before sundown  
Sat CLOSED

## FAIRFAX

A: 444 N. Fairfax Ave.  
Los Angeles, CA 90036  
P: 323.655.8870  
E: [fairfax@westernkosher.com](mailto:fairfax@westernkosher.com)

### HOURS

Sun 7 - 6:00  
Mon / Tue / Wed 7 - 7  
Thu 7 - 7:30  
Fri 7 - 2.5 hours before sundown  
Sat CLOSED

cream of tartar and tartaric acid.

**Ascorbic Acid** (vitamin c) - Source: synthetic or corn. Use: nutrient. Kosher, pareve without supervision.

**Ascorbate Palmitate** - Source: synthetic and palm oil. Use: preservative. Kosher, pareve without supervision.

**Benzoic Acid** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**BHA** (Butylated Hydroxyanisole) - Source: synthetic. Use: as an antioxidant in cereals, stabilizers, shortenings, and potato flakes and granules. Kosher, pareve without supervision when found in corn oil.

**BHT** (Butylated Hydroxytoluene) - Source: synthetic. Use: as an antioxidant in beverages, desserts, cereals, glazed fruits, dry mixes for beverages, and potato flakes and granules. Kosher, pareve without supervision when found in corn oil.

**Calcium Alginate** - see Alginate.

**Calcium Carbonate** - Source: limestone. Use: tooth powder and in removing acidity of wine. Kosher, pareve without supervision.

**Calcium Chloride** - Source: synthetic. Use: in canned goods and in cottage and cheddar cheeses as a preservative. Kosher, pareve without supervision.

**Calcium Citrate** - see Citric Acid.

**Calcium Disodium** (EDTA) - Source: synthetic. Use: flavor retention in canned soda and canned white potatoes; as a preservative in dressings, egg products, oleomargarine, potato salad, lima beans, mushrooms,

pecan pie filling, and spreads. Kosher, pareve without supervision.

**Calcium Propionate** - Source: synthetic. Use: preservative. Kosher, supervision preferred.

**Calcium Stearate** - Source: a compound of calcium and stearic acid. (Important: see Stearic Acid) Use: anti-caking ingredient in some spices (especially garlic salt and onion salt) and extensively in tablets. Requires Kosher supervision.

**Calcium Sorbate** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Calcium Sterol Lactylate** - Source: milk or soybeans. Use: instant mashed potatoes. Requires Kosher supervision.

**Calcium Stearoyl Lactylate** - Source: chemical reaction of stearic acid and lactic acid. Use: as a dough conditioner, whipping agent and as a conditioner in dehydrated potatoes. Requires Kosher supervision.

**Capyrylic Acid** - Sources: palm oil, coconut oil. Use: preservative and flavoring. Kosher, pareve without supervision.

**Carbon Black** - Source: synthetic. Use: black coloring in confectionery. Requires Kosher supervision.

**Carmine** (Cochineal) Source: insect. A crimson pigment derived from a Mexican species of scale insect (*coccus cacti*). Use: coloring in red apple sauce, fruit cocktail, confections, baked goods, meats, and species. Not Kosher.

**Carrageenan** - Sources: seaweed and fresh moss. Use: as a substitute for gelatin (an emulsifier, stabilizer, and food thickener). Kosher, pareve

without supervision.

**Caramel** - Source: sugar or glucose. Use: coloring foods, beverages, and confectionery items. Kosher, pareve without supervision.

**Casein** - Source: milk, hence dairy. Uses: stabilizer for confectionery, texturizer for ice cream and sherbets, or as a replacement for egg albumin. Because it is precipitated by acid or by animal or vegetable enzymes, requires Kosher supervision.

**Catalase** - Source: cow liver. Use: coagulant. Requires Kosher supervision.

**Cholic Acid** - Source: animal bile. Use: emulsifier in dried egg whites. Requires Kosher supervision.

**Choline Bitartrate** - Source: animal tissue. Use: nutrient (B-complex vitamin). Requires Kosher supervision.

**Citric Acid** - Sources: fruits and vegetables, molasses and grain. Use: antioxidant, sugar solubilizing in ice cream and sherbet, fruit juice drinks, and canned and jarred products, including jelly, cheese, candy, carbonated beverages, instant potatoes, wheat, chips, potato sticks, wine. Kosher, pareve without supervision.

**Civet, Absolute** - Source: cats. Use: flavoring for beverages, ice cream, ices, candy, baked goods and chewing gum. Not Kosher.

**Cocoa Butter** - Source: cocoa bean. Use: chocolate coatings. Kosher, pareve without supervision.

**Coconut Oil** - Source: coconut. Use: In the manufacture of edible fats, chocolate, and candies; in baking in place of lard. Requires supervision (see Oil).

**Confectionery Glaze** - See

Resinous Glaze and Shellac.

**Corn Starch** - Source: Corn. Kosher pareve without supervision.

**Cream of Tartar** (Tartaric Acid) - Source: argol, the stony sediment of wine casks. Once the liquid residue has been removed from the argols by aging one year and drying, the argols are permissible. Use: in a variety of confections and in the preparation of baked goods.

**Cysteine. L form** - Source: an Amino Acid, human and horse, or synthetic (sometimes from deceased women). Use: nutrient in bakery products.

**Dextrin** - Source: starch. Use: prevents caking of sugar in candy, encapsulates flavor oils in powdered mixes, thickener. Kosher, pareve without supervision.

**Dextrose** (corn syrup) - Source: starch. Use: sweetener, coloring agent in beverages, ice cream, candy and baked goods. Kosher, pareve without supervision.

**Dilauryl Thiodipropionate** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Dough Conditioners** - Source: calcium stearoyl-2-Lactylate, or animal fat. Use: to improve the texture of bread. Often it will contain mono and diglycerides. Requires supervision.

**Emulsifiers** - Source: fats (animal or vegetable, synthetic.) Use: binding oils and water, thickening, a preservative in baked goods, reducing ice crystals and air bubbles in ice cream. Requires kosher supervision.

**Erythroic Acid** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Eschalots** (shallot) - Source:

an onion-like plant. Bulbs used like garlic for flavoring. Kosher, pareve without supervision.

**Ethyl Vanillin** - Source: synthetic, bark of spruce tree, or wine alcohol. Use: as a flavor instead of vanilla or to fortify it. Kosher, requires supervision.

**Fats** - Source: animal or vegetable. Substances that are solid at room temperature are fats; those that are liquid at room temperature are oils. Requires kosher supervision.

**Fatty Acids** - Source: animal or vegetable fats. Use: emulsifiers, binder, lubricants. Requires kosher supervision.

**Filberts** - Source: a type of hazelnut; when raw or dry roasted, Kosher, pareve without supervision.

**Glucose** - Source: fruits and other plants such as potatoes and corn (see dextrose). Use: sweetener, coloring agent. Kosher, pareve without supervision.

**Glyceride** - Source: see mono- and diglycerides.

**Glycine** - source: gelatin, animal or vegetable oil, sometimes used in cereals. Also as a flavor enhancer. Requires kosher supervision.

**Glycerol Monostearate** - Source: glycerol monostearate may be of animal origin. Requires kosher supervision.

**Glycerine** - Source: beef fat, petroleum, or vegetable. Use: as a solvent or humectant (maintains the desired level of moisture). Requires kosher supervision.

**Gum Arabic, Gum Acacia** - Source: trees. Use: thickening agent, emulsifier, stabilizer. Kosher, pareve without supervision.

**Gum Base** - Source: trees (chicle, natural rubber, etc.)

synthetic butyl rubber, paraffin, polyethylene, vinyl, resin, glycerin, glycerol monostearate. Use: in the manufacture of chewing gums. Requires kosher supervision..

**Gum Guaiaac** - Source: trees. Use: antioxidants. Kosher, pareve without supervision.

**Guar Gum** - Source: plants. Use: extender for pectin, stabilizer and thickener for spreads, syrups, sauces, salad dressing and licorice. Kosher, pareve without supervision.

**Gum Tragacanth** - Source: shrubs. Use: thickening agent. Herb derived from green leaves or herbaceous part of the plants. Kosher, pareve without supervision.

**Invert Sugar** (inversol nulomoline colorose) - Source: cane sugar. Use: sweetener. Kosher, pareve without supervision.

**Invertase** (invertin) - Source: yeast. Use: preparation of invert sugar from sucrose. Kosher, pareve without supervision.

**Lactic Acid** - Sources: molasses, corn starch, glucose, molasses. Use: preservative, flavoring. (Lactic acid can also be produced from whey, in which case it is dairy, but its use is restricted to ice cream and cream cheese). Kosher, pareve without supervision.

**Lactose** (milk sugar) - Source: whey. Use: sweetener, humectant, and nutrient. Kosher, dairy without supervision.

**Lauric Fats** - Source: coconut, palm oil. Use: with or instead of cocoa butter. Kosher, pareve without supervision.

**Lecithin** - Source: soybeans, corn oil. Use: emulsifier and preservative, especially in

chocolate. Kosher, pareve without supervision.

**Lipids** - Source: animal or vegetable fats. Use: shortening, flavoring, thickener. Requires kosher supervision.

**Lactalbumin** - see Albumin.

**Lysine, L and DL Forms** - Sources: casein, fibrin, blood. Usually synthesized. Requires kosher supervision.

**Magnesium Stearate** - Source: stearic acid. From tallow, vegetable oils or synthetic. Use: anti-caking agent. Requires kosher supervision.

**Malt Syrup** - Source: malt and barley. Use: emulsifier and starch dissolving.

**Mannitol** - Source: fungi. Use: sweetener. Kosher, pareve without supervision.

**Methylparaben** - Source: synthetic. Use: preservative. Kosher, pareve without supervision

**Methyl P Hydroxy Benzoate** - see Methylparaben.

**Mono - and Diglycerides** -

Source: animal and vegetable. Use: stabilizer, emulsifier, softener, preservative. Most are animal products. Mono- and diglycerides do not necessarily have to be listed in the ingredients. Requires kosher supervision.

**Monosodium Glutamate** - Source: sugar, plants, beets and corn. Use: flavor enhancer. Kosher, pareve without supervision.

**Musk** - Source: deer glands, synthetic. Use: in flavorings for beverages, ice cream, candy, baked goods, and chewing gum. Now usually it is produced synthetically. Kosher supervision required.

**Natural fruit flavors** (natural flavoring) - concentrated under vacuum or freeze dried. Concentrated fruit pulp that is used in confectionery usually requires fortification with some synthetic flavor. Can contain grape juice, as well as many other non-kosher substances. Requires kosher supervision.

**Oil of Lemon** - Source: lemon

peel. Kosher, pareve, without supervision.

**Oil of Rose** - Source: distilled from fresh rose petals. Comes mostly from Bulgarian Damask rose. Kosher, pareve without supervision.

**Oil of Caraway** - Source: seeds of Carum Carui. Grown in Holland and Central to Southern Europe. Flavoring for chocolate and coatings. Kosher, pareve without supervision.

**Oil of Cardamon** (grains of paradise) - Source: Alleppy Cardamon, trees from India. Use: enhance the flavor of ground coffee, butter, chocolate, liquor, spice and vanilla flavoring. Kosher, pareve without supervision.

**Oil of Cassia** (Cassia Bark) - Source: leaves and twigs of the Chinese Cinnamon. Use: for cocoa flavor in biscuits, cakes, ice cream and beverages. Kosher, pareve without supervision.

**Oil of Celery** - Source: celery plant. It comes primarily from France. Use: usually as flavoring

## Changing the Face of L.A., One Smile at a Time



9920 Venice Boulevard  
Culver City, CA 90232

Visit our website  
[www.pivosmiles.com](http://www.pivosmiles.com)

FREE PARKING

We accept all major  
credit cards and Care Credit.

SHOMER SHABBOS

### COSMETIC DENTISTRY

Zoom! 1 Hour Bleaching  
Composite & Porcelain Fillings  
Dental Implants - In House  
Veneers & Lumineers



Dr. Jonathan Pivo

### GENERAL DENTISTRY

Pediatric Dentistry  
Family Dentistry  
Teeth Cleaning  
Custom Sportguards &  
Nightguards  
TMJ, Snoring & Bad Breath  
Multiple Sedation Options  
State-of-the-Art Antiseptic  
Procedures  
Bonding & Crowns

Give us a call!

818-995-PIVO(7486)  
310-558-0023

for cocoa, chocolate, and other confections. Kosher, pareve without supervision.

**Oil of Cinnamon** - Source: under the bark of the Cinnamomum Zeylanicum tree. Found in Seychelles and Ceylon. Use: to enhance fruit flavorings. Kosher, parve without supervision.

**Oil of Peppermint** - Source: dried plant leaves. Use: flavoring. Kosher, pareve without supervision.

**Oleic Acid** - Source: fats and oils (animal or vegetable). Use: defoaming, flavoring. Requires Kosher supervision.

**Oxysterins** - Source: Glycerides, stearic acid. Use: prevents oil from clouding. Requires Kosher supervision.

**Ox Bile** - Source: ox bile. Use: preservative and emulsifier in dried egg whites. Requires Kosher supervision.

**Ox Gall** - see Ox Bile.

**Pepper Cream** - Source: herb. Use: spice. Requires diglycerides or other emulsifiers to mix. Kosher, pareve, requires Kosher supervision.

**Pepsin** - Source: enzyme, usually extracted from hog stomachs, but can be synthetic. Use: coagulant in cheese. Can be produced from kosher animals. Requires Kosher supervision.

**Polyglycerol Esters of Fatty Acids** - Source: fats and oils, animal or vegetable. Requires Kosher supervision.

**Polyorbate 60, 65, 80** - Source: stearic acid (also called Tween). Use: emulsifiers, especially in "non-dairy" products. Requires Kosher supervision.

**Potassium Bi sulfite** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Potassium Caseinate** - Source: milk. Use: stabilizer and texturizer. Requires Kosher supervision.

**Potassium Metabisulfite** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Potassium Sorbate** - Source: berries or synthetic. Use: preservative. Kosher, pareve without supervision.

**Propionic Acid** - Source: synthetic or may be made from cheese. Use: mold inhibitor, preservative. Requires Kosher supervision.

**Propyl Gallate** - Source: synthetic or from nuts produced by insects. Use: preservative. Requires Kosher supervision.

**Propylene Glycol (Alginat)** - Source: synthetic. Use: emulsifier, stabilizer, solvent. Kosher, pareve without

supervision.

**Propylparaben** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Release Agents** - Source: oils, mineral oil, mono-glycerides or synthetic. Use: keeps heated foods from sticking to equipment, utensils, and packaging. These need not be listed in the ingredients. Requires Kosher supervision.

**Resinous Glaze** - Source: insect secretion. Use: coating candies and pills. While there are authorities who permit these glazes on the grounds that they are non-edible, there are other authorities who forbid them.

**Rennet** - Source: animal enzymes. Derived from the lining membranes of the stomach of suckling calves. Use: coagulant and curdling agent especially in cheese and other dairy products. A vegetable enzyme similar to rennet is available as a substitute, but even if it is used, supervision is required. Hard cheese made by gentiles without constant supervision, even if made with completely Kosher ingredients, is not Kosher. (see cheese article). Requires Kosher supervision.

**Rennin** - see Rennet.

**Serum Albumin** - Source: blood. See Albumin. Not kosher.

**Shellac** - Source: insect secretion. Use: in glaze for confectionery products and in chocolate panning. See Resinous Glazes.

**Shortenings** - Source: oil. Use: to make baked goods light and flaky. Factories often make both animal and vegetable shortenings on the same

**Grocery • Bakery • Sushi • Meat • Chicken & Wines**



**LE MARKET**  
**GLATT KOSHER**

Tel: (818) 763-5223  
Fax: (818) 763-1023

12516 Burbank Blvd.  
N. Hollywood, Ca 91607

This magazine was made possible by the generous donation of:

Mr. & Mrs. Lenard Liberman  
 Mr. & Mrs. Jim Kapenstein  
 Mr. & Mrs. Asher Levine  
 Mr. & Dr. Avrumi Bak  
 Mr. & Mrs. Paul Cohen  
 Mr. & Mrs. Steve Darrison



**NEFESH**  
**MUSIC**  
 The Best Music On The West Coast

**Brad Schachter**  
 323-854-2723  
 818-509-7756  
 www.nefeshmusic.com

**WEDDINGS**  
**BAR/BAT MITZVAHS**  
**CONCERTS**  
**SPECIAL EVENTS**

This issue is dedicated to the Refuah Shlaima of Fega Bas Yeta Rifkai Arnall

and for the Aliyas Neshama of Avraham Daniel Mordechai Ben Yeshayahu Arnall

## Sweet Events by Candie

Wedding & Party Planning. Full support the day of event & before.

**Candie Schwartz**

Phone: (818) 989-1653

Cell: (818) 262-7259

Fax: (818) 902-0584

equipment. Requires Kosher supervision.

**Sodium Alginate** - Source: seaweed or kelp. Use: as a stabilizer. Kosher, pareve without supervision.

**Sodium Ascorbate** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Sodium Benzoate** - Source: synthetic origin. Use: preservative. Kosher, pareve without supervision.

**Sodium Bisulfite** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Sodium Caseinate** - Source: milk and cheese. Use: texturizer in "non-dairy" creamers and instant mashed potatoes. Kosher, dairy. Requires Kosher supervision.

**Sodium Citrate** - Source:

synthetic. Use: emulsifier and buffer in processed produce. Kosher, pareve without supervision.

**Sodium Lauryl Sulfate** - Source: synthetic. Use: detergent, whipping agent, an emulsifier (in egg products) and surfactant (in beverages). Kosher, pareve without supervision.

**Sodium Meta Bisulfate** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Sodium Propionate** - Source: synthetic origin or rarely it is made from cheese. Use: mold preventative. Kosher, supervision preferred.

**Sodium Nitrate** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Sodium Sorbate** - Source: synthetic or from corn. Use:

preservative. Kosher, pareve without supervision.

**Sodium Sulfite** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Softeners** - Source: animal or vegetable. Use: in chewing gum. Requires Kosher supervision.

**Sorbic Acid** - Source: berries, corn or synthetic. Use: mold inhibitor. Kosher, pareve without supervision.

**Sorbitan Monostearate** - Source: Stearic acid. Use: emulsifier, defoamer, flavor disperser. Requires Kosher supervision.

**Span** - see Polysorbate.

**Spearmint Oil** - Source: the herb mentha virialis. Use: primarily as flavoring in chewing gum. Kosher, pareve without supervision.

**Sperm oil** - Source: whale. Use:

release agent and lubricant in baking pans. Not kosher.

**Spices** - Source: dried vegetable product derived from any part of the plant, whether root, stem, bark, fruit, bud or seed. Kosher, without supervision.

**Stannous Chloride** - Source: synthetic. Use: preservative. Kosher, pareve without supervision.

**Stearic Acid** - Source: animal or vegetable oil. Use: in butter and vanilla flavoring, softener in chewing gum. Requires Kosher supervision.

**Stearyl Lactic Acid** - Source: fats and oils. Use: emulsifier. Requires Kosher supervision. (Kosher forms are often dairy.)

**Sulfur Dioxide** - Source: synthetic gas. Use: preservative. Kosher, pareve without supervision.

**Tartaric Acid** - see Cream of Tartar.

**Tween and Span** - see Polysorbate.

**Thiodipropionic Acid** - Source: synthetic. Use: preservative, or from cheese. Kosher, requires Kosher supervision.

**Tocopherols** - Source: synthetic, or soybeans. Use: preservative, nutrient (vitamin E). Kosher, pareve without supervision.

**Tricalcium Phosphate** - Source: synthetic. Use: anti-caking agent, bleaching agent. Kosher, pareve without supervision.

**Turmeric** - Source: herb. Use: spice. As a powder: (Often used in its oleo resin form for use in pickling brine and mustard with glycerol added.) Kosher, requires supervision.

**Vanilla** - Source: bean. Use: flavoring, it may be processed with glycerine. Requires Kosher supervision.

**Vanillin** - Source: bark of spruce tree. Use: flavoring. Kosher, pareve without supervision.

**Vegetable Shortening** - see Shortening.

**Vegetable Oil** - see Oil.

**Vegetable Gums** - Use: substitute for gelatin in desserts and candies. Kosher, pareve without supervision. Also see gum.

**Whey** - Source: milk, hence dairy. Use: binder and flavoring agent. Since it is obtained in the manufacture of cheese, requires supervision.

### THE FOLLOWING DO NOT REQUIRE HASHGACHA:

**Air freshener**

**Antibiotics**

**Apple sauce** (unflavored)

**Isopropyl alcohol**

**Aluminum foil**

**Aluminum pans**

**Aluminum cupcake holders**

**Ammonia**

**Baby Corn** (NOT from China)

**Baking soda**

**Baking powder**

**Bamboo Shoots** (canned - NOT from China)

**Basmati Rice (unseasoned)**

**Beans** (dried)

**Beer** (unflavored-domestic only)

**Beets** (canned - without flavor or color added)

**Bleach**

**Bran** (with no additives)

**Brown Sugar**

**Buckwheat** (with no additives)

**Candles**

**Cane Juice**

**Carob powder** (pure)

**Carrots** (canned)

**Castor oil**

**Charcoal Briquettes**

**Cinnamon Sugar**

**Cocoa** pure, with no additives

**Coconut Milk** (not from China)

**Coffee** - pure - without flavoring.

**Coffee substitute from grains** -

### DON'T NEED SUPERVISION

pure grains only

**Coffee Filters**

**Corn** (plain and cream style - frozen or canned)

**Corn Grits**

**Corn Meal**

**Corn Starch**

**Corn Syrup**

**Couscous** (unseasoned)

**Crockpot liners**

**Dental floss**

**Eggs** (no certification required for raw, whole, non-processed eggs. However, they should be checked for blood spots)

**Evaporated Milk** (with no additives - from the U.S.)

**Farina** (plain)

**Fish** (fresh fish with fins and scales do not require certification)

**Flour** (plain only - without enzymes)

**Fruits** (Only without bug issues (berries etc.) or from Israel. No certification needed for most plain, canned and frozen fruits with no added ingredients besides water, salt, sugar, corn syrup, corn sweetener, citrus acid, ascorbic acid, calcium chloride, lactic acid and ferrous glutamate)

**Gin**

**Gloves**

**Grains** (raw)

**Green Beans** (canned)

**Guar Gum**

**Honey** (no certification required for pure, unflavored honey)

**Injections**

**Intravenous**

**Juices** (fresh or frozen apple, grapefruit, orange and pineapple juice, either fresh or from concentrate, do not need certification at present time. This is only when these are pure juices with no additives such as flavorings or glycerin)

# Kosher Information Bureau

Rabbi Eliezer Eidlitz  
12753 Chandler Boulevard  
Valley Village, California 91607  
(818) 262 5351  
eidlitz@kosherquest.org

[www.kosherquest.org](http://www.kosherquest.org)

*Tax deductible donations can be made  
by check or paypal on our website.*

## KOSHER FOOD INTERNET SITES

[www.kosherquest.org](http://www.kosherquest.org)  
e-mail: [eidlitz@kosherquest.org](mailto:eidlitz@kosherquest.org)

### MEALS FOR TRAVELING

(hotels, cruise lines delivery)

[www.Kosherflyaway.com](http://www.Kosherflyaway.com)

[www.Koshercornucopia.com](http://www.Koshercornucopia.com)

[www.kosher.com](http://www.kosher.com)

[www.koshergourmetmart.com](http://www.koshergourmetmart.com)

[www.koshermania.com](http://www.koshermania.com)

[www.yidworld.com](http://www.yidworld.com)

[www.labriutmeals.com](http://www.labriutmeals.com)

(732) 370-0035

Kosher on Wheels

(323) 933-0089 RCC / Kehilla

Cho-Sen Island

(516) 374-1199

Vaad of Five Towns

Chap a Nosh

(516) 374-5100

Vaad of Five Towns

The Jewish Diabetes Assn.

Tel: (718) 578-4180

Israel: 054-732-867

[www.jewishdiabetes.org](http://www.jewishdiabetes.org)

[www.kosherclub.com](http://www.kosherclub.com)

[www.koshermart.com](http://www.koshermart.com)

[www.kosherdepot.biz](http://www.kosherdepot.biz)

[www.kosherstarbucks.com](http://www.kosherstarbucks.com)

## KOSHER NEWSLETTERS & KASHRUS INFORMATION HOTLINES

**Kashrus Conscience** - Kosher Information Bureau

Rabbi E. Eidlitz, Rabbinic Administrator.

12753 Chandler Boulevard Valley Village, California 91607

Phone: (818) 262 5351

E-mail: [eeidlitz@kosherquest.org](mailto:eeidlitz@kosherquest.org)

Website: <http://www.kosherquest.org>

Publications - Kashrus Conscience Magazine

E-mail updates and alerts

**www.kashrut.com** Arlene J. Mathes-Scharf

Phone: (781)784-6890 Fax: (781)784-6890

E-mail: [ajms@kashrut.com](mailto:ajms@kashrut.com) URL: " <http://www.kashrut.com/>"

**Food Scientist** - Kosher Food Specialist Scharf Associates

P.O. Box 50 Sharon, MA 02067

**Va'ad HaRabanim of Greater Seattle**

5100 South Dawson St., #102, Seattle, WA 98118.

Phone: (206) 760-0805 Fax: 725-0347

E-mail: [Rabbiabk@seattlevaad.org](mailto:Rabbiabk@seattlevaad.org) [www.seattlevaad.org](http://www.seattlevaad.org)

Publications: Quarterly Product Guide, Annual Pesach Guide

**Vaad HaKashrus of Baltimore (Star K)**

Rabbi Moshe Heinemann, Rabbinic Advisor

411 Warren Road, Pikesville, Maryland 21208

(410) 484-4110 Publication - Kashrus Kurrents, Pesach Guide

**Kashrus Magazine:** Rabbi Yosef Wikler, Rabbinic Administrator

P.O. Box #204 Brooklyn, New York 11204

[kashrus@aol.com](mailto:kashrus@aol.com) (718) 336-8544

**Rabbinical Council of California - The RCC**

3780 Wilshire Blvd. # 420 Los Angeles, CA 90010

213-389-3382 562-286-5235 Fax

[info@rccvaad.org](mailto:info@rccvaad.org) [www.rccvaad.org](http://www.rccvaad.org)

**The O/K Lab** 391 Troy Avenue, Brooklyn, New York 11213

(718) 756-7500 Rabbi Don Yoel Levy

**The Jewish Diabetes Association**

New York Office: 959 East 26th St. Brooklyn, N.Y. 11210

Tel: (718) 303-5955 Israel: 052-763-1500

Email: [Jewishdiabetes@aol.com](mailto:Jewishdiabetes@aol.com)

**London Beis Din Hotline:** 020-8343-6255

[www.kosher.org.uk](http://www.kosher.org.uk) General Enquiries 020-8343-6255

**The Kosher Gram Vaad Harabanim of Greater Detroit & Merkaz**

17071 West Ten Mile Road, Southfield, Michigan 48075

(313) 559-5005

**Orthodox Union - O/U Kosher Hotline & Passover Directory**

333 7th Avenue, New York, New York 10001

(212) 613-8241 Rabbi Menachem Genack

[www.ou/kosher.org](http://www.ou/kosher.org)

**J.S.O.R. (Sephardic List) Jersey Shore Orthodox Rabbinate**

P.O. Box Elberon NJ 07740 (732) 531-0535

Rabbi Isaac Dwek - Deal Rabbi Isaac Farhi Deal [www.jsor.org](http://www.jsor.org)

**Medicines & Cosmetics of Pesach** by Rabbi Gershon Bess

Kollel Los Angeles 223 South Formosa Blvd., Los Angeles,

California 90036 (323) 933-7193 (leave name and address)

**Chodosh Hot Line** - Rabbi Herman (718) 305-5133

**Lemon Juice** (no certification required, unless from Israel)

**Lemonade** (no certification required clear lemonade, with no added flavor or grape juice)

**Lime Juice** (no certification required unless from Israel)

**Lip Gloss** (all)

**Maple Syrup** (from Canada or Vermont)

**Molasses**

**Maraschino Cherries** - without added flavoring or coloring

**Milk** (cow's milk and goat's milk with no added ingredients other than vitamins does not require certification in the U.S. and Canada)

**Miso** (unflavored)

**Mouthwash**

**Mushrooms** (canned – in water and citric acid and NOT from China)

**Mustard** (ground – powder)

**Nori**

**Nuts** (plain with no oil or other ingredients (besides salt) on the label, when they have been dry roasted)

**Oats** (unflavored)

**Olives** (domestic without vinegar or propolyn glycol)

**Oven cleaner**

**Paper plates**

**Paper bags**

**Parchment Paper** (silicon treated only)

**Pectin** (from fruit)

**Petroleum**

**Pimientos**

**Plastic Bags**

**Plastic Wraps**

**Plastic plates, bowls**

**Plastic tableware**

**Polenta** (non-processed, unseasoned)

**Popcorn Kernels** (plain, with no oil, flavoring, etc.)

**Raisins** (plain, with no oil listed on the label)

**Raw Nuts**

**Rice** (plain, with no flavor or

seasoning added)

**Riboflavin**

**Rice** (plain, with no oil listed)

**Rice Pasta** (containing only rice flour and water)

**Rock Candy** - unflavored only.

**Rum Rye** - straight liquor

**Rye**

**Saccharin** (as an ingredient)

**Sake** - pure

**Salt**

**Seltzer** (unflavored)

**Semolina**

**Shampoo**

**Silver polish**

**Soap**

**Sorbitol**

**Soy Beans**

**Spices** (The following – packaged, dried - require no certification: allspice, anise, basil, bay leaf, caraway, cardamom, chervil, chives, cilantro, cinnamon, cloves, coriander, cumin, dill, fennel, fenugreek, ginger, lemon grass, mace, marjoram, nutmeg, oregano, parsley, peppercorns (all colors), rosemary, saffron, sage, salt, savory, sesame seed, tarragon, thyme, turmeric, white pepper)

**Starch**

**Styrofoam products**

**Sugar** (regular, powdered and brown)

**Tapioca Pearls**

**Tea** - plain, with no added ingredients or flavorings

**Toothpicks**

**Vegetables** The following vegetables require careful checking for worms/insects (mostly leafy or vegetables with florets): Bibb Lettuce, Boston Lettuce, Cabbage, Endives, Escarole, Iceberg Lettuce, Kale, Leeks, Mustard Leaves, Red Cabbage, Red Leaf Lettuce, Romaine Lettuce, Spinach Greens, Fresh Broccoli and Cauliflower.

**Vegetables** The following vegetables require no soaking or checking: Alfalfa Sprouts, Bean Sprouts, Beans, Beets, Carrots, Celery Stalks, Corn, Cucumbers, Eggplant, Green Beans, Kohlrabi, Onions, Parsnips, Peas, Peppers, Potatoes, Pumpkins, Radishes, Rutabagas, Squash, Sweet Potatoes, Tomatoes, Turnips, Zucchini

**Wasabi Powder**

**Water** (unflavored)

**Waxed Paper**

**Wheat**

**Wheat Germ** (with no added ingredients)

**Yeast** (regular, not wine yeast)

### THE FOLLOWING DRIED FRUITS DO NOT REQUIRE CERTIFICATION:

**Apricots**

**Dates**

**Figs**

**Goji berries**

**Peaches**

**Nectarines**

**Pears**

**Pineapples**

**Prunes**

**Raisins** (domestic)

### FRESH FRUIT - CUT UP

All plain fresh fruit in the U.S. that does not have an insect consideration does not require Kosher certification. This is true in supermarket plastic containers as well as in plastic bags.

### FRESH FRUIT & VEGETABLES

All fresh fruit and vegetables that are not from Israel are fine during the year. This includes products that state "with wax coating". As mentioned above, the leafy vegetables must be determined to be insect free.

# KOSHER SYMBOLS



**ALASKA**  
Alaska Kasher  
(907) 279-1200



**ARIZONA**  
Arizona K  
(602) 944-2753



**COLORADO**  
The Scroll K / Vaad  
Hakashrus of Denver  
(303) 595-9349



**CONNECTICUT**  
The Hartford Kashrut  
Commission (HKC)  
(860) 236-1241



Chabad of Scottsdale  
(480) 998-1410



Congregation Young  
Israel & Chabad  
(520) 326-8362



**FLORIDA**  
"Diamond K" Kosher  
Supervisory Service  
(305) 264-6488



United Mahadrin Kasher  
(UM Kasher)  
(203) 376-7241



**CALIFORNIA**  
Central California  
Kasher (CCK)  
Chabad of Fresno  
(559) 435-2770



KOF-K Los Angeles  
(907) 279-1200



Central Florida  
Orthodox Rabbinical  
Vaad of Kashrus/ORV  
(407) 238-7755



Vaad HaKashrus of  
Fairfield County (VKFC)  
Vaad HaKashrus for  
Connecticut  
(203) 358-2200



Rabbi Aharon Simkin  
Young Israel of Northridge  
(818) 368-2254



Kehilla Kasher  
(Igud Hakashrus  
of Los Angeles)  
(323) 935-8383



Florida K and Florida  
Kashrus Services  
Vaad HaKashrus of  
Orlando  
(407) 644-2500



Kosher Certification of  
America - KCA Kasher



Irvine Vaad  
Hakashrus ("IVK")  
(949) 786-5230



Chai Kosher Consultations  
and Supervisions  
(305) 304-0290



Kosher Miami - KM  
The Vaad Hakashrus of  
Miami-Dade  
(786) 463-9931



Rabbi Baruch Lederman  
(858) 613-0222



Chabad of the  
Conejo, Chabad of  
Agoura Hills  
(818) 991-0991



Kosher Dairy Miami  
(786) 390-6620



Orthodox Rabbinical  
Board of Broward & Palm  
Beach Counties (ORB)  
(305) 653-2110



KAOAA (Half Moon K)  
(212) 613-8241



Beis Din of San  
Jose, Chabad of  
Greater South Bay  
(650) 493-3425



Kosher Organics Council  
(800) 630-6137



Orthodox Rabbinate of  
North Dade ("ORD")  
(305) 931-6204



Kosher Certification  
Service  
(323) 782-1433



Rabbinical Council of  
Orange County & Long  
Beach (562) 426-4894



Orthodox Rabbinate of  
North Dade ("ORD")  
(305) 931-6204



RCF - Rabbinate of  
Central North Florida  
(877) 435-0200



Kosher Supervision  
of America - KSA  
(310) 282-0444



Rabbinical Council of  
Orange County & Long  
Beach (562) 426-4894



**DIST. OF COLUMBIA**  
The Rabbinical Council of  
Greater Washington  
Vaad Harabanim of  
Greater Washington  
(301) 593-0336



**GEORGIA**  
Atlanta Kashrus Commission  
(404) 634-4063



Kosher Information Bureau  
(818) 262-5351



Rabbinical Council of  
California (RCC)  
(213) 389-3382



**HAWAII**  
Chabad of Hawaii  
(808) 735-8161



Kosher Savannah  
(912) 220-2821



Kosher LA  
(310) 246-3417



Vaad Hakashrus of  
Northern California  
(510) 843-8223



Vaad HaRabanim  
of San Diego  
(858) 535-1196

WWW.KOSHERQUEST.ORG



**TEXAS**  
Dallas Kasher (Vaad  
Hakashrus of Dallas)  
(214) 739-6535



International Kosher  
Supervision/Texas "K"  
Chicago Rabbinical Council  
(773) 465-3900



The Houston Kashruth Association  
Rabbi Yehoshua Wender  
(713) 398-0267



**VIRGINIA**  
Vaad Hakashrus of Tidewater  
(757) 572-6344



**WASHINGTON**  
Vaad Harabanim of  
Greater Seattle  
(206) 760-0805



**WISCONSIN**  
Kosher Supervisors Of  
Wisconsin (414) 573-9353



**CANADA**  
Kashrus Council of  
Canada (COR)  
(416) 635-9550



Montreal Vaad Hair  
(514) 739-6363



Orthodox Rabbinical  
Council of B.C.  
(604) 275-0042



Badatz Toronto  
647-831-4916



**ENGLAND**  
K'hal Machzikei  
Hadas Edgeware  
44-208-202-2263



Kedassia, The Joint Kashrus  
Committee of England  
44-208-802-6226



K'hal Machzikei  
Hadas Edgeware  
44-208-958-1030



London Beth Din  
Kashrut Division  
44-208-343-6253



Machzikei Hadas  
Manchester  
44-161-792-1313



Manchester Beis Din  
44-161-740-9711



Dayan Osher Yaakov  
Westheim 44-161-740-9711



Gateshead Kashrus  
Authority  
44-0191-477-1598

WWW.KOSHERQUEST.ORG



**AUSTRALIA**  
Kosher Australia  
(Melbourne Kashrut)  
613-9527-8337



The NSW Kashrus Authority  
612-9365-2933



**BRAZIL**  
Comunidade Ortodoxa  
Israelita Kehillas Hachareidim  
Departamento de Kashrus



**CHINA**  
HKK Kosher Certification Service  
852-540-8661



**FRANCE**  
Adas Yereim Paris  
Rabbi Y.D. Frankfurter  
33-1-42-00-1313



Rabbi Mordechai Rottenberg  
Chief Orthodox Rav of Paris  
33-1-48-87-4903



**MEXICO**  
Kashrut Department of  
Maguen David Community  
525-203-9964



Chabad Lubavitch  
Guadalajara  
5233-364-24490

TO SEE ADDITIONAL  
UPDATES PLEASE  
CHECK OUR WEBSITE:  
WWW.KOSHERQUEST.ORG  
WE WISH ALL OUR  
READERS A  
HAPPY CHANUKAH

**ARGENTINA**  
Ajidat Israel Kosher  
155-426-1255

**U-K** U-K Kashrus Organization  
54-11-4951-8366

WWW.KOSHERQUEST.ORG

**ILLINOIS**

 Chicago Rabbinical Council (cRc) (773) 465-3900

 Midwest Kasher (773) 761-4878

**INDIANA**

 Indianapolis Beth Din Lubavitch of Indiana (317) 251-5573

**IOWA**

 Iowa "Chai-K" Kasher Supervision Lubavitch of Iowa (515) 227-1718

**KENTUCKY**

 Louisville Vaad Hakashruth (502) 451-3122

**MARYLAND**

 Star-K Kasher Certification (chalav Yisrael) & Star-D Certification (non-chalav Yisrael) (410) 484-4110

**MICHIGAN**

 Council of Orthodox Rabbis of Greater Detroit (K-COR) (248) 559-5005

**MISSOURI**

 THE "OV" Kasher Inspection Service of the Vaad Hoer of Saint Louis (314) 569-2770

**NEW JERSEY**

 Jersey Shore Orthodox Rabbinate (J.S.O.R.) (732) 531-4872

 Kashrus Council of Lakewood N.J. (732) 901-1888

 KOF-K Chicago (773) 531-5899

 Org. of Orthodox Kashrus Supervision (773) 539-8049

 Indianapolis Orthodox Board of Kashrus (IOBK) (718) 853-9623

**KANSAS**

 Indianapolis Beth Din Lubavitch of Indiana (317) 251-5573

**LOUISIANA**

 Louisiana Kashrut Committee (504) 454-2910

**MASSACHUSETTS**

 The Diamond K (617) 469-5000

**MINNESOTA**

 Blue Ribbon Kosher (952) 925-3651

 Coordinated Kosher Supervision (952) 925-3651

 Rabbi Aryeh Geretz (952) 922-0522

**MONTANA**

 Chabad Lubavitch of Montana (406) 585-8770

 KOF-K (201) 837-0500

 Earth Kosher (201) 574-3883

**NEW YORK**

 The Association for Reliable Kashrus (516) 239-5306

 Certified Kosher Underwriters (718) 436-7373

 Debraclin (Rabbi Shlomo Stern) (718) 853-9623

 Rabbi Benjamin Kaplinsky (718) 327-3238

 New Square Kasher Council (845) 354-5120

 The Organized Kashrus Laboratories (O/K) (718) 756-7500

 Rabbi Nuchem Efraim Teitelbaum (Volover Rav) (718) 436-4685

 Vaad Hakashrus of Buffalo (716) 634-3990

 Vaad Hakashrus of Rochester (VKR) (716) 473-1625

 Vaad Harabanim of Flatbush (718) 951-8585

 Vaad Harabanim of Queens (718) 520-9060

**OREGON**

 Oregon Kosher (503) 343-4497

**PENNSYLVANIA**

 Community Kashrus of Greater Philadelphia (610) 486-1967

 The Lehigh Valley Kashrus Commission (LVKC) (610) 434-3109

 Beis Din of Crown Heights Vaad Hakashrus Belz (718) 604-2500

 Central Rabbinical Congress (Hisachadus Harabanim) (718) 384-6765

 K'hal Chizuk Hadas of Flatbush (718) 384-6765

 Young Israel of West Hempstead (516) 481-7429

 National Kashrus (NK) (845) 352-4448

 The Union of Orthodox Jewish Congregations (OU) (212) 613-8241

 Vaad Hakashrus of K'hal Machzikei Hadas of Belz (718) 854-3711

 Vaad Hakashrus of the Capital District (518) 489-1530

 Vaad Harabanim of the Five Towns and Far Rockaway (516) 569-4536

 Natural Food Certifiers (888) 422-4NFC

 Machon L'Kashrus Rabbi Unger

WWW.KOSHERQUEST.ORG

**ISRAEL**

 The Beis Din Tzedek of Agudas Israel Moetzes Hakashrus 972-2-538-4999

 The Beis Din Tzedek of the Eidah Hachareidis of Jerusalem Binyanet Zupnick 972-2-624-6935

 The Beis Din Tzedek of K'hal Machzikei Hadas - Maareches Hakashrus 972-2-538-5832

 Chug Chasam Sofer 972-3-618-8596

 Rabbi Moshe Yehudah Leib Landau 972-3-618-2647

 OU in Israel OU Israel Center 972-2-563-0303

 Rabanut Hareishit Rechovot 972-8-936-2682

 Rabanut Yerushalayim Mahadrin 972-2-623-6816

 Shearis Israel 972-3-579-8631

 S.I.K.S. Ltd./ Services International Kosher Supervision 972-2-651-5361



**KOSHER SYMBOLS & CERTIFYING ORGANIZATIONS**

Compliments of  
www.kosherquest.org

&  
Rabbi E. Eidlitz, Rabbinic Administrator  
of the  
Kosher Information Bureau

We have compiled some common, reliable certifications from TOP organizations representing the Kosher symbol.

Note: There are hundreds more in existence.

## FROZEN FRUIT & VEGETABLES - CUT UP & WHOLE

During the year all frozen fruits and vegetables that are not from Israel and do not contain added ingredients such as flavoring are fine without Kosher certification as long as they do not have insect infestation issues.

## MARSHMALLOWS (& Other Gelatin-Based Foods)

For over thirty years “Kosher gelatin” has been a substance that the kosher consumer could use as a yardstick to tell if a product was certified by a high or low Kosher standard. Up until mid 1993 it was a given that if a product listed “Kosher gelatin” in its ingredients, it meant that the gelatin was definitely derived from non-Kosher animals. This was true of all Kosher gelatin in the United States, Israel, England, and S. Africa. This was true even when the gelatin was certified Kosher by a Rabbi or Rabbinical organization. Those Kosher certifiers that adhere to a higher Kashrus level, such as the O/U and Star K, categorically rejected the Kosher gelatin that was being produced. Instead, these agencies certified various seaweed derivatives, such as insinglass, Irish moss, Spanish moss, agar agar etc. These substances served as a substitute for real gelatin. Due to the superior gelling qualities of gelatin, a method of producing noncontroversial gelatin was sought. In March of 1993, under the supervision of Rabbi Shimon Eider, “kolatin”, a gelatin produced from glatt Kosher hides, was finally produced.

Two main questions are asked

in connection with gelatin.

One, must it come from a Kosher source? Two, even when it is derived from glatt kosher hides, why isn't it fleishig? The following is a brief description of the five steps involved in making pareve, kosher gelatin.

1. The hide is chemically decomposed and rendered “Nifsal Meachila”. In other words, unfit to eat.

2. Although it was considered unfit to eat, people, nevertheless, use it in food. This is called “Achshevay” and reinstitutes gelatin into a food category.

3. Although gelatin is being used as a food, since it is not eaten by itself, but rather mixed in with many other ingredients, it is not fleishig.

4. Even though gelatin is only one ingredient of many, we must bear in mind that it is a very important ingredient and has the status of a “maamid”. This means that it is considered a food stabilizer.

5. In conclusion, Reb Moshe Feinstein (Zt”l) and Rav Aharon Kotler (Zt”l) say that gelatin is “taam kalush” (a weak flavor), and is not fleishig, due to the major change it has undergone. However, it must be derived from kosher sources. If the gelatin was derived from a non-Kosher source, such as pig or non-Kosher slaughtered hides, although they have been chemically altered, since they originated from a non-Kosher source, there is no way to ever render them permissible.

## KOSHER ALERTS:

**SODA:** It has become common for stores to sell bottles of soda from Mexico as many prefer the cane sugar used. Coke from

Mexico is recommended, however Fanta and Pepsi products are not.

## FROM THE RCC: No Longer Certified Under the RCC:

### 1. Olympic Collection

Reason: New RCC Policies

### 2. Difference

Reason: RCC Standards

### 3. Pacific Pizza

Reason: RCC Standards

### 4. Star Meat ( Santa Monica)

Reason: New ownership. RCC Standards

*(note: Many of the above establishments are now certified under another reliable certification. Check each for new certification. –ed.)*

## FROM THE HEART-K:

**SUPER PITA PRODUCTS:** As of this date, SUPER PITA products (Reseda, Ca) are no longer Kosher certified by Kehilla, even if the product bears the Hear-K logo

## FROM THE O/U:

### KOSHER COCO LIBRE

**COCONUT WATER:** Coco Libre Coconut Water is Missing “D” - Dairy designation The Orthodox Union certified Coco Libre Coconut Milk as an O/U D-Dairy product because it is processed on the same equipment as dairy products. Some stores sell boxes of Coco Libre Coconut Milk, each box containing four individual containers of Coco Libre. The individual containers are correctly labeled with an O/U D, however, the outer box has a plain O/U without the D-Dairy designation. Corrective measures are being implemented.

**MARLOW JU JU FISH:** Marlow Mini Red Ju Ju Fish bear an Unauthorized O/U. Marlow Mini Red Ju Ju Fish are not certified

by the Orthodox Union. Some packages were printed with an unauthorized O/U symbol. Corrective measures have been implemented.

**GREEN JUICE MARKET:**

Green Juice Market, located at 509 West 41 Street (Arthur Godfrey Road) Miami Beach, Florida, printed menus with an unauthorized O/U symbol. The Orthodox Union does NOT certify Green Juice Market. Corrective measures have been implemented.

**TWININGS CHAI LATTE CUPS:**

Twinnings - Keurig Chai Latte Black Tea is missing "D" – Dairy Designation Twining Chai Latte Black Tea in K-Cup packs are certified by the Orthodox Union as an O/U D – Dairy product. This product contains milk as indicated on the cup's label. Some labels and outer boxes were printed without the "D" – Dairy designation. Corrective measures have been implemented.

**POPPY'S SOUPS:** Poppy's Instant Chicken Soup in Small Cups bears an Unauthorized O/U. Poppy's Chicken Soup, in small cups made for use in brewing machines, bear an unauthorized O/U. This product does not contain chicken but does contain dairy. Corrective measures are being implemented.

**PUMPKIN JUICE PUREE:**

Giavico Pumpkin Juice Puree Due to production technicalities, the Orthodox Union is no longer certifying Giavico Pumpkin Juice Puree, an industrial ingredient. This does not affect the Kosher status of the other Giavico

products that bear the O/U symbol.

**SMART BALANCE:** Smart Balance Buttery Spread Original Small, 7.5-ounce tubs of Smart Balance Buttery Spread Original (O/U-DAIRY) have replaced the older, small tubs of Smart Balance Buttery Spread with Flaxseed Oil (O/U-Pareve.) Please check the symbol on Smart Balance containers to confirm dairy or pareve status. Also, other Smart Balance spreads come in regular versions (DAIRY) and light versions (PAREVE.) These include Smart Balance with Omega-3, and Smart Balance with Extra Virgin Olive Oil. Please check the symbols accordingly.

In general, consumers should always check for the presence of a Kosher symbol and the Dairy/ Pareve status, especially with similar products within a brand. The status can change or the kosher certification may be removed.

**BREAKFAST BEST PANCAKES:** Breakfast Best Mini Pancakes are Missing "D" – Dairy designation Breakfast Best Mini Pancakes is certified by the Orthodox Union as an O/U D – Dairy product. This product contains dairy ingredients, as indicated in the allergen and ingredient statements. Some packaging was printed with a plain O/U symbol, without the D – Dairy designation. Corrective measures have been implemented.

**SOUR CREAM & ONION POTATO CRISPS:** Stop & Shop, and Giant Sour Cream & Onions Potato Crisps are missing "D" –

Dairy designation. The Orthodox Union certifies Foodhold's Sour Cream & Onion Potato Crisps as an O/U D -Dairy product. This product contains dairy ingredients as indicated in the ingredient and allergen statements. Some packaging was printed without the "D" – Dairy designation. This product is sold in some Stop & Shop and Giant stores. Corrective measures have been implemented.

**PISTACHIO PESTO:** Santa Barbara Pistachio Company Pistachio Pesto bears an Unauthorized O/U Santa Barbara Company's Pistachio Pesto bears an unauthorized O/U mark. The Orthodox Union does not certify this product. Corrective measures have been implemented.

**FOODTOWN RICE CRISPS:** Foodtown Cheddar Rice Crisps are missing D – Dairy designation. Foodtown Cheddar Rice Crisps are certified by the Orthodox Union as an O/U D – Dairy product. This product contains dairy ingredients, as indicated in the ingredients and allergen statements. Some packaging display a plain O/U without the "D" – Dairy designation. Corrective action has been implemented.

**COUNTRYSIDE CREAMERY:** Homestyle Spread (Margarine) by Aldi Inc. is missing the "D" – Dairy designation. This product contains milk as indicated on the ingredient panel. Some packaging was printed without the D designation. Packaging has been revised.

**NEW YORK YOUTH CLUB****CHOCOLATE CHIP COOKIES:**

New York Youth Club Chocolate Chip Cookies contain an unauthorized O/U Pareve designation. The O/U does not certify an NYCC Cookies. Corrective measures are being implemented.

**JOLLY RANCHER (Hershey CO.):**

Not all Jolly Rancher products are Kosher. Jolly Rancher Bites (soft chewy candy) are Kosher when bearing an O/U after the ingredient panel. Jolly Rancher Bites Filled Gummies are NOT Kosher and DO NOT bear the O/U. Consumers must always check for the presence of a Kosher symbol on a package, especially with brands that include Kosher and non-Kosher varieties.

**POP CRAZY PRODUCTS****(FOCUS PRODUCTS GROUP**

**INT.):** The O/U certifies various Pop Crazy Seasonings. Some seasonings contain dairy and are certified O/UD, while others do not contain Dairy and are certified O/U pareve. Pop Crazy 3 piece seasoning pack contains both dairy and pareve seasonings and were mistakenly labeled with a plain O/U symbol. The Buffalo Seasoning and Ranch Seasoning are O/UD and contain Dairy, as indicated in the ingredient and allergens statements. The Caramel Seasoning is certified as O/U pareve. Corrective measures are being implemented.

**WONKA (NESTLE USA):**

The O/U certifies Wonka SweetTarts Chews as a Pareve product. Some labels were mistakenly printed with an O/UD marking although this product is, in fact,

Pareve. Future packaging has been revised.

**BULGARIAN BAZAAR LECHO:**

Bulgarian Bazaar Lecho in 24 oz. containers bears an unauthorized O/U symbol. The O/U does not certify this product. If you see this product in the marketplace with an O/U symbol, please contact kosher@ou.org. Corrective measures have been implemented.

**SMART BEAT MARGARINE:**

Fat Free (UPC # 033776051556 Lactose Free (UPC #033776051808) with dates: May 28 2015CA, July 2 2015CA. The O/UD symbol was inadvertently omitted from these production dates. The products, with the above listed UPC #'s and date codes, are in fact, O/UD (dairy) certified even without the O/UD symbol. Subsequent packaging has been corrected.

**SSIPS AND SSIPS SABOR**

**LATINO DRINKS:** Ssips and Ssips Drinks are being phased out of Kosher certification. Currently, ONLY the 128 Fl. Oz. containers are certified WHEN bearing the O/U symbol. Consumers are urged to check for the O/U symbol before purchasing.

**SENSIBLE PORTION VEGGIE**

**STRAWES:** Zesty Ranch Veggie Straws is missing the O/UD (dairy) symbol. The O/U certifies Sensible Portions Zesty Ranch Veggie Straws as an O/UD product. This product contains dairy ingredients as indicated in the ingredient and allergen statements. Corrective measures have been implemented.

**ORGANIC TRADITION**

**MULBERRIES:** The O/U certifies various Organic Tradition products, but does NOT certify their mulberry products. Some of their mulberry packaging was mistakenly printed with an O/U symbol. Corrective measures have been implemented.

**THE GOOD BEAN FRUIT & NO-NUT APRICOT COCONUT BAR:**

The O/U certifies Fruit & No-Nut Apricot Coconut Bar as an O/UD (dairy) product. This product contains dairy ingredients as indicated in the ingredients and allergen statements. Some labels were printed with a plain O/U symbol. Corrective measures have been implemented.

**HUMMUS 21,** located at 1055 1<sup>st</sup> Ave in New York (near 57<sup>th</sup> St.) printed fliers with the O/U symbol. The Orthodox Union does NOT CERTIFY Hummus 21. Corrective measures have been implemented.

**DIVINE 70% DARK**

**CHOCOLATE:** Divine Dark Chocolate Coins are certified by the O/U as dairy. Some labels have been incorrectly labeled as O/Ude (dairy equipment). While the ingredient statement does not list any dairy ingredients, the O/U does not guarantee the Halachik dairy equipment status of this product. The O/U does not currently certify products with a "de" designation, except for certain infant formulas. Corrective measures have been implemented.

**STREIT'S KIDS DARK CHOCOLATE COINS AN KIDS MILK CHOCOLATE COINS:**

The Orthodox Union does not

certify Streit's Chocolate Coins (made in Turkey) and considers them as Non-Kosher products. Further, the unauthorized O/U mark on the dark chocolate coins should not be relied on to assume that they are dairy-free. Corrective measures are being implemented.

**OLD LONDON MELBA:** Old London Melba Cheddar Shacks are certified by the Orthodox Union as O/UD (dairy). This product contains dairy ingredients, although the "D" designation was omitted from the label.

**LA MOLISANA:** La Molisana dark pasta contains squid ink and is NOT Kosher. Some packaging mistakenly bears an unauthorized O/U symbol. This product is being sold in the UK and possible elsewhere. Corrective measures are being implemented.

**PRIME NEW ZEALAND:** Sashimi Smoked Salmon is certified by the O/U. Some products were packaged together with packets of Wasabi Paste and Soy Sauce. The O/U does NOT certify the Wasabi Paste and Soy Sauce packets placed in any Prime New Zealand. Corrective measures have been implemented.

**CEDRINCA:** Cedrinca candies with the O/U or O/UD symbol are certified by the Orthodox Union. Cedrinca ChocoMint Candies contain dairy ingredients, as indicated in the ingredient statement. Some Chocomint packaging was mistakenly labeled with a plain O/U symbol, without the D symbol. Corrective measures

are being taken. Please note that Cedrina candies without the O/U symbol are NOT certified by the O/U.

**SUPEREATS:** The Orthodox Union certifies SuperEats Cheddar Kale + Chia Chips and Ranch Kale + Chia Chips as O/UD (dairy products). These products contain dairy ingredients, as indicated in the ingredient and allergen statements. Some packaging was mistakenly printed with an O/U mark, without the "D" designation. Corrective measures have been implemented.

**SENSIBLE PORTION VEGGIE STRAWS ZESTY RANCH:** The Orthodox Union certifies Sensible Portions Zesty Ranch Veggie Straws as an O/Ud product. This product contains dairy ingredients as indicated in the ingredient and allergen statements. Corrective measures have been implemented.

**FROM THE O/K:**  
**CONGREGATION AGUDAS ACHIM:** Please be advised that CONGREGATION AGUDAS ACHIM is advertising their Texas Kosher BBQ Championship bearing an unauthorized O/K kosher symbol on the advertisement. O/K KOSHER CERTIFICATION DOES NOT CERTIFY THE BBQ CHAMPIONSHIP. Corrective action is being taken.

**TASTYBITE:** Please be advised that the TASTYBITE website advertises that their products are certified by O/K KOSHER CERTIFICATION. The O/K does NOT certify any TastyBite

products (assortment of rice and pilafs). Corrective action is being taken.

**KIVA CONFECTIONS:** Please be advised that KIVA CONFECTIONS (medical cannabis chocolate) bears an unauthorized O/K kosher symbol on the product and on the website. These products are NOT certified kosher by O/K Kosher Certification. Corrective action is being taken.

**FROOVIE ORGANICS:** Please be advised that FROOVIE ORGANICS has an unauthorized ok Kosher symbol on their website. O/K Kosher Certification does not certify Froovie Organics. Corrective action is being taken

**RASHABOV BAKERY:** Please be advised that RASHABOV BAKERY (314 Belleville Turnpike, Kearny, NJ) is no longer certified by O/K KOSHER CERTIFICATION. They are still distributing breads bearing an unauthorized OK kosher symbol. If you see this product on the market with the OK kosher symbol, please call us at 718-756-7500. Corrective action is being taken.

**LADADIKA TAVERNA:** Please be advised that LADADIKA TAVERNA Pindus, Thessaloniki, Greece has unauthorized O/K kosher symbol in the windows of their restaurant. O/K Kosher Certification does not certify LADADIKA TAVERNA. Corrective action is being taken.

**DISPOSABLE STYROFOAM PRODUCTS:** Please be advised that Disposable Styrofoam Products produced

by KANGUPOR (Cartagena, Colombia [SA]) bear unauthorized O/K Kosher Symbol. THIS ITEM IS NOT CERTIFIED BY O/K KOSHER CERTIFICATION. Corrective action has been taken.

**CAMANO ISLAND MILLS:**

Please be advised that CAMANO ISLAND MILLS is advertising on their website and distributing products bearing an unauthorized O/K symbol on the packaging. OK KOSHER CERTIFICATION DOES NOT CERTIFY ANY CAMANO ISLAND MILLS PRODUCTS. Corrective action is being taken.

**THE DOG HOUSE AND**

**ALCHEMY CREAMERY:** Please be advised that there are two stores bearing the O/K Kosher Certification Kosher symbol O/K being advertised on the Governors Island website Great Performances – The Dog House (King Ave. Food Court) Alchemy Creamery (Liggett Terrace Food Court) These eating establishments are NOT certified by O/K Kosher Certification Corrective action has been taken

**SUNFLOWER BREAD:** Sunflower Bread, produced by New York Bread, Inc. between the dates of 9/17/2014 through 9/30/2014 is being recalled. This product is not Kosher.

**BABAEVSKIY CHOCOLATE**

**BARs:** Babaevskiy Chocolate Bars bear an unauthorized OK Kosher symbol

**DR. CLARK PURITY QUICK KIDNEY CLEANSE:** Please be

advised that DR. CLARK PURITY QUICK KIDNEY CLEANSE bears an unauthorized O/K Kosher symbol.

**LUKSUSOWA:** Luksusowa triple distilled potato Vodka distributed by Deutsch Family Wine and Spirits, White Plains, NY, bears an unauthorized O/K Kosher symbol on the label. O/K Kosher supervision does not certify any Luksusowa products.

**WOODPECKER:** Some of the following products produced by Woodpecker produced by Cibo Vita Inc., (Fair Lawn, NJ) and sold at T.J. Maxx stores were mistakenly merely stamped with the O/K Kosher certification rather than with the O/K-D certification. These products are dairy:

Yogurt Covered Pretzels  
Toffee Pretzels  
Milk Chocolate Pretzels  
Raspberry Pretzels  
Greek Yogurt Pretzels  
Blueberry Pretzels

**CHOCOLATE ORCHARD:**

Orchard dark chocolate covered almonds, dark chocolate covered cashews produced by Cibo Vita, Inc. were mistakenly labeled with the O/K symbol instead of the O/Kd. They are dairy.

**MR. NUTZ:** Mr. Nutz, located at 723 Avenue U in Brooklyn is only certified by the O/K for their pareve platters and gift baskets prepared in the store, when bearing the O/K Kosher symbol. Prepackaged goods in the store are under their respective Hashgocha. O/K Kosher certification does NOT certify any offsite equipment rentals or facilities on behalf of Mr. Nutz.

If anyone received or receives a claim of this nature, please notify our office immediately.

**LORELLI'S PIZZA PASTA:** As of November 14, 2014 Lorelli's Pizza Pasta 1410 Broadway N.Y. is no longer under the supervision of the O/K

**NUTTY NATURALS CHOCOLATE**

**CHASEWS:** Chocolate Cashews distributed by Nutty Naturals (Brooklyn, NY) was mistakenly labeled with the O/K Kosher symbol. This product is dairy and not certified.

**CHARLIES CHIPOTLE**

**BEER CHEESE FLAVORING SEASONING:** Charlies Chipotle Beer Cheese Flavoring Seasoning bears an unauthorized O/K on the label.

**FROM THE KOF-K:**

**MJC CONFECTIONS:**

Please note that Espresso Caramels sold by MJC Confections, Bethpage N.Y., and sold in Barnes & Noble stores bears an unauthorized Kof-K parve symbol.

**SCHLOTTERBECK & FOSS:**

Due to changes in the facility Schlotterbeck & Foss the following products will no longer be pareve. They will be as marked "D" or "DE": All Natural egg nog, Double rich egg nog, Real rich egg nog.

**FROM KSA:**

**FROZEN YOGURT/SOFT SERVE**

**YOGURT:** KSA does NOT certify any Frozen Yogurt / Soft Serve Yogurt stores. WE ONLY CERTIFY THE PRODUCTS IN THEIR ORIGINAL SEALED CONTAINERS WHEN BEARING THE KSA-D SYMBOL

**MRS. MAYS NATURALS:** The following products produced with these expiration dates may have a Kashrus concern. Any expiration dates that are past those Corrective measures have been taken.

Raspberry Pomegranate  
Almond Crunch Bar - EXP  
11/17/2014

Pomegranate Raspberry Crunch  
- EXP 2/28/2015 Ultimate  
Crunch - EXP 1/31/2015  
Variety Pack (Almond Crunch,  
Cran-Blueberry Crunch,  
Pomegranate  
Raspberry Crunch) - EXP  
12/31/2014

Dole Live Right Blueberry  
Pomegranate Crunch EXP -  
11/20/2014

Dole Live Right Raspberry Acai  
Crunch EXP - 11/19/2014

**GENESIS TODAY:** All products manufactured by Dr. Tims are NOT certified by KSA. Corrective measures have been taken.

**JIANGSU GUOJING COCOA**

**FOODS CO.:** Please be aware that LanQin brand Products: Cocoa Powder, Cocoa Cake, Cocoa Butter and Cocoa Mass / Liquor are NOT authorized by the KSA, nor does KSA accept any responsibility whatsoever, for anything appearing thereon.

**A PERFECT PEAR:** All products manufactured by A Perfect Pear are NOT certified by KSA. Corrective measures have been taken.

**GLORIA JEANS HOT**

**CHOCOLATE:** Gloria Jeans brand Hot Chocolate bears an unauthorized KSA.

**SIMPLY ENJOY:** Simply Enjoy

Chocolate Mousse Dessert  
Tartlets inadvertently left off the dairy symbol. This product is, in fact, dairy. Corrective measures have been taken.

**INNOMARK INC.:** All products manufactured by Innomark, Inc. are not certified by KSA. Corrective measures have been taken.

**NUTRA BALANCE GRAPE JUICE+FIBER:** This product contains a non-Kosher ingredient and should not be used. Corrective measures have been taken.

**FROM THE STAR-K:**

**PHYTOLAB BRAND HERBAL**

**PRODUCTS:** Phytolab brand herbal products, distributed by Natalia Import, LLC, of Brooklyn, NY, bear an unauthorized Star-K symbol. The company is not Star-K certified. Corrective action is being taken.

**TWINLAB:** As indicated on the product label, Twinlab Triple Action Oral Health Dots™ (tablets) contain a dairy ingredient. The product was inadvertently labeled Star-K. Future labels will bear a Star-D Dairy symbol. The product is Cholov Stam.

**GE OVENS & RANGES:** The Star K has received reports that the Sabbath Mode feature on some models may not be working properly. Ovens may shut off after 12 hours. Please test your oven or range before YomTov to see whether it shuts off. If it does, please make alternate arrangements to heat your food. GE is aware of the problem, and is working on a fix. If you have

any further questions, you may contact star-k@star-k.org or call 410-484-4110.

**LG & KITCHENAID RANGES:**

The Star K has received reports that many of the cooktops on these ranges have a 12 hour shutoff, and will not stay on throughout YomTov. We recommend that you test your range before YomTov to see if it has this shutoff. For further information, contact star-k@star-k.org, or call 410-484-4110.

**SALEM BOTANICALS:** Effective immediately, Salem Botanicals of Carneys Point, NJ, is no longer under Star-K certification

**FROM THE COR:**

**EXTREME PITA SEA LAST & LIME PITA CRISPS:**

Extreme Pita Sea Salt & Lime Pita Crisps, 142g are missing DAIRY Designation. This product is DAIRY. This product has been recalled. Corrective measures have also been taken to ensure correct labeling in future. Kindly contact THE COR office at info@cor.ca or 416-635-9550 ext 261 if you should find this product bearing a COR PAREVE designation.

**President's Choice Infant**

**Formula:** for Babies Sensitive to Lactose w/ Iron, Omega 3 & 6 Missing DAIRY Designation. This product was inadvertently labeled as pareve. This product is, in fact, Kosher dairy.

**FROM THE CRC:**

**GLOBAL KOSHER:** The cRc has been informed by Global Kosher

that effective immediately, due to Kashruth violations, scotch products produced by "The Speyside" are no longer certified as Kosher even when bearing the Global Kosher logo.

### CAFÉ LATTE TOFFEE AND CARAMEL MACCHIATO TOFFEE:

Please be aware that Café Latte Toffee and Caramel Macchiato Toffee under the Walgreens label was labeled with a plain cRc logo. Both products are indeed dairy (Cholov Stam) as indicated on the ingredients and allergen statement. Future labels are being revised.

**PAPANICHOLAS:** PapaNicholas brand Single Serve K cups – Hazelnut Cappuccino, Dutch Cocoa, Cappuccino bear an unauthorized cRc.

## KOSHER UPDATES:

### FROM THE RCC:

#### BAGGED PRE-WASHED ICEBERG LETTUCE AND CABBAGE:

The RCC currently monitors the infestation rates in bagged pre-washed iceberg lettuce and bagged pre-washed cabbage. At this time both are acceptable to use out of the bag without further washing.

### NEWLY CERTIFIED BY THE RCC:

#### 1. Darna's Kitchen

19737 Ventura Blvd  
Woodland Hills, 91364

#### 2. Meshuga 4 Sushi -Encino

15928 Ventura Blvd #123,  
Encino CA 91436

[Vegetable Wash Guide from](#)

### the RCC:

#### \*Lettuce and Herbs

1. Fill large bowl (for small quantities) or sink (for large quantities) with water first and then soap or veggie wash.

2. Gently add soap or veggie wash into water to avoid frothing at top until the water has an oily feel.

3. Soak lettuce/herbs in soapy solution for 3 minutes and strongly agitate all items. Leaves should not be packed in bowl but should have enough room to allow water to flow freely.

4. Remove lettuce/herbs in single handfuls from the soapy water and place in a second soak of fresh water.

5. Agitate strongly and remove in single handfuls from the second fresh water bath.

6. Place lettuce/herbs in a third soak of fresh water.

7. Agitate and remove lettuce/herbs in single handfuls from third fresh water bath.

8. Pour water from third soak through a filter or t-shirt and check for insect presence under a strong light or over a light box.

9. If nothing is found, lettuce/herbs may be used.

10. If insects are found, you may repeat entire washing process.

11. If insects are found after repeating the above process, the entire batch should NOT be used.

*\*- The RCC currently monitors the infestation rates in bagged pre-washed iceberg lettuce and bagged pre-washed cabbage. At this time both are acceptable to use out of the bag without washing*

### NEW PRODUCTS FROM THE CRC:

**SLURPEE:** The newest Slurpee flavor, Fanta Strawberry Kiwi (a sugar-free variety), is Kosher and pareve. There is also a new Mt. Dew flavor, Kickstart Fruit Punch, which is also Kosher and pareve. The various varieties of Mt. Dew are not listed individually as they periodically change their names for the same product and all of the Mt. Dew products are presently Kosher and pareve and can be found on the cRc website at [www.crcweb.org](http://www.crcweb.org)

### UPDATES FOR SAN DIEGO:

**LANG'S BAKERY:** 4610 Alvarado Canyon Rd., #6, SD 92120.

619-280-5264 (LANG).

Call in advance to place order.

**THE BIG PLACE:** The Big Place at North Park Produce no longer has a Kosher section.

**Ralphs La Jolla** has replaced Coffee Bean with a Starbucks in the store.

### COSTCO IN CARMEL

**MOUNTAIN RANCH:** The Costco in Carmel Mountain Ranch (12350 Carmel Mountain Road, SD 92128) has a large Kosher section. They carry an assortment of cooked Meal Mart foods, as well as cheeses, pickled herring, corned beef and pastrami, potato pancakes.

### UPDATES FOR PALM SPRINGS: PAVILLIONS IN RANCHO

**MIRAGE:** Pavillions in Rancho Mirage is now carrying a large selection of Kosher products including fresh glatt meat, bakery goods and Cholov Yisroel.

### NEW PRODUCTS FROM THE O/U:

Brand: Van Gogh



12524 Burbank Blvd.  
North Hollywood, CA 91607

818-763-6600  
818-763-6610  
Fax: 818-763-1023

Products:

Vodka, OU  
Espresso Vodka, OU  
Dutch Chocolate Vodka, OU  
Double Espresso Vodka, OU  
Cool Peach Vodka, OU

Brand: **Perfect Bar**

Products:

Almond Acai Flavor, OU-D  
Almond Butter Flavor, OU-D  
Almond Coconut Flavor, OU  
Carob Chip Flavor, OU-D  
Fruit & Nut Flavor, OU-D  
Peanut Butter Mini, OU-D

Brand: **Suavva**

Products:

Amazing Cacao, Cacao Smoothie, OU  
Merry Mango, Cacao Smoothie, OU  
Blissful Berry, Cacao Smoothie, OU  
Chocolatey Cheer, Cacao Smoothie, OU

Brand: **Li-Lac Chocolates**

Products:

72% Almond Bar, OU-D  
72% Drops, OU-D  
Butter Cream Patties, OU-D  
Caramel Squares, OU-D  
Coconut Crème Eggs, OU-D  
Dark Almond Bark, OU-D  
Dark Cashew Chews, OU-D  
Dark Kiddie Pops, OU-D  
Dark P. B. Puffs, OU-D  
Dulce De Leche Truffles, OU-D  
Green Marzipan Acorns, OU-D  
Maple Walnut Fudge, OU-D  
Milk Cordial Cherries, OU-D

White Cashew Bar, OU-D

White Raisin Bar, OU-D

Brand: **Banneton**

Products:

All Butter Croissant, OU-D  
Apple Turnover, OU-D  
Cheese Mini Croissant, OU-D  
Danish Snail, OU-D  
Large Metro Butter Croissant, OU-D  
Peach Turnover, OU-D  
Puff Pastry Dough Slabs, OU-D  
Puff Pastry Sheets, OU-D  
Sandwich Multi-grain Croissant, OU-D  
Strawberry Cream Cheese Fruit Bites, OU-D

Brand: **Bootlegger21**

Products:

Vodka, OU  
Whiskey, OU

Brand: **Sanex**

Products:

Frozen Apricots, OU  
Frozen Onions, OU  
Frozen Figs, OU  
Frozen Beans, OU  
Frozen Organic Tomatoes, OU  
Sundried Tomatoes, OU  
Frozen Organic Quinces, OU  
Frozen Organic Peppers, OU  
Frozen Sweet Cherries, OU

Brand: **Pangea**

Products:

Natural Mineral Water Source  
Corte Paradiso, OU  
Carbonated Natural Mineral Water

Source Corte Paradiso, OU  
WALDMAN NATURALS, INC.,  
Marvin, NC

Brands: Kickers Products:

Chocolate Peanut Butter Banana  
Powdered Food Enhancer, OU  
Maple Banana Cream Powdered  
Food Enhancer, OU-D  
Strawberry Banana Powdered  
Food Enhancer, OU  
Apple Cinnamon Powdered Food  
Enhancer, OU

Brand: **Glow Products**

Milk Chocolate, OU-D  
Milk Chocolate with Almonds, OU-D  
Milk Chocolate with Hazelnuts, OU-D  
Dark Chocolate, OU-D  
White Chocolate, OU-D

Brand: **Edible Art by BB**

Products:

Custom Cakes, Cookies and  
Pastries, OU

Brand: **Cherrish Active Series,  
Cherrish Pro Series**

Products:

Montmorency Tart Cherry Juice-  
Original, OU  
Montmorency Tart Cherry Juice-  
Cherry Blueberry, OU  
Montmorency Tart Cherry Juice-  
Cherry Pomegranate, OU  
Cherrish Original, OU  
Cherrish Complete, OU-D

Brand: **Life Ice**

Products:

Berry Bite, OU  
Citrus Chomp, OU  
Green Grind, OU  
Chocolate Crisp, OU-D

Brand: **Upfront Granola**

Products:

Nutty Granola, OU  
Straight Up Granola, OU  
Straight Up Granola with  
Cranberries, OU

Brand: **Chloe's**

Products:

Apple Soft Serve Fruit Mix, OU  
 Blood Orange Soft Serve Fruit Mix, OU  
 Cranberry Soft Serve Fruit Mix, OU  
 Pineapple Soft Serve Fruit Mix, OU  
 Strawberry Soft Serve Fruit Mix, OU  
 Tangerine Soft Serve Fruit Mix, OU

Brands: **Abulafia**

Products:

Multi Grain Pita (Pas Yisroel), OU  
 Olives Thick Pita (Pas Yisroel), OU  
 Sesame Pita (Pas Yisroel), OU  
 Wholewheat Sesame Pita (Pas Yisroel), OU  
 Thin Pocket Pita (Pas Yisroel), OU

Brand: **POPCORNOPOLIS**

Products:

Kettle Corn Popcorn, OU  
 Organic Kettle Corn Popcorn, OU  
 Nearly Naked Popcorn, OU  
 Organic Gourmet Popcorn, OU

Brand: **Entenmann's, New York's Original, Sara Snacker**

Products:

Whoopie Pie, OU-D  
 Linzer Tarts, OU-D  
 Black and White Cookies, OU-D  
 Rugelach, OU-D  
 Bon Bon Truffles - Red Velvet, OU-D  
 Vanilla Milkshake Cookies, OU-D  
 S'Mores Cookies, OU-D

Brand: **Xiomega 3**

Products:

Whole Chia Seed, OU  
 White Chia Seed, OU  
 Ground Chia Seed, OU

Brand: **Raincoast Crisps, Raincoast Flats**

Products:

Apricot Lemon Fig Crisps, OU-D  
 Cranberry Hazelnut Crisps, OU-D

Fig and Olive Crisps, OU-D  
 Original Raincoast Crisps, OU-D  
 Rosemary Pecan Crisps, OU-D  
 Lemon Fennel Flatbread, OU-D

Brand: **Homemade Harvey**

Products:

Mango, Pineapple & Passion Fruit Snack, OU  
 Banana Strawberry & Kiwi Snack, OU  
 Apple Pear Ginger Oats Snack, OU  
 Blueberry Strawberry Apple Fruit Snack, OU

Brand: **Zen**

Products:

Chocolate Pudding made with Almond Milk, OU  
 Chocolate Pudding made with Soy Milk, OU  
 Vanilla Pudding made with Almond Milk, OU

Brand: **Kerem Kishor**

Products:

Rose 2013 (Non-Mevushal), OU-P  
 Dry Red Wine 2012 (Non-Mevushal), OU-P  
 Dry White 2013 (Non-Mevushal), OU-P  
 Savant Red 2012 (Non-Mevushal), OU-P  
 Savant Viognier 2013 (Non-Mevushal), OU-P

Brand: **ThinkThin**

Products:

Farmer's Market Berry Crumble Protein & Fiber Hot Oatmeal, OU-D  
 Madagascar Vanilla , Almonds, Pecans Protein & Fiber Hot Oatmeal, OU  
 Honey Peanut Butter Protein & Fiber Hot Oatmeal, OU-D  
 Original Sprouted Grains Protein & Fiber Hot Oatmeal, OU

Brand: **Superior Performance**

Products:

Micro Fiber Miracle Cloth, OU  
 Micro Fiber Miracle Glass and Mirror Cloth, OU

Micro Fiber Miracle Scrubbing Sponge, OU  
 PVC Sponge 2 pack, OU

Brand: **Copeagro**

Products:

Alcohol Vinegar, OU

Brands: **Farmer's Heart**

Products:

Mushroom Alfredo Nui Linguine, OU-D

Brand: **Gaucho Ranch**

Products: Chimichurri, OU

Chimichurri Caribbean, OU

Chimichurri Hot, OU

Dulce de Leche Milk Caramel, OU-D

Dulce de Leche Milk Caramel

Bakeable, OU-D

Brand: **Copper River Seafoods**

Products:

Salmon, Skin On, OU

Ikura, OU

Brand: **Sunny Silvestre**

Products:

Pitted Prunes, OU

Whole Prunes, OU

Natural Condition Prunes, OU

Brand: **Blue Hill Yogurt**

Products:

Beet Puree, OU-D

Carrot Puree, OU-D

Butternut Squash Puree, OU-D

**NEW PRODUCTS FROM THE STAR-K:**

**Adam's Apple** Fruits & Vegetables LLC, Flushing, NY - Vegetables (Fresh)

**Ahold** - Fruit Twist Division - Candy & Confectionery

**American Roland Foods** - Rice  
**Amira Enterprises, Inc.**, Montreal, QC, Canada - Tomato Products (Retail)

**Atlanta Corp.** Vegetable Division - Vegetables (canned & dried)

**Atlantic Beverage Company,**

Capers Division, Edison, NJ -

Capers

**Atlantic Beverage Company,**

Canned Fruit & Vegetables (4),  
Edison, - Fruit (Canned), Vegetables  
(Canned)

**Atlantic Beverage Co.** - Olives

**Atlapac Commerce** - Canned  
Fruit

**Bi-Lo Holdings LLC,** Pineapple  
Division, Newport Beach, Ca - Fruit  
(Canned)

**Brad's Organic** - Coconut  
Products

**Bridgwell Resources** - Coconut  
Products and Olive Oils

**Coconut World** - Coconut  
Products

**Dorothy Cox's Candies Inc.** -  
Chocolate Products

**Douglas Laboratories** - Vitamins  
& Nutritional Supplements Star-D

**Family Tree** - Rice Products

**Federated Group** - Ice Pop  
Division - Ice Cream & Novelties  
(Star D)

**Fresh Direct** - Sauces & Dips

**Galil Foods** - Olives and Pickled  
Products

**Gibbles Foods** - Canned  
Vegetables

**Go Gluten Free Planet Foods**  
- Rice Products

**Grapevine Events** - Caterers  
IGA USA, Inc., Sweet Potato  
Division, Chicago, IL - Vegetables  
(Canned)

**Kol Foods,** Silver Spring, MD -  
Meat/Poultry

**Northeast Marketing Lakeville**  
- Canned Fruit

**Oligarch Catering in Richmond  
Hill, N.Y.** - Caterer

**Processor Napoli Foods, Inc.,**  
Cheshire, CT - Tortillas/Tacos

**ND Foods, Inc.,** Coconut Division,  
Portland, OR - Coconut Products

**Pacific Gourmet, Inc.,** Brisbane,  
CA - Oils/Olive Oils (Retail)

**Paleo Passion Foods LLC,**  
Greenwich, CT - Ice Cream &  
Novelties

**Rema Foods** - Canned Fruit

**Rite Lite Brooklyn** - Candy &  
Confectionery Items (Star D)

**Royce Foods Corp.** - Coconut  
Products

**Savor Brands** - Quinoa

**Sindbad (Private) Ltd.,**  
Ratmalana, Western Province, Sri  
Lanka - Teas

**Steve Henry Woodcraft, LLC**The  
**Sukkah Project,** Chapel Hill, NC  
- Succah & Related Items

**Supervalu,** Oil Division, Eden  
Prairie, MN - Oils and Gluten Free  
Products

**The Kosher Experience** -  
Madison Caterers

**Thai Treat,** North Miami, F -  
Sauces & Dips

**Veronica Foods** - Canned  
Vegetables

**Wakefern Food Corporation,**  
Soup Division - Soup & Soup  
Mixes

**Weiss Markets** - Fresh Pack  
Salads

### **NEW FROM THE O/K:**

**Botman** - Wines

**Brooklyn Diamond Coffee** -  
Cold brew Coffee

**Kabir's Bakery** - Baked Goods

**R.C. Bigelow Inc.** - Water  
Enhancers

**Sweet Solutions** - Toppings

**Yorkshire Food Sales** - Popcorn  
and Candy Floss

### **NEW CHANGES TO LIQUOR LIST FROM THE CRC:**

**Newly Recommended**  
*(not certified)*

Asahi Beer, many varieties  
*(See the liquor list for details)*

Bowmore Scotch, many varieties  
*(See the liquor list for details)*

Deanston Virgin Oak Scotch

Glenfiddich Age of Discovery 19

Year Bourbon Cask Reserve

Glenmorangie Ealanta

Goose Island Beer, many varieties  
*(See the liquor list for details)*

Grey Goose vodka, many varieties

## **UPDATES**

**23**

*(See the liquor list for details)*

O'Doul's beer, many varieties  
*(See the liquor list for details)*

Old Pulteney 12 Year

Ommegang beer, many varieties  
*(See the liquor list for details)*

Scapa 16 Year

Sierra Nevada Beers, many  
varieties *(See the liquor list for details)*

Tomatin Legacy Scotch

### **Newly Non-Recommended**

21st Amendment Brewery -  
Assorted Varieties

Abita Brewing Company -  
Assorted Varieties

Angel's Envy Rye

Barley John's Brew Pub -  
Assorted Varieties

Branchline Brewing Co. -  
Assorted Varieties

Bud Light Lime, many varieties  
*(See the liquor list for details)*

Canadian Club - Dock No. 47  
Blackberry

Canadian Mist

Cape Ann Brewing Company -  
Assorted Varieties

Coast Brewing Co. - Assorted  
Varieties

Crown Royal - Cask No. 16

Crown Royal - Maple

Dalmore Scotch, many varieties  
*(See the liquor list for details)*

Dewar's Highlander Honey  
Dock Street Brewing Company -  
Assorted Varieties

Dogfish Head Craft Brewery -  
Assorted Varieties

Early Times Fire Eater

Evan Williams - Apple Orchard

Evan Williams - Cherry Reserve

Evan Williams - Cinnamon  
Reserve

Evan Williams - Honey Reserve  
FEW Spirits (Assorted products)

Flying Dog Brewery - Assorted  
Varieties

Flying Fish Brewing Co.

-Assorted Varieties

Fordham Brewing Company -  
Assorted Varieties

Forty Creek - Barrel Select  
 Forty Creek - Cream  
 Forty Creek - Port Wood Reserve  
 Glengoyne Scotch, many varieties  
*(See the liquor list for details)*  
 GoldSchlager  
 Grand Marnier Harpoon Brewery - Assorted Varieties  
 Heavy Seas Beer - Assorted Varieties  
 HenHouse Brewing Company - Assorted Varieties  
 Highland Park Scotch, 15 and 18 Year  
*(See the liquor list for details)*  
 Holy City Brewing Company - Assorted Varieties  
 Iron Springs Pub & Brewery - Assorted Varieties  
 Jack Daniels liqueurs, many varieties  
*(See the liquor list for details)*  
 Jim Beam - Signature Craft - Rare  
 Spanish Brandy  
 Jim Beam Honey  
 Jim Beam Jacob's Ghost White Whiskey  
 Jim Beam Maple  
 Jim Beam Red Stag  
 Knob Creek Smoked Maple  
 Lagavulin 16 Year  
 Laphroaig Cairdeas  
 Laphroaig Triple Wood  
 Lift Bridge Brewing Co. - Assorted Varieties  
 Mackeson - Triple Stout Milk Beer  
 Marshall Wharf Brewing Co. -

Assorted Varieties  
 Marston's Beer Company - Assorted Varieties  
 Odell Brewing Co. - Assorted Varieties  
 Old Pulteney 17, 21 Year and Navigator  
 Ommegang - Rouge  
 Ouzo Liqueur  
 Oyster House Brewing Company - Assorted Varieties  
 Patron - XO Café Dark  
 Port City Brewing Company - Assorted Varieties  
 Redhook Ale Brewery - Assorted Varieties  
 Rogue Brewery - Assorted Varieties  
 Rumchata  
 Sambuca  
 Sixpoint Brewery - Assorted Varieties  
 Spring House Brewing Company - Assorted Varieties  
 Springbank Scotch 10 and 15 Year  
 St Germain Liqueur  
 Stewart's Brewing Co. - Assorted Varieties  
 The Balvenie Doublewood 12 and 17 Year, Portwood 21 and 30 Year  
 The Glendronach 18 Year  
 The Macallan, many varieties  
*(See the liquor list for details)*  
 The Porterhouse Brewing Company - Assorted Varieties  
 Tia Maria Liqueur  
 Tomatin Scotch, 12 and 18 Year  
 Upright Brewing - Assorted

Varieties  
 Ventnor Brewery - Assorted Varieties  
 Wild Turkey - American Honey Liqueur  
 Wild Turkey Spiced Bourbon  
 Wynkoop Brewing Company - Assorted Varieties  
 Yukon Jack Liqueur  
 No Longer Recommended  
 Bombay Sapphire Gin  
 Glenfiddich 12, 15, and 18 Year  
 Glenmorangie, many varieties  
*(See the liquor list for details)*  
 Tanqueray, many varieties  
*(See the liquor list for details)*  
 The Glenlivet 12, 15, and XXV

The list can be found at  
[www.cRcweb.org](http://www.cRcweb.org)

## NEW PRODUCTS:



### NEW FROM THE LBD:

NEW LUXARDO SAMBUCAS  
 Certified KLBD Pareve and bearing the logo:  
 Chilli & Spices  
 Cola  
 Pear

WESTONS CIDER  
 Now certified KLBD Pareve

FOR FULL LIST, SEE THE  
 NOVEMBER 2014 UPDATE TO  
 THE REALLY JEWISH FOOD  
 GUIDE 2014



LAURENMANNDESIGN  
 323.774.3225  
 LAUREN@LAURENMANNDESIGN.COM  
 WWW.LAURENMANNDESIGN.COM

**GRAPHIC DESIGN AND INVITATIONS**

# YESHIVA AHARON YAAKOV OHR ELIYAHU

*Inspiring a Love of Learning in Each Child*



241 SOUTH DETROIT ST. | LOS ANGELES 90036  
P. 323.556.6900 | F. 323.556.6901 | [YAYOE@YAYOE.ORG](mailto:YAYOE@YAYOE.ORG)



*Look to Ralphs for all  
your Kosher needs  
in California!*



*We wish all our  
valued customers  
a happy & festive  
Hanukkah!*